



RCPsych in Wales

Message from Helen Matthews, Chair



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Welcome to our third Division newsletter. We have all been influenced to some degree by the changes in planning and delivery of Mental Health and Learning Disability services. Thank you for the opportunity to join many of you at your local postgraduate meetings, the information and opinions received are essential for providing input to consultations, requests for advice and future direction of College activities. I have already fed back to central College departments on examination issues, campaign initiatives and quality/training activities. Within Wales the College has been involved in giving evidence on the Legislative Competence Order in the areas of assessment, treatment, advocacy in Mental Health and ongoing involvement to try to resolve the Approved Clinician processes. Additionally, the College has been invited to contribute to further work to implement the Autistic Spectrum Disorder Implementation Plan, specifically to address the Mental Health needs of people with autism and the interface with the Criminal Justice system; the Integrated Family Support Teams, Welsh Language Group for Mental Health and a NOMS led group to take forward the issues highlighted by the Prison Reform Trusts 'No one knows' report.

National Specialist Advisory Group (NSAG)

As well as re-organisation of local planning and management structures there has been a restructuring of central infrastructure. Wales is unique among the four Nations in having a Statutory advisory route for doctors. The Welsh Division, RCPsych is recognised as a specialty group (NSAG). About twenty sub-groups have this recognition. The NSAG's feed into Welsh Medical Executive Committee. As an NSAG we have been involved in a time limited Secure Services Committee to prioritise recommendations for the Secure Services Review Chaired by Ted Unsworth.

We await the Minister's response to the recommendations.

The All Wales Clinical Programmes strategic initiative includes a discrete Mental Health work-stream, led by Mrs Mary Burrows (Chief Executive, Betsi Cadwaladr UHB). We look forward to opportunities to contribute to this process.

The NSAG was involved in planning a recent symposium at the interface between Mental and Physical Health. The next stage will be to translate the relationships made in setting up and delivering the event into shared work between medical specialities.

The Academy of Royal Colleges in Wales (ARCW)

The RCPsych is a member of the Academy in Wales. Reflecting the political climate of increasing devolution, the Academy is planning its own base in Wales alongside other Royal Colleges who have a Wales base. The Academy provides the Chief Medical Officer and WAG advice on professional issues, e.g. the recent GMC consultation on revalidation. Colleagues in Abertawe Bro Morgannwg and Hywel Dda Health Boards have been involved in revalidation pilot projects. The Welsh Division Executive Committee will concentrate on revalidation issues in its September meeting bringing together WAG leads, pilot leads and central College Officers. I would really appreciate feedback from participants in the pilot studies and from colleagues who have had positive and negative appraisal experiences.

Executive Committee

I wish to thank Julia Lewis (Vice Chair) and Dr Umopathy Sundari (Finance Officer) for their contributions over recent years to the Executive group. Previously, Julia represented Substance Misuse colleagues and Sundari had been an Elected Member and CPD Lead.

Continued:

A warm welcome to Pravir Prasad as Vice Chair and Alka Ahuja as Finance Officer.

I would particularly wish to thank Bapuji Rao for agreeing to be co-opted as Finance Officer during the past year. I am very aware that work commitments make it very difficult to undertake national work and fully appreciate that much of these activities occur as a result of good will.

Congratulations**Academia**

Congratulations to Keith Lloyd in leading the bid for renewing the Mental Health Research Network and subsequently being appointed to Head of the Welsh Assembly Government's National Institute of Social Care and Health Research (formerly WORD). Further congratulations to Mike Owen and Cardiff University colleagues on the developments of the MRC Centre of Neuropsychiatric Genetics and Genomics building on the earlier achievements of being awarded MRC status.

Clinical Management

Best wishes to colleagues who have been appointed to leadership roles in the new Health Boards. Details of a 'who's—who?' can be found later in this newsletter.

College

Genuine congratulations to all new members and successful entrants to the Specialist Register.

