

RCPsych Special Interest Groups  
Annual reports to Council  
2011



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## ADOLESCENT FORENSIC PSYCHIATRY SPECIAL INTEREST GROUP (AFPSIG)

### 2011 ANNUAL REPORT TO COUNCIL

This year has been one of significant further development for our SIG. The SIG hosted a one day nationally (over) subscribed conference at Belgrave Square earlier this year looking at the problems of managing transition within forensic adolescent services. 70 members attended and this helped to generate a modest surplus which will be re-invested in AFPSIG development activities over the coming year.

We hope that this conference can become an annual event, given the popularity of the event this year.

The AFPSIG executive continued to meet twice yearly, most recently at the forensic faculty meeting at Berlin in February 2011.

The AFPSIG has taken a leading role, in collaboration with the British Psychological Society, in reinvigorating a national, multidisciplinary forensic CAMHS network. The vision for the renewed CAMHS network includes effective multidisciplinary representation and participation across all regions of the UK. We feel it is right that AFPSIG and other groups such as clinical psychologists working with adolescents and families in forensic settings can work effectively together to improve service delivery to a marginalised population of service users.

I have enjoyed chairing AFPSIG for the last two years, but I feel it is now the right time for a new chair to spearhead further developments and build on the achievements of my tenure as chair. I will tender resignation on 30 June 2011. Dr Richard Church has been an exceptional support to me in this role and he will continue to serve AFPSIG as finance officer. Dr Church has filed a finance officers report at college for the year.

PHILIP COLLINS, CHAIR  
01 JUNE 2011

# **Annual Report from the Forensic Psychotherapy SIG**

**June 2011**

## **Introduction:**

The Forensic Psychotherapy SIG was formed in September 2007 and this is the fourth annual report. Dr Carine Minne as Chair will be succeeded by Dr Gabriel Kirtchuk, Dr David Reiss remains as Secretary, Dr Guy Hillman as Treasurer and Dr Ravi Lingam represents the interests of regional members. The committee meets termly. Committee members can be co-opted for specific tasks.

## **Activities during 2010 – 2011**

This SIG was represented at the following national and international conferences and meetings/courses:

Forensic Psychotherapy SIG Cultural Event, ENO, July 2010. Dr Paul Gilluley arranged for the SIG members to have an evening at the ENO for a performance of Tosca followed by discussions around the main themes including the questions around whether Scarpia fulfills the diagnostic criteria for psychopathy and Tosca, for Borderline or Histrionic Personality Disorders.

- Forensic Psychotherapy SIG Cultural Event, Royal College, December 2010 – an evening with John Woods presenting the art work of Louise Bourgeois followed by a discussion of the themes relevant to forensic psychotherapy, led by Dr Estela Welldon. Due to snow conditions affecting travel, this event was held a second time in April 2011 to enable those to attend who had been unable to previously.
- Forensic Psychiatry Faculty annual conference, Berlin, February 2011 where colleagues working in forensic psychotherapy held a very well attended and well received session, focused on using MBT with ASPD patients and considering attachment difficulties (Drs Yakeley and Williams and Mc Gauley).
- International Association for Forensic Psychotherapy, Edinburgh, April 2011 – several SIG members presented papers at this annual international conference, this year's theme being 'Murder in Mind'.
- 15<sup>th</sup> International Forensic Psychiatric Conference, Dusseldorf: Dr Minne presented an overview of psychoanalytic applications in forensic psychiatry settings in the UK.
- Forensic Psychotherapy presented to the Applied Section meeting of the British Psychoanalytic Society, Nov 2010 – Dr Rob Hale presented a paper, written together with Dr Rajeev Dhar, proposing a single diagnostic entity to improve understanding of those patients otherwise described as suffering from dual or triple diagnoses.

### **Future Activities Planned:**

A SIG cultural event – July 2011 – ENO world premier of *Two Boys*, an opera by Muhly, directed by Sher, based on a tragic true story. The opera will be viewed and discussions surrounding the themes of violence will follow in a private room.

An evening of introduction to the work of Good Vibrations, a Gamelan music project based in prisons and medium secure and high secure units in England, led by Cathy Eastburn. This work has been researched and is part-funded by the Department of Health.

A further film event is also planned for the autumn given the success of the first.

### **Further News:**

A new MSc and PG Dip in Psychotherapeutic Approaches in Mental Health started in October 2010, based at Ealing, WLMHT, organizers, Dr David Reiss and Dr Gabriel Kirtchuk, focusing on developing skills in treating complex cases and PD patients in generic and forensic settings.

