

I1 General and Community Institute

9.45-11.00 **INTEGRATED CARE FOR MENTAL DISORDER AT THE PRIMARY / SECONDARY CARE INTERFACE - 'WHO DOES WHAT'**

Chair: Professor David Weller, University of Edinburgh, Edinburgh

Integrated care – the DoH approach

Dr David Colin-Thome, Department of Health, London

Integrated care: rhetoric and reality

Dr Helen Lester, University of Birmingham, Birmingham

Interface issues for the mentally disordered

Professor Linda Gask, University of Manchester, Manchester

11.30-12.45 **NEW SERVICES – WHAT'S THE EVIDENCE?**

Chair: Dr Anne Bird, Royal Free Hospital, London

The NIMHE review of PD services

Dr Mike Crawford, Imperial College, London

Early intervention in psychosis – a systematic review

Professor Max Marshall, University of Manchester, Manchester

Changing the face of inpatient care

Dr Suresh Joseph, Hadrian Clinic, Newcastle

14.45-16.00 **HISTORY OF RECOVERY**

Chair: Dr Trevor Turner, Homerton Hospital, Hackney

Recovery through the ages

Professor David Healy, The Hergest Unit, Bangor

The journey to recovery

Graham Morgan, Highland Users Group, Inverness

A brief history from the patients' perspective

Dr Allan Beveridge, Queen Magarets Hospital, Fife

16.30-17.45 **GET OUT OF THE LAB... - NEUROCHEMISTRY IN CLINICAL PRACTICE**

Chair: Dr Mark Taylor, Springpark Centre, Glasgow

NMDA, imaging and schizophrenia

Professor Lyn Pilowsky, Institute of Psychiatry, London

Cannabinoids and dopamine

Dr Paul Morrison, Institute of Psychiatry, London

Dead brains can talk

Professor Paul Harrison, Department of Psychiatry, University of Oxford, Oxford

I2 Child and Adolescent Institute

9.45-11.00 **ASSESSMENT OF CHILDREN AND ADOLESCENTS WITH LEARNING DISABILITIES**
Chair: Dr Stephen Scott, Institute of Psychiatry, London

This session will commence with an overview by Professor Simonoff of the needs of children and adolescents with learning disability as determined by authoritative epidemiological surveys. There will then be a practical talk by Dr Sarah Bernard offering tips on how to assess whether or not parents with learning disability should be allowed to bring up their children.

Mental health needs of children with learning disability
Professor Emily Siminoff, Institute of Psychiatry, London

Assessment for court of parents with learning disability
Dr Sarah Bernard, Institute of Psychiatry, London

11.30-12.45 **ORGANISATION OF SERVICES FOR CHILDREN AND ADOLESCENTS WITH LEARNING DISABILITIES**
Chair: Dr Stephen Scott, Institute of Psychiatry, London

This session will start with Dr Karen Bretherton describing a novel and innovative way to deliver services to this age group. There is considerable controversy within the field whether all child and adolescent mental health services should offer help to those with LD, or whether it should only be a specialist provision, which however is very scanty. This will be followed by a talk from Dr Pru Allington Smith on how to run an in-patient unit to optimise costs and deliver improvements in patient care.

Models of service delivery
Dr Karen Bretherton, Westcotes House, Leicester

How to run an in-patient unit
Dr Pru Allington-Smith, Brian Oliver Centre, Birmingham

14.45-16.00 **TREATMENT OF CHILDREN AND ADOLESCENTS WITH LEARNING DISABILITIES**
Chair: Dr Jonathan Lovett, Institute of Psychiatry, London

The session will start with a talk from Dr Santosh at Great Ormond Street on how to use medication for difficult cases who have ADHD or autism in the context of learning disability and sometimes they will have both. Distinction will be made between medication for the core symptoms, and for concomitant psychopathology such as tantrums. The session will then move on to a talk by Dr David Bramble about the next question of very challenging behaviour in those with severe learning disability. Heavy use of antipsychotics is controversial but often helpful for staff; there is debate about whether much medication should be necessary if staffing is sufficient and skilled.

Medication for ADHD and autism in children and adolescents with learning disabilities
Dr Paramala Santosh, Great Ormond Street Hospital for Children, London

Medication for challenging behaviour in children and adolescents with learning disabilities
Dr David Bramble, Shrewsbury

12 Child and Adolescent Institute (cont'd)

16.30-17.45

THE ISRAEL KOLVIN LECTURE

Chair: Dr Greg Richardson, Limetrees Child Adolescent & Family Unit, York

How to help adults and children with Asperger's syndrome and autism

Professor Patricia Howlin, Institute of Psychiatry, London

Professor Patricia Howlin is a world expert on the treatment and management of individuals with Asperger's syndrome and autism across the lifespan. She has carried out many studies of the condition, not only elucidating the phenomenology and cause, but crucially treatment, from using behavioural approaches to increase language to understanding how best to support employment of these individuals.

13 Rehabilitation and Social Institute

9.45-11.00

SKILLS AND COMPETENCIES FOR REHABILITATION AND RECOVERY BASED PRACTICE

Chair: Dr Glenn Roberts, Wonford House Hospital, Exeter

The aim of this session is to explore the core competencies required to practice as a rehabilitation psychiatrist and their interface with the specific skills required to practice in a recovery style. The session will include an exploration of how current changes in medical training and guidance on the involvement of service users and carers in training, can be practically and successfully incorporated into a coherent training approach for doctors at all levels of seniority.

What are the core competencies required of a consultant in rehabilitation psychiatry?

Dr Frank Holloway, Bethlem Royal Hospital, Kent

How can we incorporate the specific requirements for rehabilitation psychiatrists into modern guidance on training?

Dr Robin Arnold, Woodland View, Bristol

How can we involve service users and carers in training in a meaningful way?

Dr Moira Ledger, Royal Southampton Hospital, Southampton

11.30 - 12.45

MEASURING RECOVERY

Chair: Dr Paul Wolfson, Erith Centre, Kent

The aim of this session is to inform delegates about the development of tools for assessing recovery from a service user and service provider perspective. This session will include a) a tested approach to evaluating the impact of recovery-focused initiatives b) a service user perspective on what we should be measuring with regard to recovery and c) the results from one of the national (English) pilot sites of the 'DREEM' (Developing a recovery enhancing environment measure) tool.

Measuring recovery – Individual and service level assessment

Dr Mike Slade, Institute of Psychiatry, London

Discovering recovery: a service user perspective

Mr Maurice Arbuthnott, London

DREEM Piloting: Progress in measuring the capacity of a therapeutic environment to enhance recovery

Dr Stephen Dinniss, Mount Gould Hospital, Plymouth

14.45 - 16.00

SETTING, MEASURING AND MEETING STANDARDS IN REHABILITATION AND LONG-TERM CARE SERVICES

Chair: Dr Frank Holloway, Bethlem Royal Hospital, Kent

The aim of this session is for delegates to gain an overview of the evolution of institutional care in England, to be made aware of the outcomes of enquiries where abuses of care provision have occurred and to understand the processes involved in setting and reviewing care standards.

13 Rehabilitation and Social Institute (cont'd)

A Brief History of Institutional Care – Learning the Lessons

Professor Geoff Shepherd, Cambridgeshire and Peterborough Mental Health Partnership NHS Trust, Huntingdon

The role of institutional care in contemporary mental health services

Dr Sarah Davenport, Guild Lodge, Preston

Setting standards for institutional care in England

Dr Geraldine Strathdee, London

16.30 - 17.45

MANAGING RISK IN RECOVERY BASED PRACTICE

Chair: Dr Helen Killaspy, University College London, Royal Free Hospital, London

To understand the processes influencing risk management as service users move from secure environments to open environments, and managing the potential conflicts between risk management and recovery focused approaches.

Examining these processes from three different perspectives: clinical perspectives, using standardised risk assessment tools to manage risk in a recovery focused approach; looking at systemic aspects of organisations and how they influence risk management, and involving service users in risk management.

Organisational factors influencing risk management

Dr Tor Pettit, Cheadle Royal Hospital, Cheshire

Risk assessment schedules and recovery based practice

Dr Pat Abbott, Ashworth Hospital, Maghull

Involving service users in risk management

Dr Shawn Mitchell, St Andrew's Hospital, Northampton

14 Addictions Institute

9.45 – 11.00

THE ROLE OF MEDICATION IN RECOVERY FROM ALCOHOL AND OPIATE DEPENDENCE

Chair: Dr Malcolm Bruce, CDPS, Edinburgh

Dr Chick will describe recent US trials that cast doubt on the efficacy of acamprosate in preventing relapse in alcohol dependence. He will provide an up-date of the role of opioid antagonists, including delayed release injections, and recent testing of drugs that alter stress responses and the GABA-glutamate system. Recent comparisons between disulfiram and other drugs uses in alcohol dependence favour disulfiram in patients who have agreed to be randomly allocated to treatment. New procedures have been developed to improve compliance with disulfiram. Professor Strang will provide a review of the latest drug developments in the field of opiate dependence.

Pharmacotherapy and recovery from alcohol dependence

Dr Jonathan Chick, Alcohol Problems Clinic, Edinburgh

Pharmacotherapy and recovery from opiate dependence

Professor John Strang, National Addiction Centre, London

11.30 - 12.45

RECOVERY: OLD AGE AND SUBSTANCE MISUSE

Chair: Dr Vijaya Murali, Edgbaston, Birmingham

The number of older people in the UK is increasing, as is the use of illicit drugs and other substances. Despite this, most of the scientific research has been carried out in the United States. Clinical experience points to older addicts attending clinical services. Assessment of substance problems, prescription and over the counter medication, including interactions and non-compliance, is poorly undertaken in medical settings.

14 Addictions Institute (cont'd)

Where studies of treatment interventions have been carried out, findings suggest that older people do at least as well, if not better, than younger people. Increasing awareness and introduction of effective treatments for older substance misusers should improve health.

Recovery from addictive disorder in older people

Professor Ilana Crome, Harplands Hospital, Stoke on Trent

14.45 - 16.00

SPIRITUAL ROUTES TO RECOVERY FROM DEPENDENCE

Chair: Dr Keron Fletcher, Shelton Hospital, Shrewsbury

Although rarely receiving much attention in medicine generally, spiritual factors play an important role in developing, modifying and recovering from, disorders associated with lifestyle choices, coping strategies and behaviour. The 12 step model uses concepts of faith, humility, forgiveness and belief in a higher power in its programme of recovery. The meaning attributed to life experiences, and the values adopted by individuals with addictive disorder, can be addressed in a fashion that aids recovery. In this session Prof Chris Cook will give an overview of this area of interest, and Dr Paramabandhu Groves will highlight Buddhist principles in addictions recovery.

Addiction and Spirituality

Professor C C H Cook, Durham University, Durham

Buddhist principles for addictions recovery

Dr Paramabandhu Groves, Alcohol Advisory Service, London

16.30 - 17.45

RECOVERY FROM DIAMORPHINE DEPENDENCE: A WELSH PERSPECTIVE

Chair: Dr Rossana Oretti, Cardiff Community Addictions Unit, Cardiff

Dr Julian Race will present both qualitative and quantitative data collected over a ten year period of Diamorphine prescribing in North Wales. Patient satisfaction and implications for maintenance treatment will be discussed. Dr Lynn Jones will give a personal account of Diamorphine dependence and describe from his experience the 12 steps model of recovery. Dr Julia Lewis will present the arguments for and against Safer Injecting Sites and will outline the current situation in Wales.

Diamorphine prescribing in North Wales: Long term outcomes from ten years of prescribing

Dr Julian Race, Hafan Wen, Wrexham

Recovery from opiate dependence – a personal perspective

Dr Lynn Jones, CDAT, Cwmbwrla Clinic, Swansea

Safer injecting sites – the Welsh position

Dr Julia Lewis, Gwent Specialist Substance Misuse Service, Monmouthshire

15 Learning Disability Institute

9.45 - 11.00

PEOPLE WITH LEARNING DISABILITIES, ETHNICITY AND MENTAL HEALTH I

Chair: Professor Mike Kerr, Cardiff University, Cardiff

An overview of national and local policy, objectives and initiatives responding to the needs of people with learning disability from ethnic backgrounds. Both speakers have particular expertise in this area and will be able to draw on this to discuss the issues they see as important and share with the audience what they have learned and the issues they feel are priorities.

Session Objectives: Knowledge of local and national policy and initiatives. Knowledge of priorities and increased awareness of issues, which can feed back into individual practice and local service adjustments and developments.

15 Learning Disability Institute (cont'd)

A survey of partnership boards: the local response

Professor Chris Hatton, Institute of Health Research, Lancaster

Feedback from the National Advisory Group on ethnicity and learning disability

Dr Ghazala Mir, Centre for Research in Primary Care

11.30 - 12.45

PEOPLE WITH LEARNING DISABILITIES, ETHNICITY AND MENTAL HEALTH II

Chair: Professor Mike Kerr, Cardiff University, Cardiff

Dr Hubert's anthropological perspective provides a moving account of service users' and carers' thoughts and feelings and helps us to re-evaluate our perspectives and view of ourselves.

