

Quick links to Royal College of Psychiatrists rating scales

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Short name	Full reference and quick link
Antidepressant Side-Effect Checklist (ASEC)	Uher R et al. (2009). Adverse reactions to antidepressants. <i>British Journal of Psychiatry</i>, 195 (3), 202–210. doi:10.1192/bjp.bp.108.061960
Attitudes to Mental Illness Questionnaire (AMIQ)	Luty J, Fekadu D, Umoh O and Gallagher, J (2006). Validation of a short instrument to measure stigmatised attitudes towards mental illness. <i>Psychiatric Bulletin</i>, 30(7), 257–260. doi:10.1192/pb.30.7.257
Barnes Akathisia Rating Scale	Barnes T (1989). A Rating Scale for Drug-Induced Akathisia. <i>British Journal of Psychiatry</i>, 154(5), 672–676. doi:10.1192/bjp.154.5.672
The Bulimic Investigatory Test, Edinburgh (BITE)	Henderson M and Freeman C (1987). A Self-rating Scale for Bulimia the 'BITE'. <i>British Journal of Psychiatry</i>, 150(1), 18–24. doi:10.1192/bjp.150.1.18
Blessed Dementia Rating Scale	Blessed G, Tomlinson B and Roth M (1968). The Association Between Quantitative Measures of Dementia and of Senile Change in the Cerebral Grey Matter of Elderly Subjects. <i>British Journal of Psychiatry</i>, 114(512), 797–811. doi:10.1192/bjp.114.512.797
Calgary Depression Scale	Addington D, Addington J and Maticka-tyndale E (1993). Assessing Depression in Schizophrenia: The Calgary Depression Scale. <i>British Journal of Psychiatry</i>, 163(S22), 39-44. doi:10.1192/S0007125000292581
CAMDEX	Roth M, Tym E, Mountjoy C, Huppert F, Hendrie H, Verma S and Goddard R (1986). CAMDEX: A Standardised Instrument for the Diagnosis of Mental Disorder in the Elderly with Special Reference to the Early Detection of Dementia. <i>British Journal of</i>

	Psychiatry, 149(6), 698–709. doi:10.1192/bjp.149.6.698
Carroll Rating Scale for Depression	Carroll B, Feinberg M, Smouse P, Rawson S and Greden J (1981). The Carroll Rating Scale for Depression I. Development, Reliability and Validation. <i>British Journal of Psychiatry, 138(3), 194–200. doi:10.1192/bjp.138.3.194</i>
Checklist for Autism in Toddlers (CHAT)	Baron-Cohen S, Allen J and Gillberg C (1992). Can Autism be Detected at 18 Months?: The Needle, the Haystack, and the CHAT. <i>British Journal of Psychiatry, 161(6), 839–843. doi:10.1192/bjp.161.6.839</i>
Clinical Anxiety Scale	Snaith R, Baugh S, Clayden A, Husain A and Sipple M (1982). The Clinical Anxiety Scale: An Instrument Derived from the Hamilton Anxiety Scale. <i>British Journal of Psychiatry, 141(5), 518–523. doi:10.1192/bjp.141.5.518</i>
Clinician Assessment of Fluctuation (FIS)	Walker M, Ayre G, Cummings J, Wesnes K, McKeith I, O'Brien J and Ballard C (2000). The Clinician Assessment of Fluctuation and the One Day Fluctuation Assessment Scale: Two methods to assess fluctuating confusion in dementia. <i>British Journal of Psychiatry, 177(3), 252–256. doi:10.1192/bjp.177.3.252</i>
Clinical Dementia Rating Scale (CDR)	Hughes C, Berg L, Danziger W, Coben L and Martin R (1982). A New Clinical Scale for the Staging of Dementia. <i>British Journal of Psychiatry, 140(6), 566–572. doi:10.1192/bjp.140.6.566</i> and Berg L (1988). Clinical Dementia Rating. <i>British Journal of Psychiatry, 153(2), 267–267. doi:10.1192/S000712500022268X</i>
Dementia Screening Questionnaire for Individuals with Intellectual Disabilities (DSQIID)	Deb S, Hare M, Prior L and Bhaumik S (2007). Dementia Screening Questionnaire for Individuals with Intellectual Disabilities. <i>British Journal of Psychiatry, 190(5), 440–444. doi:10.1192/bjp.bp.106.024984</i>
Edinburgh Postnatal Depression Scale (EPDS)	Cox J, Holden J and Sagovsky R (1987). Detection of Postnatal Depression: Development of the 10-item Edinburgh Postnatal Depression Scale. <i>British Journal of Psychiatry, 150(6), 782–786. doi:10.1192/bjp.150.6.782</i>

