



Registrar Report for AGM 2024

For information

Author

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Document Date

18 June 2024

1. Policy and Campaigns

A number of position statements and reports:

Genetics (College Report)

Outcomes across psychiatric specialties (College Report)

Outcomes in Liaison Psychiatry (College Report)

0-5 Mental Health (College Report)

Open Data (Position Statement)

Psychedelics (Position Statement) – an associated document on psychedelics assisted psychotherapy is in the final stages of the drafting and sign off process

1.1. Coroners: The main progress has been the hosting of a College Webinar at which the Deputy Chief Coroner for England and Wales provided an overview of Preventing Future Deaths (PFD) Report from the perspective of what they are seeking to achieve while College members set out how these Reports can feel like for the psychiatrists who might be referred to in them.

The Webinar was well attended and received, with questions not responded to at the Webinar itself being collated and responded to.

Next steps include discussions on how the College can support the training of Coroners, particularly around securing an appropriate understanding of risk assessment from April 2024.

We continue to provide regular updates through a paper for Trustees on individual PFD Reports that the College have responded to over the past 18 months, including any actions that we have committed to in our response.

1.2 Healthcare Safety Investigation Branch Reports

Menopause

The College was identified in a Healthcare Safety Investigation Branch (HSIB) Report on “care delivery within Community Mental Health teams” as the appropriate organisation to take forward work to improving mental health care for those who are experiencing the menopause. A recommendation was made that the College was well placed to take forward work in this area and should convene a Working Group to do so.

Since then, working with the Presidential Leads for Women’s Mental Health an expert group has been established that will both take responsibility for acting upon this specific HSIB recommendation as well as wide issues in relation to the menopause.

Quality of inpatient Mental Health Care

The HSIB have been asked by the Secretary of State for Health to undertake an investigation into the quality of inpatient mental health care. The HSIB have approached the College asking for a meeting to discuss the scoping of this work, which we will be seeking to arrange in the near future.

The PPAC(Policy and public affairs committee) met through the year and covered the following areas as part of its substantive discussion items: Examples :

- Priorities of the English Divisions
- Mental Health of Higher Education Students
- The changes in approach by police for mental health call outs
- Update on progress and next steps for ensuring that all components of the biopsychosocial model are appropriately addressed in all aspects of the College activity, including training, education, media messaging
- Information leaflets

Bipolar Roundtable

We hosted a second meeting of the Bipolar Collaborative in December where the outline of an action plan was agreed.

The Collaborative will initially be focusing on areas such as:

- Consensus statement on the issues that need to be addressed in relation to Bipolar and possible solutions
- An audit of services to both understand the current position, good practice and poor.
- A bid for the development of a clinical pathway for bipolar using the evidence from the audit for its need as well as examples of good practice that are already happening and could be incorporated into it.

Police attendance at Mental Health calls

Because of the size of the force and its leading the pace on it from a police perspective, most of our activity recently has focused on the Metropolitan Police.

At the end of October it changed its approach based on an "agreement" it had reached with health services in London. We remain concerned that this was done far too quickly and health services are not ready to meet the additional challenges and expectations because of the police approach.

We are working with NHSE to understand what is happening on the ground, we are already aware of examples that indicate our concerns are well founded.

We have also engaged directly with the Met Police and are due to meet with the Deputy Chief Commissioner who has responsibility for this area in early February.

We continue to use the NHSE engagement to understand what the position is outside London and what mechanisms can be used to ensure learning from the speed that the Met has gone at is considered by other Forces when making decisions about their areas.

Video Monitoring Technology in mental health settings

With increasing interest and concerns in this area, the College is seeking to develop a position on the use of this technology. A paper from the College's Ethics Committee was circulated to Faculties and others in the College to help

inform their input. We also separately asked for and received the views of people with lived experience.

We have now received a number of responses with the intention that this informs Officers in their decision on what the College should be saying on this important topic

2. Public Affairs Activity

There were several meetings between president, Dr Lade Smith CBE, and key political stakeholders. This included a meeting between Chair of the Health and Social Care Select Committee, Steve Brine MP, and the presidents of the other Royal Colleges, as well as a meeting with No. 10 Health Special Adviser, Bill Morgan. Also, during July the College hosted member of the House of Lords, Conservative Peer, Lord Daniel Moylan, on visit to Broadmoor Hospital, as part of the work have been doing with him to campaign to end Imprisonment for public protection (IPP) sentences.