Dr Jessica Yakeley's book on *Working with Violence: A Contemporary Psychoanalytic Approach*, was launched and has been a top seller!

Dr Alla Rubitel and Dr David Reiss's book, *Containment in the Community* was successfully launched recently.

SIG members are busy preparing papers for 2011/2012 conferences, national and international.

Dr Gabriel Kirtchuk will report on the general state of Forensic Psychotherapy and training within the current financial climate in the UK in the next newsletter.

Concerns were raised about the difficulties encountered in communicating with the SIG membership, especially given that we cannot have access to who is a member. The committee members have frequently received complaints from colleagues who have not received any information about SIG events, only to discover themselves that they are not on the list, which we cannot check. I hope that the website will resolve these problems,

Dr Carine Minne,  
Chair, Forensic Psychotherapy SIG,  
May 2011

**2011**

**LESBIAN & GAY SPECIAL INTEREST GROUP**

**ROYAL COLLEGE OF PSYCHIATRISTS**

**Annual Report 2010-2011**

**ACTIVITIES OVER THE LAST YEAR**

**Annual Business Meeting**

The SIG's Annual Business Meeting was held on 24 June 2010, at the Royal College of Psychiatrists' Annual Congress in Edinburgh. Steve Hopker and Susanna Galea stood down from the Executive Group and attending members gave a vote of thanks for their support. No officers were up for election. Luke Mearns joined the group as a further Executive Group member. Although attendance at the SIG's Annual Business Meeting was better than in 2009, it was still relatively low despite our putting on a breakfast to welcome members. It was thought that many SIG members did not make it to the College's Annual Congress and thus it was decided to hold the 2011 SIG Annual Business Meeting at a side meeting (see below).

**Academic Contributions**

At the College's Annual Congress on Thursday 24th June 2010 the SIG put on a symposium which was well attended:

**S42 The evolution of psychiatric diagnoses - past and present controversies**

*Chair: Dr Sandra Evans, Queen Mary University of London and East London Foundation NHS Trust and QMUL, Barts and the London SMD, London*

**The rise and fall of homosexuality as a diagnosis**

*Professor Michael King, University College London Medical School, London*

**Transsexualism as a current ICD10 and DSMIV diagnosis**

*Professor Stephen Whittle, Professor of Equalities Law, Manchester Metropolitan University,  
Manchester*

**The rise (and fall) of Asperger Syndrome**

*Professor David Skuse, Institute of Child Health, London*

**Survey of Membership**

A survey of members, drafted by the SIG, was undertaken in May 2010. It was the view of the SIG Executive Committee that little was known about the membership of the group and how it could engage members more actively. Areas covered by the survey included: members' opinions of the aims of the group, members' participation in academic activities organised by the SIG, members' attendance at SIG AGM meetings, and member's personal sexual orientation and any difficulties in the workplace relating to this. Fifty-eight members responded

of whom only 8 had been to a SIG meeting since 2006. This surprised us greatly, given the strong attendance at all our SIG seminars and symposia. Our conclusion was that 1) many people interested in the SIG's activities are not SIG members and 2) that many of our members do not attend the College's Annual Congress. We therefore decided to arrange a symposium at the College on the topic that was most commonly suggested by respondents' to the questionnaire, namely transgender Issues.

### **Meeting of the SIG 20 May 2010: TRANSGENDER: TIME TO CHANGE**

The SIG Executive planned a symposium for SIG and other College members to update them on issues of management of transgender people. It was also planned that we would hold our Annual Business Meeting following this event. Five expert speakers in the field agreed to participate and the meeting was advertised. However, due to a surprisingly low rate of registrations (given this topic was suggested by our membership) the meeting was cancelled as it was not economically viable. This cancellation was a great disappointment to members of the Executive who felt that they were responding to members' wishes and had put together a stimulating programme.

### **Other presentations**

□

### **Old Age Faculty (of RCPsych) conference in Stratford upon Avon.**

David Richards from Age UK, a colleague from the APP and Sandra Evans (SIG Treasurer) led a joint workshop on 17th March 2011 entitled *Mental Health of Older Lesbians and Gay men*.

□

### **Ageing, Growth, Time And Change: Working With The Older LGBT Person**

David Richards and Sandra Evans led this workshop on 14th May 2011. Many therapists (some who work in the NHS) were grateful for the learning environment. They reported poor Equality + Diversity training outside London, with poor attendance by doctors. Two reported patronising attitudes from NHS staff to LGB patients.