	Translations of the scale, and guidance as to its use, may be found in Cox, J.L., Holden, J & Henshaw, C. (2014) <i>Perinatal Mental Health: The Edinburgh Postnatal Depression Scale (EPDS) Manual</i>. 2nd Edn. London: RCPsych Publications.
Family Burden Interview Schedule (FBIS)	Pai S and Kapur R (1981). The Burden on the Family of a Psychiatric Patient: Development of an Interview Schedule. <i>British Journal of Psychiatry</i>, 138(4), 332–335. doi:10.1192/bjp.138.4.332
Glasgow Depression Scale for People with a Learning Disability (GDS-LD)	Cuthill F, Espie C and Cooper S (2003). Development and psychometric properties of the Glasgow Depression Scale for people with a Learning Disability: Individual and carer supplement versions. <i>British Journal of Psychiatry</i>, 182(4), 347–353. doi:10.1192/bjp.182.4.347
Carer supplement to GDS-LD: GDS-CS	Cuthill F, Espie C and Cooper S (2003). Development and psychometric properties of the Glasgow Depression Scale for people with a Learning Disability: Individual and carer supplement versions. <i>British Journal of Psychiatry</i>, 182(4), 347–353. doi:10.1192/bjp.182.4.347
The Guy's / Age Concern Survey	Lindesay J, Briggs K, and Murphy E (1989). The Guy's/Age Concern Survey: Prevalence Rates of Cognitive Impairment, Depression and Anxiety in an Urban Elderly Community. <i>British Journal of Psychiatry</i>, 155(3), 317–329. doi:10.1192/bjp.155.3.317
Health of the Nation Outcome Scales (HoNOS)	Wing J, Beevor A, Curtis R, Park S, Hadden J and Burns A. (1998). Health of the Nation Outcome Scales (HoNOS): Research and development. <i>British Journal of Psychiatry</i>, 172(1), 11–18. doi:10.1192/bjp.172.1.11 All other enquiries to Emma George (emma.george@rcpsych.ac.uk)
Highs questionnaire	Glover V, Liddle P, Taylor A, Adams D and Sandler M (1994). Mild Hypomania (the Highs) can be a Feature of the First Postpartum Week: Association with Later Depression. <i>British Journal of Psychiatry</i>, 164(4), 517–521. doi:10.1192/bjp.164.4.517
Informant Questionnaire on Cognitive Decline in the Elderly	Jorm A and Korten A (1988). Assessment of Cognitive Decline in the Elderly by Informant Interview. <i>British Journal of Psychiatry</i>, 152(2), 209–213.

	doi:10.1192/bjp.152.2.209
Irritability, Depression, Anxiety Scale (IDA)	Snaith R, Constantopoulos A, Jardine M and McGuffin P (1978). A Clinical Scale for the Self-assessment of Irritability. <i>British Journal of Psychiatry</i>, 132(2), 164-171. doi:10.1192/bjp.132.2.164
Maternity Blues Questionnaire	Kennerley H and Gath D (1989). Maternity Blues: I. Detection and Measurement by Questionnaire. <i>British Journal of Psychiatry</i>, 155(3), 356-362. doi:10.1192/bjp.155.3.356
Measure of perceived stigma in people with intellectual disability	Ali A, Strydom A, Hassiotis A, Williams R, King M (2008). A measure of perceived stigma in people with intellectual disability. <i>British Journal of Psychiatry</i>, 193(5), 410-415. doi:10.1192/bjp.bp.107.045823
Montgomery and Asberg Depression Rating Scale (MADRS)	<p>Montgomery S and Åsberg M (1979). A New Depression Scale Designed to be Sensitive to Change. <i>British Journal of Psychiatry</i>, 134(4), 382-389. doi:10.1192/bjp.134.4.382</p> <p>The MADRS has also been revised and as a self-rated instrument (MADRS-S). This version includes 9 items since "Apparent Sadness" cannot be self-rated. Svanborg P, Asberg M (2001) A comparison between the Beck Depression Inventory (BDI) and the self-rating version of the Montgomery Asberg Depression Rating Scale. <i>J of Affective Disorders</i> 64: 203-216. This version is not published in an RCPsych Journal. Please contact the journal directly for permissions relating to this version.</p>
Manchester and Oxford Universities Scale for the Psychopathological Assessment of Dementia (MOUSEPAD)	Allen N, Gordon S, Hope T and Burns A (1996). Manchester and Oxford Universities Scale for the Psychopathological Assessment of Dementia (MOUSEPAD). <i>British Journal of Psychiatry</i>, 169(3), 293-307. doi:10.1192/bjp.169.3.293
One Day Fluctuation Assessment Scale	Walker M, Ayre G, Cummings J, Wesnes K, McKeith I, O'Brien J and Ballard C (2000). The Clinician Assessment of Fluctuation and the One Day Fluctuation Assessment Scale: Two methods to assess fluctuating confusion in dementia. <i>British Journal of Psychiatry</i>, 177(3), 252-256. doi:10.1192/bjp.177.3.252