Dr Bhaumik and Dr Raju present research from Leicester on the experiences and needs of carers' of people with learning disability from ethnic groups.

Session Objectives: To better understand and learn from the User and Carer's perspective to enable improved clinical practice and service delivery for people with learning disability from ethnic minority groups.

Ethnicity and learning disability: the anthropological perspective

Dr Jane Hubert, St George's University of London, London

Ethnicity and learning disability: the Carers perspective

Dr Bhaumik, Leicester Frith Hospital, Leicester and Dr Bala Raju, Leicester Frith Hospital, Leicester

14.45 - 16.00

WOMEN WITH LEARNING DISABILITY AND THEIR MENTAL HEALTH I

Chair: Dr Bhaumik, Leicester Frith Hospital, Leicester

Drs Johnson and Bell both work with women with learning disabilities who are receiving secure care. Their session will cover: a profile of their patient group, including mental health issues and offending behaviour; care pathways and national policy.

Session Objectives: To improve knowledge of offending behaviour in women with learning disabilities. To develop a better understanding of links between offending and mental health in women with learning disabilities.

Knowledge of issues particular to women with learning disabilities who offend

Better understanding of secure services for women with learning disabilities who offend.

Women with learning disability in forensic settings

Dr Sue Johnson, Rampton Hospital, Nottinghamshire and Dr Gillian Bell, Northgate and Prudhoe NHS Trust, Northumberland

16.30 - 17.45

WOMEN WITH LEARNING DISABILITY AND THEIR MENTAL HEALTH II

Chair: Dr Bhaumik, Leicester Frith Hospital, Leicester

Women with learning disability and epilepsy

Professor Mike Kerr, Cardiff University, Cardiff

Women with learning disability and their mental health

Dr Geraldine Holt, Lewisham and Guys Mental Health NHS Trust, London

Professor Kerr will present on the issues particular to women with epilepsy and learning disabilities: some issues are relevant to all women and some need particular thought in people with a learning disability. Dr Holt will present on mental health in women with learning disability highlighting areas of special consideration.

Session Objectives: To develop a basic knowledge of important issues in treating women with learning disability who have epilepsy. To improve knowledge base of mental health problems in women with learning disability.

17.45 - 18.45

BLAKE MARSH LECTURE

Prof Matthew P Janicki, University of Illinois, Chicago, USA

16 Perinatal Institute: Implementing the NICE APMH guideline

The NICE Guideline for Antenatal and Postnatal Mental Health was published in January and was the first NICE Guideline to make recommendations, not only on interventions but also on the services needed to deliver them. The Session will explore the process involved in the development of this Guideline, some of the evidence base which was explored and the resulting clinical and service recommendations. With speakers drawn from the membership of the Guideline Development Group, the programme will provide opportunities to discuss these issues and, in particular, the implications and implementation of the recommendations across a range of services, including primary care, maternity services, specialist perinatal services and general adult mental health services.

9.45-11.00

THE APMH GUIDELINE

Chair: Dr Margaret Oates, Queens Medical Centre, Nottingham

Development process for the APMH Guideline

Dr Steve Pilling, Department of Clinical Health Psychology, UCL, London

Clinical recommendations and their implications

Dr Liz McDonald, Homerton Hospital, London

Service recommendations and their implications

Dr Alain Gregoire, Tatchbury Mount Hospital, Southampton

11.30-12.45

IMPLEMENTATION OF THE APMH GUIDELINE

Chair: Dr Alain Gregoire, Tatchbury Mount Hospital, Southampton

A primary care perspective

Dr Dave Thomson, Collingwood Surgery, North Shields

APMH and the Women's Mental Health Strategy, A view from DH

Karen Newbiggin, Todmorden

14.45 - 16.00

DEVELOPING SERVICES

Chair: Dr Roch Cantwell, Southern General Hospital, Glasgow

Current state of services in the UK, a national survey

TBC

Where and how should we develop APMH managed clinical networks

Dr Margaret Oates, Queens Medical Centre, Nottingham

16.30 - 17.45

IMPLEMENTATION

How to Implement at a local level

Dr Alain Gregoire, Tatchbury Mount Hospital, Southampton; Dr Margaret Oates, Queens Medical Centre, Nottingham and Dr Roch Cantwell, Southern General Hospital, Glasgow

<p>9.00-9.45 <i>CPD level 2</i></p>	<p>KN1 PLENARY: THE FUTURE DIRECTION OF MENTAL HEALTH POLICY - RECOVERY A CENTRAL THEME? Professor Antony Sheehan, Director General for Health and Care Partnerships, Department of Health Professor of Health and Social Care Strategy, UCLan, Leeds</p>
<p>9.45 -11.00 <i>CPD level 2</i></p>	<p>S1 PSYCHIATRY FOR THE PERSON Chairs: Professor J E Mezzich, President of the WPA and Professor Sheila Hollins, President of the Royal College of Psychiatrists</p> <p>Medicine of the person Professor J. Cox, Harplands Hospital, Stoke on Trent</p> <p>Clinical care and psychiatry for the person Professor A. Tasman, University of Louisville, Kentucky, USA</p> <p>Public health and psychiatry for the person Professor H. Herrman, Australia</p>
<p><i>CPD level 1</i></p>	<p>W1 USING THE WEB TO FIND INFORMATION Facilitators: Dr Sudhir Kaligotla, Congleton and Dr Zia Nadeem, St John's Hospital, Livingston</p> <p>Background to the Internet: how to access it from home and work; how to carry out a search and find relevant information. The session will be very informal and delegates will have plenty of time to ask questions and to explore the 'net' on their own. Participants will each have access to a computer and will get a hands on experience of gaining most out of the net. The main focus of the workshop will be on using the various search engines available on the net and how to successfully carry out a search. Basic knowledge on using the net is sufficient for attending this workshop.</p>
<p><i>CPD level 1</i></p>	<p>S2 MEDICAL STUDENTS AND 6TH FORMERS – AN INTRODUCTION TO PSYCHIATRY AS A CAREER Dr Sally Pidd, Victoria House Mental Health Resource Centre, Morecambe; Dr Rosalind Ramsay, Maudsley Hospital, London and Dr Sam Halligan, Victoria House Mental Health Resource Centre, Morecambe</p> <p>What is Psychiatry? (i) Interactive Quiz (ii) How would you cope? 3 Scenarios – your chance to judge how well the Psychiatrist performs (iii) Discussion and questions</p>
<p>11.00 - 11.30</p>	<p>COFFEE</p>
<p>11.30-12.45 <i>CPD level 2</i></p>	<p>S3 ETHICS AND RECOVERY Chairs: Professor G Christodoulou, chair of the WPA Ethics Committee and chair of College Human Rights Committee</p> <p>Resilience and Rehabilitation Professor Courtenay Harding, USA</p> <p>Empowerment and Recovery Professor Michaela Amering, Austria</p> <p>Culture and Recovery Professor Dinesh Bhugra, Royal College of Psychiatrists, London</p>

11.30-12.45

CPD level 1

W2 WORD FOR BEGINNERS

Facilitators: Dr Fionnbar Lenihan, Royal Edinburgh Hospital, Edinburgh and Dr Omer Moghraby, South London and Maudsley Trust, London

This session aims to demonstrate the basic features of using a word processor including starting the program, entering text, basic formatting, inserting graphics and tables and saving your work in a file so that it can be found again. Basic computer skills are an advantage but not compulsory.

CPD level 2

S4 MEDICAL STUDENTS/6TH FORMERS: WHAT DO YOUNG PSYCHIATRISTS DO?

Dr Joe Bouch, Goldenhill Resource Centre, Clydebank

This session will comprise of Dr Joe Bouch, with SHO and Specialist Registrar colleagues giving their perspectives on their career choice.

12.45-13.45

LUNCH

13.45-14.45

CPD level 2

KN2 PLENARY DEBATE: THIS HOUSE BELIEVES THAT DIAGNOSIS IS A MEANINGLESS CONCEPT IN PSYCHIATRY

Chair: Professor Sir David Goldberg, London

Proposing the motion: Professor Richard Bentall, University of Manchester, Manchester
Opposing the motion: Professor Norman Sartorius, Hospital Universitaires de Geneve, Geneve, Switzerland

13.45-16.00

CPD level 1

W3 BASIC LIFE SUPPORT

Facilitator: Mr Tim Clarke, Consulting Room, Abergavenny

Feedback from psychiatrists about their CPD show that a great number wish to improve their skills in basic life support (BLS). Cardio-pulmonary resuscitation (CPS) is one of the skills that comprise BLS. Some psychiatrists are provided with training by their employers that is easily accessible but others have more difficulty in locating suitable training or in attending.

This training course is being provided by the College in response to the requests from members. The training course will be practical and practice-based. It will enable participants to practise the hands-on skills in purpose-designed scenarios that will provide fully recognised training in both BLS and CPR. All who successfully complete the training will be certified as doing so.

14.45-16.00

CPD level 2

S5 CHANGES IN TRAINING: THE STORY CONTINUES

Professor Dinesh Bhugra, Dean, The Royal College of Psychiatrists, London

With the advent of external factors such as European Working Time Directive (EWTG); Modernising Medical Careers (MMC) and the Postgraduate Medical Education and Training Board (PMETB) the training and assessment of psychiatric trainees is undergoing a radical overhaul which is unprecedented for a generation. The College has led on many of these changes including the development of a competency based curriculum.

With a single unified training grade starting in August 2007 and PMETB regulation of assessment methods and inspection of training schemes, the Royal College has responded positively and thoughtfully to these changes and in some settings led on these. Selection criteria into specialties and sub-specialties and changes in assessments and examinations are ready. Changes in the examinations are being prepared and will come in 2008 for both parts of the examination. The pilot studies of Work Place Based assessments have fed in to these changes. These findings will be presented in this session.

14.45-16.00
(cont'd)

This lecture is interactive to give information to trainers, tutors and trainees and to gather feedback and ideas for implementing the changes. Resource implications and changes in supervision and assessment will be discussed.

16.00-16.30

TEA

16.30-17.45
CPD level 1

W4 WORD: INTERMEDIATE/ADVANCED

Facilitators: Dr Fionnbar Lenihan, Royal Cornhill Hospital, Aberdeen and Dr Matt Evans, Elm Bank House, Barnet Hospital, Barnet

In this workshop, we will build on the beginner's session to explore the more advanced features of Microsoft Word and other word processors. Particular emphasis will be placed on acquiring skills and habits that support the production of structured documents that can be easily shared and collaboratively edited. Topics covered include the use of styles, outline mode, automatic numbering of pages, headings, graphics and tables, the automatic generation of tables of content and tools for collaboratively editing documents. It is expected that attendees at this workshop will have good basic computer skills and will have completed the beginner's word processing workshop or have an equivalent level of skill in the area.

CPD level 3

S6 THE NEUROBIOLOGY OF EATING DISORDERS

Chair: Dr Adrienne Key, Priory Hospital Roehampton, London

The biological contribution to the aetiology of eating disorders is unknown. Evidence that genetic factors account for a high level of variance indicates the possibility of a neurobiological substrate. Recent neuroimaging and neuropsychological studies have demonstrated consistent abnormalities in patients with eating disorders. The session will start with an introduction to neuroimaging in psychiatry and then examine the findings of the latest research in eating disorders, explore the clinical implications and suggest the direction of future research.

Neuroimaging in Psychiatry – An Introduction

Professor Steve Williams, Institute of Psychiatry, London

Neuropsychology – more than cheap imaging technology if you cannot afford a scanner?

Dr Ian Frampton, University of Exeter, Exeter

Neuroimaging in Eating Disorders

Professor Brian Lask, St. George's Hospital Medical School, London

CPD level 4

W5 CREATIVE WRITING AS AN AID TO RECOVERY FROM MENTAL HEALTH PROBLEMS

Facilitator: Dr Robert Clafferty, Westbank Day Hospital, Falkirk

When was the last time you wrote some prose or poetry? This is an informal participatory workshop run jointly by a professional writer and a consultant psychiatrist which aims to demonstrate some of the techniques of creative writing and its therapeutic uses for our patients. Please bring a pen, paper and your imagination!

TODAY'S TRAINING COURSE

TC1 Disorders at the interface between neurology and psychiatry (CPD level 2)

This training course is aimed at general adult psychiatrists who occasionally encounter patients who have disorders that are at the interface between neurology and psychiatry. The aim is to refresh general skills of patient assessment and examination, then to look at how this is applied in clinical care. The teaching faculty includes neuropsychiatrists, neurologists and neuropsychologists. The format will be interactive with use of video case material and plenty of opportunity for discussion.