### **Advice giving**

1)

The SIG continues to advise the DoH on current research that concerns gay, lesbian and bisexual people as a high risk population.

2)

The SIG is also advising Arab LGBT groups who are being pathologised by new power groups arising out of the so-called Arab Spring and in other Arab states not affected by revolution.

### **Training package on the needs of GLB Service Users**

This remains available to organisations wanting to use this as part of their diversity training. Training can be delivered by some members of the SIG. The training package has been adapted as a CPD online module.

### **Website**

The layout of the website has been updated and is now regularly kept up to date by Gian Galeazzi. The SIG Executive Committee is of the opinion the website

also serves a public information function. Consequently additional links to websites that would be of interest to the general public continue to be added.

### **Finances**

Current balance: £900. The only income source is academic meetings and the training package.

### **Executive Committee**

Michael King is Chair of the SIG. Other members of the executive committee are Sandra Evans (finance officer), Luke Mearns, Helen Killaspy, Shawn Mitchell and Gian Galeazzi.

Michael King,  
Chair  
31 May 2011

# **ANNUAL REPORT**

## **MANAGEMENT SPECIAL INTEREST GROUP**

### **TO THE CENTRAL EXECUTIVE COMMITTEE MAY 2011**

This year has again been very productive and rewarding and has helped consolidate ideas and developments for the future and the purpose of this committee.

We, as a group continue to maintain a clear vision that management and leadership remains paramount in our daily work. The skill of management and leadership remains essential at all stages or training and personal development and we have encouraged psychiatrists and trainees to be more active in their local and regional divisions.

This year, apart from the release of our newsletter, the executive committee worked closely with Dr Frank Holloway and have now completed a report and resource information booklet for doctors interested in management / leadership.

A meeting co-chaired by Neil Deucher Associate Registrar, Management & leadership and Chair of the Medical Directors Executive and I discussed the way forward and agreed it would be important to bring together the contacts and energies of the MSIG and MD to create a supportive network for psychiatrists. In order to seek the views of those involved before proceeding, an event was organised in February this year to consult and expand ideas for the future.

This year again, the MSIG has remained keen to promote workshops and seminars on management and has worked closely with CETC Department to circulate information to all members of the MSIG.

As I am now nearing the end of my four year term I would like to inform you I will be stepping down as the Chair of the MSIG and would hopefully see many interested parties in taking over the role.

In the end, on behalf of the whole executive committee I would like to thank Officers of the College and every member and individual who has supported and encouraged us throughout this time.

**Dr Venkat Chetan Reddy Majjiga**  
**Chair of the Management of Psychiatry (SIG)**

**2010 -2011 Report of the  
Mental Health Informatics Special Interest Group (MHISIG)  
to the Council of the Royal College of Psychiatrists**

The MHISIG has been focusing on two areas during the period 2010-2011.

Firstly the group is co-organising a conference on Mental Health Informatics with several other bodies including the Informatics Committee and the Mental Health Informatics Taskforce. This is scheduled for September 2011 and will develop a strategy for the development of Mental Health Informatics in the UK.

Secondly the Connect newsletter has been relaunched by the editor Dr Himanshu Tiyagi. There has been positive feedback on the newsletter and the next edition is being prepared.

The following is the committee structure:

|                  |   |
|------------------|---|
| Chair –          | Dr Justin Marley  |
| Treasurer –      | Dr Omer Moghraby  |
| Publications –   | Dr Himanshu Tiyagi, Dr Fionnbar Lenihan & Dr Gurrall Gosall |
| Website –        | Dr Himanshu Tiyagi  |
| Imm.Past Chair - | Dr Zia Nadeem   |

The MHISIG AGM is to be held at the College Annual meeting in Brighton.

**Finances (for the period 1/1/10 to 30/04/11):**

|                 |          |          |
|-----------------|----------|----------|
| Opening balance | 01/01/10 | £4082.70 |
| Closing balance | 30/04/11 | £4082.70 |

Approval for the spending of £1000 on the conference on information infrastructure has been agreed although nothing has been spent yet. The conference has been delayed and the budget will be reduced to £500 as cosponsors have been identified.

**Conference Report:**

Discussions and preparation are ongoing regarding a forthcoming conference.

