

## National Trainees' Conference 2024: Next Generation

**Date:** Thursday 25 April and Friday 26 April 2024

**Venue:** Cloth Hall Court, Leeds, LS1 2HA

Time	Session	Thursday 25 April 2024
08.45 – 9.30am		<b>Registration &amp; Refreshments</b>
9.30 – 9.50am	Welcome	<b>Introduction &amp; Welcome</b> Dr Lade Smith, RCPsych President (recorded welcome) Dr Laura Thorn, Chair, Psychiatric Trainees' Committee
9.50 – 10.20am	Keynote	<b>Workforce Wellbeing in a Post-Covid Era</b> Professor Subodh Dave, RCPsych Dean
10.20 – 10.50am	Keynote	<b>Maximising your Portfolio</b> Dr Paul Emmerson
10.50 – 11am	Keynote	<b>RCPsych Library</b> Fiona Watson
11 – 11.30am		<b>Break</b>
11.30am – 12.15pm	Keynote	<b>Neuropsychiatry; Clinical essentials and Career Conundrums</b> Dr Rachel Thomasson
12.15 – 1pm	Keynote	<b>Nature-based Interventions for Mental Health: From Evidence to Practice</b> Professor Peter Coventry
1 – 1.50pm		<b>Lunch</b>
1.50 – 2.30pm	Keynote	<b>You don't have to be mad to work here: Staying sane in NHS Psychiatry</b> Dr Benji Waterhouse
2.30 – 3.30pm		<b>Parallel Workshops</b> (delegates select 1 workshop)
	Workshop 1	<b>Flexible, Integrated and Inclusive Careers: The Alternative Pathway</b> Dr Lily Read Dr Jennifer Gilligan
	Workshop 2	<b>Transcultural Psychiatry: Celebrating Our Differences and Sharing Our Similarities</b> Dr Christiana Elisha-Aboh Dr Nazish Hashmi
	Workshop 3	<b>Nature Workshop</b> <i>Speaker tbc</i>
	Workshop 4	<b>The Role of the Psychiatrist in Gender Healthcare</b> Dr Philippa Mason
3.30 – 4pm		<b>Break</b>

4 – 4.30pm	Keynote	<b>Psychiatry Matters in the End: Exploring Palliative Care Psychiatry</b> Dr Felicity Wood
4.30 – 5pm	Keynote	<b>Title TBC</b> Dr Becky Inkster
5pm		<b>Close of Day</b>
6pm onwards	Fringe Event	<b>Drinks Social</b> Venue tbc

Time	Session	Friday 26 April 2024
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7.30am	Fringe Event	Group Run
8 – 9am	Fringe Event	Yoga Session with Yanar Alkayat
8.45 – 9.30am		<b>Registration and Refreshments</b>
9.30 – 9.50am	Welcome	<b>The Future of Psychiatry</b> Dr Wendy Burn
9.50 – 10.20am	Keynote	<b>Data and Digital Literacy</b> Dr Ross Runciman
10.20 – 11.20am		<b>Parallel Workshops</b> (delegates select 1 workshop)
	Workshop 1	<b>Mental Health and Wellbeing of Refugees and Asylum Seekers</b> Anne Burghgraef
	Workshop 2	<b>How To Publish a Journal Article</b> Dr Asilay Seker Dr Mariana Pinto da Costa
	Workshop 3	<b>Relational Prescribing: The How (not only What) to Prescribe</b> Dr Dimitrios Chartonas David Rogalski
	Workshop 4	<b>Understanding Gambling Disorder and Its Treatment</b> Dr Matthew Gaskell
11.20 – 11.50am		<b>Break</b>
11.50 – 12.25pm	Keynote	<b>Trauma Informed Care: What's It All About?</b> Dr Anna Cheetham
12.25 – 1pm	Keynote	<b>Psychiatry and Human Rights: the science, the politics, and the humanity</b> Professor Piyal Sen
1 – 1.50pm		<b>Lunch</b>
1.50 – 2.25pm	Keynote	<b>Reclaiming My Career After a Decade Away</b> Dr Charlotte Heaps
2.25 – 3pm	Keynote	<b>Neuroimmune Therapeutics in Psychiatry: Moving Towards Personalised Medicine in Psychiatry</b> Dr Inti Qurashi

<b>3 – 3.20pm</b>		<b>Break</b>
<b>3.20 – 4.20pm</b>	Panel	<b>A Life in Psychiatry</b> Chair: Prof John Crichton
		Dr Pearl Hettiaratchy Professor Femi Oyebode Dr Jan Birtle
<b>4.20 – 4.30pm</b>		Poster Winner Announcement
<b>4.30pm</b>		<b>Close of Day</b>

*\*Please note this is a draft version of the programme. Conference organisers reserve the right to change the programme without prior notice.*