9.45-11.00

CORE CLINICAL SKILLS IN NEUROPSYCHIATRY

Chair: Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

The 2 minute neurological examination

Dr Richard Davenport, Consultant Neurologist, Edinburgh

Cognitive assessment: beyond the MMSE

Professor Adam Zeman, Professor of Behavioural and Cognitive Neurology, Exeter

Assessing strange movements

Professor David Owens, Professor of Clinical Psychiatry, Edinburgh

11.30-12.45

SHOULD WE DO A SCAN?

Chair: Professor David Owens, Professor of Clinical Psychiatry, Edinburgh

How do brain tumours really present?

Dr Robin Grant, Consultant Neurologist, Edinburgh

All different types of headache

Dr Roger Cull, Consultant Neurologist, Edinburgh

When and how to order a scan

TBC, Consultant Neuroradiologist

14.30-15.45

NEUROLOGY REVISITED

Chair: Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

Multiple sclerosis - a neurodegenerative disorder?

Belinda Weller, Consultant Neurologist, Edinburgh

Motor Neurone Disease - not just a motor disorder?

Dr Sharon Abrahams, Senior Lecturer in Human Cognitive Neuroscience, Edinburgh

Small stroke, big dementia- what is a strategic infarct?

Prof Charles Warlow, Professor of Medical Neurology, Edinburgh.

Accelerated forgetting in epilepsy

Prof Adam Zeman, Professor of Behavioural and Cognitive Neurology, Exeter

16.15-17.30

WHAT'S NEW IN CONVERSION DISORDER?

Chair: Professor David Owens, Professor of Clinical Psychiatry, Edinburgh

Who gets it?

Dr Alan Carson, Consultant Neuropsychiatrist, Edinburgh

How does it happen?

Dr Jon Stone, Consultant Neurologist, Edinburgh

What can you do about it?

Prof Michael Sharpe, Professor of Psychological Medicine and Symptoms Research, Edinburgh

9.00-9.45
CPD level 2

KN3 PLENARY LECTURE: INTERNATIONAL TERRORISM

Chair: Professor Richard Williams, Director of Conferences, Royal College of Psychiatrists, London

Speaker: Professor Janice Gross Stein, University of Toronto, Canada

9.00-11.00
CPD level 1

W6 BASIC LIFE SUPPORT

Facilitator: Mr Tim Clarke, Consulting Room, Abergavenny

Feedback from psychiatrists about their CPD show that a great number wish to improve their skills in basic life support (BLS). Cardio-pulmonary resuscitation (CPS) is one of the skills that comprise BLS. Some psychiatrists are provided with training by their employers that is easily accessible but others have more difficulty in locating suitable training or in attending.

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9.45-11.00
CPD level 3

S7 APA AND RCPSYCH PRESIDENTIAL SYMPOSIUM: RECOVERY AND ITS MEANING FOR MINORITY GROUPS

Chairs: Dr Sidney Weissman, Feinberg School of Medicine, Northwestern University, Illinois, USA and Professor Hamid Ghodse, St. George's University of London, London

Disparities in mental health care: APA Perspective

Dr Carolyn Robinowitz, American Psychiatric Association, Arlington, USA

Disparities in mental health care: UK Perspective

Professor Sheila Hollins, Royal College of Psychiatrists, London

CPD level 3

S8 THE ROLES OF MENTAL HEALTH SERVICES IN NATURAL DISASTERS

Chair: Dr Brian Martindale, Monkwearmouth Hospital, Sunderland

The psychosocial impacts of the tsunami and the Kashmiri Earthquake on communities, children and families

Dr Ian Soosay, Cambridge

Learning the lessons from Hurricane Katrina

Speaker TBC

The potential impacts of pandemic flu: building psychosocial resilience

Speaker TBC

CPD level 2

S9 CHANGES IN TRAINING: THE STORY CONTINUES

Professor Dinesh Bhugra, Dean, The Royal College of Psychiatrists, London (see page 22)

9.45-11.00
(cont'd)

CPD level 3

S10 PROMOTING AND SUPPORTING RECOVERY IN SCOTLAND

Chair: Dr Debbie Mountain, Royal Edinburgh Hospital, Edinburgh

This session will be designed to provide detail on the work of the Scottish Recovery Network as well as providing a personal perspective on the recovery experience. It will outline the aims of the Network and key elements of work, including detail on an extensive narrative research project, policy and practice development work and awareness raising efforts. It will also include specific input on the collaborative development of a recovery training framework as part of the Scottish Mental Health Nursing Review. The personal perspective will be provided by Edinburgh based author and mental health activist, Paul Reed.

Introducing the Scottish Recovery Network and the promotion and support of recovery in Scotland

Mr Simon Bradstreet, Scottish Recovery Network, Glasgow

Recovery and nursing in Scotland: implications for psychiatrists

Dr Allison Alexander, NHS Education for Scotland, Edinburgh

An author's personal perspective

Mr Paul Reed, Edinburgh

CPD level 1

S11 GOOD DOCTORS, SAFER PATIENTS - MOVING BEYOND UNCERTAINTY

Chair: Dr David Roy, South London and Maudsley NHS Trust, London

In September 2006 the Chief Medical Officer (Professor Sir Liam Donaldson) issued **Good doctors, safer patients**: a report with 'proposals to strengthen the system to assure and improve the performance of doctors and to protect the safety of patients'. A period of consultation followed, and the latest definitive changes to the relicensing and recertification of doctors, the relationship between doctors and the General Medical Council, and the role of the Royal College of Psychiatrists in the ongoing processes relating to recertification will form the focus of this session. A presentation by a member of the **Professional Governance and Ethics Committee** of the College on the latest issues will be followed by an interactive panel/audience discussion on the implications for psychiatrists and the future programme of change required for individual performance assessment.

Update on 'Good doctors, safer patients' and the implications for re-licensing and re-certification

Speaker TBC

Panel Discussion

Dr Paul Lelliott Royal College of Psychiatrists, CRU, London; Dr Gordana Milavic, Kings College Hospital, London; Dr Peter Jarrett, Oxleas NHS Trust, Dartford; Dr Ashok Roy, Birmingham; Dr Liz Fellow-Smith, West London Mental Health NHS Trust, London and Dr Ian Davidson, Cheshire & Wirral Partnerships NHS Trust, Chester

S12 NEW RESEARCH PRESENTATIONS

Dr Mark Taylor, Spring Park Resource Centre, Glasgow

CPD level 1

W7 POWERPOINT FOR BEGINNERS

Facilitators: Dr John Brady, Holywell Hospital, Antrim and Dr Gurpal Gosall, Blackburn

This workshop will aim to equip the participant with the basics of MS PowerPoint – a powerful aid to spruce up your presentations. It will cover exploring the PowerPoint environment, creating new presentations, formatting slides, working with graphics, tables and charts and setting up slide shows. A basic knowledge of using computers is expected.

9.45-11.00
(cont'd)
CPD level 2

W8 ASSESSING THE IMPACT OF MMC AND PMETB ON NON-TRADITIONAL CAREER PATHS

Facilitators: Dr Amit Malik, Nottingham City Hospital, Nottingham; Dr Elaine Arnold, Park Royal Centre for Mental Health, London; Dr Nick Rose, Abingdon Hospital, Abingdon; Professor Dinesh Bhugra, Dean, Royal College of Psychiatrists, London and Dr Jane Marshall, Maudsley Hospital, London

There have been recent significant UK-wide reforms to postgraduate medical education including Modernising Medical Careers (MMC) and the establishment of the Postgraduate Medical Education and Training Board (PMETB).

The workshop aims to assess the impact of these changes on groups of doctors who follow non-traditional career paths including flexible trainees and overseas doctors. An expert panel representing these groups, training programme directors and the Dean will discuss the positive and negative impact of these changes. The panel will then invite audience participation to discuss these changes and potential solutions to difficulties individuals have experienced.

11.00-11.30

COFFEE

11.30-12.45

CPD level 3

S13 APA AND RCPSYCH PRESIDENTIAL SYMPOSIUM: RECOVERY AND INTELLECTUAL DISABILITIES

Chairs: Dr Kenneth Busch, Illinois, USA and Professor Hamid Ghodse, St. George's University of London, London

Individuals with Disabilities: Path to Resilience

Dr Tony Ng, Maryland, USA

Intellectual Disability: At Last?

Dr Stephen Ruedrich, MetroHealth Medical Center, Cleveland, USA

CPD level 3

S14 DEVELOPING UK HOMELAND RESILIENCE

Chair: Professor Richard Williams, Director of Conferences, Royal College of Psychiatrists, London

The nature and psychosocial impacts of terrorism

Professor David Alexander, Director, Aberdeen Trauma Research Centre, Aberdeen

From the Blitz to Bin Laden: reactions of Londoners to threat

Professor Simon Wessely, Institute of Psychiatry, Kings College, London

Emergency preparedness: the UK perspective

Dr Penny Bevan, Director of Emergency Preparedness, Department of Health, London

CPD level 2

S15 INTEGRATION VS TRADITIONALISM AND RESILIENCE AND RECOVERY FROM MENTAL HEALTH PROBLEMS

Chair: Professor Kwame McKenzie, Department of Mental Health Sciences, UCL Hampstead Campus, London

How do ethnic minorities cope? How do children from ethnic minorities develop identity and resilience against the challenges of their status? Does integration or sticking to close knit traditional communities' best help with growing up in the UK? Recent ground-breaking studies in the UK have thrown light not only on the difficulties of ethnic minorities and refugee and asylum seekers but have offered a deeper understanding on the coping mechanisms involved in psychological health.

Resilience: Its meaning and measurement

Professor Stephen Stansfeld, Centre for Psychiatry, Wolfson Institute of Preventive Medicine, London

Acculturation and the integration/traditionalism debate

Professor Kam Bhui, Centre for Psychiatry, Wolfson Institute of Preventive Medicine, London

11.30-12.45
(cont'd)

A study of unaccompanied refugee children

Professor Dinesh Bhugra, David Goldberg Centre, Institute of Psychiatry, London

CPD level 4

S16 CONSULTANT APPRAISAL – A DEVELOPING PROCESS

Chair: Dr David Roy, South London & Maudsley NHS Trust, London

Speakers: Dr Neil Deuchar, Birmingham and Solihull Mental Health NHS Trust, Birmingham and Dr David Newby, Leeds Mental Health NHS Trust, Leeds

Consultant appraisals have been implemented over the past five years and the introduction, development and processes vary between organisations and regions.

This session aims to explain how two different mental health trusts (Birmingham and Leeds) are currently carrying out consultant appraisals. The presentations will highlight process development, successes, pitfalls and future plans. Afterwards the audience will be invited to offer their ideas, suggestions and plans for improving future practice.

CPD level 3

S17 AFFILIATES AND SAS DOCTORS SESSION

Chair: Dr Afzal Javed, The Medical Centre, Nuneaton

Staff and Associate Specialist (SAS) posts, formerly known as 'Non-Consultant Career Grade', are increasing in NHS and these doctors play an important role in the service delivery and service provisions. Over the past years, the College has been very supportive of this grade and is very keen to offer assistance and support to these professional colleagues.

This session will look at the CPD and other professional needs of SAS doctors. Presentations will highlight current developments and College policies for this grade of doctors in terms of teaching, training and assessment under PMETB for specialist register.

CPD for SAS grade psychiatrists

Dr J S Bamrah, North Manchester General Hospital, Manchester

New contract: any improvement to the old terms and conditions of service?

Dr Ishtiaq Ahmad, Bromsgrove

How to make a successful application to PMETB under Article 14. "Personal Experience"

Dr S H Quraishi, Burnley General Hospital, Lancashire

CPD level 2

W9 MOBILE COMPUTING / PDAs

Facilitators: Dr Matt Evans, Elm Bank House, Barnet Hospital, Barnet and Dr Fionnbar Lenihan, Royal Edinburgh Hospital, Edinburgh

This workshop is intended to provide an introduction to psychiatrists who are new to PDAs or who wish to understand more fully how mobile computing works. It will cover hardware options such as screens, keyboard, communications and future advances.

There will also be some discussion on the basic functions of various devices and some guidance on purchasing options will be given.

CPD level 2

W10 CONFIDENCE IN CULTURAL CAPABILITY

Facilitators: Dr Parimala Moodley, London and Angie Hammond, Springfield Hospital, London

This workshop is designed to increase awareness in principles of cultural competence; to improve skills and to identify other training needs in this area. It will include a discussion of concepts, consideration of current legislation and practical issues in relation to translating theory into practice. Participant's personal experience as well as short vignettes will be used to generate discussion, particularly about generic ways of working which may be used in different cultural settings.