The following have been recognised for their contributions by an award of College Fellowship:

Dr Alys Cole-King

Dr David Crossley

Dr Sayed El Sayed

Dr Nahla Jamil

Dr Ita Lyons

Dr Richard Glyn Jones

Dr Elizabeth Margaret Richardson

Dr Azra Tanweer Sabir

Dr John Sandford

Professor Gary Sullivan

Training

With other colleagues, I participated in recent interviews and the recent ARCP round. I was impressed with the caliber of our future and current trainees, particularly as they are embracing ever changing structures. Currently very few of us in Wales are official examiners for CASC, if you are interested, please contact David Flowers on 0207 235 2351 x 6272 or email dflowers@rcpsych.ac.uk.

Celtic Meeting

The RCPsych in Wales is jointly hosting with the Welsh

Psychiatric Society the Celtic Meeting on 7th & 8th October 2010 at the Wales Millennium Centre, Cardiff. The theme is 'Tomorrows Psychiatry, Tomorrows Psychiatrists'. Mindful of recruitments and retention issues, we are hoping to include as many trainees as possible in the conference. We are delighted that the WPS is celebrating its 50th Anniversary within the event. A reception and guest lecture will be kindly hosted by the Minister for Health and Social Services, I do hope you will be able to participate in this event.

Finally, my thanks to Siobhan Conway who has been essential in drawing together the various functions of the Division as indicated by the development of the newsletter and web pages.

Helen

Vacancies

Regional Adviser and Deputy Regional Adviser, RCPsych in Wales

The Terms of Office of the current post-holders Gary Sullivan and Helen Matthews is coming to an end in October 2010. Expressions of Interest are welcomed to the RCPsych in Wales offices on 02920 489 006

For informal discussion on the roles please contact Gary Sullivan at gary.sullivan@wales.nhs.uk and Helen Matthews at helen.matthews@wales.nhs.uk.

Chair, Faculty of Liaison Psychiatry, RCPsych in Wales

The above post is currently vacant. The RCPsych in Wales would like to thank the outgoing Chair, Dr Stephen Davies for his hard work and commitment in this role.

Expressions of Interest should be directed to the Office in Wales on 02920 489006 or email sconway@welshdiv.rcpsych.ac.uk

Chair, Faculty of Old Age Psychiatry, RCPsych in Wales

The above post is current vacant. The RCPsych in Wales would like to thank the outgoing Chair, Dr Kath Williamson for her hard work and commitment over the past 4 years.

Expressions of Interest should be directed to the Office in Wales on 02920 489006 or email: sconway@welshdiv.rcpsych.ac.uk

Policy Unit Opportunity 2010–2011

Senior Trainees, ST4–ST6 are invited to use some of their special interest/management training time attached to the Policy function of the Welsh Division for a one year period from September 2010. Current projects include working with the Colleges Central Quality Unit on outcome measurement and, in Wales specific work on linking Mental Legislation and services for people with developmental disorders. Trainees need to be ideally able to commit an equivalent of one session per week at 25 days a year.

As well as taking a lead on specific projects there will be multiple opportunities for the trainee to shadow senior Officers in College and external committees.

Professor Gary Sullivan, Head of Specialty School fully supports this initiative as an opportunity for trainees to be engaged in policy work. Interested candidates are asked to contact Helen Matthews or Siobhan Conway before 30th July 2010. Informal queries are welcome. Attempts will be made to ensure all candidates are supported to have enhanced policy experience. Appointment to the designated post will be based on informal interview held in early August. Most of the activity occurs via electronic and telephone communication. However, the trainee would need to be able to travel to Cardiff and London on occasion.

Missing Welsh Division Records Appeal for information.

This is an appeal to all members for the recovery of the Welsh Division records which went missing around 2003/4 when the Divisional office was moving from the Postgraduate Medical Centre, Whitchurch, Cardiff to the current premises in Baltic House, Mount Stuart Square.

