Royal College of Psychiatrists’ briefing
Analysis of first COVID-19 RCPsych member survey

April 2020

The Royal College of Psychiatrists issued a survey to its members working in the National Health Service across the United Kingdom. It was in the field from Wednesday 15 April until the morning of Friday 17 April.

1,685 completed responses were received from across the UK out of a total available sample of c12,900, which equates to a response rate of 13%.

This summary will focus on the results regarding the accessibility of personal protective equipment (PPE) and availability of COVID-19 testing for patients, members of the household with symptoms and our members themselves with symptoms.

Access to the correct level of personal protective equipment (PPE)

Across the UK, 60.1% of all respondents were able to confirm that they had access to the correct personal protective equipment (PPE), equivalent to 1,009 of 1,680 College members that answered the question (three responses were available – ‘yes’, ‘no’ or ‘don’t know). If ‘don’t know’ responses are excluded from the analysis, the percentage of ‘yes’ answers increases to 72.4% (1,009 of 1,394).

More than one in five respondents confirmed they did not have access to the correct PPE, regardless of whether ‘don’t know’ responses are included (22.9%, 385 of 1,680) or excluded (27.6%, 385 of 1,394).

Data was collected for each of the eight Royal College of Psychiatrists regions across England (Eastern, London, North West, Northern & Yorkshire, South Eastern, South West, Trent, West Midlands) to also identify whether there were more significant concerns in some areas more than others.

Charts 1 and 2 below illustrate the extent of the regional and nationwide variation. The proportion of affirmative responses ranged from only 47.3% in Wales (35 of 74) to 67.2% in the South West of England (119 of 177). South West remains the
region with the largest percentage of ‘yes’ responses when ‘don’t knows’ are excluded (81.0%), with Wales remaining the area with the greatest level of concern under this approach (only 62.5% of responses being positive).

Chart 1 – Can you access the correct level of PPE? All responses from across the UK and each of the RCPsych regions, 15-17 April 2020
Access to COVID-19 testing

College members were also asked to confirm the availability of testing for three specific groups: patients, as per current testing guidance; members of their household with COVID-19 symptoms; and themselves if they developed COVID-19 symptoms.
With all responses factored in, only 53.6% of members (886 of 1,653) across the UK were able to confirm that their patients could access COVID-19 tests when required, ranging from 43.8% in the South Eastern region of England (78 of 178) to 70.9% in Scotland (127 of 179). Alternatively, if ‘don’t knows’ are excluded, 75.2% of members (886 of 1,178) that were able to confirm whether tests for patients were available indicated that they could. Percentages varied from 62.4% in South Eastern (78 of 125) to 91.4% in Northern Ireland (32 of 35). Full results are illustrated below in Charts 3 and 4.

**Chart 3 – Are you able to access COVID-19 testing that you need for your patients, as per current testing guidance? All responses from across the UK and each of the RCPsych regions, 15-17 April 2020**

[Bar chart showing distribution of responses across regions]
A mere 30.0% of respondents (495 of 1,648) were able to confirm that members of their own household with symptoms had access to tests, with percentages of ‘yes’ responses varying from 17.8% in the South West of England (31 of 174) to 66.0% in Northern Ireland (31 of 47).

Meanwhile, even if ‘don’t know’ responses are excluded, the overall percentage of positive answers to this question nationwide was still only 44.0% (495 of 1,126), ranging from 27.2% in the North West of England (28 of 103) to 79.5% in Northern
Ireland (31 of 39). Only one region in England – Northern & Yorkshire - had a majority of definitive answers that were ‘yes’, at 52.0% (91 of 175).

The full set of results are captured in Charts 5 and 6 below.

**Chart 5 – Are you able to access COVID-19 testing that you need for members of your household with symptoms?**

*All responses from across the UK and each of the RCPsych regions, 15-17 April 2020*
A small majority of all members across the UK that responded were able to confirm that they themselves had access to a test if they had symptoms (50.9% or 841 of 1,653), with regional rates of ‘yes’ answers varying from 32.7% in Eastern (37 of 113) to 89.4% in Northern Ireland (42 of 47). This question had the smallest number of ‘don’t know responses’, but it remained almost one in four (24.0%). Once these are excluded from the analysis, 67.0% of the members providing definitive
responses nationwide confirmed they could access tests in such circumstances (841 of 1,256), with a considerable discrepancy found between the region with the lowest percentage of ‘yes’ responses (Eastern at 46.8%, or 37 of 79) and the highest (Northern Ireland, at 97.7% or 42 of 43). Full results are illustrated in Charts 7 and 8 below.