**Workshops Report:**

Submission of possible workshops for next year's Royal College of Psychiatrists AGM will be discussed at the MHISIG AGM.

**Publications Report:**

An electronic version of the newsletter has been produced and disseminated whilst the next version is in preparation.

**Discussion List/Forum:**

Online discussions continue in the Yahoo Groups forum and also intermittently through other forums preferentially due to the geographical separation of the executive members.

**Future Directions:**

We will continue to build on the success of the newsletter and focus on contributing to the emerging debate on a strategy for Mental Health Informatics in the UK.

Dr Justin Marley  
Chair  
MHISIG Committee  
06 June 2011

**Royal College of Psychiatrists  
Philosophy Special Interest Group  
Annual Report to Council: June 2011**

The Philosophy Special Interest Group (SIG) remains active on several fronts. Our most recent annual committee meeting took place in the College on Friday April 15<sup>th</sup> 2011.

Our finances remain in good order. We are keen to utilize any funding we do have to further our academic and educational goals in bringing philosophy to bear practical fruit for psychiatry. Current plans under review include the sponsoring a College Prize, funding junior philosophers and psychiatrists to attend academic meetings in the UK, generating CPD resources, and supporting research where philosophy interacts in a meaningful way with clinical and empirical research in psychiatry. Regional groups may fluctuate in their activities depending on the enthusiasm of individuals. There are, however, two groups that have continued to thrive and with whom the SIG retains close contact. First, the Scottish Group has succeeded in mounting an annual conference for the whole of Scotland with great success. There are also more frequent local meetings. The group has been led by Dr John Callender. Currently, this group, with the SIG is organizing a meeting in Aberdeen in October 'Mental Health and The Human Good: A Conference in Honour of Eric Matthews'. Secondly, the Maudsley Philosophy Group also remains very active. It is now a charitable trust with an income; and has been able to attract an array of acclaimed speakers including Raymond Tallis, Roger Scruton, Tim Crane, John Gray, and Mary Warnock at their monthly meetings. The group additionally has a research focus and some of its members are currently co-editing 'The Maudsley Reader in Phenomenological Psychiatry', for publication with CUP in 2012. After publication, the group intend to follow up with a conference in 2013 to celebrate the centenary of the publication of Jaspers' *General Psychopathology*. This meeting will be in collaboration with the College and in addition either the Institute of Psychiatry or the Royal Society of Medicine. Additionally, groups in Birmingham, Nottingham, and Coventry and Warwickshire remain active and hold regular meetings. With colleagues in psychiatry in Newcastle and philosophy in Durham, a NE hub for philosophy of psychiatry is coalescing and we are particularly pleased to note that Matthew Ratcliffe, a long-time ally of philosophy of psychiatry, Professor and Head of Department in Durham. Further, Professor Ratcliffe has been successful in obtaining important UK funding from the AHRC to fund a plan of research into depression and mood disorders, work that is in collaboration with the SIG. Further, the Wellcome centre for medical humanities at Durham is developing research into 'hearing voices', a topic again that members of our SIG are contributing too as funding is sought and inter-disciplinary networks created. Although not a UK group, we have continued our links with an emerging similar group in Bulgaria. Dr Drozdostoj Stoyanov has introduced us to the Balkan Association of History and Philosophy of Medicine, which we have been able to encourage, and Dr Stoyanov has enthusiastically set up links with the SIG. We are fortunate to have Dr Stoyanov as part of the SIG committee.

The Philosophy SIG continues to arrange and support a variety of symposia, meetings and conferences. At the 2010 College AGM there was a symposium around the topics of 'Personality and social inclusion' and 'cognitive neuroscience of early psychosis'. Both of these sessions attracted 100+ delegates and received excellent feedback. We were disappointed to learn that despite submitting three symposia proposals for the 2011 International Meeting of the College, none were accepted. We, as a SIG, continue to support activities by the WPA and EPA. We are supporting the forthcoming INPP conference in Sweden and several of our members are invited speakers. Further plans for the SIG include organizing meetings on topics such as psychoanalysis and philosophy, a joint meeting with the Faculty of Forensic Psychiatry, and a one-day conference on Psychiatry and the Medical Humanities.

Additionally, there have been successful one-day events that the SIG has been involved in: meetings in Oxford, Cambridge, London, and Birmingham and the University of Hertfordshire. Importantly, together with the Maudsley Philosophy Group, members of the SIG committee are involved in the IoP summer school in psychiatry for medical students and members elsewhere have integrated with local undergraduate psychiatry societies at medical schools, for example at Warwick.