The missing records are for the period from 1973 to 1990. They consist of:

- Agenda and minutes of meetings of the Welsh Division, and Advisory Sub-Committee for Mental Health in Wales, 1973-1978
- Reports, notes and papers for the Welsh Division and Advisory Sub-Committee for Mental Health, 1973-1978
- Welsh Division Executive Committee Minutes and papers 1986-90
- Welsh Newsletter, 1974-1984
- Rawnsley Lecture: Correspondence, 1985-1990
- Research Prize: Correspondence on establishment of Division's Research Prize
- Programmes for Welsh Division conferences and sectional meeting
- Welsh Division: Correspondence, 1986-1990

These records contain important historical information about the development of the Welsh Division. Any information leading to the recovery of these records will be very much appreciated.

For further information about this appeal please contact: Francis Maunze, College Archivist on: tel - 020 7235 2351 ext 6169, email – fmaunze@rcpsych.ac.uk

Psychiatrist of the Month—Professor Rob Poole



Rob Poole has been Professor of Mental Health at Glyndwr University, Wrexham (and Honorary Consultant Psychiatrist at Betsi Cadwaladr University Health Board) since June 2009. He grew up in Kidbrooke, South East London. After two years preclinical training at Kings College London, he moved to South West London to become a medical student at St George's Hospital, where he also trained in psychiatry. He completed his psychiatric training in Oxford. From 1988—2004 he was Consultant General Adult Psychiatrist in central Liverpool, followed by five years in rural North East Wales. His special interests are varied (homelessness, mentally disordered offenders, substance misuse and mental illness, the fate of people with intractable psychosis, service configuration and development) but they are linked by his interests in the effects of social deprivation and in the dissemination of good clinical skills. He has recently been involved in controversy in his opposition to the Colleges Spirituality and Psychiatry Special Interest Group over the place of spirituality in clinical practice.

1. *Tell us something about yourself that other people do not know.*

I have a secret love of classical Hollywood musicals. If I had to choose my favourite it would be 'Gigi' (a 1958 film directed by Vincent Millenni based on the 1944 novel of the same name by Colette). Taken with allegedly effeminate hand gestures, this has led my children to wonder if I am gay.

2. *What trait do you deplore in others?*

Intolerance and bigotry, especially racism. And I don't much like the tendency of some people to side with the strong against the weak.

3. *Tell us about either a film or a book that left an impression on you.*

'Tender is the night' by Scott Fitzgerald. It's often cited as the best American novel of the Twentieth Century, but I like it because its incredibly well written and concerns the moral decay of a bright young psychiatrist.

Within Psychiatry, I'd have to go for the single author editions of 'Organic Psychiatry' by Alwyn Lishman. The book is an astonishing piece of authoritative scholarship, with a broad minded approach to psychiatry. It's so well written that you can read it for pleasure.

With regard to films, 'Taxi Driver' is Scorsese's best film and it's an extraordinary exposition of narcissistic psychodynamics. Which, as it turns out, are rather prevalent in academia.

4. *When not being a psychiatrist, what do you enjoy?*

I'm a musician, and this is a source of pure pleasure. I'm a good guitarist and an adequate keyboard player. I have been in gigging bands since I was 15, but I've been so unsuccessful that I have been forced to work as a psychiatrist in order to pay for the equipment. The current band is a 4-piece called 'The Chester Burn-Ettes'. We play around North Wales and Merseyside in pubs and clubs, and we are much appreciated by middle aged drunks. It's high

energy blues and Americana, a kind of fusion of early Dr Feelgood and Ry Cooder. Or that's what we tell ourselves.