Chart 7 – Are you able to access COVID-19 testing that you need for yourself, if you have symptoms? All responses from across the UK and each of the RCPsych regions, 15-17 April 2020
Chart 8 – Are you able to access COVID-19 testing that you need for yourself, if you have symptoms? Definitive responses only from across the UK and each of the RCPsyh regions, 15-17 April 2020
**Adjustments to normal job plans**

England is the only country with a majority of respondents confirming they were working their normal job plan (54.2%, or 750 of 1,383). The percentages responding 'yes' in the other nations were as follows: 45.9% in Wales (34 of 74); 40.4% in Northern Ireland (19 of 47); and 31.7% in Scotland (57 of 180).

The remainder of this section will analyse the 'no' responses only and therefore it needs to be noted that the percentages are based on just the share of that group:

- The most frequently cited reasons for not currently working normal job plans across the UK were: 'altered timetable due to reconfiguration of services' (48.4%, 398 of 823); and either 'working remotely' or 'self-isolating because of being in a high risk group and working remotely' which have been combined for this analysis (34.0%, or 280 of 823).
- England is the nation with the lowest proportion of respondents selecting 'altered timetable due to reconfiguration of services', at 42.6% (269 of 632), compared to 52.5% in Wales (21 of 40), 71.4% in Northern Ireland (20 of 28) and 71.5% in Scotland (88 of 123). Across the English regions only, the percentages ranged from 34.8% in Northern & Yorkshire (32 of 92) to 58.1% in Trent (18 of 31).
- Remote working across the two choices above combined was selected most frequently in England (38.3% or 242 of 632), followed by Wales (35.0% or 14 of 40), Northern Ireland (17.9% or 5 of 28) and Scotland (15.4% or 19 of 123). The regional percentages range from 34.7% in South West (34 of 98) to 46.7% in Northern & Yorkshire (43 of 92).
- Across the UK, only 17 respondents confirmed they were off with either suspected or confirmed COVID-19 (2.1%). 15 of those individuals were in England.
- A mere 11 respondents across the UK confirmed to be self-isolating because of symptoms in a member of their household (1.3%).
- 2.7% of UK respondents (22) stated they had been 'Transferred from working in a mental health setting to working in another setting', although analysis of the free text answers here suggests only three of those members have been moved into the acute hospital sector with the majority moved to other parts of mental health care.

The variation between nations and regions in answers to the main question are laid out in Chart 9.
Time off throughout the COVID-19 pandemic

England is the country with the highest proportion of members confirming they had been off during the pandemic to date, at 32.9% (454 of 1,381). This compares to 31.7% in Scotland (57 of 180), 29.8% in Northern Ireland (14 of 47) and 24.3% in Wales (18 of 74). The remainder of this section considers the 'yes' responses only to this question and the percentages therefore only relate to that group unless stated.

- 35.3% of UK respondents (191 of 541) that have taken time off stated it was because of either suspected or confirmed COVID-19 symptoms, with percentages across the nations being: Northern Ireland - 7.1% (1 of 14); Scotland - 19.3% (11 of 57); England - 38.0% (172 of 453); and Wales - 41.2% (7 of 17). Regional percentages range from 18.5% in
South West (10 of 54) to 47.6% in West Midlands (20 of 42). **Please note, this equates to 11.4% of the full set of UK respondents (191 of 1,682).**

- A further 20.3% (110 of 541) of the UK respondents that have taken time off were off due to self-isolation caused by household members displaying symptoms. Percentages across the nations were as follows: Wales - 11.8% (2 of 17); England - 19.4% (88 of 453); Scotland - 24.6% (14 of 57); and Northern Ireland - 42.9% (6 of 14). Regional percentages range from 12.2% in London (16 of 131) to 25.9% in South West (14 of 54). **Please note, this is 6.5% of all UK respondents (110 of 1,682).**

The final chart below illustrates the differences across the UK in the percentages that confirmed they had taken time off.

**Chart 10 – Have you had to take time off from your normal job plan in mental health services during the COVID-19 pandemic? All responses from across the UK and each of the RCPsych regions, 15-17 April 2020**