



Quality Improvement Network for Multi- agency CAMHS (QINMAC)

Newsletter 05: Spring 2008

Welcome to the fifth edition of the QINMAC Newsletter. As a QINMAC member, you will receive regular newsletters updating you on CAMH news and project developments. Please forward this to any interested colleagues. We welcome your comments or contributions for future editions - please email to hthorpe@cru.rcpsych.ac.uk

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Some of the weblinks in this newsletter are PDFs; therefore, in order to view them you will need 'Adobe Acrobat Reader' installed on your computer. This software is free and can be downloaded by clicking on the 'Get Acrobat Reader' button below.



QINMAC Update

Everything you need to know to get up to speed with the project.

QINMAC Project Update Spring 2008

Please see attached: QINMAC Project Update Spring 08.

CAMH News

Skills shake-up to unify sector

Children & Young People Now, February 2008

Distinctions between professions such as teaching, youth work and childcare could disappear under government plans to strengthen the concept of children's professionals, CYP Now has learnt.

[Click here to read more](#)

Links with Schools

Feature - Mental health: School of wellbeing

Children & Young People Now, February 2008

This article looks at what government initiatives are currently underway to support mental health work in schools.

[Click here to read more](#)

[Click here to read the DCSF announcement about pilot projects](#)

Children who don't fit in boxes

Young Minds Magazine, February 2008

An in depth article discussing the problems in getting appropriate support for children with complex needs who can't be tidily 'labelled'

[Click here to read more](#)

CAMHS Initiatives

Right Time, Right Place: Learning from the Children's National Service Framework Development Initiatives for Psychological Wellbeing and Mental Health, 2005-2007

Care Services Improvement Partnership, January 2008

This report summarises process, outcomes and evaluation of 19 CAMHS innovations projects funded by DH/DCSF between 2005 and 2007, and what we can learn from them.

[Click here to read the report](#)

Mental Health Act 2007 – briefing regarding children and young people

CSIP, January 2008

This briefing document is to inform commissioners and providers of services for children and young people about particular areas of interest within the new Mental Health Act 2007.

[Click here to read the briefing](#)

High Flying Positive Practice Awards

CSIP, January 2008

The Winner of the Children, Young People and Families Award was the Breakthrough Mentoring Project, based in South Gloucestershire. Both the Experience in Mind project, based in Brighton, and Kooth.com, based in Stockport, were highly commended.

[Click here to read more](#)

The Links Between Diet and Behaviour: the Influence of Nutrition on Mental Health

Food for the Brain, January 2008

A Report from the Parliamentary Food and Health Forum states that a significant contributor to the increasing rate of crime, aggression, depression and poor school performance is poor nutrition.

[Click here to read more](#)

Invest to Save: The Cost–Effectiveness of Developing Child and Adolescent Psychotherapy Services

Northern School of Child and Adolescent Psychotherapy, January 2008

This document demonstrates how investment in child and adolescent psychotherapy can provide positive long-term outcomes for children, young people and their families and, significantly, how this can provide cost-savings and better use of resources for CAMHS, children's services and partner agencies.

[Click here to read the document](#)

Risk, Rights, Recovery: 12th Biennial Report 2005-2007

Mental Health Act Commission, January 2008

A report based upon visits to patients detained under the Mental Health Act 1983 in all hospitals in England and Wales over the two years 2005-07, including a section on children and young people who were detained on adult wards during this period.

[Click here to read the report](#)

Balls and Johnson Announce Review of Child and Adolescent Mental Health Services

Department for Children Schools and Families, December 2007

Children's Secretary Ed Balls and Health Secretary Alan Johnson outlined their plans for a review of Child and Adolescent Mental Health Services (CAMHS) to ensure needs are being met

[Click here to read more](#)

Safeguarding Children and Young People: A Shared Responsibility *Healthcare Commission December 2007*

The Healthcare Commission's first report on safeguarding children and young people summarises their responsibilities for protecting children and young people and promoting their welfare.

[Click here to read more](#)

The Children's Plan

Department for Children Schools and Families, December 2007

The Children's Plan sets out how the Department for Children, Schools and Families hopes to make Britain a better place for children and young people.

[Click here to read about the Children's Plan](#)

Royal College of Psychiatrists Press Releases

New Survey Finds Increased Inequality in Child and Adolescent Mental Health Services

November 2007

A survey published in the December issue of the Psychiatric Bulletin reports that inequality in the provision of child and adolescent mental health (CAMH) services has increased over the last 7 years, despite government policy to the contrary.

[Click here to read the Press Release](#)

Social Disadvantage Increases Likelihood that Children with Intellectual Disability will have Psychiatric Disorders

November 2007

A new study has found that a significant proportion of the increased risk of psychiatric disorder among children with intellectual disabilities may be due to their increased rate of exposure to psychosocial disadvantage.

[Click here to read the Press Release](#)

Emerging psychosis in young people – New guidance launched

November 2007

Guidance to help front line practitioners achieve earlier diagnosis of psychosis in young people has been launched by the Royal College of General Practitioners and the Royal College of Psychiatrists.