5. *Which people have influenced you most?*

I think I must be unusually impressionable because loads of people come to mind. I'll narrow it down to a few people without whom everything would have been difference:

Tony Dornhorst was at the end of his career as Professor of Medicine at St George's Hospital when I was a student, but I had three placements with him. His main claim to fame now would be in coining the terms 'pink puffers' and 'blue bloaters' for people with respiratory problems. He was a shy man with really fine observational skills who brought a keen analytical intelligence to every clinical problem. This was a contrast with a lot of what I saw at medical school. He set a standard of intellectual rigor in clinical practice which I would aspire to, but have rarely matched.

As a psychiatrist, I bear the indelible mark of early contact with Dr Aggrey Burke, a brilliant maverick. I was a medical student and SHO with Aggrey, and I learnt a lot about independent mindedness from him.

Professor Arthur Crisp had a complicated impact on my life with both positive and negative effects. He unwittingly made me decide not to follow a career as a clinical academic. When I passed MRCPsych, Arthur presented me with a detailed 7 year career plan, which I rejected. He forgave me for my defiance, not for the first time.

Lynne Edwards was my teacher from age 9—11. She rescued me from academic underachievement and from being the second naughtiest boy in the school. Good teachers can transform lives. I am still in touch with Lynne; she has gone on to international fame as a teacher of, and writer about, quilting.

At least as profound as any of these has been Jimi Hendrix, who turned a light on in my head when I was 14, and nothing was ever the same again. Favorite

Rob Poole Cntd....

Track? Much as I love the noisy stuff, I prefer his quieter material. 'Little Wing'.

6. *If you were not a psychiatrist, what other profession would you choose?*

I have never wanted to be a professional musician; music is for pleasure. At 16 my second choice of career was journalist. I haven't completely abandoned my ambition to write. Bob Farquhar is Dr Sue Ruben's husband, a ridiculously talented comedy playwright (go and see his plays if you can). Bob and I have been working on a screenplay very slowly for several years, which has taught me a huge amount. I'm not sure what effect it has had on him.

7. *How would you like to be remembered?*

Legacy is very unpredictable, and for most of us being remembered is neither possible nor desirable. However, I would like those who have known me to remember that I aspired to integrity and independent mindedness. Otherwise somewhere out in the world there are a few thousand copies of the two books that I have written with Robert Higgo. For better or worse, they clearly describe the type of psychiatry that I believe in.

Professor Rob Poole

Wales Student Psychiatric Society

The Wales Student Psychiatric Society has a facebook account of the same name and an email address WPSP@live.co.uk

The Society is holding a meeting on 7th September and Professor Dinesh Bhugra, President, RCPsych and Dr Mike Shooter, Past President, RCPsych will be speaking. Details are yet to be confirmed, but you will be notified via email nearer the time.

The Society are always looking for support and anyone interested can contact Ben Shooter at: docshooter@hotmail.co.uk

ACCEA AWARD ROUND 2011

Members are reminded that the closing date for ACCEA applications is 5pm, Monday 26th July 2010. Application forms and guidance notes can be downloaded at:

<http://www.rcpsych.ac.uk/members/yourmembership/awards2011.aspx> and applications should be sent to:

Sue Duncan, Awards Administrator, The Royal College of Psychiatrists, 17 Belgrave Square, London, SW1X 8PG.

Fellowship to the College

Members are reminded that the closing date for Fellowship nominations is 31st July 2010. Nominations forms and guidance can be found at: <http://www.rcpsych.ac.uk/members/aboutmembership/collegefellowship.aspx>

And applications should be sent to:

Liz Atkinson, Membership Development Manager, The Royal College of Psychiatrists, 17 Belgrave Square, London, SW1X 8PG

Faculty meeting dates 2010

(If your Faculty meeting date does not appear on this list, please contact your Faculty Representative as detailed on page 11 of this newsletter)

- Faculty of Forensic Psychiatry—12th November 2010 (provisional date)
- Faculty of Child and Adolescent Psychiatry— 22nd October 2010, Llangammarch Wells
- Section of Neuropsychiatry—September 10th 2010

Connecting with People
Training in Suicide awareness
Dr Alys Cole-King



Introduction to the Connecting with People Suicide Awareness Training

The *Connecting with People* training is evidence-based and uses a mixture of lecture style presentation and facilitated discussion sessions. The flexible, modular form of the training enables it to be continuously updated to incorporate new research, and tailored to the needs of healthcare, non-NHS and third sector organisations.