These are important initiatives by the College that the SIG supports wholeheartedly and are aimed at interesting medical students in psychiatry and giving them some understanding of the academic and research activity that goes on within the speciality. We hope that members of the SIG in the West Midlands will be able to support a similar initiative by the School of psychiatry there. Members of the SIG committee have continued to contribute to developments in the curriculum and as mentioned above, we are currently working on developing CPD on-line materials, as well as CASC questions for the exam. Additionally, several of the members of the committee are involved in practical teaching innovations with both undergraduates and postgraduates. In addition to developments in the teaching of psychiatry, SIG members are actively involved in teaching on the Master's in philosophy and psychiatry at King's College London, Warwick, and the University of Central Lancashire and act as PhD supervisors and examiners nationally and internationally.

We are also planning to carry out some research into how much philosophy and ethics are being taught in both undergraduate and MRCPsych curricula: data collection is currently underway. We continue to publish a newsletter of the SIG's activities, edited by Dr Steve Ramplin and Dr Abdi Sanati, and have been able to send this to SIG members bi-annually, and have an active and updated website, maintained by DrDieneke Hubbeling, and linked to several national and international associations. The SIG continues to maintain its links with the international journal *Philosophy, Psychiatry, & Psychology*. Similarly, a number of members of the SIG have contributed to the enormously successful Oxford University Press series *International Perspectives in Philosophy and Psychiatry*. In terms of future plans, Professor Fulford and Dr Broome are currently working on an 'Oxford Handbook of Philosophy of Psychiatry'. Professor Fulford is currently completing a book on 'Values-based Medicine' for CUP. In April 2011 Dr Matthew Broome continued the role of chair, and Dr David Foreman as treasurer. Dr Dave stepped down as secretary and we are delighted that Dr John Callender was confirmed as secretary in his stead.

Dr Matthew Broome MRCPsych PhD  
Chair  
6.6.11

## **Psychopharmacology Special Interest Group (PSIG) Annual Report for 2010/11**

1. *PSIG Annual Award.* The joint winners of the 2010 PSIG Robert W. Kerwin Prize for Psychopharmacology, for the best papers in the area of Clinical Psychopharmacology published in a College journal for the period August 2008-June 2009, were Dr Mario Juruena and Dr Susannah Murphy:

Juruena MF, Pariante CM, Papadopoulos AS, Poon L, Lightman S, Cleare AJ. Prednisolone suppression test in depression: prospective study of the role of HPA axis dysfunction in treatment resistance. *Br J Psych* 194 (4): 342-349.

Murphy SE, Norbury R, O'Sullivan U, Cowen PJ, Harmer CJ. Effects of a single dose of citalopram on amygdala response to emotional faces. *Br J Psych* 194 (6): 535-540.

Dr Murphy and Dr Juruena received their awards during the Annual Meeting in Edinburgh.

2. *PSIG Executive Officers.* The PSIG Chair remains Professor David Baldwin and the PSIG Financial Officer and Honorary Secretary remains Dr Kathy Aitchison. During the period covered by this report the Executive Committee has been expanded to include Dr Jogin Thakore (Dublin) and Professor Allan Young. Dr Fernandez and Dr Papanastasiou will share the trainee position in the Executive Committee. Professor Baldwin and Dr Aitchison stand down from their roles in July 2011.
3. *Meetings organised by PSIG.* There are three meetings to report since June 2009. The PSIG hosted a session at the Royal College of Psychiatrists Annual Meeting (Edinburgh, June 2010), called '*How antidepressant drugs might work and the correlates of when they don't: emotions, amygdala, mood and cortisol*', which included presentations from Dr Mario Juruena (University of Sao Paolo) and Dr Susannah Murphy (University of Oxford): the session was attended by over 150 delegates.

The Tenth Latest Advances in Psychiatry Symposium was held at the Royal College of Physicians in London on 29th March 2011. The meeting was focused on psychopharmacology across the lifespan and the feedback received from 76 delegates was generally very good. Attendance (92 paying, approximately 45 non-paying delegates) was similar to that of the previous year (110 paying, approximately 40 non-paying delegates) and therefore an achievement given the current economic climate. Professor Ian Goodyer (University of Cambridge) gave an inspiring Plenary Lecture titled '*The neuropsychobiology and treatment of depression in adolescence*' and there were four further lectures, from Professor Philip Asherson (Institute of Psychiatry) on attention deficit hyperactivity disorders, Dr Ian Jones (University of Cardiff) on the use of psychotropic drugs in women of reproductive age, Professor Clive Holmes (University of Southampton) on novel treatment approaches in Alzheimer's disease, and Dr Michael Craig (Institute of Psychiatry) on treatment of depression in the menopause.

