

Royal College of Psychiatrists

Candidate Information Pack

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| **Job Title** | **Research Assistant** |

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| **Job Reference No** | **National Collaborating Centre for Mental Health** |

**March 2022**

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# About Royal College of Psychiatrists

## Background

The Royal College of Psychiatrists (the College) are the professional medical body responsible for supporting psychiatrists throughout their careers from training through to retirement, and in setting and raising standards of psychiatry in the United Kingdom.

We work to secure the best outcomes for people with mental illness, intellectual disabilities and developmental disorders by promoting excellent mental health services, supporting the prevention of mental illness, training outstanding psychiatrists, promoting quality and research, setting standards and being the voice of psychiatry.

**Our Mission**

The College works to secure the best outcomes for people with mental illness, learning difficulties and developmental disorders by promoting excellent mental health services, supporting the prevention of mental illness, training outstanding psychiatrists, promoting quality and research, setting standards and being the voice of psychiatry.

**What we do**

The Royal College of Psychiatrists is the professional medical body responsible for supporting psychiatrists throughout their careers from training through to retirement, and in setting and raising standards of psychiatry in the United Kingdom.

We work to secure the best outcomes for people with mental illness, intellectual disabilities, and developmental disorders by promoting excellent mental health services, supporting the prevention of mental illness, training outstanding psychiatrists, promoting quality and research, setting standards and being the voice of psychiatry.

We:

* set standards and promote excellence in psychiatry and mental healthcare
* lead, represent and support psychiatrists
* work with patients, carers, and their organisations.

**Our Members**

We deliver impact and value for our members.

Our members are psychiatrists, who deliver outstanding services to patients and carers across the UK, and all over the world, and hundreds of mental health services are signed up to our quality networks.

We value patients and carers and involve them in our work – on the basis of co-production.

**Our Governance**

The **College Council** discuss the affairs of the organisation and make recommendations to the **Board of Trustees** on many of the biggest decisions the College has to make.

It has overall responsibility for education and psychiatric training, policy, professional practice, professional standards, public engagement, quality improvement and research. Led by an elected President, (who leads the College on behalf of its members and associates), Full details of the College’s Council can be found at: <https://www.rcpsych.ac.uk/about-us/our-people-and-how-we-make-decisions/council>

### Our Values and Behaviours

The College has a clear set of values which drive everything we do. They support our leaders and staff to make values-based decisions and they enable the creation and reinforcement of our positive, empowering and enabling culture.

We have worked in collaboration with our members and staff to define six core values that underpin our behaviours and how we operate at every level of the College.

These **C.I.R.C.L.E**. values are:

* **C**ourage
* **I**nnovation
* **R**espect
* **C**ollaboration
* **L**earning
* **E**xcellence

**Equality, Diversity, and Inclusion**

The College is opposed to all forms of prejudice and believes that everyone should be treated fairly, regardless of age, disability, gender reassignment, marriage and civil partnership status, race, religion or belief, sex, or sexual orientation (the protected characteristics).

We are committed to promoting equality, diversity and inclusion for our existing and future members, associates, affiliates, staff, and visitors in all our practices and arrangements. We actively advocate for, and support, equality of access, experience and outcomes for all College staff, all members and for all mental health patients and carers.

The College is committed to building and maintaining an inclusive and supportive culture, a place where we can all be ourselves and succeed on merit. We aim to promote a more inclusive environment, which attracts all candidates and signals our commitment to celebrate and promote diversity - which includes LGBTQ+ and other equality matters.

**Strategic Vision and Values**

On 14 January 2021 we published our new [Equality Action Plan](https://www.rcpsych.ac.uk/docs/default-source/about-us/equality-diversity-and-inclusivity/equality-action-plan---january-2021.pdf?sfvrsn=af74a81a_4), which contains 29 key actions and is central to our [College strategy for 2021-23](https://www.rcpsych.ac.uk/docs/default-source/about-us/corporate-publications/strategic-plan-2021-to-2023.pdf?sfvrsn=dd02f429_2).