Overview of the training

The main objective of *Connecting with People* is to increase empathy, reduce stigma and enhance participants' ability to talk to someone who has suicidal thoughts or following self harm, and equip them with simple distress reducing techniques.

The training is designed for individuals working both within and outside specialist services. In order to increase the relevance and impact of the training and hence increase its take up, different versions of which are tailored to different sectors.

The College Education and Training Centre (CETC) is pleased to announce that it will be delivering two versions of the Connecting with People Training:

One day Suicide Response Training, aims to:

- Support Specialist NHS Teams;
- Enhance skills of assessing and responding to suicidal thoughts using transparent and collaborative frameworks;
- Improve ability to conduct an effective assessment and instigate a safe, clinically appropriate management plan;
- Make assessing individuals with suicidal thoughts more transparent by using the *Cole-King Continuum* and *Mitigation Framework* which promote a collaborative assessment and response to an identified suicide risk. This approach is recommended in the Department of Health National Risk Management Programme. Best practice in managing risk. London: Department of Health; 2007.
- Promote realistic ways for dealing with very distressed suicidal individuals in a busy morning clinic/ward setting/home visit. Simple instillation of hope strategies using the *C-K Bank of Hope*;

Suitable for psychiatrists and specialist mental health teams.

The One day Connecting with People General Hospital/Emergency Department Suicide Awareness Train the Trainer Programme aims to:

Develop capability to deliver the Connecting with People 2 hour Suicide Awareness Training suitable for General Hospital professionals including:

- Medical students and general nursing students;
- Emergency Departments;
- Foundation year 1 and 2 doctors;
- General hospital medical and nursing professionals.

Connecting with People 2 hour Suicide Awareness Training aims to:

- Create empathy and challenge stigma by helping participants develop their understanding of suicidal behaviour;
- Promote understanding of the ambivalence of suicidal individuals;
- Develop an empathic, therapeutic relationship in a demanding and time pressured environment;
- Introduce the user friendly *Cole-King Continuum*, a framework designed to demystify the process of talking about suicidal thoughts;
- Promote a professional's or carer's role in suicide prevention.

This course will be suitable for experienced practitioners with relevant experience including a good understanding of the general hospital and ED, credibility to deliver the session and the potential to have excellent facilitation skills.

Dr Alys Cole-King, cntd...

- Meet the need for concise, clinically based training on suicide and self harm for busy General hospital and Emergency Department professionals;
- Build up local capability to deliver training in suicide awareness to people who would not normally attend;
- Attract more people onto more in depth training ie CETC 1 day training in self harm, the Applied Suicide Intervention Skills Training (ASIST) Program, STORM (skills-based training in risk assessment and management of suicide and self-injury);
- Be sustainable and time-efficient, needing less time for professionals to be released from frontline and clinical duties, and affordable given the current spending climate and reduced training budgets;
- Provide different versions tailored to the needs of the general hospital, Emergency Department and students in order to increase the relevance and impact;
- Respond to the need for delivering sustainable, greener training as it builds up local capability and is delivered on site;
- Help to create a common language between organisations and community groups, to ensure support, both for people experiencing suicidal thoughts and those assisting them;
- Increase the consistency of messages across different sectors;
- Improve the consistency of response at the point at which people are requesting help;
- Encourage more joined up working between services;
- Provide a platform for rapid dissemination of the training;

It is envisaged that wide dissemination of the training will contribute to the development of a common language concerning suicidal thoughts and self-harm. Consistency of language and response across different sectors and more joined up working between services are key to improving the support available to people experiencing suicidal thoughts and those assisting them, in both the statutory and voluntary sectors.

