

**21<sup>st</sup> November 2016**

**Psychiatric Trainees' Committee Led  
Conference**

# **Return to Practice**

**Royal College of Psychiatrists, London**

**09.30 – 16.30**

Have you thought about taking time out of training for family commitments/additional training?

Have you been out of training for some time due to illness or other commitments and have concerns about returning?

Do you supervise trainees returning to practice and are unsure how to answer trainees' questions?

Come to this **FREE EVENT** and have all your questions answered.

**Workshops and lectures to include information in relation to:**

- Issues surrounding Maternity/Paternity leave
- Clinical Updates
- Practical issues, i.e. Pay/LTFT
- Psychiatrists' Support Service

Please fill in the registration form here and email it to [ptcsupport@rcpsych.ac.uk](mailto:ptcsupport@rcpsych.ac.uk)

## Programme

<u>Time</u>	<u>Programme</u>
09.30-09.55	<b>Registration and refreshments</b>
09.55–10.00	<b>Introduction</b> - Psychiatric Trainee Committee
10.00-10.30	<b>“Why is retention important to the College”</b> Dr Adrian James, Registrar of Royal College
10.30-11.15	<b>“My Journey to becoming Dean and working LTFT”</b> Dr Kate Lovett, Dean of Royal College
11.15-11.30	<b>Coffee break</b>
11.30-12.15	<b>Workshops (See below for details)</b>
12.15-13.00	<b>Panel Discussion – “Supporting trainees returning to practice – key issues, challenges and how to move forward”</b> – Panel members to include, Dr Lovett (Chair) and Speakers from keynotes/workshop
13.00-14.00	<b>Lunch</b>
14.00-14.45	<b>Workshops (See below for details)</b>
14.45-15.15	<b>“How to have a smooth return to work”</b> Dr Emma Plunkett, LTFT Lead Trainee for Anaesthesia, discussing how she created an innovative Return to Practice Programme in the West Midlands
15.15-15.45	<b>Coffee break</b>
15.45-16.15	<b>“Return to Practice - putting it all together”</b> Dr Teresa Dorman, LTFT Lead for Yorkshire and Humber Deanery
16.15-16.30	<b>Closing Remarks and Feedback</b>

## Workshops



### Workshop A

**"Stress, burnout and sick leave"** – Psychiatric Support Service at Royal College Psychiatrists

### Workshop B

**"New ways of working: paternity leave, leave sharing and making flexible training work - a trainee perspective"** Dr Karl Scheeres, Former Chair of PTC, General Adult Registrar

### Workshop C

**"Using the supervising and mentoring relationship to retain and return trainees to practice"** Dr Raka Maitra and Dr Hamideh Heydari from the Trainee Support Group

### Workshop D

**"Supporting and supervising trainees returning to practice"** Dr Subodh Dave, Consultant Psychiatrist, Associate Dean for Trainee Support for Royal College Psychiatrists

### Workshop E

**"Practicalities of working less than full time and returning to practice - ARCP/Pensions/Career Planning"** Dr Fiona Harrison, Royal College Special Advisor for LTFT training

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Refreshments will also be available throughout the day  
Please book your place by 1<sup>st</sup> November 2016.