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| **INFORMATION PACK**  **Research Assistant**  **(National Collaborating Centre for Mental Health)**    **£25,758 - £28,347 per annum**  **35 hours per week**  **Permanent Contract** |

## APPLICATION PROCEDURES

In order to apply, please submit the following to the Human Resources Department, Royal College of Psychiatrists, by email to [HRrecruitment@rcpsych.ac.uk](mailto:HRrecruitment@rcpsych.ac.uk).

1. **Covering letter**, briefly stating how your skills and experience are relevant to each of the role that you apply for.
2. **Full curriculum vitae** (only one is necessary if you apply for multiple roles);
3. **Application form** (only one is necessary if you apply for multiple roles but put down the names of all the roles that you are applying for on the form).
4. **Diversity Monitoring form** (it will not be used at any stage of the selection process).

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| **The closing date for applications is: Monday 4th April 2022 @10am**  **Please note that applications received after this date and time will not be considered.** |

**Acknowledgement of receipt of applications will not be sent out.**

**Please be advised that due to large volume of applications received, only shortlisted candidates will be contacted in writing.**

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| **Interview date: Wednesday 13 April 2022** |

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| Information Pack |

At the College, we ensure that our recruitment process is objective and focussed on your ability to do the job. We want high quality, talented individuals to join our organisation and we assess this through your Application Form, CV and your covering letter. This is also carried out through the testing and the interview process.

The main purpose of your application is to move you to the testing and interview stage of the process where we get to meet you face to face. This **Information Pack** is designed to help give you the best opportunity to submit a successful application.

### Job Description and Person Specification

The **Job Description** describes the key responsibilities, duties and scope of the position. The **Person Specification** outlines the key skills, experience and qualifications that is required to carry out this role. The Application Form and your covering letter should demonstrate how your ability and experience will enable you to deliver what is required to do the job.

**College Values**

We have strong values, and we promote a consistent culture that is positive, empowering and enabling, in a way that promotes excellent member and staff experience, patient and carer experience, and excellence in psychiatry and wider mental health services, for the benefit of patients. Our culture is under-pinned by our C.I.R.C.L.E. values. All individuals must demonstrate how they meet our values through the selection process.

**Your Application**

We believe that past performance is the best indicator of future success and our recruitment process is designed to provide you with the opportunity to tell us about your achievements, the things of which you are most proud and to show us how these experiences make you the best person for the job.

You will need to apply using our standard Application Form, CV and attaching a covering letter.

These are a few important points that you should remember:

* **Read** the job description and person specification carefully – be clear about what the role is and about what we are looking for
* Keep your Application Form and covering letter **relevant** to the job that you are applying for
* Be **clear** and **concise**
* **Sell** your skills
* Highlight your **achievements** – tell us what you have done

**How to Apply**

You can only apply to the College for this position via the **Application Form attaching your CV with a covering letter.**

**Submitting an Application Form**

Our Application Form is designed to help you provide all the information that we need to help us to shortlist applicants for interview alongside your attached CV and covering letter.

You must ensure that all the sections of the Application Form are completed. Make sure your Application Form and covering letter is relevant to the role that you are applying for.

Read the job description and specification carefully and demonstrate to us that you are able to meet the needs of the role. If you need to, provide additional information on a separate sheet.

**What happens next?**

#### Short listing

After the closing date we will shortlist all Application Forms, CVs and covering letters. The short-listing process will assess your Application Form, CV and covering letter against the contents of the **Person Specification**. We aim to complete this exercise and inform successful candidates as soon as possible after the closing date.

If successful, use your time effectively to prepare for the next part of the process:

* Learn as much as you can about College; visit our website ([www.rcpsych.ac.uk](http://www.rcpsych.ac.uk)).
* Research the position, and list the skills and experience sought matching these to your own experiences.
* Consider questions we are likely to ask and prepare your responses – think of examples to demonstrate your experience and ability.
* Prepare a list of questions you would like to ask.