[Click here to read the Press release](#)

Young people, resilience and care experiences at the margins

Tuesday 11 March 2008

Venue: The Royal Society of Medicine, 1 Wimpole Street, London, W1G 0AE

[Click here for more information](#)

Childhood illnesses where paediatrics meets child mental health

Tuesday 22 April 2008

Venue: Liberty Stadium, Swansea, Landore, SA1 2FA

[Click here for more information](#)

Redefining Sanity: Addressing mental ill-health in the young black community

13th May 2008

Venue: The Mermaid Conference Centre, Blackfriars

This national conference is for those who want to play an effective role in developing services better able to meet the needs of the diverse population of young people with mental health problems.

[Click here for more information](#)

Story Stem Assessment Profile Training

3 day training course by the Anna Freud Centre

Bath

[Click here for more information](#)

Working Model of the Child Interview

2 day intensive training, Incite training, Bath, 26-27 June

[Click here for more information](#)

Involving Disabled Children in Planning and Reviews

NCB Training Day, various dates and locations

[Click here for more Information](#)

For details of other NCB training events, [click here](#)

The **Centre for Child Mental Health** organise events which may be of interest

[Click here for more information](#)

The **Association for Child and Adolescent Mental Health** have a number of upcoming events which may be of interest

[Click here for more information](#)

Journal Articles

Influences on young people's stigmatizing attitudes towards peers with mental disorders: national survey of young Australians and their parents

British Journal of Psychiatry, February 2008

This study explored stigmatizing attitudes and how they are affected by exposure to mental disorders, parental attitudes and information campaigns

[Click here to read more](#)

Time for honest debate and critical friends: Commentary on. . . New Ways of Working

Psychiatric Bulletin, February 2008

Paul Lelliott discusses the need to adopt a questioning approach to New Ways of Working

[Read the Commentary](#)

Involving service users and carers in psychiatric education: what do trainees think?

Psychiatric Bulletin, January 2008

This article describes a survey of Psychiatric trainees with regards to service user involvement in their training.

[Click here to read more](#)

Pharmacotherapy and child psychiatry: is there a way forward?

Advances in Psychiatric Treatment, January 2008

This article discusses recent controversies and argues that drug treatments in child psychiatry are a powerful therapeutic tool but vigilance is needed to ensure that data on the efficacy and safety of drugs are freely available.

[Click here to read more](#)

An update on interventions for conduct disorder

Advances in Psychiatric Treatment, January 2008

This review discusses effective interventions for conduct disorder, with parent-training emerging as the most important

[Click here to read more](#)

Personality Subtypes in Adolescents with Eating Disorders: Validation of a Classification Approach

Journal of Child Psychology and Psychiatry, January 2008

This study investigated whether differing personality prototypes exist in adolescents with EDs, and whether these personality prototypes show relationships to external correlates indicative of diagnostic validity.

[Read more](#)

Books and Leaflets

Is this love? New leaflet from the fpa

A pocket sized fold-out leaflet with illustrations and clear text designed to help young people identify, and protect against, abusive behaviour.

[Click here for more information](#)

Evidence-Based Psychotherapies in Child & Adolescent Mental Health Practice

£7.50, ACAMH 2007

[Click here for more information](#)

Can't Play Won't Play: Simply Sizzling Ideas to get the Ball Rolling for Children with Dyspraxia

Sharon Drew and Elizabeth Atter

Jessica Kingsley Publishers 2008, £13.99

[Read more](#)

A Child's Journey to Recovery: Assessment and Planning for Traumatized Children

Patrick Tomlinson and Terry Philpot

Foreword by Mary Walsh

Jessica Kingsley Publishers 2007, £15.99

[Read More](#)

Cool Connections with Cognitive Behavioural Therapy: Encouraging Self-esteem, Resilience and Well-being in Children and Young People Using CBT Approaches

Laurie Seiler

Jessica Kingsley Publishers 2008, £19.99

[Read more](#)

Disability and Impairment: Working with Children and Families

Peter Burke

Jessica Kingsley Publishers 2008, £18.99

[Read more](#)

Help your Child or Teen Get Back On Track: What Parents and Professionals Can Do for Childhood Emotional and Behavioral Problems

Kenneth H. Talan, M.D.

Jessica Kingsley Publishers 2007, £19.99

[Read more](#)

Inside Anorexia: The Experiences of Girls and their Families

Christine Halse, Anne Honey and Desiree Boughtwood

Jessica Kingsley Publishers 2007, £13.99

[Read more](#)

Professional Risk and Working with People: Decision-Making in Health, Social Care and Criminal Justice

David Carson and Andy Bain

Jessica Kingsley Publishers 2008, £19.99

[Read more](#)

Understanding Controversial Therapies for Children with Autism, Attention Deficit Disorder, and Other Learning Disabilities: A Guide to Complementary and Alternative Medicine

Lisa A. Kurtz

Jessica Kingsley Publishers 2008, £12.99

[Read more](#)

Useful Links 

Faculty of Child & Adolescent Psychiatry - information and resources for Child & Adolescent Mental Health professionals

[Click here to visit the website](#)

YoungMinds - the national charity committed to improving the mental health of all children and young people

[Click here to visit the website](#)

CAMHS Network - this site pulls together practical ideas, grounded in theory and clinical service evidence, to help CAMHS teams change

[Click here to visit the website](#)

National CAMHS Support Service – now includes details of the new CAMHS Do Once and Share (DOAS) initiatives

[Click here to visit the website](#)

QINMAC Web Pages – on the Royal College of Psychiatrists' Website

[Click here to visit the website](#)