Parliament was on recess for the whole of August. During the month, the Public Affairs team worked on our stakeholder engagement for our Act on Racism Campaign, this includes research into the relevant equality and diversity leads at each mental health trust in England and supporting in drafting correspondence for each trust. In August we also supported the Policy Team in the Covid-19 Inquiry work. Progress was also made regarding the drafting of the College manifesto for the next General Election, which will be subject to consultation among the Faculties etc soon.

During September we were planning our engagement for the Party Conferences in September and October. This year the College is planning to have a presence at the conferences for the Liberal Democrats, Labour and the Conservatives. In September the Faculty for Eating Disorders also presented oral in person evidence to the London Assembly's Health Committee for its Inquiry on Eating Disorder Services in London. The Parliamentary Scholars' Scheme – whereby Trainee Psychiatrists work with members of the House of Lords – also open for applications, with Scholars due to commence their placements in November, in time for the King's Speech. The previous cohort of 6 scholars completed their placements at the end of July 2023.

College was mentioned 10 times in the Houses of Parliament. This included two in the House of Commons (including one from the newly appointed Shadow Mental Health and Women's Health Minister) six in the House of Lords. There was also an appearance at the Education Select Committee - Dr Bernadka Dubicka - about online safety by a representative of the College, providing evidence as an oral witness. During this period the President attended the Labour Party Conference and met with the new Shadow Minister for Mental Health – Abena Oppong-Asare MP. Other meetings in this quarter included the President meeting with Bill Morgan, the Prime Minister's Special Adviser on Health; and a roundtable event the President attended with the new Secretary of State for Health and Social Care, Victoria Atkins MP.

Interviews also took place for the Parliamentary Scholars' Scheme, and six Trainee Scholars were successful and are currently in the process of being allocated to

interested Peers in the House of Lords to work with. The College also completed its Manifesto for the next general election and this is now being used as a tool to engage with the respective manifesto writing teams of the main UK wide political parties.

In December Dr Guy Northover, representative from the Child and Adolescent Psychiatry Faculty, spoke at an event hosted by the All-Party Parliamentary Group on Suicide and Self-Harm Prevention as part of the APPG's inquiry on young people and suicide. In November there was a film screening, hosted in Parliament by co-chair of the APPG on Mental Health Rachael Maskell MP, of the film PIP, Pop and a Pandemic - a documentary about the lived experience of schizophrenia. After the screening Dr Angeliki Tziaka, General Adult Consultant Psychiatrist, spoke on a panel discussion on the film.

In the final part of the year, the main focus has been promoting the College's Manifesto for the next General Election. The manifesto is being used as a tool to engage with the manifesto writing teams of the main political parties, and has also included some dinners at the College. As well as engaging with MPs and Peers, the College has also met with the Prime Minister's Senior Health Adviser based in Number 10, the Shadow Minister for Mental Health, the Shadow Secretary of State for Health and Social Care, and the Chair of the Labour Party's Review into Mental Health. The College will continue to engage with key stakeholders to promote the Manifesto, in the run up to the General Election.

During this quarter the Chancellor's Budget also took place and the College sent a briefing to MPs and Peers, for various debates in Parliament which follow. The College has also been working with a cross-party group of Peers in the House of Lords on the Victims and Prisoners Bill. The College has been working with a range of organisations such as the Prison Reform Trust, on various amendments aimed to tackle the injustice of people serving sentences on the basis of Imprisonment for Public Protection (IPPs).

Other areas of work during this Quarter have focussed on the roll out of the Metropolitan Police's new approach to responding to people during a mental health crisis, known as the Right Care, Right Person model. As part of this engagement the President, was part of a panel with the London Assembly's Crime and Policing Committee.

3. Associate Registrar Leadership and Management

Dr Rais Irfan Ahmed has been appointed new Associate Registrar for the Leadership & Management & took over his new role from April 2024 for 5 years. He chaired his first meeting of the LMC on 8th May 2024. Dr Ahmed outlined the membership of the committee as determined by the College regulations included representatives of the divisions and faculties besides co-opted members to fill particular roles or lend particular expertise. LMC has also appointed patient and carer representatives. He is keen to enhance and broaden participation in the meeting by reaching out to other College committees. He is planning to clarify the leadership & management ambition of the college and embed the training & support

for the medical leadership. In this regard he has started liaising with the FMLM. He attended the passing out ceremony of the Leadership and Management Fellows Scheme on 4th June 2024. The 2024/25 LMFS was open to SAS doctors in addition to higher trainees. Dr Ahmed encouraged them to remain engaged with the LMC. Dr Suhana Ahmed Vice Chair of the LMC and Dr Balakrishna Associate Registrar for the Coaching & Mentoring has been putting together a plan of the College's coaching and mentoring initiatives input into the LMFS including offering support for the LMFS mentors and harnessing LFMS alumni as peer supporters. Dr Suhana Ahmed reported that London Division's Leadership and Management conference had been well attended by all grades of doctors and received positive feedback. Dr Ahmed is keen to expand such leadership & management conference in other divisions of the college.

