

Royal College of Psychiatrists  
**Faculty of Psychiatry of Learning  
Disability Annual Residential Conference**  
7-8 October 2010, Oulton Hall, Leeds



**Preliminary Programme**

**Thursday, 7<sup>th</sup> October 2010**

**08:30-09:00 Registration and coffee**

09:00-09:15 Welcome and Introduction by Dr Ian Hall, Faculty Chair

**KEYNOTE SESSION I: Evidence based practice and patient care**

Chair: Dr Ian Hall, Chair of the Faculty of Psychiatry of Learning Disability, Royal College of Psychiatrists and Consultant Psychiatrist, East London NHS Foundation Trust

09:15-09:40

*Lecture 1*

**Improving patient care through evidence based practice- an epidemiological perspective**

Professor Sally-Anne Cooper, Professor of Learning Disability and Head of Division of Community Based Sciences, University of Glasgow

09:40-10:05

*Lecture 2*

**Interface between evidence based medicine and clinical practice in the psychiatry of learning disability**

Professor Tony Holland, Health Foundation Chair in Learning Disabilities, Section of Developmental Psychiatry, University of Cambridge

10:05-10:30

*Lecture 3*

**Randomised controlled trials in the psychiatry of learning disability**

Professor Peter Tyrer, Professor of Community Psychiatry, Imperial College, London and Editor, British Journal of Psychiatry

10:30-10:55

*Lecture 4*

**From the evidence hierarchy to treatment guidelines: the psychiatry of learning disability experience**

Dr Sabyasachi Bhaumik, Honorary Senior Lecturer, University of Leicester and Medical Director, Leicestershire Partnership NHS Trust

10:55-11:00

Chair's closing comments

**11:00-11:30 Coffee**

11:30-12:30

**4 CONCURRENT SESSIONS**

*Concurrent Session 1*

**WORKSHOP: Learning and developmental disabilities within the classificatory systems- ICD 11, DSM V, DM-ID and DC-LD**

Facilitators: Dr Sherva Cooray, Honorary Senior Lecturer, Imperial College, London; Professor Peter Tyrer, Professor of Community Psychiatry, Imperial

College, London and Professor Sally-Anne Cooper, University of Glasgow

*Concurrent Session 2*

**MASTERCLASS: Neuropsychiatric consequences of traumatic brain injury**

Professor Shoumitro Deb, University of Birmingham

*Concurrent Session 3*

**WORKSHOP: Medical leadership and learning disability services**

Dr Richard W Pool, Consultant Psychiatrist, Cheswold Park Hospital, Doncaster;  
Dr Khalid Nawab, Clinical Director, Adult Mental Health, NHS Lanarkshire and Dr  
Linda Findlay, Clinical Director, Learning Disability Services, NHS Lanarkshire,  
Scotland

*Concurrent Session 4*

4 selected papers from submitted abstracts

**Developing and evidencing sensory integration (SI) clinics for adult learning disability (LD)**

Dr Rohit Shankar, Consultant Psychiatrist, Cornwall Partnership Foundation NHS Trust

**A preliminary investigation of the frequency of Gilles De La Tourette syndrome and tic disorders in a community based sample of adults and older people with learning disability**

Dr Radhika Ramkumar, Locum Consultant, Wandsworth, South West London and St George's Mental Health Trust

**"Doctor I want to Download Porn": viewpoints regarding exposure to sexually explicit material within learning disability forensic populations**

Dr Raymond Travers, Consultant Forensic Psychiatrist, HealthLinc House, Lighthouse Healthcare Ltd, Lincoln

**Patients with learning disability in general hospitals - a survey of clinician awareness**

Dr M V Patteril, Consultant Anaesthetist and Deputy Clinical Director, University Hospitals of Coventry and Warwickshire NHS Trust

**12:30-13:30**

**Lunch**

**KEYNOTE SESSION II: Developmental disabilities, offending behaviours and in-patient services**

Chair: Professor Philip Sugarman, St Andrews Healthcare, Northampton

13:30-13:55

*Lecture 5*

**Risk assessments using structured clinical judgement among patients with learning disability**

Professor Robert Snowden, School of Psychology, Cardiff University

13:55-14:20

*Lecture 6*

**Autistic disorders and psychopathy**

Professor Michael Fitzgerald, Department of Psychiatry, Trinity College, Dublin

14:20-14:50

*Lecture 7*

**False confessions in people with autistic spectrum disorders and learning disability**

Professor Digby Tantam, Clinical Professor of Psychotherapy and Co-Director, Centre for the Study of Conflict and Reconciliation, University of Sheffield

