

Implementing Traffic Light System on Multidisciplinary Task List (Mid- Chelmsford)

Dr Rupesh Adimulam (Consultant in Adult Inpatient Unit), Dr Ayesha Ahmad –ST5 General Adult/ Old Age, Dr Derya Nurlu (CT 1)

Motivation: Traffic light system is implemented in psychology and psychiatry in various different ways. These include risk assessment and management, Management of emotions and behaviour. During 2020-2021 covid -19 pandemic period, We, as a team, faced many struggles. These included low numbers of staff members due to sickness, increased amount of e-mails which were hard to catch up, decreased efficiency as a result and the questions of families regarding when they could see their relatives and how they could be part of ward reviews. One other reason why we wanted to implement this change was that to prevent delayed discharges which were caused due struggles we faced during pandemic period.

Methodology : First of all , we liaised with our IT department to grant access to 2 shared drives we created. This access was given to staff nurses, OT/PT teams, psychologists, doctors and ward secretaries who are working in our ward. Then we created a shared document which can be amended as the jobs get done. Under the name of every team, we documented what needs to be done during our weekly ward reviews which we conducted with one of the staff nurses. If the task is newly created we would put in a red box to highlight that it was newly decided and also to draw attention to it. We also asked every team to change this red colour into yellow when they acknowledged the task. This also meant that they are working on it. As a last step, we wanted them to turn the yellow box into green when they are finished with the task. So that team would be aware. This reduced the bi-standard apathy which we had due to e-mail sharing.

Figure 1.1 shows an example of Multidisciplinary Task List we created for acute inpatient Ward (any identifying features of patients' are crossed off)

- 5884	- 5885	Galleywood Ward, the Linden Centre, Puddingwood Drive, Broomfield, Chelmsford, CM17LF					- 5614 / 5615	
Patient details	Presenting Complaint	Secretary Michael tasks	Tasks from ward review nurses	Doctors	Actions outstanding nursing jobs	OT	Nutritionist	Psychology
Section 2 end 29/5/21								Please make a psychology assessment
Informal (FFD- delayed discharge)			Discharge Friday 28 th referral to HTT					
Sec 2 Level 4 diet								
Informal Level 1 obs FFD – delayed discharge			Facilitate a call to Care co Daisy Email sent – please chase	Please email Daisy Re: tauma work	Appointment with housing (Metropolitan) on 26/05/2021 @ 11am			-Start psychology -Flashback protocol I

Results



Identify staff members' digital literacy and provide support for those struggling with this system

The efficiency has improved, however the magnitude is difficult to measure

Reduced e-mail overload and bi-standard apathy

General overview and progress of a patient's treatment plan