11.30-12.45
(cont'd)
CPD level 3

W11 RISK MANAGEMENT AND RECOVERY – UNDERSTANDING THE PROCESSES

Facilitators: Dr Shawn Mitchell, St. Andrew’s Hospital, Northampton; Dr Tor Pettit, Cheadle Royal Hospital, Stockport and Dr Pat Abbott, Ashworth Hospital, Maghull

A workshop examining risk management and recovery from different perspectives – clinical, organisational and service user. To understand the processes influencing risk management in recovery based services and managing the potential conflicts between risk management and recovery focused approaches.

Examining these processes from different perspectives: forensic environments, with systematised approaches to risk management: clinical perspectives, using standardised risk assessment tools to manage risk in a recovery focused approach; organisational perspective, looking at systemic aspects of organisations and how they influence risk management, and service user perspective, involving service users in risk management. This will be done using clinical vignettes.

12.45-13.45

LUNCH

13.45-14.30
CPD level 2

KN4 PLENARY LECTURE: INTERNATIONAL TERRORISM

Chair: Professor Janice Gross Stein, University of Toronto, Canada

KN5 RAJ PERSAUD INTERVIEWS....

14.30-15.45

S18 PoP CLUB ACADEMIC SESSION: FUTURE OF ACADEMIC PSYCHIATRY: TEACHING, TRAINING, RESEARCH AND ADVOCACY

Chair: Professor Hamid Ghodse, University of London, London

Speakers: Professor Robin Murray, Institute of Psychiatry, London; Professor Peter Jones, University Department of Psychiatry, Addenbrookes Hospital, Cambridge; Professor David Skuse, Department of Child & Adolescent Mental Health, Great Ormond Street Hospital for Children, London; Professor Shelia Hollins, Royal College of Psychiatrists, London and Professor Pamela Taylor, University of Wales College of Medicine, Cardiff

The session marks the 40th anniversary of the Professors of Psychiatry Club
Contents: Each speaker will discuss the future of academic psychiatry with regard to research, education and training, and advocacy

- Objectives:
- To outline key achievements and advances since 1966
 - To examine the challenges encountered and suggestions for resolution
 - To consider promising avenues for future developments
 - To identify strategies for implementation over the next 5-10 years

CPD level 4

S19 HOME AND AWAY: REBUILDING AFTER DISASTER AND RECOVERY AFTER MILITARY CONFLICT

Chair: Professor Jim Ryan, Leonard Cheshire Professor of Conflict Recovery

From the cutting room floor: a surgeon’s observations over a quarter of a century of the psychosocial consequences of terrorism, conflict, war and trauma

Professor Jim Ryan, Leonard Cheshire Professor of Conflict Recovery

War in Iraq and Afghanistan: recovery, normalisation and service provision for returning service personnel

Dr Martin Deahl, North Wrekin CMHT, Telford

An organisational approach to managing traumatic stress - the Royal Marines way

Surgeon Commander Neil Greenberg, Ravenswood House Medium Secure Unit, Fareham

14.30-15.45
(cont'd)

CPD level 2

S20 ORGANISATIONAL RECOVERY – FROM THEORY TO PRACTICE

Chair: Dr Parimala Moodley, London

The College has a responsibility to comply with the Race Relations Amendment Act (2001). This session brings together experts to discuss;

- a) The need for organisational change
- b) The theory of organisational recovery in relation to the Race Relations Amendment Act
- c) The practical implications for statutory organisations and
- d) The College's experience of organisational change and its ongoing equality and diversity programme.

Organisational recovery: a model for communicative action on race equality

Mr Jon Bashford, Centre for Ethnicity and Health, University of Central Lancashire, Preston

Organisational recovery: a model for communicative action on race equality

Professor Lord Patel of Bradford OBE, Centre for Ethnicity and Health, University of Central Lancashire, Preston

The College Plan for Equality and Diversity

Mrs Vanessa Cameron, Chief Executive, Royal College of Psychiatrists, London

CPD level 4

S21 CLINICAL LEADERSHIP IN MODERN PSYCHIATRIC PRACTICE

Chair: Dr Peter Kennedy, Vice President: Medical Management, Royal College of Psychiatrists, London

Speakers: Dr Liz Fellow-Smith, West London Mental Health NHS Trust, London and Dr Mike Hobbs, Oxfordshire and Buckinghamshire Mental Health Partnership NHS Trust, Oxford

Consultant psychiatrists have long been expected to function as clinical leaders, though most have received limited training for leadership. With the establishment of 'New Ways of Working' in mental health services, the assumption that the consultant psychiatrist is the leader by right of a multidisciplinary team has been challenged. We take the view that, while leadership authority needs to be earned or justified, all consultants have clinical leadership responsibilities. In this session we will identify the ingredients of effective clinical leadership, the attributes of the effective clinical leader and how these may be developed.

CPD level 3

S22 BIA AND MIDDLE EAST DIVISION: VIOLENCE AND PSYCHIATRY IN THE MIDDLE EAST

Chair: Dr Nasser Loza, Behman Hospital, Cairo, Egypt

The main objectives of this session would be to address the short and long term effects of ongoing violence in different countries of the region, on the psychological wellbeing of the civilian population. Also to address terrorist acts and how those affect both the general public, psychiatric patients and their civil rights.

It aims to address the position of mental health professionals, who by virtue of their profession get called in occasionally to assess and express their opinions regarding the perpetrators of such acts

In addition the session will aim to learn about the difficulties that mental health professionals confront in a society facing violence, and trying to maintain standards of services in such a rapidly changing society.

TBC

Dr Eli Karam, St. George Hospital, Beirut, Lebanon

Conflict and mental health: an Iraqi perspective

Dr Sabah Sadik, Baghdad, Iraq

A therapeutic network for children presenting PTSD symptoms

Dr Sam Tyano, Tel Aviv University Medical School, Tel Aviv, Israel

14.30-15.45
(cont'd)

CPD level 4

S23 PSYCHOTIC EPISODE OR SPIRITUAL EMERGENCY? THE TRANSFORMATIVE POTENTIAL OF PSYCHOSIS IN RECOVERY

Chair: Dr Sarah Egger, St. Charles Hospital, London

Recovery orientated models require a radical shift in the way we view 'mental illness'. The concept of spiritual emergency has sprung from the work of transpersonal psychiatrists whose view of the psyche stretches beyond our traditional reductionist medical model. The transpersonal perspective allows us to consider that sometimes challenging and unusual behaviour holds potential. That it can signal a breakthrough rather than just a breakdown, reframing a 'psychotic' experience as meaningful, leading the person towards wholeness, healing and recovery. This session aims to provide an introduction to this fascinating area, and will include a personal account of one person's brief psychotic episode which fits classical descriptions of the kundalini spiritual awakening.

Psychotic episode or spiritual emergency? A transpersonal perspective

Dr Nicki Crowley, The Valley Centre, High Wycombe

Expert by experience: a brief psychotic episode caused by a kundalini spiritual awakening

Ms Sarah Sourials, Woking, Surrey

Transpersonal psychiatry

Dr Tim Read, The London Hospital, London

CPD level 2

W12 CONSIDERING RECOVERY PRINCIPLES IN PRACTICE

Facilitators: Mr Simon Bradstreet, Scottish Recovery Network, Glasgow and Allison Alexander, NHS Education for Scotland, Edinburgh

The aim of this workshop is to explore how recovery ethos and values may be translated into practice in mental health services. By the end of this workshop participants will have reflected on their own practice and how it compares and contrasts with the principles of recovery. Participants will also identify education and training needs related to recovery for psychiatrists and other stakeholders. Relevant information about UK and international resources will also be provided during the session. This will be a participative workshop using a range of methods. It will be facilitated by two experienced recovery educators, both closely involved in Scottish mental health practice and policy development.

15.45-16.15

TEA

16.15-17.30

S24 PoP CLUB DISTINGUISHED GUEST LECTURE: 40TH ANNIVERSARY OF THE PoP CLUB

Chair: Professor Hamid Ghodse, St George's University, London

Speaker: Professor Colin Blakemore, Medical Research Council, London

CPD level 3

S25 BRINGING IT ALL TOGETHER: WHAT ARE THE LESSONS FOR RESILIENCE AND MENTAL HEALTH SERVICES THAT PROMOTE RECOVERY?

A framework for developing services to promote resilience and recovery

Professor David Alexander, Director, Aberdeen Trauma Research Centre, Scotland and Professor Richard Williams, St. Cadocs Hospital, Newport

Chair: Dr Helen Killaspy, University College London, London

Panel Discussion: What are the lessons for the future

Chairs: Professor Janice Gross Stein, University of Toronto, Canada

Discussants: Colonel Elspeth Ritchie, Professor D Alexander, Dr P Bevan, Professor J Ryan

Summing Up: What Are the Lessons for the Future?

Professor Janice Gross Stein, University of Toronto, Canada and Lord Alderdice, Northern Ireland Assembly, Belfast

16.15-17.30

CPD level 3

W13 SHRINK WRAP: SELF MANAGEMENT FOR PEOPLE WITH LONG TERM CONDITIONS – A PRACTICAL GUIDE TO THE WELLNESS RECOVERY ACTION PLAN

Facilitators: Dr Glenn Roberts, Wonford House Hospital, Exeter and Mr Laurie Davidson, Exeter

Aims

To understand more about the value and role of self-care in personal recovery
To learn about different framework for developing a self-care plan
To learn about the Wellness Recovery Action Plan (WRAP) and how to use it

Methods

Brief presentation setting self-care in the context of recovery based practice
Brief overview of the origins and story behind development of the Wellness Recovery Action Plan (WRAP) as a user-led self-management tool
Actively engage in a practical and shared exploration of WRAP

Objectives

For participants to learn how to work with patients using WRAP as an approach structured self-management planning, and how to explore it further

CPD level 3

S26 BIA: COLLEGE VOLUNTEER PROGRAMME ASSISTING RECOVERY IN LOW AND MIDDLE INCOME COUNTRIES

Chair: Professor Rachel Jenkins, Institute of Psychiatry WHO Collaborating Centre, London and Dr Deenesh Khoosal, Brandon Mental Health Unit, Leicester

The session aims to illustrate the practical experience of senior consultants and trainees volunteering and the ways in which it can contribute to recovery in low and middle income countries. We are hoping that our speakers who have hosted College volunteers will reflect the experiences of the host countries and lessons learned for the future.

Hosting volunteers in the national mental hospital in Malawi in the current challenges in mental health

Dr Felix Kauye, Zomba Mental Hospital, Zomba, Malawi

Working as a SpR volunteer in South East Asia

Dr Ian Soosay, Cambridge,

Current challenges in training mental health professionals in Kenya and hosting volunteers in a national university

Dr Caleb Joseph Othieno, University of Nairobi, Nairobi, Kenya,

Working as senior volunteers supporting specialist training in child and older age mental health in Kenya

Dr Philip Graham and Dr Nori Graham, London

CPD level 3

W14 PROBLEM SOLVING THERAPY – HOW TO DO IT

Facilitator: Dr Laurence Mynors-Wallis, Alderney Hospital, Dorset

CPD level 1

W15 POWERPOINT INTERMEDIATE

Facilitator: Dr Zia Nadeem, St John's Hospital, Livingston and Dr John Brady, Holywell Hospital, Antrim

This workshop will aim to equip the participant with some more features of MS PowerPoint – a powerful aid to spruce up your presentations. Delegates will learn how to integrate clip-art, charts and diagrams into their presentations and will have the opportunity to learn how to use animation and slide transitions effectively. By the end of the workshop, delegates will be in a position to produce unique and powerful presentations. The workshop will be informal.

16.15-17.30
(cont'd)

CPD level 4

W16 KEEPING THE BODY AND MIND TOGETHER: MEDITATION MADE SIMPLE

Facilitators: Dr Sarah Eagger, CNWL NHS Mental Health Trust, London and Dr Larry Culliford, Brighton Community Mental Health Centre, Brighton

Give your mind a rest! With all the pressures in life it is important to stop and pause. Meditation is a practice that enables us to find that 'still point in a turning world'. It is both an ancient art and a modern-day skill. There are many meditation techniques from various philosophies and disciplines, but the essence of them all is to quieten the mind.

During this session we will promote the benefits of a calm and discerning mind, both in clinical practice and everyday life. We will demonstrate several simple meditation techniques and give participants the opportunity to ask questions. The benefits of regular meditation are many and include;

- a sense of physical health and well-being
- the capacity to stay focused in the present
- remain attentive with equanimity

Together these improve our capacity to witness and endure distress and enable us to sustain an attitude of hope.

CPD level 4

W17 'DEVELOPING FOR EXCELLENCE' – A PERSONAL DEVELOPMENT TASTER SESSION

Chair: Lynne Christopher, College Education and Training Centre, London
Facilitator: Dr Dilys Jones, Old Windsor, Berkshire

*"67% of the abilities" ... "for determining excellence within a job are in some way related to emotional competencies" "Intellectual intelligence contributes approximately 20%"
Goleman 1995, 1998*

As psychiatrists we are constantly faced with different challenges and immense change. This makes us re-evaluate our own personal styles and approaches to situations and relationships with other work colleagues, patients and carers.