14:50-15:15 *Lecture 8*  
**Specialist or general mental health services for people with learning disability- the evidence**  
Dr Rob Chaplin, Research Fellow, College Research Unit, Royal College of Psychiatrists and Consultant Psychiatrist for Working Age Adults, Littlemore Hospital, Oxford

15:15-15:30 Panel Discussion

**15:30-16:00 Tea**

16:00-17:00 **4 CONCURRENT SESSIONS**

*Concurrent Session 5*

**WORKSHOP: Introduction to the use of HCR-20 in learning disability**

Professor Nicola Gray, School of Psychology, Cardiff University

*Concurrent Session 6*

**WORKSHOP: How to write a paper for publication**

Dr Jane McCarthy, Co Editor- Advances in Mental Health and Learning Disability and Consultant Psychiatrist, South London and Maudsley NHS Trust

*Concurrent Session 7*

**WORKSHOP: Assessment in postgraduate training-new developments 2010**

Dr Jo Jones, Chair of the Psychiatry of Learning Disability FECC and Dr Asit Biswas, Training Programme Director, Leicester

*Concurrent Session 8*

**MASTERCLASS: Assessment and treatment of ADHD in adults**

Dr Kiriakos Xenitidis, Clinical Lead- Adult ADHD Clinic, South London and Maudsley NHS Foundation Trust & Correspondence Editor, British Journal of Psychiatry

17:00-17:30 **Meetings**

- Trainees meeting
- Regional Representatives meeting
- Independent & Charitable Sector Psychiatrists meeting
- Training Programme Directors meeting

**19:30 Drinks reception followed by Conference Dinner at 20:00 hours**

After dinner speaker: Prof Peter Tyrer

Followed by "Music, Madness & Mayhem" - A Musical Quiz Show & Disco by Dr Bipin Upadhyaya, Consultant Psychiatrist, South West Yorkshire Mental Health NHS Trust

## Friday, 8<sup>th</sup> October 2010

**08:30-09:00 Registration and coffee**

- 09:00-09:30 **Annual General Meeting**  
Please see separate agenda. In this meeting there will be brief updates on the work of the Faculty, and the chance for all Faculty members make comments and influence the future direction and scope of the Faculty's work.
- 09.30- 11:00 **Trainee presentations for the Alex Shapiro Prize- 6 selected presentations**  
Chair: Dr Harm Boer, Secretary, Psychiatry of Learning Disability Faculty, Royal College of Psychiatrists
- 1 **Service satisfaction in people with intellectual disabilities from different ethnic groups: a Delphi consultation**  
Dr Simon Bonell , ST6 Trainee, South London & Maudsley NHS Foundation Trust, London
- 2 **Listening to patient experiences - a foundation for an integrated communications strategy**  
Dr Ian Harwood, CT2 Trainee, Cambridgeshire & Peterborough Foundation NHS Trust
- 3 **A systematic review of outcome measures used in forensic secure units for people with learning disability in England**  
Dr Avinash Hiremath, ST6 Speciality Registrar, Leicestershire Partnership NHS Trust
- 4 **Compiling a primary care-based register of patients with moderate and severe learning disabilities: experience at one general practice**  
Dr Keri-Michele Lodge, CT1 Trainee, North Yorkshire and York Primary Care Trust, York
- 5 **Exploring coping strategies of carers of people with learning disabilities and dementia**  
Dr Bhathika Perera, ST4 Trainee, Nottinghamshire Healthcare NHS Trust, Nottingham
- 6 **Health of the Nation Outcome Scales-Mental Health Clustering Tool (HONOS-MHCT) - our experience of using the tool for people with learning disability and mental health needs**  
Dr Vishwa Radhakrishnan, ST5 Trainee, South London & Maudsley NHS Foundation Trust, London

**11.00- 11:30 Coffee**

### **KEYNOTE SESSION III: Health Policy**

Chair: Dr Regi Alexander, Academic Secretary, Psychiatry of Learning Disability Faculty, Royal College of Psychiatrists

- 11.30-11:55 *Lecture 9*  
**Mainstream and specialist mental health services in learning disability: a critique**  
Dr Stuart Cumella, Honorary Senior Lecturer in Developmental Disability Policy, College of Medical and Dental Sciences, University of Birmingham
- 11:55-12:20 *Lecture 10*  
**Mental health and learning disability: the clinician- policy maker interface**  
Professor Anthony Sheehan, Professor of Health and Social Care Strategy, University of Central Lancashire and Former Chief Executive- National Institute of Mental Health in England

