TRANSGENDER: TIME TO CHANGE
A meeting organised by the
Royal College of Psychiatrists'
Gay and Lesbian Special Interest Group
Friday 20th May, 2011
15 Belgrave Square, London SW1X 8PG

This will be an extremely stimulating meeting exploring the most recent academic, clinical and contemporary thinking on transgender issues, for all people interested in this field.

PROGRAMME

9.30am	**Registration**
10.00am	**Morning session: Chair: Professor Michael King**
10.10am	**Dr Domenico Di Ceglie:** From Disorder to Diversity: Current views and controversies in the management of Gender Identity Disorder in Young People
10.45am	**Ms Julie Bindel** There is no such a thing as a real woman (or a real man, for that matter). A feminist perspective on Gender Identity Disorder
11.20am	**Ms Christina Richards:** Trans: What the empirical literature tells us
11.55am	**Discussion**
12.30pm	**Lunch**
13.15pm	**Afternoon session: Chair: Shawn Mitchell**
13.20pm	**Dr James Barrett**: Disorders of Gender Identity - what works
13.55pm	**Dr Az Hakeem:** Deconstructing Gender and Parallel Processes: Features specific to a Specialist Transgender Psychotherapy Service
14.30pm	**Speaker TBC:** Personal perspective on transgender issues
15.05pm	**Panel discussion – all speakers**
15.30pm	**Finish**
15.45 - 16.30pm	**GLBSIG AGM –** all welcome

CPD Points: up to a maximum of 6 points

SPEAKERS:

Domenico Di Ceglie M.D. Dip.Psychiat (It), FRCPysch
Domenico Di Ceglie is Director of Training Development and Research, Gender Identity Development Service (GIDS) at the Tavistock & Portman NHS Foundation Trust, London and Consultant Child and Adolescent Psychiatrist, Honorary Senior Lecturer, Department of Clinical, Educational and Health Psychology, University College London.

Previously Director, GIDS (1989-2009) and Consultant Child and Adolescent Psychiatrist in the Adolescent Department, Tavistock Clinic; Honorary Senior Lecturer, The Royal Free and University College Medical School, London; Visiting Professor in Adolescent Psychiatry, University of Perugia, Italy (1992-1996); Psychotherapist (retired) Lincoln Centre for Psychotherapy, London.

He has a longstanding interest in adolescence and has worked in adolescent in-patient units and has been widely involved in consultative work to organisations and to professional networks. He has been Organising Tutor of an MA course accredited by the University of East London in Adolescent Mental Health for professionals.

In 1989 he founded a specialist service for children, adolescents and their families facing gender identity issues at St. George's Hospital, London, now based at the Tavistock & Portman NHS Foundation Trust. He was the service Director until March 2009. The GIDS provides a multi-disciplinary service countrywide, consultation, training and research and has been nationally designated and funded by the National Specialised Commissioning Group, UK. He has developed models of care and treatment for children and adolescents with gender identity disorder and has been involved in research projects. He has published papers about his work and edited a book "A Stranger in My Own Body – Atypical Gender Identity Development and Mental Health" (Karnac Books, London). He was highly commended in the Health & Social Care Awards, 2004. He gives frequent lectures in the UK and abroad and has undertaken extensive research in the area of Gender Identity

Julie Bindel, Journalist
Julie Bindel has been involved in campaigning to end violence against women and children for 30 years. She is the co-editor of The Map of My Life: The Story of Emma Humphreys, Astraia Press, 2003, and a number of chapters and papers on topics such as domestic violence and homicide, rape, stalking and harassment, and trafficking and prostitution. She currently divides her time between research and journalism. In 2010 Julie was named by the Independent on Sunday as one of the 100 most influential people from the lesbian and gay community in the UK.

Christina Richards BSc (Hons), MSc, MBPsS, Senior Specialist Psychology Associate
Christina Richards is Senior Specialist Psychology Associate at the WLMHT Gender Identity Clinic (Charing Cross) where she practices individual and group psychotherapy as well as psychological assessment. She is also a part time postgraduate lecturer on sexuality and mental health. She has published several chapters and papers and, along with Dr Penny Lenihan at the WLMHT GIC and Dr Meg Barker at the Open University, will have her first book: *Sexuality and gender for counsellors, psychologists and health professionals: A practical guide* published by Sage in 2012

James Barrett, Lead Clinician, Gender Identity Clinic
James Barrett is a Consultant Psychiatrist and Senior Lecturer and is the Lead Clinician at the West London Mental Health Gender Identity Clinic (Charing Cross). Over the last 25 years working in this field he has assessed and treated about six thousand patients. He is the Editor of and main psychiatric contributor to: Transsexual and Other Disorders of Gender Identity: A Practical Guide to Management, which is the standard text in the field. He is also a General Medical Council Assessor and Supervisor, a College Fellow and Examiner, a keen cyclist and the holder of a British Cheese Society Diploma.

Az Hakeem, Consultant Psychiatrist and Psychotherapist
Az Hakeem has run a specialist psychotherapy service for patients with transgender and other gender identity disorders from the Portman Clinic for over a decade. The service is the only one of its kind in the UK's NHS and covers a national catchment area. Patients are seen for assessment and psychotherapy either individual or group of a modified analytic model specifically tailored for gender identity patients on which he has published numerous papers over recent years.

Az Hakeem is also the Head of The Dartmouth Park Unit, a specialist Mentalization Based Personality Disorder Service which he was instrumental in setting up for Camden & Islington NHS Foundation Trust five years ago. He is a Tutor and external advisor for the College and also delivers teaching to medical undergraduates at University College London. Az Hakeem also works as a psychiatrist for the media and has been involved in a number of television programmes both on and off screen.

REGISTRATION FORM

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RETURN TO: Sue Duncan, SIGs Administrator, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG by no later than **Monday 9th May, 2011**
Email: sduncan@rcpsych.ac.uk

FEES
Fees £75, (includes coffee, lunch and tea).
CANCELLATIONS: Must be notified in writing and no refunds will be given after 9th May.
N.B: BOOKINGS CANNOT BE TAKEN OVER THE TELEPHONE

PERSONAL DETAILS
BLOCK LETTERS PLEASE

Name: …….

Membership No.: ……..

Tel. No.: …….

PAYMENT DETAILS. Places will be confirmed when payment is received with this form.

I enclose a cheque for **£_____**(made payable to the Royal College of Psychiatrists)

CPD Certificates (will be provided, upon request, by the CPD Administrator at the College)