



COLLEGE CENTRE FOR QUALITY IMPROVEMENT



QINMAC
Quality Improvement Network for Multi-agency
CAMHS

Newsletter 06 – Autumn
2008

Welcome!

This is the 6th edition of the QINMAC Newsletter, designed to update you on CAMHS news, project developments, recent publications and events. Please feel free to forward the newsletter to any interested colleagues. If you would like to contribute to future editions of comments and contributions for future editions... just email melliott@rcu.rcpsych.ac.uk

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Some of the weblinks in this newsletter are PDFs; therefore, in order to view them you will need 'Adobe Acrobat Reader' installed on your computer. This software is free and can be downloaded by clicking on the 'Get Acrobat Reader' button below.



QINMAC Update

Everything you need to know to get up to speed with the project.

Please find the QINMAC update attached to the email.

CAMHS News

Working at the CAMHS/adult interface

Royal College of Psychiatrists, September 2008

The Royal College of Psychiatrists has produced good practice guidance for the provision of psychiatric services to adolescents/young adults.

To read more click [here](#)

Mental health project set up to keep young people out of court

Children & Young People Now, September 2008

A pilot project to divert young offenders with mental health needs away from the courts is to launch in Peterborough.

To read more click [here](#)

YoungMinds Book Awards

YoungMinds, September 2008

The children's mental health charity has announced that six books have been short listed for the YoungMinds book award 2008.

For more information click [here](#)

Great Ormond Street Hospital (GOSH) gets online

Mental Health Foundation, September 2008

The hospital has developed a new interactive mental health web site for 12-18 year olds. The website includes fact sheets on mental health conditions, treatments and medications, and first hand accounts of life on a psychiatric ward

Web address:

http://www.childrenfirst.nhs.uk/teens/health/mental_health/

Healthcare Commission announces further visits to learning disability services and publishes review of specialist adolescent services

Health Care Commission, August 2008

The Healthcare Commission has found that young inpatients in learning disability services need more independence and control over their lives.

For more information click [here](#)

Anti bullying explores cyber space

Children and Young People Now, August 2008

Beat bullying – the anti-bullying charity - has just launched its new young people's website.

To see the site click [here](#)

CAMHS Review interim report

July 2008

An interim report, prepared by the Review's Chairs for Ministers, is now published and available.

For report click [here](#)

Mental health: Children on the edge

The Independent, June 2008

One in ten youngsters suffers mental problems as behavioural disorders double in 30 years.

To read the article click [here](#)

Out of the Shadows?

A review of the responses to recommendations made in Pushed into the Shadows: young people's experience of adult mental health facilities

11 Million

For report click [here](#)

ChildLine case note reports

NSPCC, 2008

A report based on detailed analysis of a year's worth of calls to ChildLine.

For more information click [here](#)

Royal College of Psychiatrists Press Releases

Fair Deal for mental health campaign launched

The College has launched a new 3 year campaign to tackle inequalities in mental healthcare

To find out more click [here](#)

Simple information leaflets reduce stigma towards people with mental illness

September 2008

A simple, illustrated leaflet can be effective in reducing negative attitudes towards people with mental illness

For press release click [here](#)

New study first to investigate parents' perspectives on adolescent self-harm

August 2008

The British Journal of Psychiatry, has published the first study to investigate parents' perceptions of their children's self-harm behaviour

For Press release click [here](#)

Are teachers over estimating attention deficit hyperactivity disorder (ADHD) in children

July 2008

A recent US study pointed to various school factors that may make teachers more or less likely to report ADHD-like symptoms

For Press release click [here](#)

Facebook generation faces identity crisis

July 2008

Dr Himanshu Tyagi, a psychiatrist at West London Mental Health Trust, warns of the impact of online social networking for young people

For Press release click [here](#)

Events

Life after care: how to improve services and outcomes for care leavers

29th October 2008 - London

A free half-day seminar, organised by Children & Young People Now in conjunction with QA Research and National Care Leavers' Week, which will explore the gaps that remain in services for care leavers, often leaving them vulnerable and struggling to cope.

For more information or to book online click [here](#)

Violence and Abuse Seminar

30th October – London

A free half day seminar regarding the links between sexual abuse and mental illness focusing on psychosis, schizophrenia and suicidality

For more information click [here](#)

Eating disorders in children and adolescents: A practitioners training course

10-12th November 2008 - London

A three day course is designed to provide a comprehensive overview of eating disorders in children and adolescents.

For more information click [here](#)

Improving life chances for young people with ADHD conference

11th November 2008 - London

This conference is part of a trilogy of Childrens Mental Health events. Other events are: Personality Disorder, 28th Jan 09 and Depression in Children, 30th March 2009, London. Delegates who register for all three events are subject to a 50% discount off the 3rd conference fee

For more information click [here](#)

Children's Services Network: Every Child Matters: Five Years on: A Brighter Future?

13th November 2008 – London

This conference asks key practitioners and commentators from education and children's services for their assessment of ECM's progress and their views on the part local authorities have to play in changing young lives.