To equip us to change and cope we need to 'develop for excellence'. This session will present a brief overview of four important personal development areas:

- Communication
- Relationships
- Decision Making
- Emotional Intelligence

Dr Dilys Jones, former forensic psychiatrist, medical director and senior policy advisor, has years of experience as a trainer and coach in service, organisational and personal development.

The College Education and Training Centre offers one day courses on each of the above personal development topics.

TODAY'S TRAINING COURSE

TC2 patient-centred care and values-based practice training course (CPD level 2)

This training programme aims to bring together initiatives in values-based practice in the UK with the WPA's Institutional Programme on Psychiatry for the Person.

In three linked training workshops, case examples and interactive methods will be used to illustrate the complementary resources of the two programmes for improving clinical care in three key areas, CAMHS, clinical assessment and diagnosis, and BME services.

This training course is linked to S31(see page 36)

- 11.30-12.45 **Introduction to values-based practice with examples from CAMHS**
Professor Richard Williams, Director of Conferences, Royal College of Psychiatrists, London; Professor Bill Fulford, University of Warwick, Coventry; Dr Gwen Adshead, Broadmoor Hospital, Crowthorne and Dr Subodh Dave, Queen Elizabeth Psychiatric Hospital, Birmingham
- 14.30 - 15.45 **Comprehensive assessment as the basis of psychiatry for the person**
Professor Juan Mezzich, Mount Sinai School of Medicine, New York, USA; Professor George Christodoulou, President, Hellenic Centre of Mental Health, Athens, Greece; Professor Richard Williams, Director of Conferences, Royal College of Psychiatrists, London; Professor Bill Fulford, University of Warwick, Coventry and Dr Subodh Dave, Queen Elizabeth Psychiatric Hospital, Birmingham
- 16.15 - 17.30 **Values and pathways through compulsion – improving practice in DRE services**
Professor Kwame McKenzie, University College London, London; Professor Richard Williams, Director of Conferences, Royal College of Psychiatrists, London; Professor Bill Fulford, University of Warwick, Coventry; Dr Gwen Adshead, Broadmoor Hospital, Crowthorne and Dr Subodh Dave, Queen Elizabeth Psychiatric Hospital, Birmingham

9.00-9.45
CPD level 2

KN6 PLENARY LECTURE: HUMAN RIGHTS, SOCIAL INCLUSION AND RECOVERY
Baroness Helena Kennedy, QC, House of Lords, London

9.00-11.00
CPD level 1

W18 BASIC LIFE SUPPORT
Facilitator: Mr Tim Clarke, Consulting Room, Abergavenny

Feedback from psychiatrists about their CPD show that a great number wish to improve their skills in basic life support (BLS). Cardio-pulmonary resuscitation (CPS) is one of the skills that comprise BLS. Some psychiatrists are provided with training by their employers that is easily accessible but others have more difficulty in locating suitable training or in attending.

This training course is being provided by the College in response to the requests from members. The training course will be practical and practice-based. It will enable participants to practise the hands-on skills in purpose-designed scenarios that will provide fully recognised training in both BLS and CPR. All who successfully complete the training will be certified as doing so.

9.45-11.00
CPD level 2

S26 THE CHANGES TO THE MENTAL HEALTH ACT

Chair: Dr Ian Hall, Community Learning Disability Service, London

Speaker: Dr Anthony Zigmond, Newsam Centre, Leeds.

The session will inform the audience about the main changes in the new legislation and how it is likely to alter clinical practice. Approximately 10 minutes will be dedicated to questions from the audience.

CPD level 3

W19 JOHN RAWLS THEORY OF SOCIAL JUSTICE: RELEVANCE TO PRACTICE AND POLICY IN PSYCHIATRY

Facilitators: Professor George Ikkos, Royal College of Psychiatrists, London and Dr Jed Boardman, Royal College of Psychiatrists, London

There will be a presentation of John Rawls' theory of Social Justice, in the context of moral philosophy. An outline John Rawls' fundamental assumptions (e.g. the original position, the veil of ignorance) will be followed by a focus on his two central principles (the liberty principle and the difference principle) and the priority rules for the application of these principles. Participants will be invited to critically examine the relevance of John Rawls' theory to psychiatry through discussion of cases involving issues of mental capacity, mental health law, service priorities and doctor assisted dying.

CPD level 2

S27 RACISM AND MENTAL HEALTH

Chair: Professor Kam Bhui, Centre for Psychiatry, Wolfson Institute of Preventive Medicine, London

International studies have pointed to racism as a cause of mental illness in minority groups. The majority of the studies have been from the USA. The US research has investigated common mental disorders but the UK research is more focused on psychosis. The aim has been to help decide whether racism is the cause of the high rates of psychosis in some ethnic minority groups and whether it also explains their worse outcomes. These groups of presentations will present the findings of a literature review and new research which helps to unpick this thorny issue.

Racism and mental illness a literature review

Professor Kwame McKenzie, Department of Mental Health Sciences, UCL Hampstead Campus, London

Hostility towards migrant group and rates of mental illness an ecological study

Dr Jane Boydell, Division of Psychological Medicine, Institute of Psychiatry, London

Perceived racial discrimination and outcome from mental illness a longitudinal study

Dr Apu Chakraborty, Department of Mental Health Sciences, UCL Hampstead Campus

CPD level 2

S28 INTEGRATING THE PHYSICAL AND MENTAL HEALTH CARE OF WOMEN PATIENTS

Chair: Dr Fiona Mason, Hellesdon Hospital, Norwich

People with mental health problems have high general morbidity and premature mortality compared with the general population. Psychiatrists are in a position to promote the physical and mental health of their patients and women have specific health needs.

The session looks at four aspects of the health care of women important for psychiatrists: health promotion; prescribing for women; managing substance misuse in pregnancy and assessing the health needs of women patients.

The objective of the session is to look at optimising the integration of the physical and mental health care of patients and promoting physical and mental recovery.

Health promotion in women patients

Dr Shubulade Smith, Maudsley Hospital, London

9.45-11.00
(cont'd)

Ethical dilemmas in prescribing for women

Dr Liz McDonald, City and Hackney Centre for Mental Health, Homerton Hospital, London

Managing substance misuse in pregnancy

Miss Mary Hepburn, Women's Reproductive Health Service, Princess Royal Maternity, Glasgow

Assessing the needs of female service users

Dr Louise Howard, Institute of Psychiatry, London

CPD level 3

S29 BIA AND WESTERN PACIFIC DIVISION: PSYCHOSOCIAL REHABILITATION IN THE WESTERN PACIFIC REGION

Chair: Prof Scott Henderson, The Australian National University, Canberra, Australia

Psychosocial rehabilitation is an activity that pervades all areas of clinical practice. The three speakers bring a perspective from diverse parts of the Western Pacific. They will critically dissect and comment on the key elements of rehabilitation in their own and other populations, while offering an account of their own extensive experience. This session will exemplify some of the principal objectives of the Board of International Affairs.

Psychosocial rehabilitation in China and Hong Kong

Prof Helen Chiu, Chinese University of Hong Kong, Tai Po Hospital, Hong Kong

Psychosocial rehabilitation in the Western Pacific Region – changing paradigms

Prof M Parameshvara Deva, Mara University of Technology, Malaysia

Psychosocial rehabilitation revisited – a view from South East Asia

Prof Kua ee Heok, National University of Singapore, Singapore

S30 NEW RESEARCH PRESENTATIONS

Chair: Professor Jan Scott, Institute of Psychiatry, London

CPD level 1

W20 USING THE WEB TO FIND INFORMATION

Facilitators: Dr Sudhir Kaligotla, Congleton and Dr Justine McCulloch, Stirling

Background to the Internet: how to access it from home and work; how to carry out a search and find relevant information.

The session will be very informal and delegates will have plenty of time to ask questions and to explore the 'net' on their own. Participants will each have access to a computer and will get a hands on experience of gaining most out of the net. The main focus of the workshop will be on using the various search engines available on the net and how to successfully carry out a search. Basic knowledge on using the net is sufficient for attending this workshop.

CPD level 2

S31 PATIENT-CENTRED CARE AND VALUES-BASED PRACTICE

Chairs: Dr Gwen Adshead, Broadmoor Hospital, Crowthorne and Dr Subodh Dave, Queen Elizabeth Psychiatric Hospital, Birmingham

This session aims to bring together initiatives in values-based practice in the UK with the WPA's Institutional Programme on Psychiatry for the Person. The session will include presentations describing some of the key areas of overlap between them.

This session is linked with TC2 (see page 34)

Idiographic methods and idiographic diagnosis as the foundation for psychiatry for the person

Professor Juan Mezzich, Mount Sinai School of Medicine, New York University, New York, USA

Policy and service developments in patient-centred care in the UK

Professor Richard Williams, St Cadoc's Hospital, South Wales

9.45-11.00
(cont'd)

Concept and practice in patient-centred care: the role of the WPA's institutional programme on psychiatry for the person

Professor George Christodoulou, European Division, Royal College of College of Psychiatrists, Athens, Greece and Professor KWM Fulford, The University of Warwick, Coventry

CPD level 2

S32 CHANGES IN TRAINING: THE STORY CONTINUES

Professor Dinesh Bhugra, Dean, The Royal College of Psychiatrists, London
(see page 22)

11.00-11.30

COFFEE

11.30-12.45

CPD level 1

S33 THE MENTAL CAPACITY ACT IN ACTION

Chair: Dr Anthony Zigmond, Newsam Centre, Leeds

The Mental Capacity Act came into force in April 2007. This session will highlight the major changes and improvements which the new Act has brought about and indicate what work has still to be achieved.

Approximately 10 minutes will be dedicated to questions from the audience.

Speaker: Dr Julian C. Hughes, North Tyneside General Hospital, Tyne and Wear

CPD level 3

S34 LENGTH OF STAY IN BROADMOOR HOSPITAL: A HISTORICAL PERSPECTIVE 1863 – 2005

Chair: Professor Pamela Taylor, Wales

Broadmoor Hospital now has more than 140 years experience in the assessment and treatment of offender patients, males and females. The session will outline trends in the length of stay over that period, reflecting interactions with prisons, other psychiatric hospitals, the community, an international dimension involving repatriation to other countries, and those whose departure only occurred when they died. A remarkable story is told of full or partial recovery in many though not all cases.

Speaker: Dr Harvey Gordon, Littlemore Mental Health Centre, Oxford

CPD level 2

S35 SUICIDE IN BME GROUPS IN ENGLAND AND WALES

Chair: Dr Deenesh Khoosal, Brandon Mental Health Unit, Leicester General Hospital, Leicester

Increased rates of suicide have been reported in some ethnic minority groups in England and Wales but other ethnic groups have been said to be at lower risk. These beliefs are based on studies that are over a decade old.

This session will present what is actually known about suicide in BME groups and will present a new analysis of rates of suicide in the South Asian population. The session will finish with the National Suicide Prevention Advisory Group offering their insights to what can be done.

Does the South Asian population have increased risk of suicide in the UK?

Professor Kwame McKenzie, Department of Mental Health Sciences, UCL, London

Systematic reviews of suicide and self harm in BME groups in England and Wales

Dr Kam Bhui, Centre for Psychiatry, Wolfson Institute of Preventive Medicine, London

Suicide prevention in England challenges and successes

Speaker TBC

11.30-12.45
(cont'd)

CPD level 3

S36 MOODS DISORDERS AND REPRODUCTION

Chair: Professor Allan Young, Vancouver, Canada

Aim: The aim of this session is to outline the relationship between both unipolar and bipolar mood disorders and reproduction, including the risk of recurrence after childbirth and the issues involved in prescribing for such patients during pregnancy and lactation.

Objectives: To increase understanding of the risks associated with mood disorders and child-bearing including new onset and recurrent illness. To increase appreciation of the risks involved in prescribing for mood disorders during pregnancy and how to make a balanced treatment decision.

TBC

Dr Ian Jones, University of Wales College of Medicine, Cardiff

Unipolar depression and childbearing

Dr Carol Henshaw, Assertive Outreach, Cheshire

Prescribing for mood disorders during pregnancy and lactation

Dr Hamish McAllister-Williams, Royal Victoria Infirmary, Newcastle upon Tyne

CPD level 3

S37 BIA AND SOUTH ASIAN DIVISION: MENTAL HEALTH IN SOUTH ASIA: NEED FOR A REGIONAL MODEL

Chair: Professor S Haroon Ahmed, Psycho-Social Centre, Karachi, Pakistan

Contents of the session: Though basic advancement of Mental Health in South Asia exists, there is vast gap between need and provision of services. This session highlights present situation of Mental Health Care in South Asia, level of expectation and ultimate achievement. The differences of Psychiatry between South Asia and the West will be presented to understand the present situation of mental health in South Asia. Overall, reasons for underachievement of the mental Health Care in this region, the need and possible ways of overcoming the problems by adopting need based strategy for Mental Health will be presented. A proposal for the appropriate model of Mental Health Care in South Asia will be placed along with role of RCPsych in developing such model with the aim of improving mental health status in South Asia.

