

New book from the Royal College of Psychiatrists

# Spirituality and Psychiatry

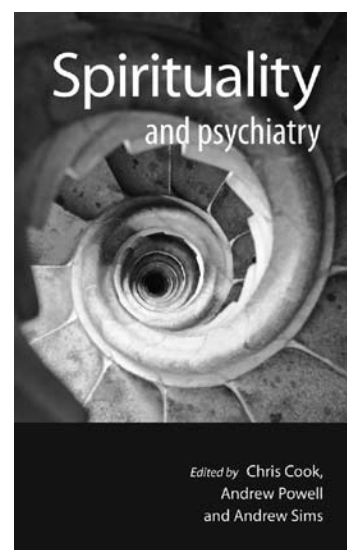
Edited by Chris Cook, Andrew Powell and Andrew Sims



Spirituality is a crucial but sometimes overlooked aspect of mental well-being and psychiatric care. This book explores the nature of spirituality, its relationship to religion, and the reasons for its importance in clinical practice.

In this evidence-based text, the authors discuss the prevention and management of illness, as well as the maintenance of recovery. Different chapters focus on the key sub-specialties of psychiatry, including psychotherapy, child and adolescent psychiatry, intellectual disability psychiatry, substance misuse psychiatry and old age psychiatry. It contains references to up to date research and provides a comprehensive review of the relevant academic literature. The book is, at least in part, a response to the questions posed by researchers, service users and clinicians, concerning the importance of spirituality in mental healthcare.

Contributors include psychiatrists, psychotherapists, mental healthcare chaplains and a social worker. They discuss aspects of experience often omitted from psychiatry and present both clinician and service user perspectives. The book will be of wide interest to psychiatrists, psychiatry trainees and all mental health professionals.



June 2009, paperback, 228 pages, ISBN: 978-1-904671-71-8, price £25.00  
(RCPsych members' price: £22.50)



## ORDER FORM – Please complete and return to:

Book Sales, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG, UK. **Tel:** +44 (0)20 7235 2351 ext 146 for enquiries and credit card orders (9:30am–2pm).

**Fax:** +44 (0)20 7245 1231 (please put 'FAO Book Sales' on fax orders).

**Online ordering:** [www.rcpsych.ac.uk/publications](http://www.rcpsych.ac.uk/publications)

**RCPsych members** get a 10% discount.

(Please note pre-payment is required before any items can be sent.)

Book Title	Quantity	Price
<i>Spirituality and Psychiatry</i>		£25.00

**Total £**

**Airmail @ £4.00 per book.** (Postage and packing is free in the UK, and for surface mail to overseas destinations)

## CUSTOMER DETAILS (Please use capital letters)

**Name:** \_\_\_\_\_ **RCPsych mem. no:** \_\_\_\_\_ (if applicable)

**Address:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_

**Daytime Tel:** \_\_\_\_\_ **Email:** \_\_\_\_\_

## PAYMENT DETAILS (Please tick appropriate box)

I enclose a **cheque** for £ \_\_\_\_\_ (payable to 'Royal College of Psychiatrists')

Please debit my:  **Visa**  **Mastercard**  **Maestro** (Maestro only. Issue No: \_\_\_\_\_ or, Valid From Date: \_\_\_\_ / \_\_\_\_)

Card No: \_\_\_\_\_ Expiry Date: \_\_\_\_ / \_\_\_\_ **Signature:** \_\_\_\_\_

Please add me to your **Mailing List** to receive regular information on new RCPsych titles (this may be sent by post or email).

Order online at [www.rcpsych.ac.uk/publications](http://www.rcpsych.ac.uk/publications)

Code: **SAP2**