Evaluation

Feedback from participants in the training has so far been overwhelmingly positive and early indications are that the training is having a very positive impact in changing the hearts and minds of medical professionals, leading to a more patient centred approach. This is also supported by anecdotal reports from patients.

- **99%** (403/409) rated the quality of the presentation as 'very good' or 'good'
- **93%** (351/379) increased their understanding of self harm and suicidal thoughts
- **93%** (258/277) increased self reported empathy
- **95%** (215/226) now believed, following the session that they had a role in suicide prevention

For more information and enquiries please contact Emma George, Training Programme Manager

Tel: 020 7977 6654 or email: egeorge@rcpsych.ac.uk

Mental Health Research Network Cymru

The Mental Health Research Network Cymru welcomes its new Director as Professor Peter Huxley takes the helm. Peter is based in Swansea University and is a Professor of Social Work and Social Care. He has an international reputation in the field of social care and mental health for his work on common mental disorders and the pathway to care, quality of life measurement, social care workforce research, and more recently the measurements of social inclusion. The network's diverse research areas and teams look forward to continuing benefits from his leadership.

Congratulations to Professor Keith Lloyd

Keith Lloyd, RCPsych in Wales Executive Member and Chair of the Welsh Psychiatric Society has been appointed as Head of the Welsh Assembly Government's National Institute for Social Care and Health Research (formerly WORD). NISCHR aims to improve the health and wealth of the people of Wales by supporting high quality Research and Development to inform policy and benefit patients and the public.

Prior to taking on his new role Keith, a Professor in Psychological Medicine at Swansea, was also one of two Directors for the Institute of Life Science at Swansea University and the former Director of the Mental Health Research Network Cymru (MHRN-C).



**Welsh
Psychiatric
Society**
Cymdeithas
Seiciatregol
Gymreig

Welsh Psychiatric Society

The WPS is 50 this year, and is pleased to be celebrating its anniversary at the RCPsych Celtic Division's meeting on 7th & 8th October 2010. The Welsh Psychiatric Society began as a forum for psychiatrists working in Wales to meet regularly to discuss matters of mutual interest and to further the aims of psychiatry in Wales. Its network continues to flourish 50 years later, with clear strong aims of promoting all cultural and scientific aspects of psychiatry in Wales and

linking with colleagues in other Celtic Countries.

If you are interested in joining the WPS please contact Alison Lewis at: a.lewis@swansea.ac.uk or call 01792 602335 or visit the website at: www.wps.swansea.ac.uk

Welsh Language Scheme

Dr Elin Walker-Jones, Betsi Cadwaladr University Health Board

New Initiative for Mental Health Services

The Welsh Assembly Government is committed to providing a more responsive Mental Health Service for service users in Wales. The Deputy Minister for Health, Mrs. Gwenda Thomas has set up a Mental Health Task and Finish group, to explore issues pertaining to providing bilingual services for mental health service users in Wales. Specifically, we will be looking at the Dementia Plan., the CPA, and the Mental Health strategy that is being reviewed this year. The Task and Finish group is made up of representatives of health professionals currently working in Mental Health services in Wales, as well as representation from the third sector and service users representation. As Welsh is one of the two official languages in Wales, it is important that we develop bilingual services in accordance with Welsh legislation. Evidence suggests that health services are traditionally ethnocentric, yet meeting service users' linguistic needs in a therapeutic context serves only to increase the efficacy of therapy.

One of our first tasks as a group is to map available services, and so, we are asking all mental health professionals across Wales to complete the Welsh Language questionnaire regarding Welsh Language skills. It is very short. Please complete the survey, so we can work out who is able to deliver what service in what specialty and in which geographical area. We look forward to receiving your responses as soon as possible! Many thanks in advance for your co-operation with this initiative! You will probably be contacted by the Welsh Language Lead within your organisation. Information about the language skills of individual members of staff will be made available only to the Service Managers. The information provided will help to develop and implement the Welsh Language Scheme and to identify any shortages of bilingual staff.