Objectives of the session:

- . To understand the reasons of underachievement of the Mental Health Care in the South Asia
- . To realise actual situation of South Asia-its strength and weakness in developing regional model of mental health

State of Mental Health in South Asia – expectation and achievement

Professor Nalaka Mendis, University of Colombo, Colombo, Sri Lanka

A Mental Health Care Model in rural India – reasons for underachievement

Dr T V Kamala Chandrashekar, Karnataka, India

South Asian model of Mental Health Care – a way to recovery

Professor Mohammad S I Mullick, Bangabandhu Sheikh Mujib Medical University, Dhaka, Bangladesh

CPD level 2

S38 NEW MENTAL HEALTH GUIDELINES: CAN MENTAL HEALTH BE NICE?

Chairs: Dr Tim Kendall, Community Health Sheffield, Sheffield and Mr Steve Pilling, CORE, UCL, London

Can NICE and SCIE integrate social care and mental health?

Professor Nick Gould, University of Bath, Bath

Talking NICEly: Psychological treatments in NICE

Mr Steve Pilling, CORE, UCL, London

Are we walking the walk? Progress with implementation of NICE mental health guidelines in England and Wales

Dr Alex Mears, National Collaborating Centre for Mental Health, London

11.30-12.45
(cont'd)
CPD level 4

W21 USING THE INTERNET AND CINEMA TO TEACH PSYCHIATRY

Facilitator: Dr Sudhir Kaligotla, Congleton

This is a basic workshop looking at websites and resources for those who have an interest in psychiatry and films. It is an interactive workshop that will allow time and opportunity for discussion. The basic theme for the workshop is on finding resources on film and is aimed at the beginner level.

CPD level 3

W22 HOW TO PUT MENTAL HEALTH ON THE POLITICAL AGENDA IN YOUR AREA

Chair: Dr Ian Hall, Community Learning Disability Service, London

Hosted by the College's Parliamentary Liaison Committee, this workshop will show psychiatrists how to lobby their political representatives. Members will learn how to take part in College campaigns as well as starting their own local campaigns. This will include learning how to present arguments and local stories in a digestible form. Members will learn how to find out who the local representatives are, how to approach them and also get tips on how to work with other local campaigning groups. Speakers include former Member of the Scottish Parliament, Professor Richard Simpson and Agnes Wheatcroft, Public Affairs Officer at the College.

Lobbying – the view from Scotland

Professor Richard Simpson, Bridge of Allan, Scotland

Campaigning in Westminster and beyond

Ms Agnes Wheatcroft, Royal College of Psychiatrists, London

12.45-13.45

LUNCH

13.45-14.30
CPD level 2

KN7 PLENARY LECTURE: STIGMA, PREJUDICE AND DISCRIMINATION: WHAT CAN PSYCHIATRISTS DO?

Professor Graham Thornicroft, Institute of Psychiatry, London

14.30-15.45
CPD level 3

S39 HUMAN RIGHTS, PSYCHIATRY AND COUNTRIES IN TRANSITION

Chair: Professor Robin Jacoby, Bicester

This session will consider aspects of human rights and psychiatric practice in countries undergoing transition, particularly those ex-Soviet bloc, countries in Eastern Europe. These will include the effects of social change in these countries, the problems encountered, the efforts made to tackle these and their relevance to practice in the UK and internationally. The session will examine the importance and relevance of aspects of human rights to psychiatric practice; problems facing countries undergoing change and the relevance of aspects of human rights to day to day practice in the UK.

TBC

Dr Robert van Voren, Global Initiative on Psychiatry, Netherlands

European human rights and opportunities for psychiatric associations in the UK and abroad

Mr Oliver Lewis, Mental Health Advocacy Centre, Hungary

S40 PRESIDENT'S Q&A

14.30-15.45
(cont'd)
CPD level 2

S41 IMPROVING CLINICAL CARE FOR BME GROUPS

Chair: Dr Rao Kadambari, Joan Bicknell Centre, London

The Count me In Census continues to demonstrate significant differences in the receipt of services between different ethnic minority groups. But how do we move from findings differences to developing better outcomes? These three presentations will showcase some of the work that members of the Transcultural special interest group have been involved in. The Enhancing Pathways into care project has four centres across the country that are targeted at improving care pathways for BME groups and the TSIG has produced a consensus statement on services for refugee and asylum seekers for the College. Delegates that attend will get an indication of how to improve care for BME groups.

The EPIC Study improving pathways to care across systems and in assertive outreach

Bernd Sass, of Mental Health Sciences, UCL Hampstead Campus, London

The EPIC study improving pathways to care for small BME groups and the Pakistani community

Joanne Moffat, Centre for Psychiatry, Wolfson Institute of Preventive Medicine, London

Consensus statement on mental health services for Refugee and Asylum Seekers

Dr Helen McColl, Priory Hospital Roehampton, London

CPD level 2

S42 SEX AND PSYCHOSIS

Chair: Dr Ian Hall, Community Learning Disability Service, London

The session will explore the interaction between sexuality and psychotic disorders from a range of perspectives including consent to sexual relationships, sexual dysfunction and sexual side effects of antipsychotic medication. The learning objectives for this session are not only to develop knowledge in this area but also to help psychiatrists develop skills in addressing sexual issues with their patients who have psychotic disorders.

Sexual side effects of antipsychotic medication

Dr Shubulade Smith, Maudsley Hospital, London

Sexual dysfunction in people with psychotic disorders

Professor Kamaldeep Bhui, Centre for Psychiatry, London

Consent to sexual relationships for people with psychotic disorders

Dr Gwen Adshead, Broadmoor Hospital, Berkshire

CPD level 2

W23 THE PLACE OF ELECTROCONVULSIVE THERAPY (ECT) IN THE CONTEMPORARY TREATMENT OF MAJOR DEPRESSION: WOULD MORE DEPRESSED PEOPLE RECOVER IF WE USED MORE ECT?

Facilitators: Dr Allan I F Scott, Andrew Duncan Clinic, Royal Edinburgh Hospital, Edinburgh and Professor Nicol I Ferrier, Newcastle University, Newcastle upon Tyne

Contents: presentation of the evidence base for the efficacy of ECT and how prescription e.g., choice of electrode placement, affects benefit-risk ratio, and contemporary guidelines about the place of ECT in the treatment of major depression.

Discussion of the lack of consistency between guidelines, salience of informed consent and potential role for clients in decisions about the place of ECT.

Learning Objectives: Knowledge of the evidence base for the efficacy of ECT in major depression, and contemporary guidelines for the place of ECT in the treatment of major depression. Awareness of the role of clients in decisions about the place of ECT.

14.30-15.45
(cont'd)
CPD level 3

S43 BIA AND AFRICAN DIVISION - INNOVATION IN THE MANAGEMENT OF MENTAL ILLNESS: SOCIO-CULTURAL AND ECONOMIC REALITIES IN AFRICA

Chair: Professor Tuviah Zabow, Cape Town, South Africa

The objective of this session is to present a critical analysis of mental health care management in Africa with particular approach to demonstrating the solutions applied.

Papers from three different regions will discuss the social, cultural and economic factors that impact on mental health in general more specific situations in relation to mental health care management in the regions. The specific social-cultural and economic impacts in Africa on mental health management have resulted in the identification and implementation of an approach and solutions. Three countries will be used to illustrate particular issues so as to illustrate that quality of mental health management can improve in spite of the socio-cultural and economic problems presenting.

Africa can be and must be innovative in the mental health management of its communities. The papers will describe and show that affordable, accessible, appropriate and acceptable mental health management is possible and is being developed in Africa.

Mental health care programme in Kenya

Professor David M. Ndetei, Nairobi, Kenya

The provision of mental health care services in Nigeria

Dr Femi Olugbile, Ikeje, Nigeria,

The management of mental health in Malawi

Dr Felix Kayue, Zomba, Malawi

CPD level 3

S44 ADDRESSING SUICIDAL RISK IN MANIC DEPRESSION – LESSONS FROM AN ANALYTIC CASE STUDY

Facilitators: Dr Richard Lucas, London and Mrs Caroline Taylor-Thomas, London

Patients with bipolar affective disorders may be admitted to hospital having made a serious suicidal attempt, such as by overdose or attempted hanging. Often after admission the patient tends to play down the seriousness of the attempt. We are left with the challenge of identifying the underlying psychotic state of mind, attune to the understated suicidal risk and create a meaningful dialogue.

Material will be presented from an analytic case study of a patient with a diagnosis of manic depression, where the involved professionals were invited at times by the patient to be regarded as just attention seeking, when in fact in a dangerously suicidal state of mind. The workshop participants will be invited to link issues arising from the case study to everyday experiences in their general psychiatric practice.

15.45-16.15

TEA

16.15-17.30

S45 LECTURES BY NEW FELLOWS

16.15-17.30
(cont'd)
CPD level 2

S46 BIA AND PAN-AMERICAN DIVISION: THE JUSTIFICATION FOR MENTAL HEALTH LEGISLATION

Chair: Dr Simon A. Brooks, Nova Scotia, Canada

This session will look at issues around the compulsory treatment of adults and children and the justification, or lack of, for some recent trends in mental health legislation.

Community Treatment Orders, in one form or another, are becoming more common as aspects of mental health legislation in a number of jurisdictions and especially in North America.

Can the loss of freedom entailed in their use be justified on the grounds of clinical outcome? What is the lived experience of detained patients? Where should the balance between treatment and public protection be struck? There will be time for discussion of these important questions.

The ethical dilemmas of treatment of detained patients

Professor Sue Bailey, Adolescent Forensic Service, Manchester

Mental health legislation in Argentina

Dr Oscar Meehan, National Academy of Medicine, Cordoba, Argentina

Community treatment orders – what are the data?

Professor Stephen Kiseley, Dalhousie University, Nova Scotia, Canada

CPD level 2

S47 SHOOT THE MESSENGER

CPD level 3

S48 THE EFFECT OF CHRONIC PSYCHOSES ON SEXUALITY AND RELATIONSHIPS

Chair: Dr Kevan Wylie, Porterbrook, Sheffield

Sexual and relationship satisfaction is an important contributor to overall quality of life. The prevalence of sexual problems in men and women particularly within a mental health framework is poorly documented. The effect is often inactive management of these matters in general clinical care. Psychotropic medications for these conditions are notorious in causing further deterioration of sexual function. The recognition of problems and the importance in clinical practice will be reviewed including long term compliance with medication and enhancing the doctor/patient relationship. Issues around training, staff awareness and supporting staff to help patients deal with these issues will be covered.

Staff attitudes and sexuality

Professor Antonio Palha, St John Hospital, Porto, Portugal

The hidden issues of sexuality in the older person

Dr Walter Bouman, Sheila Gibson Unit, Nottingham

Exploring the training needs of mental health professionals around sexual and mental health

Dr Kiran Rele, The Longley Centre, Sheffield

CPD level 2

W24 WORD INTERMEDIATE/ADVANCED

Facilitators: Dr Fionnbar Lenihan, Royal Cornhill Hospital, Aberdeen and Dr John Brady, Holywell Hospital, Antrim

In this workshop, we will build on the beginner's session to explore the more advanced features of Microsoft Word and other word processors. Particular emphasis will be placed on acquiring skills and habits that support the production of structured documents that can be easily shared and collaboratively edited. Topics covered include the use of styles, outline mode, automatic numbering of pages, headings, graphics and tables, the automatic generation of tables of content and tools for collaboratively editing documents. It is expected that attendees at this workshop will have good basic computer skills and will have completed the beginner's word processing workshop or have an equivalent level of skill in the area.

16.15-17.30
(cont'd)

CPD level 3

S49 SHAPING THE FUTURE OF CYBER THERAPY

Chair: Dr Martin Elphick, Green Lane Hospital, Devises

Computer based and online administered treatment modality has arrived and is thriving. Computerised CBT is fast establishing itself as a credible and less expensive therapy in cash and manpower strapped NHS. The country is bracing itself for digitisation of all the citizens' medical records. Do we know enough about the ethical, confidential and privacy issues involved? Are we geared up to embrace new technology as it arrives? This session will provide an update on the current developments in the field of mental health informatics, organised jointly by the Informatics Sub-committee of the college and the Mental Health Informatics Special Interest Group.