For more information click [here](#)

QINMAC's Third Annual Forum

19th November 2008 – London

This one day forum is a key information-sharing event for existing and potential QINMAC members, other CAMH professionals and commissioners

For more information click [here](#)

Incite Training Days – Therapeutic use of stories

27th November 2008 – Bath

Training to highlight how therapeutic approaches with stories can be used, with practical examples.

For more information and booking click [here](#)

Consultation Skills for Primary Mental Health Workers

6th November – Cardiff

4th December - London

An introduction to PMHW Consultation Skills and consultation models from both health and business settings.

For more information click [here](#)

The Seventh National Conference on Adolescent Eating Disorders: Partnership in Practice

9th December 2008 – Cambridge

This event is a unique learning opportunity for those affected by eating disorders and all professionals working with adolescents with eating disorders.

For a booking form click [here](#)

Challenge yourself in 2009 and trek Peru!

21 -30th March 2009

Take part to help to raise funds and vital awareness for the Mental Health Foundation

For More information click [here](#)

Involving Disabled Children in Planning and Reviews

A NCB Training Day, various dates and locations

For more information click [here](#)

For details of other NCB training events, [click here](#)

Recent Publications

Journal Articles

The repentant sinner: methods to reduce stigmatised attitudes towards mental illness

Psychiatric Bulletin September 2008

A study which explores the use of leaflets in reducing stigmatised attitudes of the general public towards those with mental disorder

For abstract click [here](#)

Sensory clusters of toddlers with autism spectrum disorders: differences in affective symptoms

The Association for Child and Adolescent Mental Health

Published Online: May 2008

For abstract click [here](#)

What's in a game: the effect of social motivation on interference control in boys with ADHD and autism spectrum disorders

The Association for Child and Adolescent Mental Health

Published Online: Jun 28 2008

For abstract click [here](#)

The developmental course of illicit substance use from age 12 to 22: links with depressive, anxiety, and behavior disorders at

age 18

The Association for Child and Adolescent Mental Health

Published Online: Jun 28 2008

For abstract click [here](#)

Adolescent borderline symptoms in the community: prognosis for functioning over 20 years

Journal of Child Psychology and Psychiatry

Published Online: 28 Jul 2008

Exploration of long term prognosis associated with adolescent symptoms of borderline personality disorder (BPD) using data from the Children in the Community cohort.

For abstract click [here](#)

Cognitive behavioral therapy for anxiety in children with autism spectrum disorders: a randomized, controlled trial

Journal of Child Psychology and Psychiatry

Published Online: Sep 25 2008

Children with autism spectrum disorders often present with co morbid anxiety disorders that cause significant functional impairment. This study tested a modular cognitive behavioral therapy (CBT) program for children with this profile.

For abstract click [here](#)

Video self-observation: a means of improving insight in psychosis

***Psychiatric Bulletin* September 2008**

For abstract click [here](#)

Making children's mental health matter

11 Million

A general briefing paper, covering a wide range of issues affecting children's mental health.

For report click [here](#)

Books and Leaflets

Let's grow with Nisha and Joe

A comic for children aged 6-7 to introduce children to concepts of growth and physical change, using reassuring stories and pictures.

Meets curriculum guidance for key stage one, produced by the Family Planning Association.

For more information click [here](#)

Mental Health Foundation

The Mental Health Foundation are launching a new booklet in honour of World Mental Health Day 2008, 'How to look after your mental health'. It offers 10 simple tips that anyone can use to help manage their mental health.

For More information click [here](#)

Adults on the Autism Spectrum Leave the Nest

Achieving Supported Independence

Nancy Perry

Jessica Kingsley Publishers: Available November 2008, £13.99

[Read More](#)

Alphabet Kids - From ADD to Zellweger Syndrome

A Guide to Developmental, Neurobiological and Psychological Disorders for Parents and Professionals

Robbie Woliver

Jessica Kingsley Publishers: Available November 2008, £18.99

[Read More](#)

Educating Difficult Adolescents

Effective Education for Children in Public Care or with Emotional and Behavioural Difficulties

David Berridge, Cherilyn Dance, Jennifer Beecham and Sarah Field

Jessica Kingsley Publishers: Available soon, £25.00

[Read More](#)

Working with Ethnicity, Race and Culture in Mental Health

A Handbook for Practitioners

Hári Sewell. Foreword by Suman Fernando

Jessica Kingsley Publishers: Available October 2008, £18.99

[Read More](#)

Useful links

Faculty of Child & Adolescent Psychiatry - information and resources for Child & Adolescent Mental Health professionals

[Click here to visit the website](#)

YoungMinds - the national charity committed to improving the mental health of all children and young people

[Click here to visit the website](#)

CAMHS Network - this site pulls together practical ideas, grounded in theory and clinical service evidence, to help CAMHS teams change

[Click here to visit the website](#)

National CAMHS Support Service - now includes details of the new CAMHS Do Once and Share (DOAS) initiatives

[Click here to visit the website](#)

QINMAC Web Pages - on the Royal College of Psychiatrists' Website

[Click here to visit the website](#)