



Mental Health in Primary Care: how the College is forging links

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Forging links

Strategic plan



- **Objective:**

Promote best clinical practice in the treatment of mental illness at the primary care level

Strategic plan



- **Actions:**

Develop strategic and working relationships with primary care providers

(Promote NCCMH guidelines to primary care providers)

Aims (and ear to the ground)

- To facilitate / prepare the ground / establish links
- Actions first / words later (if necessary at all)
- Credible presence in each others camp
- Tangible results at local levels

Aims (and ear to the ground)

- The interface between primary and secondary care – what works well
- Need for education / support (PwSI)
- The image of psychiatry (ists) in primary care

Listening / learning

Developing links

Awareness raising

Developing strands

Legacy planning

Training

- **MMC**
 - wish to see greater cross flow between General Practice and Psychiatry
 - Shared core competencies at ST1 level
 - Modular approach to joint training
 - GPs with special interest / experience
 - Tooke report?
 - **Join Educational Advisory Group**
 - **Consultation and contribution to PwSI frameworks**

Education

- **Mutual presence in Annual meetings**
 - **Sessions in 2008 RCPsych annual meeting**
 - **RCGP to develop annual meeting programme for mental health**
- **Information for primary care**
 - **Emerging psychosis in young people**
 - **Public Education Committee: "A4 Manual"**
- **Joint CPD initiatives**
 - **(watch this space)**

Education

- **Raising awareness**
 - **Presentations to Faculties and Divisions**
 - **E-newsletter**
 - **APT Editorial**
 - *Work with Editors to develop greater contribution of primary care related material*
- **Web-sites**
 - **Develop RCPsych**
 - **Links with RCGP, PRIMHE, WAMHinPC and others**
- **CETC**
 - **LD commissioning**
 - **Challenging behaviour**
 - *Further events and strategy to be developed*

Commissioning

- **N.B. National Audit office report**
 - **Failure of commissioning by PCTs (SHAs)**
- **Joint meeting on Mental Health and Old Age**
 - **Dave Anderson (Faculty chair) drafting joint statement**
- **Joint meeting and continued initiative on mental health of young people in transition / early detection and intervention**

Commissioning

- **N.B. National Audit office report**
 - **Failure of commissioning by PCTs (SHAs)**
- **DARZI review**
 - **Meeting with pathway leads**
 - **Collaboration with RCGP - ?joint response**
- ***CETC – training for commissioners***
- ***Meeting with key individuals in commissioning???***

Quality improvement

- Interest from primary care Tsar in QINs
- WAMHinPC – Welsh Declaration for Mental Health and Gold Standard
 - **Support from Welsh Division**
 - **CRTU and CIRC (RCGP) collaborating on national audit of psychological therapies**
 - **RB on Board of RCGP CIRC**
 - *RCPsych and RCGP shared draft manifesto for mental health*

Quality improvement

- **Physical Health**

- Liaison faculty report 'unexplained symptoms in primary care'
- DRC report - evidence
- College scoping group report

President to seek joint meeting (+Chair of RCGP) with Secretary of State to discuss interface

GO'B to follow up implications of scoping group report with RCGP special interest groups

