

# Bringing Psychiatry into the Classroom

Evaluation of a teaching project  
in Bristol Schools

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# Objectives

- Understanding how we developed and delivered the teaching
- Learning from our mistakes
- Being enthusiastic enough to try it yourselves!

# Dilemmas

Anti-stigma vs Recruitment

Research vs Teaching

Responsibility for pastoral care

'Medical Psychiatry' vs broader mental health

Assessment vs Evaluation

# Our decisions

Anti-stigma & Recruitment

Research vs Teaching

Responsibility for pastoral care

'Medical Psychiatry' vs broader mental health

Assessment & Evaluation

# 'Heads above the rest' decisions

Anti-stigma vs Recruitment

Research vs Teaching the teachers

Responsibility for pastoral care

'Medical Psychiatry' vs broader mental health

Assessment & Evaluation

# Planning

- Scoping
- Drawing together material
- Identifying schools
- Identifying people to teach
- Liaison with schools
- Managing the workload
- Equipment and delivery of talk

# Into the classroom...

- 3 sections
  - Slideshow
    - Normality vs disorder
  - Video
    - Schizophrenia and Eating disorder
  - Active learning
    - ‘Game’ of matching job titles to job description

# Why is Psychiatry important?

- 1 in a 100 people have Schizophrenia

*Example of our 'Rolling Presentation'*



# Who cares about mental illness?

Dr Adam Hickson

Dr Helen Sharrard



Anger

Fear

Disgust



Surprise

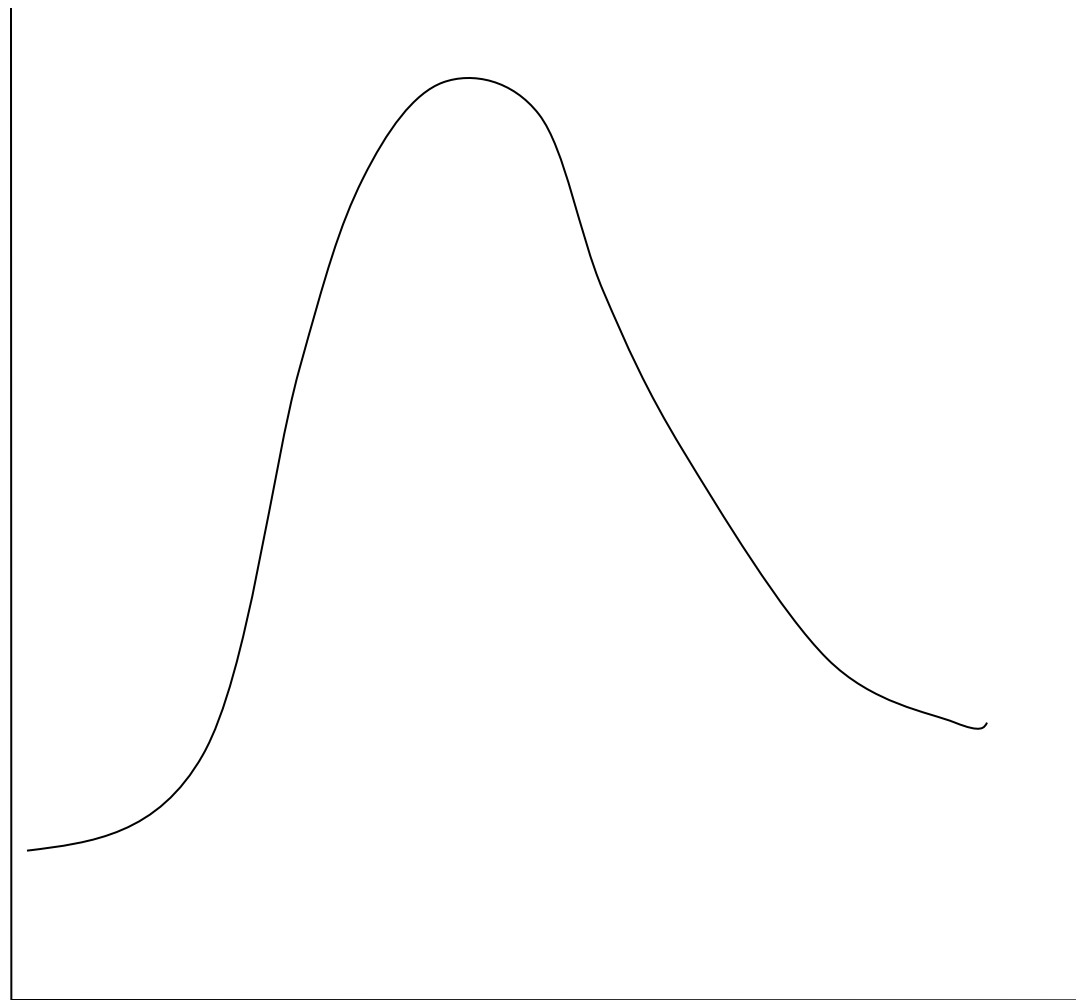
Happiness

Sadness

# What is normal?

- Some things are categorically abnormal
  - Seeing things which turn out not to be there
  - Hearing voices
  - Believing that aliens are controlling you
- Most psychiatric symptoms are extensions of normal emotions and behaviour

