

Receiving Talking Treatment for Anxiety or Depression?

Do you want...
more options?
easier access?
shorter waiting times?
...we need to hear your views

This service is participating and will be sending out questionnaires on:

The Royal College of Psychiatrists is running a national project to gather the experiences of the Talking Treatment you receive. We are asking all services to get involved.

Ask your local service, therapist or counsellor about it and help us by filling in a questionnaire.

Find out more from our website: www.rcpsych.ac.uk/napt

National Audit of Psychological Therapies for Anxiety and Depression

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