Please see below the last update from the outgoing Associate Registrar Dr Helen Crimlisk "February 2024 saw the first of what I hope will be a regular RCPsych event run by Regions on Leadership and Management undertaken in conjunction with the Leadership and Management Committee. With the support of Suhana Ahmed and Bradley Hillier, Chairs of the London Division, a Face-to-Face event was organised attended by over 80 trainees, SASs and consultants. There were talks about [SAS Leadership](#) by Marcin Ostrowski and Emmeline Lagundes Cordoba, who talked about the challenges they had faced and how they had found and realised opportunities which came their way. SAS psychiatrists also increasingly are aware of the opportunities they have to take on formal leadership roles, as well as progressing to Specialist roles or to progress to consultant through the portfolio route which also require the demonstration of leadership.

Many groups of psychiatrists are recognising the need to skill up on leadership both for themselves, as the [GMC](#) strengthens its requirement for all doctors to show and reflect on their leadership, but also to support trainees who need to evidence leadership competencies as part of the [new training curricula](#). The GMC has also reemphasised the importance of all doctors being able to show leadership across their roles.

I spoke about the uncertainty that we all face currently as a result of rapidly changing geopolitical circumstances and economic and climate challenges and how our leadership can adapt to this using the [VUCA model](#) and Olurotimi (Tim) Ojo who outlined the opportunities and benefits of coaching and mentoring as well as talking about his own leadership journey. Medical Director of the Faculty of Medical Leadership and Management, Paul Evans described the Standards-based approach used by the [FMLM](#) and outlined the value to doctors of having their leadership capabilities recognised by formal qualifications such as [FMLM Fellowship](#) (which is done by a portfolio route with reflections on leadership) and Abigail Swerdlow, who is an alumni of the RCPsych FMLM

accredited [Leadership and Management Fellows Scheme](#) (which is open to SpR and SAS applicants soon) introduced delegates to the concept of [Action Learning Sets](#) and we worked together to support some of the delegates with “live” issues.

The afternoon sessions were run by two respected London Medical Directors, both of whom teach on the RCPsych LMFS: Billy Boland and Derek Tracey. Feedback was universally positive, including of the organisation which was very ably undertaken by Michael from CALC. Here are a few of the comments:

4. Workforce & Wellbeing

4.1 SAS Doctors

The SAS Committee have been working on producing the action plan to accompany their strategy and this should be presented at council.

The committee have wanted to host a wellbeing conference around the Startwell and Staywell Document produced last year – these have unfortunately had to be cancelled.

The national SAS conference is also being planned and will take place in May 2024. There has already been plenty of interest in attending this conference.

4.2 Physician Associates

The Physician Associates in Mental Health work will be reviewed early this year and plans are in place to start agreements on how the review will work and who will be involved. There should be a more extensive update at the next council meeting.

4.3 Regional Representatives

The demand for JD approvals has increased significantly in the last couple of years. The average number in 2019 was 600 – 700 per year; this has now increased to around 1200. This means that we always need to recruit more regional specialty representatives as well as ensuring that recruitment to Regional Advisor and Deputy Regional Advisor roles remains stable and that each division and devolved nation has filled these increasingly important positions.

We are increasingly allowing the appointment of two deputy RAs in each region to ensure we are coping with the volume of JDs coming in.

Work on the update to college report CR207: Safe Patients, High Quality Services – Job Planning for Consultants has begun bringing together a range of internal stakeholders including faculty and committee members. The project will run until summer 2024.

Apart from the usual amount of Job Description approvals we have been involved with as part of our quality assurance process (129 since January 2024), the main

activity to come out of this committee is the update of the CR207: Safe Patients, High Quality Services document. There has been good progress with this across the two working group meetings so far, with representatives from most of the faculties updating their content in collaboration with their faculty. There is representation from across the four nations in the working group with content being updated via shared document. There are two more meetings for the working group and the project should end at the end of summer 2024, with publication due soon afterwards.