Symptoms  
e.g. emotions



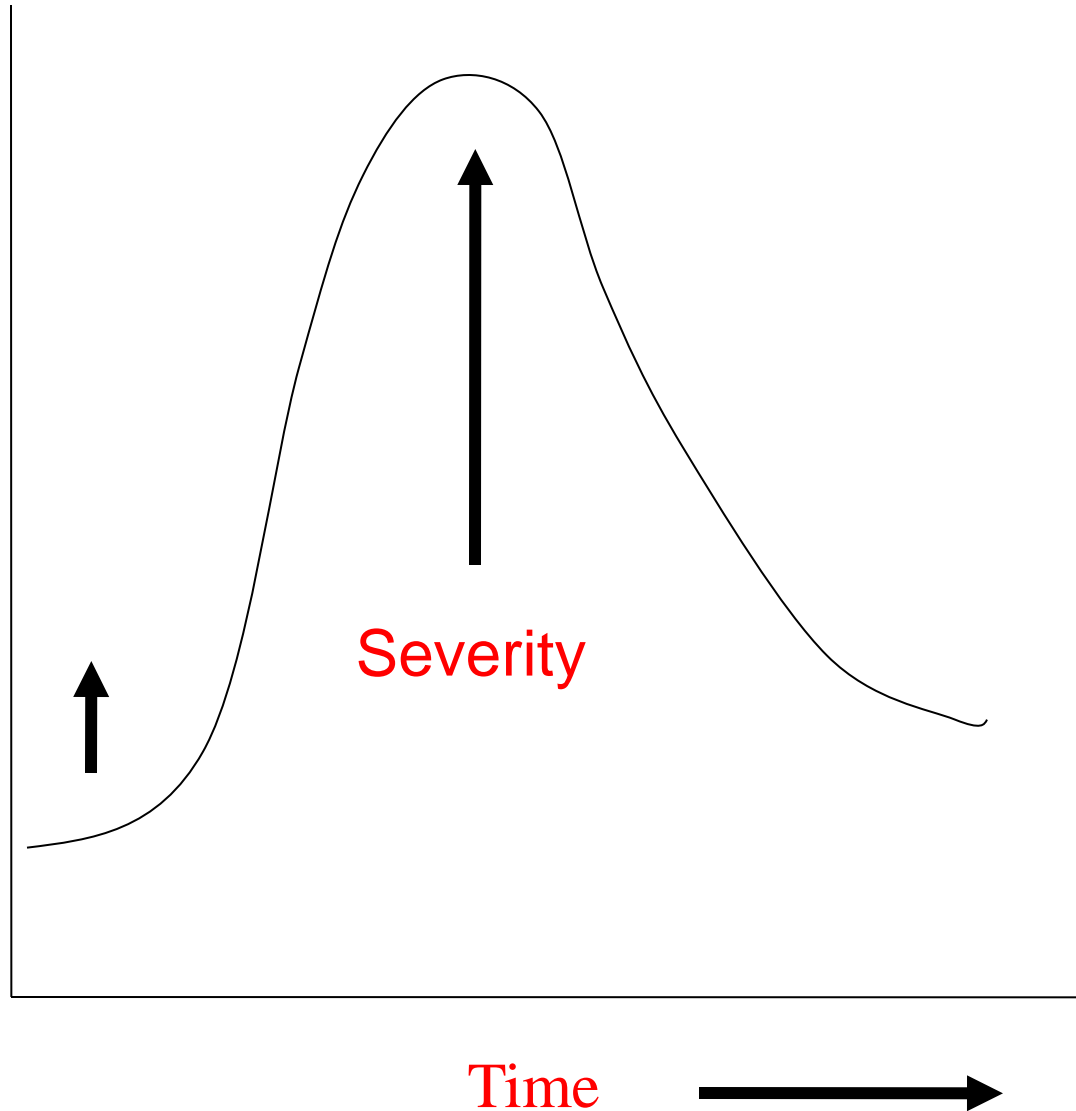
Time

Symptoms  
e.g. emotions

Increased  
Baseline

Severity

Time







Stacey  
Bipolar Affective Disorder

Newt  
Schizophrenia







# Trainspotting





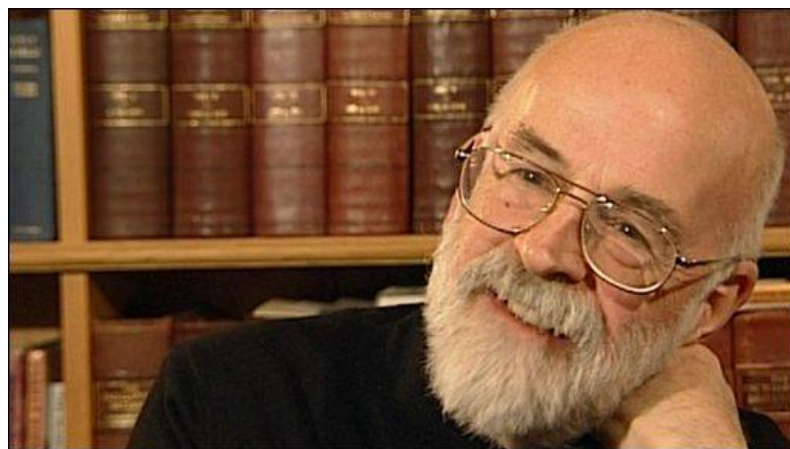
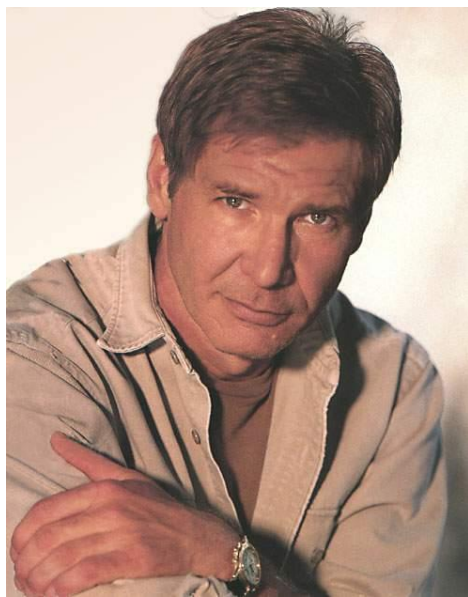
SOME MEMORIES ARE BEST FORGOTTEN.

(Official Selection - Toronto Film Festival) (Official Selection - Venice Film Festival) (Official Selection - Sundance Film Festival)  
GUY PEARCE CARRIE-ANNE MOSS JOE PANTOLIANO

# MEMENTO

MEMENTO presents a Memento production in association with NEW LINE PRODUCTIONS. A FILM BY CHRISTOPHER NOLAN. GUY PEARCE CARRIE-ANNE MOSS JOE PANTOLIANO "MEMENTO"  
CASTING BY JANE ROBERTSON COSTUME DESIGNER JANE ROBERTSON HAIR AND MAKEUP BY JANE ROBERTSON  
PRODUCTION DESIGNER JANE ROBERTSON DIRECTOR OF PHOTOGRAPHY WALLY PFISTER EXECUTIVE PRODUCERS JANE ROBERTSON  
PRODUCED BY JANE ROBERTSON WRITTEN BY JANE ROBERTSON AND CHRISTOPHER NOLAN DIRECTED BY CHRISTOPHER NOLAN  
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# Categories of mental disorder