It is important that you complete the questionnaire whether you have any Welsh language skills or not. If you hold more than one job with your organisation, please complete a questionnaire for your 'main' job only, i.e. the job that you spend the most of your time doing.

For a copy of the full questionnaire and further details, please contact Elin.walker-jones@wales.nhs.uk

You will be sent a brief list of questions shortly via email—please take the time to respond and return your comments to sconway@welshdiv.rcpsych.ac.uk

Welsh Language Scheme Survey of Welsh Language Skills

Why conduct a Survey of Welsh Language Skills?

All Health Boards are required to report annually to the Welsh Language Board on the number of percentage of Welsh speaking staff in Service areas.

If you have not been approached by your organisation we would like you to contribute to the survey, a copy can be obtained from Elin Walker -Jones, as above.

A flyer for our free conference follows and we would welcome participation from psychiatrists across Wales including from doctors in training.

CONFERENCE

Psychological Well Being, Mental Health and Language

Monday 6th September 2010

In association with:
**DCP Cymru and
 The Royal College of
 Psychiatrists**



Introduced by: Mrs. Mary Burrows, MBE, Chief Executive of the BCUHB

Keynote Speaker:
Professor Dinesh Bhugra,
President of the Royal College of Psychiatrists

SPEAKERS:

- Dr Dilys Davies - Clinical Psychologist and Author
- Mr. Hywel Williams - Member of Parliament
- Ms. Angharad Tomos - Author, Political Activist

Free registration from 9.30 am onwards

VENUE:
 Teaching Rooms 3& 4, Lecture Thetare 1, Wheldon Building, Bangor University,
 Deiniol Road, Bangor.

Spaces are limited, so first come first served! (The sooner you can register, the better!)
 Enquiries: Dr Elin Walker Jones 07799342738

I will/I will not be attending the conference.

Name:.....

Email address:.....

PLEASE RETURN THIS SLIP TO: Elin.walker-jones@wales.nhs.uk



**Celtic Divisions
Meeting 2010**
*Tomorrows Psychiatry,
Tomorrow's Psychiatrists*

**7th & 8th October
Wales Millennium Centre
Cardiff**



50th Anniversary

The Welsh Division of the Royal College of Psychiatrists is jointly hosting the Celtic Divisions Meeting with the Welsh Psychiatric Society. Colleagues from Scotland and Northern Ireland will be attending. The Irish College of Psychiatrists and Colleagues from Brittany will also be involved.

The Welsh Psychiatric Society will be celebrating its 50th Anniversary within the event.

This is a major event in the Psychiatric calendar for 2010 and we are expecting maximum attendance from all jurisdictions.

This is a two day event:

Confirmed speakers:

- Professor Dinesh Bhugra, President, RCPsych
- Professor Bruno Millet, Head, Dept of Psychiatry, Guillaume Regnier Hospital, Rennes, France
- Dr Justin Brophy, President, College of Psychiatry of Ireland

Day one:

- Morning session: Celtic Launch of College Report 'Risk of Suicide and Self Harm'
- Afternoon session: Training tomorrows psychiatrists

Day 2:

- Morning session: Trainee session for poster and oral presentations and new frontiers in psychiatry
- Afternoon session: New research hosted by MRC Centre for Neuropsychiatric Genetics and Genomics

Evening events:

Wednesday 6th October

- The WPS will be holding its 50th Anniversary Dinner. For details please contact a.lewis@swansea.ac.uk

Thursday 7th October

- **6pm—Reception hosted by Ms Edwina Hart, MBE AM Minister for Health and Social Services, Pierhead Building, Cardiff Bay**
- 6.30—7.30 Welsh Psychiatric Society Inaugural Ernest Jones Lecture presented by Lady Brenda Maddox
- 8pm for 8.30 Celtic Divisions Dinner, St David's Hotel and Spa, Cardiff Bay

Conference fees are:

Consultant fee: £130 per day

Trainee/retired fee: £90 per day

This event has a maximum capacity of 120 delegates per day. You are advised to book early to avoid disappointment.

