Foundations of Conversational Model Therapy
(Psychodynamic-Interpersonal Therapy)

Keynote Speaker:
Professor Russell Meares
Emeritus Professor of Psychiatry,
University of Sydney

Friday, 15th March 2013
Manchester Conference Centre
# Psychodynamic-Interpersonal Therapy

**Friday, 15\textsuperscript{th} March 2013**  
**Manchester Conference Centre**

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<td>8.45</td>
<td><strong>REGISTRATION &amp; REFRESHMENTS</strong></td>
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<td>9.15</td>
<td><strong>INTRODUCTION TO THE DAY AND CHAIR: DR. FRANK MARGISON</strong></td>
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<td>9.30</td>
<td><strong>THE EVIDENCE BASE : PROFESSOR ELSE GUTHRIE</strong></td>
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<td>10.00</td>
<td><strong>WHAT HAPPENS IN PI THERAPY? WHAT RESEARCH TELLS US ABOUT PRACTICE: PROFESSOR GILLIAN HARDY</strong></td>
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<td><strong>TEA &amp; COFFEE</strong></td>
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<td><strong>DISCUSSION</strong></td>
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<td><strong>SELF AS A FICTION</strong></td>
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<td><strong>TEA &amp; COFFEE</strong></td>
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<td><strong>THE SYMBOLIC BASIS OF THE CONVERSATIONAL MODEL: DR. JIM MOOREY</strong></td>
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<td><strong>DISCUSSION</strong></td>
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Course Administrator: Wendy Clarke, Rawnsley Building, Manchester Royal Infirmary, M13 9WL  
Wendy.clarke@manchester.ac.uk  Tel 0161-276-5331  Fax 0161-273-2135
The Conversational Model of Therapy, which is also known as Psychodynamic-Interpersonal Therapy, has a strong evidence base for the treatment of conditions such as: depression, medically unexplained symptoms, self-harm and borderline personality disorder.

This one day meeting brings together experts in the research, practice, teaching and theoretical foundations of the model.

The focus of the day will be two keynote addresses by Professor Russell Meares who is Emeritus Professor of Psychiatry at the University of Sydney and is a co-founder of the model together with Dr Robert Hobson.

In his talks, Russell Meares will link theory and practice to delineate his premise that extreme states of disturbance as seen in people with borderline personality disorder, are characterised by a failure of personal synthesis and a lack of coherence. He will draw upon research from psychotherapy, linguistics, child development and neuroscience to delineate a dissociation model of borderline personality disorder. Meares will describe how a particular form of “conversation” which is characterised by what he calls ‘analogical responsiveness’ is a powerful vehicle for change.

The day will also include an overview of the evidence base of Conversational Model Therapy by Professor Else Guthrie, with a particular focus upon new research published in the last 5 years. Professor Gillian Hardy will summarise the psychotherapy process work that has been conducted upon the model, and link this to clinical practice. Dr Jim Moorey will discuss the key role of symbolism in relation to the model, drawing upon the ideas of Hobson, and again linking these ideas to clinical practice.

The meeting will be chaired by Dr Frank Margison who worked closely with Robert Hobson to develop and refine ways of teaching and training therapists in the model. Frank will provide an historical perspective and overview of the model.

The day will be of interest to psychotherapists, counsellors, and practitioners who work with people with borderline personality disorder. It will also be of interest to psychiatrists, clinical psychologists, and any individuals interested in ‘interpersonal’ approaches to treatment.
Russell Meares is Emeritus Professor of Psychiatry at Sydney University, NSW. He is co-founder of the Conversational Model of Therapy with Dr Robert Hobson. His two keynote talks will draw upon his research, practice and theoretical approach to the model. He is author of *Intimacy and Alienation: Memory, Trauma, and Personal Being.* Brunner-Routledge, 2001; *The Metaphor of Play: Origin and Breakdown of Personal Being.* Brunner-Routledge, 2005; *Borderline Personality Disorder and The Conversational Model: A Clinician’s Manual* Norton Series on Interpersonal Neurobiology 2012; *Dissociation Model of Borderline Personality Disorder.* Norton Series on Interpersonal Neurobiology 2012.

Frank Margison is a Consultant Psychotherapist and has been intimately involved in teaching, researching and practicing the Conversational Model of Therapy for over 30 years. He has published widely on the theoretical applications of the model, and the processes involved in teaching, training and supervision of the model.

Else Guthrie is Honorary Professor of Psychological Medicine at the University of Manchester. She has carried out evaluative research on the Conversational Model of Psychotherapy for many years and has published extensively. She runs the Introductory Course in Psychodynamic Interpersonal Therapy which is held in Manchester twice per year.

Gillian Hardy is Professor of Clinical Psychology at the University of Sheffield. She has been involved in several research projects which have evaluated the effectiveness of PI therapy for depression. Her primary interest is the study of how client, problem and relationship characteristics influence therapy processes and outcomes.

Jim Moorey is a Clinical Psychologist who has delivered training in PI Therapy in Manchester over many years and has participated in several of the research trials on PI Therapy. He is particularly interested in the theoretical foundations of PI Therapy.
APPLICATION FORM

Registration Fee: £90 (includes refreshments & lunch)

“Early Bird” Registration Fee of £70 available until 14th December, 2012

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Special dietary request: ...............................................................................................................................................}

Please state where you heard about this conference: .................................................................................................

Payment method:

○ Send cheques payable to “University of Manchester” to Wendy Clarke

○ Credit Card payment available via link:  Link to Credit Card Payment

Please note: Invoice facility is not available

Course Administrator:

Wendy Clarke, Rawnsley Building, Manchester Royal Infirmary, Oxford Road, Manchester M13 9WL
Tel: 0161 276 5331 Fax: 0161 273 2135  Email: wendy.clarke@manchester.ac.uk