12:20-12:30 Panel Discussion and Comments

12:30-13:15 *Lecture 11*  
**The Jose Jancar Lecture**

Chair: Dr Helen Miller, Director of Conferences, Royal College of Psychiatrists

**The WHO Declaration on the Health of Children with Intellectual Disabilities and their Families**

Professor Sheila Hollins (Immediate Past President, Royal College of Psychiatrists),  
Professor of Psychiatry of Learning Disability, St George's University of London

**13:15-14:15 Lunch**

14:15-15:15 4 Concurrent Sessions

*Concurrent Session 9*

**MASTERCLASS: Structured instruments for diagnostic assessment of autistic spectrum disorders**

Dr Tom Berney, Honorary Consultant Psychiatrist, Northumberland, Tyne & Wear NHS Trust & Honorary Research Associate, Newcastle University

*Concurrent Session 10*

**WORKSHOP: Improving services for people with learning disability from minority ethnic communities: clinical and service perspectives**

Dr Jean O'Hara, Consultant Psychiatrist and Clinical Director, South London and Maudsley NHS Trust; Dr Avinash Hiremath, Specialist Registrar and Dr Satheesh Gangadharan, Clinical Director, LD Services, Leicestershire Partnership NHS Trust

*Concurrent Session 11*

**WORKSHOP: How to use Books Beyond Words**

Professor Sheila Hollins (Immediate Past President, Royal College of Psychiatrists),  
Professor of Psychiatry of Learning Disability, St George's University of London

*Concurrent Session 12*

4 selected papers from submitted abstracts

**Capacity to consent and best interest determinations for the courts in England & Wales: review of 10 years personal experience.**

Dr Simon Martin Halstead, Lighthouse Healthcare Ltd and St George's University of London

**Examining the utility of the Behavioural Evaluation of Disorders of Sleep questionnaire in pre-school children with autism spectrum disorders**

Ms Rachel Campbell, Medical Student, University of Glasgow

**Examining the association between stress and problem behaviours in adults with autism**

Ms Danielle Goldberg, Medical Student, University of Glasgow

**Environmental factors and aggression in adults with intellectual disabilities: a systematic review**

Ms Gemma L Unwin, Research Associate, University of Birmingham

**15.15-15:45 Tea**

15.45-16:50

**Roundtable:**  
**From mental handicap to developmental neuropsychiatry: defining the remit of our speciality**

**Speakers:**

Dr Tom Berney, Honorary Consultant Psychiatrist, Northumberland, Tyne & Wear NHS Trust and Honorary Research Associate, Newcastle University (chair and facilitator); Dr Peter Carpenter, Consultant Psychiatrist, South Gloucestershire CLDT and Honorary Senior Clinical Lecturer, University of Bristol and Dr Ian Hall, Chair, Faculty of Psychiatry of Learning Disability, Royal College of Psychiatrists, along with members of the audience

16.50-17:00

**Faculty Chair's closing remarks**

## Venue

Venue: De Vere Oulton Hall, Rothwell Lane, Oulton, Leeds, Yorkshire, LS26 8HN

T: 0113 282 1000; F: 0113 282 8066

Oulton Hall is an 18th century mansion with beautiful gardens converted into a luxury hotel.

### By Car

From the M1 take junction 42 for the M62 towards Hull. Leave at junction 30 and follow the signs toward Rothwell. Then follow the sign which says "Oulton 1 mile", taking the first exit at the next 2 roundabouts. The hotel is on your left.

From the A1 South, take junction for the M62 towards Leeds and leave at junction 30. Then follow the signs to Rothwell and Oulton as above.

From the A1 North, follow the A1/M1 link road towards Leeds and take junction 44. Turn left at the top of the slip road and follow the A639 to the roundabout. Turn right at the roundabout and the hotel is on your left.

The hotel has 250 parking spaces.

Sat Nav Coordinates: Latitude: N53 44'46. Longitude: W001 27'30'

### By Rail

Oulton Hall is 5 miles from Leeds Station. The journey time from London Kings Cross is 2 hours and 15 minutes.

### By Air

Leeds / Bradford airport is 15 miles away

## Accommodation

Accommodation at Oulton Hall is available at a rate of **£99 per night** for conference delegates.

This discounted rate is only available until **22<sup>nd</sup> September** and rooms will be allocated on a first come first served basis.

There is a limited amount of rooms available and they will be allocated on a first come first serve basis, please book early to avoid disappointment.

To book your bedroom please ring De Vere central reservations on 0845 347 0114 and quote **reference ROYA061010** to qualify for the £99 rate.

For more information about Oulton Hall, please visit <http://www.devere.co.uk/our-locations/oulton-hall>

## Conference contact

For a full conference programme, registration form and alternative accommodation details, please visit <http://www.rcpsych.ac.uk/events/collegediary.aspx>

For any other queries please contact:

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