Managed Clinical Network Health Facilitation
For People who have a Learning Disability

Your Health – Your Say
Influencing the Future of Health Facilitation

Alison Fitzgerald & Terri Dorman
Aims of East of England MCN - Health Facilitation Network

To increase the number of individuals having the Annual Health check (Quantity)

To improve the experience of the Annual Health Check (Quality)

To ensure that health needs identified in the check are followed up (Outcomes)

To do all this by supporting service users, carers, GP’s, other Health Professionals and Commissioners in a number of ways

Sharing ideas, information and best practice across the region

Supporting each other
Aims of the “Your Health, Your Say”

- To share ideas, plans and best practice from the network
- To provide the chance to talk about these ideas and plans
- To listen to your ideas
- To use all these ideas, plans and best practice examples to shape the future of Health Facilitation in East of England

Your Health – Your Say

Influencing the Future of Health Facilitation
The Annual Health Check

- In England the NHS asks family doctors (GPs) to offer a health check every year to adults with learning disabilities.
- GPs get paid £102 for each check.
- Having a health check every year can help identify health problems, so the right treatment can be given.
According to Public Health Reports how many people in England had an Annual Health Check in year 2012/13?

A 92,329
B 121,098
C 177,389
The Uptake of Health Checks for Adults with Learning Disabilities 2012/13

92,329 People with learning disabilities had a health check.
This was 7.2% more than last year
How many people with Learning Disabilities in England who could have had an Annual Health Check in 2012/13 did not?

A 67,103
B 95,470
C 85,060
The Uptake of Health Checks for Adults with Learning Disabilities 2012/13

85,060 who could have had an Annual Health Check did not
How well are we doing in the East of England?

A Bronze - Basic level
B Silver - Satisfactory
C Gold = Good
1. Are “patients” with a learning disability being identified?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Are patients with a learning disability being identified?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
2. Are arrangements being made for people to come for a health check?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>2: Are arrangements being made for people to come for a health check?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
3. Are people feeling comfortable when they arrive for Annual Health Checks?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><img src="image1" alt="Bronze" /></td>
<td><img src="image2" alt="Silver" /></td>
<td><img src="image3" alt="Gold" /></td>
</tr>
</tbody>
</table>

3. Are people feeling comfortable when they arrive for Annual Health Checks?
4. How good are the Annual Health Checks?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bronze</td>
<td>Silver</td>
<td>Gold</td>
</tr>
</tbody>
</table>

4. How good are the Annual Health Checks?
5. Are the health needs identified in health checks followed up?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>BRONZE</td>
<td>SILVER</td>
<td>GOLD</td>
</tr>
</tbody>
</table>

5. Are the health needs identified in health checks followed up?
6. Are we getting good information about the health needs of people with learning disabilities so we can plan better services?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><img src="#" alt="Bronze" /></td>
<td><img src="#" alt="Silver" /></td>
<td><img src="#" alt="Gold" /></td>
</tr>
</tbody>
</table>

Are we getting good information about the health needs of people with learning disabilities so we can plan better Services?
7. How well are we doing at making our services better?

<table>
<thead>
<tr>
<th></th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. How well are we doing at making our services better?</td>
<td>BRONZE</td>
<td>SILVER</td>
<td>GOLD</td>
</tr>
</tbody>
</table>
In the East of England, how many people with learning disabilities had an Annual Health Check in 2012/13?

A 8,261
B 10,108
C 6,028
East of England
People who had an Annual Health Check

2008/9: 1,331
2009/10: 6,028
2010/11: 8,216
2011/12: 9,512
2012/13: 10,108
The Annual Health Check in East of England “a better performing area” (2013)

7,630 (43%) of people who are should have had an Annual Health Check did not

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>People who had health check</td>
<td>1,331</td>
<td>10,108</td>
</tr>
<tr>
<td>People who could have had health check</td>
<td>11,082</td>
<td>17,738</td>
</tr>
<tr>
<td>Percentage of people who had a health check</td>
<td>11%</td>
<td>57%</td>
</tr>
</tbody>
</table>
The figures for the .......East of England, show an **interruption in this progress** in the most recent year.

**Figure 1 - Numbers of people who had DES health checks by SHA**

- North East
- North West
- Yorkshire & Humber
- East Midlands
- West Midlands
- East of England
- London
- South East Coast
- South Central
- South West
Moulding the Model?

- Quality of Checks (Template)
- Eligibility
- Roles & Responsibilities
- Champions/Experts
- Dedicated Teams or Practice staff
- DES until March 2014
- Leadership & ownership
- Commissioning
- Links with other Health Checks
- Monitoring & Reporting back
- Role of carers, advocates and LDPB
- DES & QOF registers, socials services registers
- Health Action Plans