<p>'Organic'</p> <p>Dementia</p> <p>Drug or Alcohol related</p> <p>Schizophrenia</p> <p>Bipolar Affective disorder</p> <p>Depression</p> <p>Anxiety disorder</p>	<p>Somatisation disorders</p> <p>Learning disabilities</p> <p>Autism</p> <p>Personality disorders</p> <p>Sexual problems</p> <p>Sleep problems</p> <p>Eating disorder</p>
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# Changing Minds video

## Royal College of Psychiatrists

**Who works with those with  
mental disorder?**

# Group work

- People with blue cards (interventions)
  - Find those with green cards (jobs)
- Does the intervention match the job?
  - E.g Do social workers prescribe medications
- Once all have been matched
  - those with green cards (jobs)
  - present to the group how you help people with mental illness



Psychiatrist	Assesses, diagnoses, prescribes medication
Social Worker	Improves housing situation, advice on debts
Psychologist	Tests IQ, makes formulations, treats with talking therapies
Psychiatric nurse	Gives medications, supportive work, monitors mental state
Occupational therapist	Measures function, helps people find meaningful work
Other roles are available!	Therapists, Speech and language therapists + Admin staff and managers

Any questions?

Hopefully you have  
learnt something

- please show us by answering  
our questions

# Thank you

- Handouts are available to anyone with an interest in becoming a psychiatrist

# Assessment & Evaluation

- Please look at the form provided
- Hopefully you score well!

**RESULTS OF FEEDBACK FROM SCHOOL RECRUITMENT VISITS 2010**

SCHOOL	MARLWOOD SCHOOL Alveston near Thornbury	NORTON SCHOOL, Midsomer Norton	BRISTOL GRAMMAR SCHOOL (Independent)	MERCHANT S ACADEMY, Hartcliffe	THE GRANGE SCHOOL and SPORTS COLLEGE Warmley	HAYESFIELD TECHNICAL COLLEGE Bath	WRITH LINGTON Business and Enterprise Specialist School, Radstock Bath	DOWNEND SCHOOL Bristol
Approximate Number	30	10	64	70	60	80	40	75
Year group	Year 12	Year 12 & 13	Year 12	Year 12 & ?13	Year 12	Year 12 (some year 10)	Year 12 & 13	Year 12 (some Year 13)
Subjects studied by pupils	NK	Some psychology students, one applying for medicine.	Some pupils aiming for Medicine or Psychology degree	NK	NK	46 Psychology 28 Health and Social care; Some aiming for Medicine	Psychology plus two aiming for medicine.	Some Medicine applicants;

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Number of pupils who completed feedback forms	30	10	28	67	55	59	31	59
Percentage of pupils who answered all questions correctly	28%	20%	11%	5%	7%	24%	36%	12%
Average score of correct answers	20 out of 21	19 out of 21	18 out of 21	17.5 out of 21	18 out of 21	19 out of 21	20 out of 21	17 out of 21
Percentage of 'interested' pupils (from text)	100%	100%	100%	80%	78%	80%	77%	80%
Percentage of 'bored' pupils (from text)	0%	0%	0%	9%	9%	12%	3%	0%

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General comments From pupils	Liked videos; More colour on slides. Difficulty hearing speaker. More interaction requested.	Liked the videos; Cards not concise enough; Liked celebrity information;	Liked the videos; found it informative; speakers too quiet; more colour on slides.	Liked videos and group work (but disliked speaking in public); Some couldn't hear; long words used; wanted career info;	Liked videos; card activity did not go well; difficulty hearing; powerpoint not 'eyecatching'; some said learnt a lot.	Liked videos; group too large for card game; wanted more interaction; some pupils said learnt a lot; some said knew it already; liked handout;	Liked the videos and many found game helpful; Some wrote what learnt.	Liked videos, wanted more; Many negative comments on group activity but some positive. Many wrote what had learnt.
Pupil group and setting					Mixed ability group, fairly attentive.	Disorganised school, poor acoustics; only one presenter and large mixed group (difficult)	Highly motivated and attentive group in modern rural school but the school IT malfunctioned !	Mixed ability group; casual setting and crowded.





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