Paddington Complexity Scale	Yates P, Garralda M and Higginson I (1999). Paddington Complexity Scale and Health of the Nation Outcome Scales for Children and Adolescents. <i>British Journal of Psychiatry</i>, 174(5), 417–423. doi:10.1192/bjp.174.5.417
Patient Satisfaction Survey	Hansen L, Vincent S, Harris S, David E, Surafudheen S and Kingdon D (2010). A patient satisfaction rating scale for psychiatric service users. <i>The Psychiatrist</i>, 34(11), 485–488. doi:10.1192/pb.bp.107.019067
Psychogeriatric Dependency Rating Scales (PGDRS)	Wilkinson I and Graham-White J (1980). Psychogeriatric Dependency Rating Scales (PGDRS) A Method of Assessment for Use by Nurses. <i>British Journal of Psychiatry</i>, 137(6), 558-565. doi:10.1192/bjp.137.6.558
Schedule for Assessment of Insight	David A (1990). Insight and Psychosis. <i>British Journal of Psychiatry</i>, 156(6), 798-808. doi:10.1192/bjp.156.6.798
Sexual Behaviour Questionnaire	Macdonald S, Halliday J, MacEwan T, Sharkey V, Farrington S, Wall S and McCreadie R (2003). Nithsdale Schizophrenia Surveys 24: Sexual dysfunction: Case-control study. <i>British Journal of Psychiatry</i>, 182(1), 50–56. doi:10.1192/bjp.182.1.50
Sexual Functioning Questionnaire	Smith S, O'Keane V and Murray R (2002). Sexual dysfunction in patients taking conventional antipsychotic medication. <i>British Journal of Psychiatry</i>, 181(1), 49–55. doi:10.1192/bjp.181.1.49
Snaith-Hamilton Pleasure Scale (SHAPS)	Snaith R, Hamilton M, Morley S, Humayan A, Hargreaves D and Trigwell P (1995). A Scale for the Assessment of Hedonic Tone the Snaith–Hamilton Pleasure Scale. <i>British Journal of Psychiatry</i>, 167(1), 99–103. doi:10.1192/bjp.167.1.99
Social and Communication Disorders Checklist	Skuse D, Mandy W and Scourfield, J (2005). Measuring autistic traits: Heritability, reliability and validity of the Social and Communication Disorders Checklist. <i>British Journal of Psychiatry</i>, 187(6), 568–572. doi:10.1192/bjp.187.6.568
Standardised Assessment of Personality – Abbreviated Scale (SAPAS)	Moran P, Leese M, Lee T, Walters P, Thornicroft G and Mann A (2003). Standardised Assessment of Personality – Abbreviated Scale (SAPAS): Preliminary validation of a brief screen for personality disorder. <i>British Journal of Psychiatry</i>, 183(3), 228–232. doi:10.1192/bjp.183.3.228

Stigma Scale	King M, Dinos S, Shaw J, Watson R, Stevens S, Passeti F et al. (2007). The Stigma Scale: Development of a standardised measure of the stigma of mental illness. <i>British Journal of Psychiatry</i>, 190(3), 248–254. doi:10.1192/bjp.bp.106.024638
Structured Interview Guide for the Montgomery-Asberg Depression Rating Scale (SIGMA)	<p>Williams J and Kobak, K (2008). Development and reliability of a structured interview guide for the Montgomery-Asberg Depression Rating Scale (SIGMA). <i>British Journal of Psychiatry</i>, 192(1), 52–58. doi:10.1192/bjp.bp.106.032532</p> <p>Scientific correspondence should be addressed to Dr. Janet Williams at jbw5@columbia.edu. To inform an ongoing survey, researchers and clinicians are asked to notify Dr. Williams of their intention to use the SIGMA.</p>
Suicidal Intent in Self-injury Scale	<p>Pierce D (1977). Suicidal Intent in Self-Injury. <i>British Journal of Psychiatry</i>, 130(4), 377–385. doi:10.1192/bjp.130.4.377</p> <p>(NB: Some content derived from Beck scale: In <i>The Prediction of Suicide</i> (eds A. T. Beck, H. L. P. Resnik and A. J. Lettier). The Charles Press, 1974)</p>
Survey Psychiatric Assessment Schedule	Bond J, Brooks P, Carstairs V, Giles L (1980). The Reliability of a Survey Psychiatric Assessment Schedule for the Elderly. <i>British Journal of Psychiatry</i>, 137(2), 148–162. doi:10.1192/bjp.137.2.148
Trauma Screening Questionnaire	Brewin C, Rose S, Andrews B, Green J, Tata P, McEvedy C et al. (2002). Brief screening instrument for post-traumatic stress disorder. <i>British Journal of Psychiatry</i>, 181(2), 158–162. doi:10.1192/bjp.181.2.158
Work and Social Adjustment Scale (WSAS)	Mundt J, Marks I, Shear M and Greist J (2002). The Work and Social Adjustment Scale: A simple measure of impairment in functioning. <i>British Journal of Psychiatry</i>, 180(5), 461–464. doi:10.1192/bjp.180.5.461
Young Mania Rating Scale	Young R, Biggs J, Ziegler V and Meyer D (1978). A Rating Scale for Mania: Reliability, Validity and Sensitivity. <i>British Journal of Psychiatry</i>, 133(5), 429–435. doi:10.1192/bjp.133.5.429