



RCPsych Faculty of Eating Disorder Conference

Dr Adrian James, President, Royal College of
Psychiatrists

Ukraine



Donate to Red Cross Ukraine Crisis Appeal, if you can. **Look** at list of resources College has produced. Members of our **IAC** have been in contact with national and international agencies to ascertain what **practical support** College can offer. Call to members who are prepared to volunteer their time to delivering **psychological first aid**.

Your members



3592 members of Eating Disorder Faculty
(April 2022)

20,000 members

My priorities



Parity between
mental and
physical health



Championing
equality,
diversity and
inclusion



Workforce
wellbeing



Sustainability at
the heart of all
we do

Parity of esteem

Equity between physical and mental health



Continuing to meet regularly with CMO ensure mental health isn't forgotten as we emerge from pandemic



Working closely with NHS England to ensure mental health services continue to deliver



Urging the Government to invest in mental health

Equity between physical and mental health

Implementation of **community mental health framework** for adults and older adults

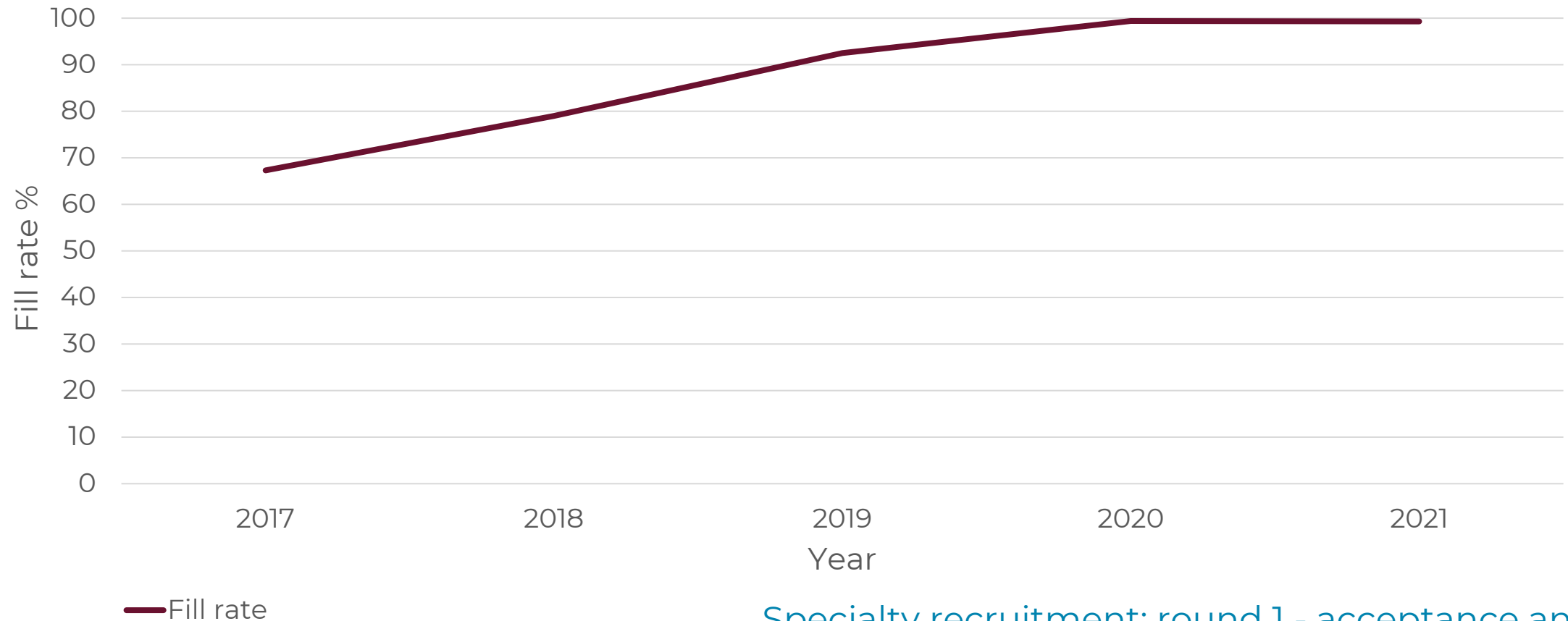
Clinical Review of Standards bring in waiting time standards across both emergency and community-based mental health services

Proposed **Mental Health Act reform** expected to lead to significant changes to improve process surrounding mental health detention

Workforce wellbeing

Choose Psychiatry

Psychiatric training fill rate (Health Education England)



[Specialty recruitment: round 1 - acceptance and fill rate | Health Education England \(hee.nhs.uk\)](https://www.hee.nhs.uk/specialty-recruitment/round-1-acceptance-and-fill-rate)

Enjoying Work Collaborative

- Launched in **Spring 2021**
- Providing opportunities for a range of health care teams across UK to use **quality improvement techniques** to help their staff:
 - Connect to what brings them joy in their work
 - Find ways to enhance their wellbeing
- Institute for Healthcare Improvement's **'Joy in Work' framework**
- Share ideas, provide feedback and measure in a standardised way



Championing EDI

Championing EDI

Taking **braver decisions** on equality, diversity and inclusion matters and becoming a **leader** amongst Royal Colleges

Publication of our **Equality Action Plan**

Working towards **29 clear actions** that will enhance equality for College members and College staff, equality in training and equality for healthcare staff and patients in mental health services

EAP Year 1 progress



Sustainability

RCPsych pledges

Commit College to an ambitious plan for sustainability, including a pledge that by 2040, it will achieve **net-zero carbon dioxide levels for emissions it directly controls**

Promote **prevention** in psychiatry, showing how detecting and treating illnesses early to halt or slow their progress is an essential part of making healthcare more sustainable

Integrate this work throughout College to develop a **wider sustainable network** and promote learning

RCPsych pledges

Support creation of an **alliance across mental health organisations** to better represent mental health impacts of, and potential solutions to, climate and ecological emergency

Empower patients to make informed choices in their care and engage them in development of mental health services that are collaborative and sustainable

Continue supporting integration of **social prescribing and nature-based care** into mental health services.

COP26



Raising the profile



“ **The Guardian, 27 December 2020**

It is probably the biggest hit to mental health since the second world war. It doesn't stop when the virus is under control and there are few people in hospital. You've got to fund the long-term consequences.

”

-Dr Adrian James

ED treatment under-19s (Oct-Dec 2021/22)

At end of 3 quarter
(October-December)
2021/22

1,918 patients were waiting for routine treatment, highest on record, and up from 1,216 at the same time last year (**57.7% increase**)

203 patients were waiting for urgent treatment, second-highest on record, and up from 86 at same time last year (**136% increase**)

2,460 people received routine treatment, down from 2,554 at same time last year (**3.7% decrease**), but also up from 1,812 two years earlier (**35.8% increase**)

Medical Emergencies in Eating Disorders (MEED)

- Guidance offers opportunity for **real step change** in identifying and treating eating disorders
- In its development, it has taken account of **latest evidence base**, views of patients and carers as well as learning from a number of tragic deaths associated with Eating Disorders
- Important to ensure **all clinicians are competent** in identification and management of these medical emergencies, within their sphere of work

Medical Emergencies in Eating Disorders (MEED)

- **Making preventable deaths from eating disorders a thing of the past** and **reducing harms** are key objectives of this Report
- Fantastic work of **NCCMH, Eating Disorder Faculty, patients and carers** and a range of other stakeholders in developing this Report
- Endorsed by **AoMRC** provides that awareness that this is an issue for all clinicians, not just those who work in Eating Disorder Services

Any questions?

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