



Broadening horizons: taking time out to work and train in developing countries

**Taking time out and its role in medical
education**

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Summary



The Mission



The Rules

Global Health Partnerships International experience and education for UK Health Workers

Recommendation 7
An NHS framework for international development should ... recognise the value of overseas experience and training and make it easier to gain



Global Health Partnerships International experience and education for UK Health Workers

Recommendation 7
Medical, nursing and healthcare schools should ... ensure ... placements in developing countries are beneficial to the receiving country



Global Health Partnerships International experience and education for UK Health Workers

Recommendation 7
PMETB (GMC) should work with the Department of Health, Royal Colleges, medical schools and others to facilitate overseas training and work experience



- Valuable experience for UK health workers but must fit need of developing countries
- Support recognition of appropriate international experience
- Role of Gold Guide
- Role of GMC
- Part of overall, long term strategic partnership



Out of Programme (OOP)

- Out of Programme Training (OOPT)
- Out of Programme experience (OOPE)
- Out of Programme research (OOPR)
- Out of Programme career break (OOPC)



A Reference Guide for Postgraduate Specialty Training in the UK

Taking time out of programme (OOP)

- Undertaking GMC *prospectively approved* clinical training
 - Training will count towards award of CCT
- Gaining clinical experience, which is not a requirement of the curriculum and not counted towards CCT
- Undertaking Research
- Undertaking planned career break

A reference Guide for postgraduate Specialty Training in the UK

Taking time out of programme for approved clinical training (OOPT)

- The GMC must prospectively approve clinical training out of programme if it is to be used towards a CCT award.
- OOPT will normally be for a period of one year but, exceptionally, up to two years
- Could include overseas posts
- Trainees must submit appropriate evidence competences acquisition required by the specialty curriculum to home Deanery's annual review panel, with an annual OOPT document.

Taking time out of programme for clinical experience (OOPE)

The purpose of OOPE not approved by GMC could be to:

- Benefit the individual so they may experience different working practices or gain specific experience in an area of practice
- Support the recommendation in Global Health Partnerships 2007
- Normally for one year, but can be extended for up to two years with Postgraduate Dean agreement

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Taking time out of programme for career breaks (OOPC)

- Permits a trainee to step out of the training programme for a designated and agreed period of time to pursue other interests
- May be taken after at least one year of specialty training programme successfully completed
- Normally limited to two years, but longer exceptionally with Postgraduate Dean agreement
- Trainees wishing to take longer usually relinquish their NTN and re-apply in open competition for re-entry

Taking time out and its role in medical education

Medical Schools

- Elective period on project overseas
- Many medical schools offer scholarships for specific training attachments abroad
- Some medical schools offer intercalated degrees in International Health
- Medical Students International Network (MedSIN) promotes the introduction of international health in medical school curricula
 - Infectious diseases, emergency medicine, obstetrics and gynaecology, paediatrics and public health



How many go?

Probably 1-2%

Barriers

- Lack of opportunities
 - Prefer OOPT
 - Some VSO approved schemes (e.g. RCPCH)
 - Gaps in rotas/ EWTD
- Lack of supervision
- Lack of funding
- Family commitments

Solutions?

- Planned and programmed OOP for all
- Funded opportunities
- Remote and local supervision
- Technology (skype etc)

What is DH doing?

- Establishing with GMC register of approved training
- Establishing lead Dean for overseas experience
- Establishing college contacts
- Medical Training Initiative scheme

Summary

- Described relevant sections of DH policy on engaging with developing countries
- Explained the rules on OOP

Any Questions please?