ST4-6 Psychiatry Training
Scotland
2014
Introductions

• Dr Alastair Cook
  – Chair of Royal College of Psychiatrists in Scotland
• Dr Sandra Duke
  – Regional Advisor – East of Scotland Deanery
• Dr John Russell
  – TPD in SE Scotland and Recruitment Lead for Psychiatry in Scotland
• Dr Caroline Leeming
• Dr Nicola Naven
Structure of Training

• Scottish Mental Health Specialty Board
  – Chair – Dr Susan Miller (‘Head of School’)
• Lead Dean for Psychiatry
  – Professor Gillian Needham, North of Scotland Deanery
• Training structure in each of the 4 NES Regions (W, SE, E & N)
  – Associate Dean for Psychiatry
  – Training Programme Directors
  – Educational Supervisors (nee College Tutors)
  – Clinical Supervisors
ST4-6 Psychiatry Training

Why choose Scotland?
Training in Scotland

- Scotland’s healthcare sector is progressive, well-resourced and highly diverse. It leads the world in embedding quality in healthcare policy.
- We offer an exceptionally wide and rewarding range of career possibilities in all Psychiatry specialties within both urban and rural settings.
- We have a strong academic and research links with several University Departments including the PsySTAR academic programme.
- We rank very highly for ‘overall satisfaction’ in the GMC’s annual National Trainee Survey.
- Standards of Psychiatry training across Scotland are high as evidenced by our high level of ‘satisfactory’ ARCP Outcomes (83% in 2013).
The population of Scotland is over 5.3 million (2011 Census)
  – (population of London 8.3 million in 2012!)
Scotland is a country of unrivalled diversity – culturally, ethnically and socially
It has beautiful scenery, exciting nightlife, enthralling history, vibrant culture and an abundance of outdoor pursuits
Scotland’s people are warm and welcoming (even if the weather is perhaps not on occasion!)
The generosity and friendliness of Scotland’s people is renowned the world over!
Election on September 18th 2014 regarding independence
  – whatever the outcome – unlikely to lead to major changes in the NHS in Scotland or training in Psychiatry for the foreseeable future
Living in Scotland 2

- Scotland has free healthcare (and prescriptions) for all - provided by NHS Scotland (separate from the NHS in England)
  - Free personal care for the elderly

- Scotland has an excellent education system – including some of the world's most respected Universities and high-achieving state-funded and private schools

- **Ease of access** - Scotland’s cosmopolitan, modern cities are within a short distance of un-spoilt rural locations

- Wide range of affordable accommodation generally available

- Good transport infrastructure – trains, planes and automobiles
  - We are an ‘hour’ from London..!
Transport
Glasgow
Edinburgh
Dundee
Aberdeen
Some of the views across Scotland!
ST4-6 Psychiatry Training in Scotland

Information
Background

• NES and Health Education England formally transferred the responsibility for national recruitment to Psychiatry at CT1 and ST4 levels from the Royal College of Psychiatrists to the North Western Deanery, Health Education North West with effect from 1st October 2013
• All CT1 and ST4 posts in England, Scotland and Wales starting from August 2014 onwards will be recruited to using the process coordinated by the NW Deanery, Health Education North West
• Website:
  • www.nwpgmd.nhs.uk/national_Psychiatry_Recruitment
How to apply:

- Go to [www.rcpsych.ac.uk](http://www.rcpsych.ac.uk) and click on ‘Train in Psychiatry’
- Click on ‘National Recruitment’ on left hand side of website
- Go to ‘August 2014 intake’ and then click on ’website’
- This takes you to the relevant page of the NW Deanery website: [www.nwpgmd.nhs.uk/national_Psychiatry_Recruitment](http://www.nwpgmd.nhs.uk/national_Psychiatry_Recruitment)
- Click on ‘ST4 Psychiatry Training Recruitment’
- Click on ‘LETB/Deanery pages’
- Scroll to near bottom of page where it says ‘NHS Education for Scotland’
- Each Deanery in Scotland is noted
  - Note from 1st April 2014 Scotland will become a single deanery with 4 regions (North, including Aberdeen and Inverness, will have separate rotations for GAP)
- Click on the relevant Region and this takes you to the Scottish Medical Training Website
- Click on relevant Psychiatry specialty for information on the programme with contact information
Interview process:

- See information on Recruitment website for information on Recruitment timetable
- Interviews from 24\textsuperscript{th} March 2014 onwards
- London or Manchester
- Questions will be published in due course
- Offers out by 23\textsuperscript{rd} May
- Those applying for training in Scotland to be allocated specialty and programme (Region) via a ranking system
  - Location priority over specialty or vice versa?
Posts available:

- The following maps indicate the number of posts that are currently available in each of the NES regions across Scotland.
  - The numbers may increase as there are some still waiting to be signed off
- Up-to-date information on the Scottish Medical Training website:
Scottish Medical Training
Scotland - the home of medical excellence

Specialty Training
(Hospital)

Specialty:
Start typing and choose from the list
View All Specialty Programmes

Location/Hospital:
Start typing and choose from the list
View a list of all Hospitals

Start searching for a specialty programme in Scotland.

Programmes are based in the four regions in Scotland, with some smaller programmes being nationally based.

You can search by specialty, programme or training location across our four regions.
West ST4 vacancies:
C&A – 6
Forensic – 1
GA – 4
Old Age – 2
LD/ID – 5
Psychotherapy -1
South East ST4
vacancies:
C&A – 1
Forensic – 0
GA – 2
OA – 2
LD/ID – 1
Psychotherapy - 1
East ST4 vacancies:
C&A - 1
Forensic - 1
GA – 5
Old Age 1
LD/ID – 1
Psychotherapy - 0
Psychotherapy/GA - 1
North ST4 vacancies:
C&A – 2
Forensic – 0
GA – 2
Old Age – 3
LD/ID – 0
Psychotherapy – 1
National Training Programmes

• There are currently 2 National ST4 Psychiatry Training Programmes in Scotland for
  – Forensic Psychiatry
  – Psychotherapy

  – (Future plans for Learning/Intellectual Disability to become a National Training Programme)

• The STs are based in one of the 4 regions for the majority of their training but the National Training Programme allows for STs to work in other regions across Scotland to further broaden their experience and competencies without there being ER/Indemnity issues
Any questions/queries..?

- Feel free to contact me on johnrussell@nhs.net