A Joint Meeting with the Women in Psychiatry Special Interest Group titled '*Gender Differences in Prescribing Psychotropic Medication*' was held at the Institute of Psychiatry in November 2010. The meeting was chaired by Professor Louise Howard, the lecturers included Dr Lade Smith, Dr Kathy Aitchison, Dr Michael Craig and Professor Robert Flanagan, and there were three associated afternoon workshops. The meeting was attended by approximately 45 delegates, and the feedback received was very positive.

PSIG has organised three sessions at this year's Royal College of Psychiatrists Annual Meeting (Brighton, June 2011): these are called '*Serotonin, the brain, and the response to antidepressants: facts, myths, controversies*', chaired by Professor Baldwin, at which one of the speakers will be Dr Patricia Huezo-Diaz (formerly of the Institute of Psychiatry), winner of the 2011 Robert W Kerwin PSIG Prize; '*Pharmacological and physical management of patients with treatment-resistant depressive illness: which treatments for which patients?*', chaired by Dr Allan Scott; and '*GABA and benzodiazepines: from binding sites to clinical practice*', chaired by Dr Kathy Aitchison.

4. *PSIG Executive Committee meetings*: Two meetings were held during the period of this report: in June 2010, during the Annual Meeting of the Royal College of Psychiatrists (attended by 6 members); and in July 2010 during the British Association of Psychopharmacology (BAP) Summer Meeting (attended by 23 members).
5. *Consultation with the British Association for Psychopharmacology*. The first meeting of a joint PSIG-BAP working group was held at the College on 11<sup>th</sup> May 2010, charged with updating existing College guidance on use of benzodiazepines in clinical practice. Further meetings will be arranged, with joint representation in working groups, responsible for updating the existing College Reports on use of antipsychotic drugs in high dosage, and on use of licensed drugs for unlicensed applications in psychiatric practice.
6. *Administrative support to the PSIG Officers*. Administrative support to the PSIG Executive Officers on the basis of one day per week, from 1<sup>st</sup> June 2010 to 31<sup>st</sup> May 2011, was provided by Anna Raisey, in a secondment agreement to the Institute of Psychiatry from the College.
7. *Responding to consultations*: PSIG has collated feedback from members of the Executive Committee and the wider membership in order to respond to a number of documents sent for consultation by the College.
8. *PSIG membership and online resources*. The PSIG Executive Committee Membership has been updated, and the revised list submitted to the College. New members have been recruited to the Executive Committee and to the wider membership

9. *Financial position of PSIG.* PSIG remains in a strong financial position. The current balance in the account is approximately £59K. The main source of income is revenue from the Latest Advances in Psychiatry Meetings (totalling £11,500 for 2009 and 2010). The following items are expected: revenue from the Latest Advances in Psychiatry 2011 Meeting (a credit of £5500); the third and fourth invoices from King's College London for the secondment (two debits of 3 month's salary at approximately £1194 each and office costs totalling less than £500), and a sum of approximately £121 in respect of 50% of an invoice for the WIPSIG-PSIG Joint Meeting. Dr Aitchison has queried whether all of the registrations for the WIPSIG-PSIG Joint Conference were credited 50% to WIPSIG and 50% to PSIG (which may result in an adjustment to the accounts in the form of a debit). PSIG has contributed more than £1500 to the College finances over the last year (to support the Fair Deal Campaign). The contributions of all FDSIGs (Faculties, Divisions, Sections, and Special Interest Groups) within the College to the Fair Deal Campaign are equal to 10% of their income; PSIG contributes more to the College than any other SIG.

Professor David Baldwin (Chair), Dr Katherine J Aitchison (Honorary Secretary and Financial Officer), on behalf of the PSIG Executive Committee and membership, June 2011.

## Spirituality & Psychiatry Special Interest Group

### Annual Report 2011

The Spirituality & Psychiatry SIG has had a good year. We have continued to engage in debate about the place of spirituality in psychiatry, at conferences, through publications and in contribution to the life and work of the College. Our membership now stands at 2575.