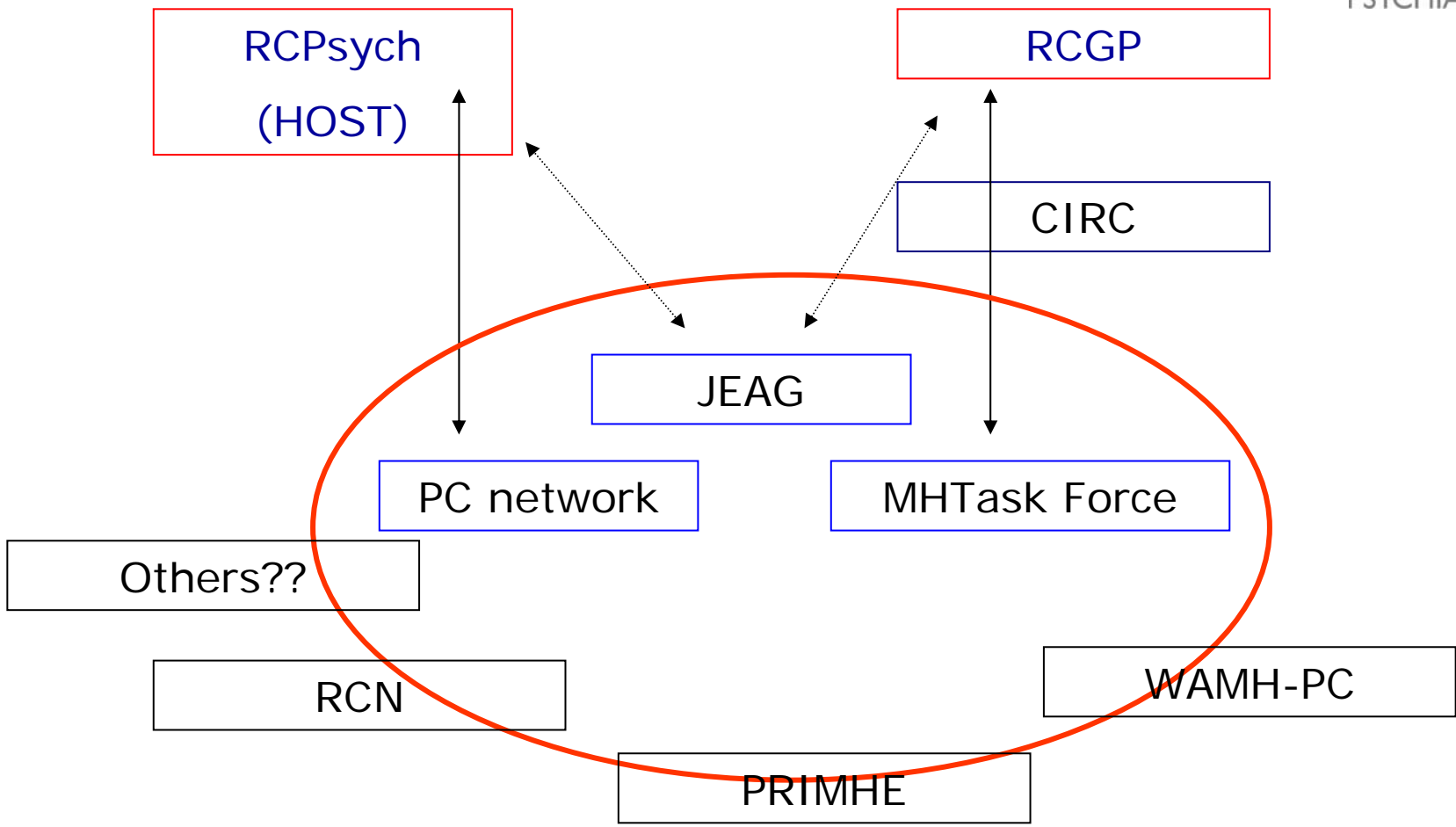
- Psychological therapies scoping group
 - **Now to be a joint College report**

Links & 'Structures'



- **RCGP –**
 - Regular, productive and collaborative meetings
 - Mental health task force
 - LD special interest group

- **PRIMHE**
- **WAMH-PC**
- **G&C Faculty – cross faculty primary care network (Linda Gask)**
- **FORUM on mental health in primary care (RCPsych, RCGP, RCN, PRIMHE and ??)**



Next meeting with RCGP



- **Soon!**
- **Concerns about prescribing responsibilities in primary care**
- **Dementia: joint work on early diagnosis, investigation and support**

- **What can the London Division do?**
- **How can you help us?**
- **What else would you like to see developing?**