4.4 Workforce Census and Workforce Committee

The workforce census has been completed and the data team are in the process of breaking down data for regional dashboards as well as for Scotland, Northern Ireland and Wales. While the overall response rate was disappointing in comparison to the last 2 census reports, the data collected, especially around vacancy and locum rates, is still valuable.

5. Wellbeing

There are a number of workstreams across wellbeing:

The Wellbeing committee are in the process of writing a wellbeing position statement, this should be produced by the end of the summer 2024.

The reflective practice working group are also in the process of writing a position statement. They are also involved in the CR207 project.

A support group for psychiatrists affected by suicide has started and may be expanded to include psychiatrists affected by homicide in the coming months.

Our coaching and mentoring offer is currently being revised by the associate dean for this area of work and resources are being gathered for the development of the wellbeing hub.

The PSS committee meets next month to discuss their work and development. PSS Helpsheets are currently being revised and republished on the website.

Artist in Residence : Adam Hines-Green appointed. Exhibition Group developed. Cycles of exhibitions. e.g. Insight magazine covers, British Journal of Psychiatry covers.

Demitting Officers at AGM

Committee	Outgoing (Chair)	Incoming (Chair)
Academic Faculty	Hugo Critchley	Allan Young
Forensic Faculty	Josanne Holloway	Sandeep Mathews
Neuropsychiatry Faculty	Michael Dilley	George El-Nimr
Old Age Faculty	Mani Santhanakrishnan	Mohan Bhat
Perinatal Faculty	Cressida Manning (Interim)	Livia Martucci
RCPsych in Northern Ireland	Richard Wilson	Julie Anderson
RCPsych in Scotland	Jane Morris (Interim)	Jane Morris
RCPsych in Wales	Maria Atkins	Alka Ahuja
Northern & Yorkshire	Paul Walker	Sunil Nodiyal
South West	Rohit Shankar	Sai Achuthan
Adolescent Forensic	Richard Church (Interim)	Richard Church
Arts	Hannah Ali	Alan Baban
Digital	Iain Grant & Faith Ndebele (Interim)	Faith Ndebele
Evolutionary	Paul St John-Smith	Riadh Abed
Neurodevelopmental	Peter Carpenter	Jessica Eccles
Spirituality	Chris Cook	Lucy Grimwade
Sports and exercise	Amit Mistry	Carolyn Nahman
Committee	Outgoing (Vice Chair)	Incoming (Vice Chair)
Forensic Faculty	Jeremy Kenney-Herbert	N/A - no applicants
Old Age Faculty	Josie Jenkinson	Ben Underwood
Perinatal Faculty	Cressida Manning/Sarah Taha (Interim)	Sarah Taha
RCPsych in Wales	Alberto Salmoiraghi	N/A - no applicants
Northern & Yorkshire	Sunil Nodiyal	Sumeet Gupta
African	Yvonne Treffurth (Interim)	N/A - no applicants

European	N/A - vacant	Myles Doyle
Committee	Outgoing (Finance officer)	Incoming Finance officer)
Addictions Faculty	Louise Sell	Abhishek Goli
Medical Psychotherapy Faculty	N/A - vacant	Thomas Hillen
Old Age Faculty	Mohan Bhat (elected Chair)	Bob Barber
London	Priyadarshini Natarajan	N/A - no applicants
RCPsych in Wales	Anand Ganesan	N/A - no applicants
Northern & Yorkshire	N/A - vacant	N/A - no applicants
North West	Christopher Findlay (Interim)	Christopher Findlay
African	Olufisayo Adesokun (Interim)	N/A - no applicants
European	Cian Denihan	N/A - no applicants
West Pacific	Chee Hon Chin (Interim)	Chee Hon Chin
Arts	Arabo Shahenian	Christos Sideras
Digital	Pranveer Singh	Charlotte Deasy
Evolutionary	Riadh Abed	Annie Swanepoel
History of psychiatry	Peter Carpenter	Thomas Stephenson
Occupational	Mark Tarn	Peter McAllister
Philosophy	Hasanen Al-Taiar	Christos Sideras
Private and Independent	Jonathan Hellewell	N/A - no applicants
Sports and exercise	Carolyn Nahman (elected Chair)	David Prossor
Volunteering and international	Jane Mouny	Musa Basser Sami

Thankyou to all demitting officers.