Connecting with CfH – Connecting for Health (AKA NPfIT)

Dr Martin Baggeley, Connecting for Health, London

Evaluating the efficacy and cost effectiveness of Computerised/Online CBT

Dr Chris Williams, Glasgow Institute for Psychosocial Interventions, Glasgow

Developing a Mental Health Informatics Teaching Module

Dr Zia Nadeem, St John's Hospital, Livingston and Dr Matt Evans, Barnet Hospital, Barnet

CPD level 2

S50 PRIZE SEMINAR OF THE SPECIAL INTEREST GROUP IN PSYCHOPHARMACOLOGY: EMERGING TREATMENTS AND NEW EVIDENCE FOR BIPOLAR DISORDER

Chair: Professor Rob Kerwin, Department of Psychological Medicine, Institute of Psychiatry, London

The annual SIGP prize is awarded to the author of the best psychopharmacological paper published in a college journal in the preceding year. This year, the prize has been awarded to Dr Frangou for her study investigating the effects of omega fatty acids as augmentation agents in bipolar disorder. In addition to Dr Frangou's presentation, Prof Ferrier will present data regarding the effects of antigluco-corticoid treatments in bipolar depression and Prof Geddes who will present the findings from the BALANCE study investigating the relative effectiveness of lithium and valproate alone and in combination as prophylactic

Augmentation with omega fatty acids in bipolar disorder (SIGP prize winner)

Dr Sophia Frangou, Section of Neurobiology of Psychosis, Institute of Psychiatry, London

Effect of antigluco-corticoids in bipolar disorder

Professor Nicol I Ferrier, Newcastle University, Newcastle upon Tyne

Pragmatic studies of prophylactic agents in bipolar disorder

Professor John Geddes, University of Oxford, Oxford

CPD level 2

W25 RECOVERING OUR SENSES: CLINICAL USES OF MINDFULNESS

Facilitator: Dr Chris Mace, St. Michael's Hospital, Warwick

Mindfulness is a way of being aware that is immediate, inclusive and free from judgment. It can be developed through a number of formal and informal techniques. Mindfulness-based interventions are being used increasingly in the treatment of mental disorders including anxiety, affective, eating and personality disorders as well as in the management of trauma, addictions and psychosis. The workshop will provide an introduction to the experience of mindfulness and its cultivation and review the ways it is being used to improve mental health. Those attending should be willing to participate in some short guided exercises and to discuss their experiences with others.

Objectives:

At the end of the workshop, participants should be able to:

1. Appreciate differences between mindfulness and everyday awareness
2. Describe basic techniques for practising mindfulness
3. Summarise the clinical contexts in which it has been used
4. Identify which uses are best supported by clinical evidence
5. Describe possible mechanisms for its clinical effects
6. Access resources for further study

TODAY'S TRAINING COURSE

TC 3 Resilience and recovery from the psychosocial consequences of disasters: a training module (9.45-17.30)

Leaders: Professor David Alexander, Director of the Aberdeen Trauma Research Centre in the Robert Gordon University, Aberdeen and Professor Richard Williams, Professor of Mental Health Strategy in the University of Glamorgan, South Wales

The growth of communications technology enables us to 'experience' catastrophic natural disasters, conflict and war from the safety of our own homes. It also provides a flexible infrastructure for implementing virtual organisations that are favoured by terrorists. But, several recent large-scale natural disasters and terrorist attacks stand out in our recent experience and few of us are not now sensitised to potential risks around us. Unsurprisingly, in this context, attention has turned increasingly to the psychological impacts of natural and human-created disasters in the short span of the 21st century. While mental health practitioners have been contributing to promoting the resilience of populations to disasters of all kinds and by responding to promote recovery after catastrophic events for a very long time, interest in the knowledge and skills that are required to be effective practitioners has risen dramatically in the last decade.

In this context, the College has formed a group to recommend a curriculum for developing the skills and knowledge of mental health practitioners so that they may better understand what is required during and after disasters to aid the resilience and recovery of the affected people by enabling practitioners to make effective psychosocial interventions. As a part of this work, the group has designed a modular approach to delivering training and, today, that group will offer a trial run of its basic module. We wish to offer attenders at the Annual Meeting the opportunity of sampling the course with a view to learning from it and also critiquing it to assist the College to improve the contents.

17 Forensic Institute

9.45-11.00

ANTISOCIAL PERSONALITY DISORDER: DEVELOPMENTAL ASPECTS

Chair: Dr Gill Mezey, St. George's University of London, London

11.30-12.45

ANTISOCIAL PERSONALITY DISORDER: GENE ENVIRONMENT INTERACTIONS AND BRAIN IMAGING STUDIES

Chair: Dr Gill Mezey, St. George's University of London, London

Violence: protection of the self or destruction of the other? Developmental considerations and research findings

Professor Jonathan Hill, Alder Hey Hospital, Liverpool

Imaging Psychopaths: Investigating Antisocial Behaviour and Psychopathy

Dr Quinton Deeley, Institute of Psychiatry, London

MAOA by Maltreatment Gene x Environment Interaction and Children's Behaviour Problems

Dr Julian Kim-Cohen, Yale University, USA

14.30-15.45

TREATMENT OF ANTISOCIAL PERSONALITY DISORDER.....CAN YOU DO IT?

Chair: Professor Pamela Taylor, University of Wales College of Medicine, Cardiff

Treatment or management in the community: the dilemmas posed by parallel versus integrated care, from a psychological perspective

Dr Jackie Craissati, Bracton Centre, Dartford

Treatment of ASPD - worth the effort, worth the money?

Professor Conor Duggan, East Midlands Centre for Forensic Mental Health, Leicester

16.15-17.30

TREATMENT OF ANTISOCIAL PERSONALITY DISORDERAND DOES IT WORK?

Chair: Professor Pamela Taylor, University of Wales College of Medicine, Cardiff

Is Treatment (with a capital T) in the community possible?

Professor Don Grubin, St. Nicholas Hospital, Newcastle upon Tyne

18 Old Age Institute

9.45-11.00

ALCOHOL AND OLD AGE

Chair: Professor Ken Wilson, St Catherines University Hospital, Birkenhead

This session is designed to provide a greater understanding of the interface between old age and substance misuse services by exploring the management of alcohol related brain damage and some key differences between younger and older people with respect to management of alcohol problems.

Alcohol related brain damage – what is the role of an old age psychiatrists?

Speaker TBC

Alcohol misuse in older people

Dr Karim Dar, St. Bernard's Hospital, Southall

11.30-12.45

SCHIZOPHRENIA IN OLDER PEOPLE

Chair: Dr Gill McLean, Falkirk and District General Hospital, Falkirk

This session will explore the needs of people with schizophrenia who are ageing within contemporary community orientated mental health services by contrast to those discharged to the community as part of de-institutionalisation programmes. In addition this session will explore the different presentations and management of people with non affective functional illness developing after the age of 60.

Schizophrenia and ageing “just like my younger patients ...only older”

Dr Frank Holloway, Bethlem Royal Hospital, Beckenham

Late onset non affective non organic psychoses

Professor Robert Howard, Institute of Psychiatry, London

14.30-15.45

MILD DEMENTIA – NEW PROBLEM, NEW MANAGEMENT

Chair: Dr Peter Connelly, Murray Royal Hospital, Perth

In the light of NICE guidance on the use of Cholinesterase Inhibitors for mild to moderate Alzheimer's disease this session will explore the emotional and practical adjustment of people who receive such a diagnosis and an alternative form of intervention using non pharmacological techniques.

Receiving a diagnosis of dementia; what then?

Dr Dorothy Weaks, Murray Royal Hospital, Perth

Cognitive Stimulation in mild to moderate dementia

Dr Aimee Spector, University of London, Hampstead

16.15 - 17.30

GENERAL MEDICINE AND OLDER PEOPLE'S BRAINS

Management of factors which lead to psychiatric problems in older people are not merely the remit of old age psychiatrists. This session will explore the management of delirium and look at the benefits of intensive treatment of vascular risk factors as a way of preventing vascular dementia or improving its prognosis.

Treating vascular risk factors in people with dementia

Dr Peter Passmore, Queen's University Belfast, Northern Ireland

Delirium in older people

Dr Ed Marcantonio, Beth Israel Deconess Medical Center, Boston, USA

I9 Liaison Institute

9.45-11.00 **SERVICE SURVIVAL AND RECOVERY IN THE 'NEW NHS'**

At a time of great change and financial constraints within the NHS this session aims to help clinicians understand the 'new NHS' and look at how they can maintain and develop their services within it. Content will include a review of the new systems and DoH targets, PBR and Commissioning processes and how services need to react to this to survive and hopefully develop. There will also be a review of new opportunities outside of traditional service approaches such as clinician led community health enterprises. As part of the session and to facilitate understanding we will look to develop a business case and take attendees through the process that this would have to go through.

The New NHS – systems, targets, PBR and commissioning

Dr Melanie Temple, Darlington Memorial Hospital, Darlington

11.30 - 12.45 **SCREENING FOR PSYCHIATRIC DISORDERS IN PRIMARY AND SECONDARY CARE: WHAT DOES THE EVIDENCE SUGGEST?**

Chair: Dr Alex Mitchell, Leicester General Hospital, Leicester

Screening for depression in primary care

Professor James Coyne, University of Pennsylvania, USA

Screening questionnaires for repetition of self-harm

Dr Rangu Pingili, Leicester General Hospital, Leicester

Screening questionnaires for cognitive impairment and dementia

Dr Roger Bullock, Kingshill Research Centre, Swindon

14.30 - 15.45 **ASSISTED DYING**

Chair: Dr Eleanor Feldman, Department of Psychological Medicine, John Radcliffe Hospital, Oxford

This session will consider the ethics of assisted dying and review case law relevant to assisted dying, and review case law relevant to assisted dying, Lord Joffe's Bill, The Royal College of Psychiatrists response to the Bill, and psychiatric experience in parts of Europe where assisted dying has been legalised. There will be time at the end of the session for audience participation in debate.

Assisted dying

Dr Anne Marie Slowther, Warwick Medical School, University of Warwick, Coventry

16.15 - 17.30 **PROGNOSIS IN LIAISON PSYCHIATRY**

Chair: Dr Andrew Hodgkiss, St Thomas Hospital, London

Prognosis in liaison psychiatry 1

Dr Andrew Hodgkiss, St Thomas Hospital, London

Prognosis in liaison psychiatry 2

Dr Armit Sacher, Cross Hospital, London

I10 Academic Institute

9.45-11.00

AUDITORY FUNCTION AND HALLUCINATIONS

Chair: Professor Anthony David, Institute of Psychiatry, London

Objectives:

To enhance an understanding of:

- Auditory processes in health and how people perceive speech
- Auditory perceptual disorder
- Theories of how auditory hallucinations arise
- How neuroimaging has demonstrated possible brain mechanisms of auditory hallucinations
- New hypotheses about the origin of auditory hallucinations.

From healthy auditory processing to a theory of auditory hallucinations

Professor Peter W R Woodruff, Academic Clinical Psychiatry, The Longley Centre, Sheffield,

Auditory hallucinations

Dr Sukhwinder Shergill, Section of Neuroimaging, Institute of Psychiatry, London

The mind's eye: a systematic framework for central auditory perceptual disorder

Professor Timothy Griffiths, Newcastle University Medical School, Newcastle upon Tyne

From spontaneous auditory activity to auditory hallucinations

Dr Michael Hunter, Academic Clinical Psychiatry, The Longley Centre, Sheffield

11.30 - 12.45

ROUTE TO DISEASE MECHANISMS

Chair: Professor Michael Owen, Department of Psychological Medicine, Cardiff University, Cardiff

Objectives:

To enhance an understanding of:

- How neuroimaging with genetics has shed light on aetiological processes in schizophrenia
- Comparative neuroimaging studies of schizophrenia and bipolar disorder
- Approaches to help define endophenotypes of psychosis.

Combined studies of imaging and molecular genetics in schizophrenia

Dr Stephen Lawrie, Department of Psychiatry, University of Edinburgh, Edinburgh

A comparison of the imaging findings in subjects with schizophrenia and bipolar illness and in their unaffected relatives

Dr Andrew McIntosh, Department of Psychiatry, University of Edinburgh, Edinburgh

Neuroimaging endophenotypes of psychosis

Professor Colm McDonald, Department of Psychiatry, National University of Ireland, Galway

14.30 - 15.45

PREDICTING SUBSTANCE ABUSE

Chair: Professor Ilana Crome, Academic Psychiatry Unit, Keele University, Harplands

Objectives:

To enhance an understanding of:

- How people become addicted to substances
- Predictors of substance abuse
- Molecular mechanisms of addiction

Pathways to substance misuse

Dr John MacLeod, Department of Primary Care and General Practice, University of Birmingham, Edgbaston

How predictive are risk factors?