Please contact sconway@welshdiv.rcpsych.ac.uk for details on how to register, submit an abstract or programme details

Who's Who in the new NHS Health Board Structures?

Clinical Programme Directors:

- Dr Tegwyn Williams, Clinical Director for Mental Health Services, Abertawe Bro Morgannwg University Health Board
- Dr Huw Griffiths, Clinical Director for Mental Health, Directorate Manager, Cwm Taf Health Board
- Dr Danny Antebi, Divisional Director for Mental Health and Learning Disabilities, Aneurin Bevan Health Board
- Dr Giles Harborne, Chief of Staff, Mental Health and Learning Disabilities, Betsi Cadwaladr University Health Board
- Dr Carl Hooper, Clinical Programme Lead for Mental Health and Learning Disabilities, Hywel Dda Health Board
- *Cardiff and Vale University Health Board are yet to appoint.*

Who's Who in RCPsych in Wales?

Executive Committee Members

- Dr Helen Matthews - Chair
- Dr Pravir Prasad - Vice Chair
- Dr Alka Ahuja - Financial Officer
- Dr Mick Dennis - Elected Member
- Dr Giles Harborne - Elected Member
- Dr Ray Jacques - Elected Member
- Professor Keith Lloyd - Elected Member
- Dr Clare Lamb - Chair, Faculty of Child and Adolescent Psychiatry
- Dr John Sandford - Chair, Faculty of Forensic Psychiatry
- Dr Carl Hooper - Chair, Faculty of Psychotherapy
- Dr Mark Winston - Chair, Faculty of General and Community Psychiatry
- Dr Glyn Jones - Chair, Faculty of Learning Disability Psychiatry
- Dr Rhoswen Hailwood - Chair, Faculty of Rehabilitation Psychiatry
- Professor Mick O'Donovan - Chair, Faculty of Academic Psychiatry
- Dr Raman Sakhuja - Chair, Faculty of Substance Misuse Psychiatry
- Professor Gary Sullivan - Regional Adviser, RCPsych in Wales
- Professor Richard Williams— Education, Training and Standards Committee Representative
- Dr Robert Colgate - Public Education Officer
- Dr Ian Jones - Chair, Perinatal SIG
- Professor Mike Kerr - Chair, Neuropsychiatry SIG
- Dr Sarah Watkins - Welsh Assembly Government Representative
- Mr Alan Meudell - Service User Representative

All queries should be directed to:

Siobhan Conway
Manager, RCPsych in Wales
Baltic House
Mount Stuart Square
Cardiff
CF10 5FH
Tel: 02920 489006
Email: sconway@welshdiv.rcpsych.ac.uk



If you would like to submit an article for the next RCPsych in Wales newsletter which will be published in December 2010, please email the office with the relevant information by 30th November 2010.



Llywodraeth Cynulliad Cymru
Welsh Assembly Government



***The Second Annual Cardiff
SUMMER SCHOOL FOR BRAIN DISORDER RESEARCH
September 20th—23rd 2010***

Aimed at clinical trainees and non-clinical scientists, the Summer School provides a unique opportunity to learn about approaches to studying brain disorders, and the opportunities available to pursue a career in research, from leading experts in the field.

The School is free for those selected to attend and bursaries will be available for travel and accommodation. The venue is Cardiff MRC Centre for Neuropsychiatric Genetics and Genomics, Cardiff University, University of Wales Hospital, Cardiff.

The deadline for applications is 5pm, Friday 16th July 2010. For further information and application forms please email: CardiffPsychResearchSummerSchool@cf.ac.uk

The RCPsych in Wales wishes to thank all contributors to this issue of the newsletter