At the College Annual Meeting in Edinburgh in June 2010 the SPSIG contributed a session on "Psychosis and Spirituality", chaired by me. Dr Susan Mitchell contributed a paper on Spiritual Aspects of Psychosis and Recovery, and Professor Malcolm Peet and Dr Justin Marley together contributed a paper reporting their research findings on "Spiritual Beliefs and Psychosis".

Two day conferences were held during the course of the year. In October 2010 a meeting on "Intolerant Secularisation" provided a lively debate on issues concerned with spirituality and religion in the clinical workplace, contributed to by Professor Andrew Sims, Lord Carey, Andrea Williams QC, Professor Rob Poole, and Dr Easha Tareen. In March 2011 a meeting was held under the title "Spirituality and the Divided Brain". Canon Andrew Shanks and Professor Peter Fenwick engaged in debate with Dr Iain McGilchrist on themes relevant to spirituality emerging from Dr McGilchrist's book *The Master and his Emissary*. Owing to the costs of using 15 Belgrave Square, which has been our regular day conference venue in recent years, both events this year were held in the Council Room at the College. However, this has enabled us to maintain delegate costs at only £70 and has helped to maintain a sounder financial balance.

During the course of the year the Executive has continued work on developing an online CPD module on spirituality. We are aware that other members of the College are also contributing material of this kind, subject to the usual peer review process (which is implemented by the College, according to its policy for such things). We are also working on a proposal for a training day on Spirituality and Psychiatry to be run with the support of the College Education and Training Centre.

We were pleased to be able to award the SPSIG Essay Prize again this year, on this occasion to a 4<sup>th</sup> year medical student. Two issues of our Newsletter were published, and the website, which has had a major overhaul during the year, has been maintained and edited by Dr Andrew Powell.

On behalf of the Executive, Dr Sarah Egger made a presentation to the Service User Recovery Forum (SURF) and Carers Forum which was well received. This is being followed up with a

questionnaire survey on the views of service users and carers on spirituality and psychiatry, including views on the role played by SPSIG.

An important piece of work this year has been the development of a draft position statement on Spirituality and Religion in Psychiatry, which was presented to the College Policy Committee in January. At the time of writing this is in a process of redrafting which we hope might eventually lead to its formal adoption as an agreed College position statement.

A number of changes have taken place within the Executive. Dr Nicki Crowley stood down in the autumn, having been a member for many years, and we are enormously grateful for the long and unstinting service that she has given to the SPSIG. Dr Anjum Bashir stood down in April, and our thanks are also extended to him. Professor Simon Dein continues as secretary and Dr Oyepaju Raji as programme coordinator. Dr Paramabandhu Groves was appointed as Treasurer, taking over from Dr Suryanarayan at the Annual College Meeting. We have welcomed Dr Alison Gray and Dr Sophie Thomson as new members of our Executive Committee. At the time of writing, we also hope soon to announce another new appointment to the Executive.

Spirituality and psychiatry are concerned, amongst other things, with relationship. People find meaning in relationships with themselves, other people, and a wider experience of reality. The SPSIG provides a forum within which we may relate to one another and explore issues that are important to us and to our patients. We hope that this will continue to be a place of spiritual growth and development which will support our members in both their professional practice and personal vocation.

Professor Chris Cook

8 April 2011

## **TRANSCULTURAL SPECIAL INTEREST GROUP ANNUAL REPORT 2011**

The Transcultural Special Interest Group (TSIG) continues to remain active. We continue to contribute to the college work, deal with inquiries from the public and members of the college and make the group known to some international bodies or individuals through networking on issues on culture and mental health, . The group continues to enjoy a large membership base and works with service users and carers.

The group contributes to college's consultations on policy and training. The book "Critical Psychiatry for Clinicians; Culture and mental Health is now in its final stages of preparation. We continue to contribute to the work of the World Association of Cultural Psychiatry and World Psychiatry Association -Transcultural Section (WPA – TPS).

### **Cultural Consultation and Competency Conference**

We organised a one day conference on 12 October 2010 at Wolfson Institute of Preventive Medicine in London which was attended by more than 70 mental health professionals all over the UK.

Professor Kam Bhui spoke about service development for Black and Minority Ethnic Groups in East London. Dr. Adil Qureshi from Barcelona in Spain talked about "the inter cultural and intraracial therapeutic relationship from an inter-subjective perspective, transference, prejudice and mutuality". Dr. Eric Jarvis from McGill University, Montreal in Canada spoke about "cultural consultation, the Canadian experience". While Dr. Gadi Benezer from Israel talked about "concept/principle of Mutual Creative Space as an Action-Model for Cultural Competence".