#### Assessments

To assist in the selection process, candidates short listed for interview will also be required to undergo an assessment as part of the interview process. This will usually take place on the same day as the interview but in some cases a separate assessment day may be necessary.

The type of assessment depends on the role and the skills that we want to test. We use a variety of methods including case scenarios, presentations, numerical and verbal reasoning etc.

* **The Interview**

The interview process is an opportunity for you to highlight your skills and experiences and to demonstrate how you meet the requirements of the job.

Interview panels will usually consist of two or three people that have a direct interest in the role, for example the line manager of the position, another senior member and a member of the HR department.

All candidates are asked the same core questions designed to test whether you have the experience, skills, and attitude to deliver the requirements of the job and be an asset to College. Often supplementary questions will be asked to ensure that we get all the information we need to make the right decision.

We want you to give the best interview you can so if you require special facilities (e.g. a signer) you should inform us prior to the interview.

* **Contact and Feedback**

We aim to let all candidates know the result of their interview as quickly as reasonably possible.

Remember that your Application Form, CV and covering letter are the only things that we will use to short list applicants for interview so **take your time** in preparing, **proof-read** your Application Form and covering letter before you submit it and **sell yourself** to us.

We look forward to receiving your application.

# THE ROYAL COLLEGE OF PSYCHIATRISTS

# JOB DESCRIPTION

**JOB TITLE**: Research Assistant

**DEPARTMENT**: National Collaborating Centre for Mental Health (NCCMH)

**PAY BAND:** 2

**RESPONSIBLE TO**: NCCMH Director

**LINE MANAGER**: Senior researcher

**BACKGROUND**

The National Collaborating Centre for Mental Health (NCCMH) was jointly established by the Royal College of Psychiatrists and University College London (UCL). For 15 years it developed clinical guidelines on mental health topics for the National Institute for Health and Care Excellence (NICE). The NCCMH then went on to develop pathway implementation guidance to support NHS England’s Five Year Forward View for Mental Health and Long-Term Implementation plan. The NCCMH is currently running a number of quality improvement programmes around patient safety as part of the national Mental Health Safety Improvement Programme. It also has several other projects and a growing portfolio of work with leading organisations such as Health Education England, the Social Mobility Commission, UCL Partners and The Tavistock and Portman NHS Foundation Trust. The NCCMH is in the process of establishing a Public Mental Health Centre.

The NCCMH team is based across two organisations with strong collaboration maintained by team members who work in line with the College’s Values and Behaviours which include Courage, Innovation, Respect, Collaboration, Learning and Excellence. In addition, co-production with people with lived experience of mental health problems is an integral part of any work undertaken at the NCCMH.

**JOB** **PURPOSE**

To support and assist the senior researcher in reviewing and analysing existing datasets and literature to identify and inform public mental health policy and interventions. For work on systematic reviews, the research assistant will sift articles, assist in data extraction, data synthesis and quality appraisal and contribute to the writing of the review. The research assistant will also be expected to carry out tasks related to analysing large epidemiological datasets. They may work on other NCCMH research projects as required.

**KEY** **RESPONSIBILITIES**

* 1. Assist the senior researcher in any initial work required to set up projects, which may include scoping and refining search protocols and search strategies or finding other relevant literature.
  2. Contribute to the identification, retrieval and quality appraisal of relevant papers and carry out hand-searching and requests for further information.
  3. Contribute to the extraction and analysis of quantitative and qualitative data.
  4. Contribute to the preparation of research materials for discussion and review by multidisciplinary groups of experts.
  5. Contribute to the writing of sections of research reports and/or systematic reviews.
  6. Collate and maintain references/bibliographies.
  7. Assist in the process of addressing and responding to comments on drafts of research reports and/or systematic reviews from experts and other stakeholders.
  8. Maintain careful records as appropriate, following agreed processes set out by the NCCMH across both the Royal College of Psychiatrists and University College London.
  9. Attend meetings necessary for satisfactory completion of the duties of the post and assist in preparing for the meetings and drafting the minutes if required.