Dr Martin Frisher, School of Pharmacy, Keele University, Staffordshire

I10 Academic Institute (cont'd)

Molecular understanding of addiction

Professor Gunter Schumann, Institute of Psychiatry, London

16.15 - 17.30

PREVENTING DEMENTIA

Chair: Professor Robert Howard, Department of Psychological Medicine, Institute of Psychiatry, London

Objectives:

To enhance an understanding of:

- Risk factors associated with vascular dementia
- New thinking about prevention of dementia
- Identifying those likely to benefit from preventative measures

Preventing dementia: vascular risk factors and cerebral emboli

Dr Nitin Purandare, Division of Psychiatry, University of Manchester, Manchester

Target populations for prevention

Professor Clive Ballard, Wolfson Centre for Age Related Diseases, London

Immunotherapy and Alzheimer's Disease

Dr David Wilkinson, Southampton University, Southampton

I11 Trainees' Day

9.45 - 11.00

BIA/PCT AND EUROPEAN DIVISION - COMPETENCY-BASED ASSESSMENTS: EXPERIENCES ACROSS WESTERN EUROPE

Chairs: Professor George Christodolou, Athens, Greece and Dr James Strachan, Royal Edinburgh Hospital, Edinburgh

The current literature in medical education suggests a significant shift in postgraduate medical education from the structure based to a competency based model. Postgraduate psychiatric training and assessment all over Western Europe are moving towards this Competency Based Model. The European Union of Medical Specialists (UEMS) and the European Federation of Psychiatric Trainees (EFPT) both support this model of training which is now being explored in various Western European countries.

Aims: Describe the shift to this model in the UK and the Netherlands and the commonalities of this change.

Present an overarching European trend in psychiatric training

Present some evidence base for competence based training

Competency-based training – Europe and the UEMS

Dr Torben Lindskov Hansen, Copenhagen, Denmark

Competency-based training – developments in the UK

Dr Amit Malik, Nottingham City Hospital, Nottingham

Competency-based training – developments in The Netherlands

Dr Marjolein van Boetzelaer, Deventer, The Netherlands

111 Trainees' Day (cont'd)

11.30 - 12.45 **FOUNDATION TRUSTS: WHAT ALL TRAINEES MUST KNOW**

Recent economic and financial changes in the NHS will impact on not only how service is delivered but also how trainees will be trained. This session aims to explore the impact of Foundation Trusts, ISTCs and PBR on training and service.

What does it mean for training and consultant recruitment?

Speaker TBC

Foundation Trust, Independent Sector Treatment Centres, Payment by Results and beyond: impact of these changes on postgraduate education

Professor Lis Paice, London Deanery, London

The trainees' perspectives

Speaker TBC

14.30 - 15.15 **WORK PLACE BASED ASSESSMENTS**

With the advent of PMETB, workplace based assessments (WPBA) will be an inherent part of the assessment framework of Psychiatric training. This session aims to detail the process for trainees, trainers and tutors.

What trainees need to know about WPBA

Dr Amit Malik, Nottingham City Hospital, Nottingham and Dr Andy Brittlebank, Fairnington Centre, Hexham

What trainers need to know about WPBA?

Dr Andy Brittlebank, Fairnington Centre, Hexham

What tutors need to know about WPBA

Dr Nick Brown, Lyndon Clinic, Solihull

16.15 - 17.30 **DEBATE** **NEW WAYS OF WORKING: WE DON'T NEED PSYCHIATRISTS ANYMORE**

Whilst many psychiatrists see the principles of 'New Ways of Working' as progressive and modernising, a fair few consider them to be a threat to psychiatrists as a professional group. This debate aims to hear both sides of the arguments from experience and seasoned speakers

For:

Senior member: Dr Steve Humphries, National Director, New Ways of Working
Trainee: TBC

Against:

Senior member: Dr Joe Bouch, Director of CPD
Trainee: Dr Sameer Jauhar

I12 Psychotherapy Institute

9.45-11.00

SOCIAL DREAMING: AN INTERACTIVE WORKSHOP

Chair: Dr Steve Moorhead, Plummer Court Alcohol & Drug Service, Newcastle upon Tyne

The session presents an introduction to the theory and practice of social dreaming as a method for exploring group attitudes and responses to the conference through an application of a Jungian technique of paying attention to dreams. Whereas Jung used dreaming in an individual context social dreaming extends this idea to a social and group context

Social dreaming: an interactive workshop

Dr Dale Mathers, London and Dr Chess Denman, Addenbrooke's Hospital, Cambridge

11.30-12.45

COMPLEX CASES: RECOVERY, TRAUMA AND TEMPERAMENT IN PSYCHOTHERAPY

Chair: Dr Ronald Doctor, West Middlesex Hospital, Middlesex

Both speakers use a wide range of psychotherapeutic treatments in caring for people with complex and longstanding psychological needs. The session demonstrates how an understanding of 'trauma' and 'temperament' provides a coherent rationale for these integrative approaches to treatment and illustrates principles of good and undesirable practice.

Trauma and temperament in psychotherapy

Dr Chess Denman, Addenbrooke's Hospital, Cambridge

Trauma and attachment theory

Dr Felicity De Zulueta, Maudsley Hospital Trauma Unit, London

14.30 - 15.15

INCREASING ACCESS TO PSYCHOLOGICAL THERAPIES: MAKING IT HAPPEN

Chair: Dr Chris Mace, St Michael's Hospital, Warwick

A critical examination of current programmes to improve access to psychological therapies in the UK. Lord Layard and Dr Ben Wright will review lessons learned to date from the piloting of psychological therapy treatment centres. Professor Shepherd will assess its success in the light of alternative approaches.

Lord Richard Layard, London School of Economics, London

Dr Ben Wright, Newham

Professor Geoff Shepherd, Cambridgeshire and Peterborough Mental Health Partnership NHS Trust,

16.15 - 17.30

SICK DOCTORS: THEIR PATH TO RECOVERY

Chair: Dr Chris Freeman, Royal Edinburgh Hospital, Edinburgh

The session explores how psychiatric illness affects doctors, the resources available to help them, and some potential obstacles to recovery. It does this from the perspective of a dedicated treatment service for doctors in London, and a distinguished user of mental health services.

Sick doctors: their path to recovery

Dr Anthony Garelick, The Tavistock Clinic, London

Sick doctors: their path to recovery

Dr Mike Shooter, Abergavenny

9.00-9.45

CPD level 2

KN8 PLENARY LECTURE: THIRTY PLUS YEARS OF SCHIZOPHRENIA RESEARCH - WHERE DID WE START AND WHERE ARE WE NOW

Professor Eve Johnstone, Royal Edinburgh Hospital, Edinburgh

9.00-11.00

CPD level 1

W26 BASIC LIFE SUPPORT

Facilitator: Mr Tim Clarke, Consulting Room, Abergavenny

Feedback from psychiatrists about their CPD show that a great number wish to improve their skills in basic life support (BLS). Cardio-pulmonary resuscitation (CPS) is one of the skills that comprise BLS. Some psychiatrists are provided with training by their employers that is easily accessible but others have more difficulty in locating suitable training or in attending. This training course is being provided by the College in response to the requests from members. The training course will be practical and practice-based. It will enable participants to practise the hands-on skills in purpose-designed scenarios that will provide fully recognised training in both BLS and CPR. All who successfully complete the training will be certified as doing so.

9.45-11.00

CPD level 1

W27 USING THE WEB TO FIND INFORMATION

Facilitators: Dr Sudhir Kaligotla, Congleton and Dr Justine McCulloch, Stirling

Background to the Internet: how to access it from home and work; how to carry out a search and find relevant information.

The session will be very informal and delegates will have plenty of time to ask questions and to explore the 'net' on their own. Participants will each have access to a computer and will get hands on experience of gaining most out of the net. The main focus of the workshop will be on using the various search engines available on the net and how to successfully carry out a search. Basic knowledge on using the net is sufficient for attending this workshop.

CPD level 2

S51 CHANGES IN TRAINING: THE STORY CONTINUES

Professor Dinesh Bhugra, Dean, The Royal College of Psychiatrists, London (see page 22)

CPD level 3

S52 30 YEARS ON FROM NORTHWICK PARK – WHAT HAVE WE LEARNT?

Chair: Professor Tim Crow, University Department of Psychiatry, Warneford Hospital, Oxford

Which findings in Schizophrenia research endure?

Professor Eve Johnstone, Royal Edinburgh Hospital, Edinburgh

Developments in neuropsychology

Professor Chris Frith, Hammersmith Hospital, University of London, London

The impact now from Northwick Park

Professor Nicol Ferrier, University of Newcastle, Newcastle upon Tyne

11.00-11.30

COFFEE

11.30-12.45

CPD level 2

W28 MOBILE COMPUTING AND PDAs

Facilitators: Dr Fionnbar Lenihan, Royal Edinburgh Hospital, Edinburgh and Dr Omer Moghraby, South London and Maudsley Trust

This workshop is intended to provide an introduction to psychiatrists who are new to PDAs or who wish to understand more fully how mobile computing works. It will cover hardware options such as screens, keyboard, communications and future advances.

There will also be some discussion on the basic functions of various devices and some guidance on purchasing options will be given.

11.30-12.45

S53 UPDATE ON BIPOLAR DISORDERS

CPD level 2

This session will draw on the expertise of an international panel of researchers in bipolar disorders from across Europe and the UK and will review current trends in research on bipolar disorders from a clinical research perspective. It will explore issues related to , emerging trends in mood stabiliser treatments, and recent developments in pharmacological and psychological treatments and issues related to service delivery as highlighted in the NICE bipolar disorders guidelines.

CPD level 3

W29 RECOVERY: HOW TO INVOLVE FAMILY MEMBERS IN THE RECOVERY PROCESS

Facilitator: Dr Alison Heru, Rhode Island, USA

Evidence-based research has determined that family factors have a powerful influence on mental health and recovery. In adult psychiatry training, the goal is to develop practitioners who can work effectively with family members using a systems perspective, rather than as advanced family therapists. This workshop outlines a knowledge base for working with patients and their families. This knowledge base includes an understanding of how family functioning influences psychiatric illness and recovery patterns and demonstrates how to integrate this understanding into a biopsychosocial formulation and treatment plan. This workshop outlines the attitudes needed to establish a collaborative working alliance with the patient and family.

Learning Objectives:

- 1) Identify the knowledge base, attitudes and skills needed to work with patients and families.
- 2) Understand how to manage difficult family situations.

12.45-13.45

LUNCH

13.45-14.30

KN9 PLENARY SESSION: FROM DEPRESSION TO EMPLOYMENT - THE ECONOMICS OF RECOVERY

CPD level 2

Chair: Dr Chris Mace, St. Michael's Hospital, Warwick

Speaker: Lord Richard Layard, London School of Economics, London

Lord Layard is an internationally respected economist with a special interest in the economics of happiness. He is the prime mover behind a government initiative to improve access to psychological therapies in order to improve mental health through savings in incapacity benefits. His talk will outline the economic thinking behind this programme.

14.30-15.45

S54 OBSTACLES TO SHARED DECISION-MAKING INVOLVING PSYCHIATRISTS AND PATIENTS WITH SEVERE MENTAL ILLNESS

CPD level 2

Chair: Professor Paul Lelliott, Royal College of Psychiatrists Research Unit, London

Findings will be presented from two recent related qualitative studies of how prescribing decisions are made in psychiatric outpatient consultations. These findings will shed light on some of the real life barriers to engaging in shared decision-making in psychiatry. Key themes: therapeutic alliance; patient involvement in treatment decisions; patient-centred psychiatry; conversation analysis; treatment process.

Dr Rob Chaplin, Royal College of Psychiatrists' Research Unit, London

Mr Alan Quirk, Royal College of Psychiatrists' Research Unit, London

CPD level 1

W30 EVERYTHING YOU WANT TO KNOW ABOUT CRITICAL APPRAISAL

Facilitators: Dr Stephen Lawrie, Royal Edinburgh Hospital, Edinburgh and Dr Andrew MacIntosh, Royal Edinburgh Hospital, Edinburgh

15.45-16.15

TEA

16.15-17.30
CPD level 1**W31 POWERPOINT INTERMEDIATE**

Facilitators: Dr Zia Nadeem, St John's Hospital, Livingston and Dr John Brady, Holywell Hospital, Antrim

This workshop will aim to equip the participant with some more features of MS PowerPoint – a powerful aid to spruce up your presentations. Delegates will learn how to integrate clip-art, charts and diagrams into their presentations and will have the opportunity to learn how to use animation and slide transitions effectively. By the end of the workshop, delegates will be in a position to produce unique and powerful presentations. The workshop will be informal.

CPD level 2

S55 RECOVERY FROM EARLY PSYCHOSIS: LATEST EVIDENCE

Chair: Dr Mark Taylor, Spring Park Resource Centre, Glasgow

Does psychology aid patients' recovery in first episode psychosis?

Dr Andrew Gumley, Gartnavel Royal Hospital, Glasgow

Role of psychiatrist in aiding patients' recovery from first episode psychosis

Dr Alison Blair, ESTEEM, Glasgow

Case studies of patients' recovery from first episode psychosis

Dr Suzy Clark, ESTEEM, Glasgow