### **Diversity training for psychiatrists (Online CPD)**

The group peer reviewed the above module of CPD online of the College which aims to help psychiatrists to understand how their views on diversity impact on their work within psychiatry.

### **3rd World Congress in Cultural Psychiatry, London March 9-11 2012**

We are a member organiser of this conference which will feature a bio-psycho-social synthesis of cultural psychiatry. The conference programme will have many themes including the relationship of violence, terrorism, psychotherapy, ethnopharmacology, traditional healing, migration, spirituality, arts, training, service organisation, public policy and regeneration on mental health and psychiatric practice

### **Bulletin of TSIG**

Next issue is due to come out at the end of June/beginning of July 2011

### **Finance**

The finance of TSIG remains in a healthy status.

**Rizkar Amin  
Chair  
June 2011**

## **WOMEN IN PSYCHIATRY SPECIAL INTEREST GROUP (WIPSIG) ANNUAL REPORT 2011**

The WIPSIG Executive Committee continued its work over the past year, actively promoting both women's mental health and women psychiatrists' careers. As usual members of the committee have responded to consultations, organised conferences, written articles and examined issues around training. We continue to input widely, both within the College and externally.

Dr Fiona Mason and Dr Olivia Protti continued to be involved in the 'Sexuality, Reproductive Health and Abuse' steering group at the Social Care Institute for Excellence (SCIE), particularly in the provision of an e-learning resource. The work has taken longer than expected and been subject to management changes within SCIE. It is hoped, however, that the resource will be available in the near future.

Prof Louise Howard and Dr Judith Edwards have been involved in getting Violence against Women competencies introduced into the RCPsych core competencies for psychiatric trainees. This will raise the profile of violence against women issues amongst all psychiatrists in training and also more widely amongst the healthcare professionals.

The joint conference between WIPSIG and the Psychopharmacology SIG "*Gender Differences in Prescribing*", which was due to be held in April 2010 was unfortunately cancelled, however the rescheduled conference held on 29 November 2010 at the Institute of Psychiatry was a resounding success with a significant over-subscription.

The finances of WIPSIG remain in good order. Dr Lucy Watkin stepped down as treasurer and has been replaced by Dr Judith Edwards.

The 2011 WIPSIG Prize is to be awarded for an essay submission covering the topic of „*The mental health impact of caring on women* “. The prize will be awarded at the WIPSIG autumn conference.

St Andrew's Healthcare continues to sponsor our Newsletter, on which we receive good feedback from our extensive membership.

During the past year there have been changes to the Executive Committee with Dr Lucy Watkin, Financial Officer and PTC rep resigning in July. Dr Elaine Arnold, one of the founder members of WIPSIG, resigned in November, however will she continue working with WIPSIG in an advisory role. We were pleased to welcome Dr Katina Anagnostakis, who joined the Executive Committee in July 2010.

Dr Mason's four year term of office as Chair ended in 2011, and she thanks all those who have worked with her on the Executive Committee and across the College over the years. Dr Katina Anagnostakis was elected to the role of chair in March 2011.

An extended planning meeting of the WIPSIG Executive Committee took place on 27th May. The meeting covered three broad areas, including a review of WIPSIG's aims and purpose, ensuring that the WIPSIG membership remain actively engaged and defining workstreams for the forthcoming 2 years. A number of potential areas of focus were identified. These include: supporting the development of comprehensive women's mental health services eg new skills needed by clinicians and standard setting; as well as addressing the mental health needs of women prisoners.

The annual WIPSIG AGM will take place during the College's International Congress in Brighton on 29th June 2011. There will be a focus upon sharing recent developments and achievements, consultation and enabling the extensive WIPSIG membership to continue to engage in WIPSIG's ongoing programme of relevant work.

The WIPSIG autumn conference is to be held jointly with the North West division in Manchester on 9th November. The overarching theme for the conference is '*Parents as Patients – Patients as Parents*'. This forms part of one of WIPSIG's current workstreams - '*The Mental Health Impact of Caring on Women*'. The conference will take a lifespan approach, covering the topic from perinatal period through to dementia caring. The programme is currently under development and will include speakers such as Angelika Wieck.

Dr Fiona Mason  
Outgoing Chair – WIPSIG  
Dr Katina Anagnostakis  
Chair - WIPSIG