**COLLEGE VALUES**

1. Living out, and being a role model for, the College values and behaviours
2. Seeking out ways of working collaboratively, where possible
3. Upholding a positive, empowering and enabling environment for all staff

**GENERAL**

1. Undertake any other duties related to the job purpose and which may be necessary in the work of the NCCMH.
2. Carry out all duties in a safe and proper manner in accordance with the College’s Health and Safety Policy.
3. Undertake all duties in line with the College’s values, policies, procedures and regulations ensuring that the work is undertaken in accordance with equality and diversity principles.

This job description is not exhaustive and is subject to change in accordance with the business need of the College and the NCCMH Contracts with NICE, NHS England and other grant funding bodies.

April 2021

**THE ROYAL COLLEGE OF PSYCHIATRISTS**

# PERSON SPECIFICATION

**ESSENTIAL REQUIREMENTS**

1. A good degree in psychology or a related field
2. Experience of identifying, retrieving and appraising research literature and extracting and analysing data
3. Familiarity with large epidemiological datasets
4. Excellent communication and interpersonal skills
5. Ability to work both independently and effectively within a small multi-disciplinary team
6. Conscientiousness and attention to detail
7. Ability to work to tight deadlines
8. Good computer skills
9. Proven ability to present information in a clear and concise fashion

## DESIRABLE REQUIREMENTS

1. Experience of working with NHS services or a working knowledge of healthcare systems
2. Experience of conducting meta-analyses
3. Knowledge of public mental health research.

April 2021

**CURRENT PROVISIONS**

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| **Contract** | Permanent |
| **Salary** | £25,758 - £28,347 per annum |
| **Hours** | 35 hours per week |
| **Probationary period** | 6 months |
| **Holiday** | 28 days annual leave (includes 8 Public & Bank Holidays). In addition to this the College has a few College closure days. |
| **Notice period** | 8 weeks |
| **Pension** | Auto-enrolment |
| **References** | All College appointments are subject to receipt of satisfactory references |
| **Location** | 21 Prescot Street, London E1 8BB  We operate a hybrid model of on site and working from home.  Nearest underground stations are Tower Hill, Aldgate and Aldgate East. The College is a non-smoking environment. |

