

# AGGRESSION:

## from fantasy to action

**Thursday 6 - Friday 7 May**  
**2010 International Psychoanalytic Conference**  
**Hilton Hotel, Belfast, Northern Ireland**

The capacity to develop an understanding of the meaning of a patient's aggressive fantasies, thoughts, feelings and behaviour is fundamental to achieving solid, therapeutic clinical work and developing informed risk management strategies.

This conference brings together a panel of renowned international psychoanalytic and psychiatric experts and offers the opportunity for interested professionals to deepen their understanding of the role of aggression in the normal internal world and how the internal world is altered when aggression cannot be contained by the mind and instead gives rise to aggressive behaviour and action. The conference will be clinically based and is designed to throw light on the problems of *treating* aggression in the clinical setting.

### TOPICS WILL INCLUDE:

- Aggression as a prevailing fantasy in the consulting room
- The spectrum of aggression from its role in healthy assertiveness through to destructive action
- The importance of aggression in childhood and adolescence and its therapeutic benefits
- Aggression in social and political tensions and conflict resolution
- Aggression in sexual violence and its central place in sado-masochism
- Extreme aggression in the forensic context
- Aggression and its containment in the clinical encounter

### SPEAKERS:

The Lord Alderdice	James Gilligan	Don Campbell	Carine Minne	Marianne Parsons
Maria Zaphirou-Woods	Rosine Perelberg	Paola Capozzi	Franco De Masi	Anne Alvarez

HSC Belfast Health and Social Care Trust

Centre for Psychotherapy



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