THE Royal College of Psychiatrists

TOTAL REWARD STATEMENT

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| **EMPLOYEE BENEFITS PER ANNUM**   |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  |  |  |  | | 1 | **BASED ON AN EXAMPLE ANNUAL INCOME OF:** | **£15,000** | **£20,000** | **£25,000** | |  | Auto enrolment into Pension(10%/5% employer **Contribution if a member)** | £1,500/ £750 | £2,000/ £1,000 | £2,500/ £1,250 | | 2 | Interest free **Season ticket loan**  **(If borrowed £1,200**  **at commercial rates)** | Interest free is only applicable up to £9999  £230 £230 £230 | | | | 3 | Life Assurance (if member **of pension scheme)** | 4/2 times annual salary on death in service. Underwriting and restrictions may be applicable. | | | | 4 | **Group Income Protection**  **(if on a permanent contract)** | % of salary due to sickness absence. Approval based on decision of insurance company. | | | | 5 | **Retirement Support Service** | Punter Southall Aspire support staff in planning their retirement. | | | | 6 | **Medicash benefits scheme** | Offers staff an extensive package of health benefits including dental treatments, optical, various therapies, and prescriptions. | | | | 7 | **Enhanced Employee**  **Assistance Programme** | Free confidential telephone helpline  available 24 hours, 365 days per year and up to 8 free face-to-face counselling sessions and mental health support. | | | | 8 | **Medical, Dental, Hospital**  **Appointments** | Staff are given two hours credit towards these types of appointments, if appointments are made early or late in day | | | | 9 | **Glasses for Computer use** | Annual eye tests will be paid for  vouchers and where applicable a contribution (vouchers) towards the cost of glasses. | | | | 10 | **Holidays** | 20, 22.5 or 25 days paid per annum, dependent on service (pro rata). | | | | 11 | **Bank Holidays** | 10 days paid per annum (includes 8 public holidays plus 2 discretionary College days) (pro rata). | | | | 12 | **Christmas Closure** | Variable number of days usually paid in addition to above. | | | | 13 | **Flexi Scheme** | Staff members have access to the College’s flexi scheme. This scheme allows staff members to take up to 5 days of flexi within any one month. | | | | 14 | **TOIL Scheme** | Staff who are eligible for the flexi scheme or who works at the weekends have access to the College’s TOIL scheme. This scheme allows staff members to take up to 5 days of TOIL within any one month. | | | | 15 | **Sick Pay** | Ranging from 1 month’s full pay/2 months’ half pay to 6 months’ full pay/6 months’ half pay dependent on years of service (pro rata). | | | | 16 | **Paternity Leave** | 10 days paid. | | | | 17 | **Maternity Leave/Pay** | Enhanced maternity leave and pay | | | | 18 | **Compassionate Leave** | 5 days paid leave and in certain  Circumstances additional days can  be approved | | | | 19 | **Cycle to work scheme** | Staff are eligible to apply for the cycle to work scheme. | | | | 21 | **TOTTEM Totum** | Staff are eligible to purchase a TOTUM PRO card (previously called NUS Extra), which provides discounts for various online stores and shops/restaurants. | | | | 22 | **Gym membership** | College staff have exclusive membership rates at the Grange Tower Bridge Heath Club | | | | 23 | **Non-financial rewards** | Staff are given the opportunity to  apply or be nominated for Recognition awards. | | | | 24 | **Coffee, tea, filtered water** | Free | | | | 25 | **Staff Forums** | Staff can join the following staff forums of their choice.   * Sexuality and Gender Equality and Inclusion Forum (SGEI) * African Caribbean Forum (ACF) * Wellbeing at Work forum * Peer Network | | | | 26 | **Staff Support** | Staff Representative Council (SRC) | | | | | | |
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# Royal College of Psychiatrists

**About the College**

**What we do:**

The Royal College of Psychiatrists is the professional and educational body for psychiatrists in the United Kingdom and the Republic of Ireland. We aim to:

**Set standards and promote excellence in psychiatry and mental healthcare**

The Royal College of Psychiatrists is committed to improving the understanding of psychiatry and mental health. We want there to be a greater understanding of the interaction between mental and physical health and the social and cultural context in which people live. We are at the forefront in setting and achieving the highest standards through education, training and research. We lead the way in developing excellence and promoting best practice in mental health services. We promote research and publish the results in our world-class psychiatric journals.

**Lead, represent and support psychiatrists**The College actively promotes psychiatry as a career. College structures are robust and provide dedicated support to our members and associates. Nationally and internationally, the College has a vital role in representing the expertise of the psychiatric profession to governments and other agencies. This is key to promoting best practice in mental health.

**Work with patients, carers, and their organisations**We collaborate with key players in the mental health field and are champions for improvements in the quality of mental healthcare throughout all sectors of society. Public education is at the heart of our activities and is an essential component of our website.

As well as running its membership examination (MRCPsych), and visiting and approving hospitals for training purposes, the College organises scientific and clinical conferences and lectures and continuing professional development activities. The College publishes books, reports and educational material for professionals and the general public. It also publishes the [British Journal of Psychiatry](http://bjp.rcpsych.org/), [BJPsych Bulletin](http://pb.rcpsych.org/), BJPsych [Advances,](http://apt.rcpsych.org/)  BJPsych [International](http://www.rcpsych.ac.uk/publications/journals/ipinfo1.aspx) and BJPsych Open, all of which are now available on-line.

The Royal College of Psychiatrists has been in existence in some form since 1841. First as the "Association of Medical Officers of Asylums and Hospitals for the Insane" (later changed to the Medico Psychological Association) then, in 1926 receiving its Royal Charter to become the "Royal Medico Psychological Association, and finally, in 1971 receiving a Supplemental Charter to become the "Royal College of Psychiatrists" we know today.