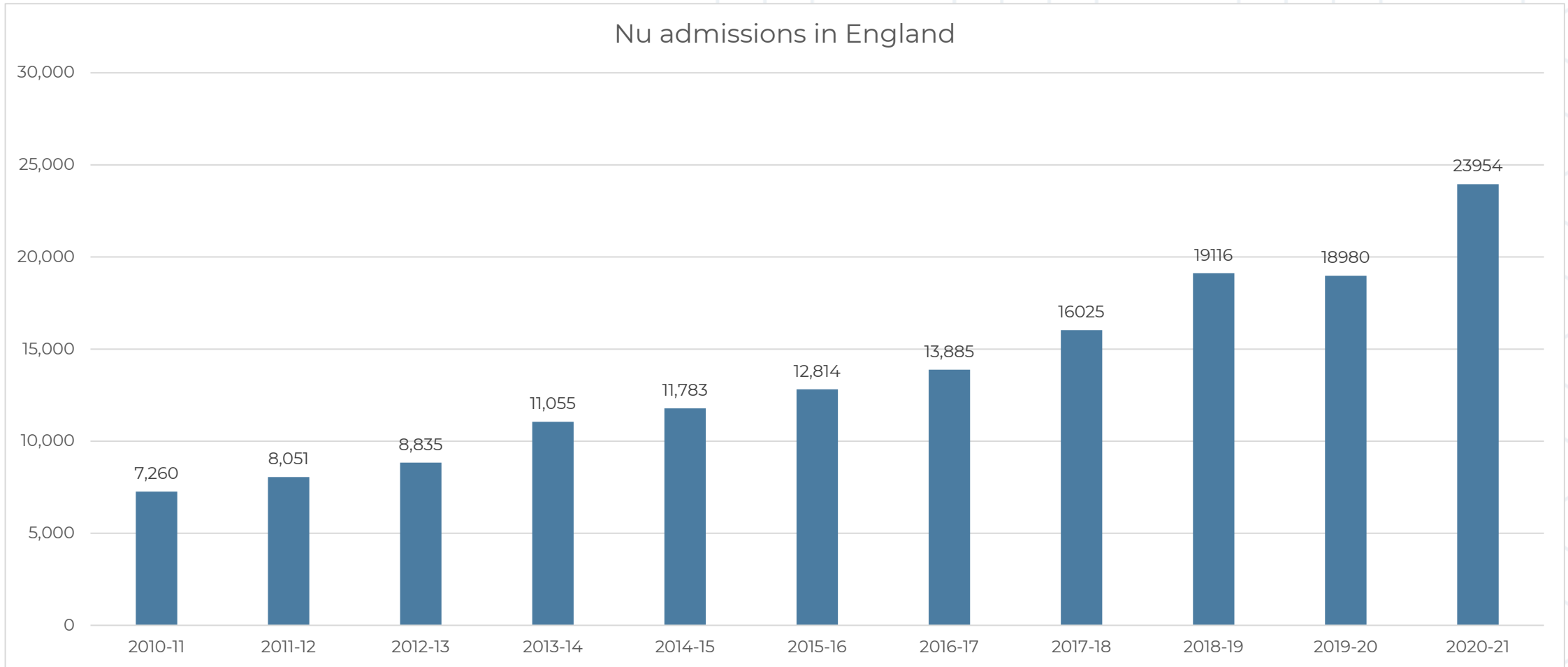


# Medical emergencies in Eating disorders

**Making preventable deaths due to eating  
disorders a thing of the past**

Dr Agnes Ayton  
Chair of Faculty of Eating Disorders

# Hospital admissions with eating disorders (NHS digital data)



# Report To Prevent Future Deaths –2021 &2022



- **“Evidence at the inquests suggested that limited progress has been made in respect of the PHSO recommendation with regard to the training of doctors** and other medical professionals, (notwithstanding the further recommendations of the PACAC Follow-up Report and the Government Response to the latter’s Recommendations).
- **Unchallenged evidence identified a number of regions as not even having consultant level psychiatric in-pat to the ED services that are purportedly available.**
- Over 30 members of the medical profession saw Nichola during her three admissions to FGH in 2020. **Of those, only one had knowledge of MARSIPAN and his understanding of MARSIPAN was extremely limited. This is not a question of lack of familiarity by professionals, it reflects a complete absence of any understanding that MARSIPAN exists and indeed how to implement it in respect of the emergency treatment of an anorexic patient**

# Thank you

## RCPsych Office bearers

- Wendy Burn, Adrian James, Kate Lovett

## Project group

- Dr Dasha Nicholls (Chair)
- Prof. Paul Robinson
- Dr Agnes Ayton

## NCCMH:

- Dr Kim Donoghue
- Nuala Ernest
- Eva Gautam-Aitken
- Helen Greenwood
- Joanna Popis,
- Dr Clare Taylor

## RCPsych Editorial Office

## Conference participants

### Expert reference group

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2. **James Downs**, Patient Representative
3. **Ben Robinson**, Patient Representative
4. **Dr Victoria Vella**, Carer Representative; Associate Specialist in Emergency Medicine,
5. **Dr Sarah Brown**, Consultant Liaison & General Adult Psychiatrist; Liaison Psychiatry Representative
6. **Dr Simon Chapman**, Consultant Paediatric/Adolescent Medicine, RCPCH Representative
7. **Dr Lee Hudson**, Consultant General Paediatrician, Great Ormond Street Hospital for Children
8. **Dr Alastair McKinley**, Chair of The British Society of Gastroenterology
9. **Dr Charlotte Pither**, Small Bowel & Nutrition Committee Representative, The British Society of Gastroenterology
10. **Dr Marian Davis**, General Practitioner; Chair of the RCGP Adolescent Group; Adolescent Health Group Representative
11. **Dr Sarah Fuller**, RD, Advanced Specialist Eating Disorders and Research Dietitian
12. **Dr Rhys Jones**, Consultant Psychiatrist and Clinical Lead, Leeds and York Partnership NHS Foundation Trust,
13. **Dr Jacinta Tan**, Consultant Child and Adolescent Psychiatrist,

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11. **Sharon Fossaluzza**, Modern Matron, South London and Maudsley NHS Trust
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14. **Dr Ashish Kumar**, Consultant Child and Adolescent Psychiatrist, Vice Chair of Faculty of eating disorders
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16. **Dr Heather Mills**, Consultant Medical Psychotherapist, Southern Health and Social Care Trust, Northern Ireland
17. **Dr Rhian Murphy**, Clinical Psychologist, NHS Wales
18. **Anne O'Herlihy**, Child and Adolescent Mental Health Services Project Manager, NHS England
19. **Caroline Piers**, Senior Eating Disorders Therapist, NHS
20. **Dr Jon Rabbs**, Consultant General Paediatrician, Paediatric Lead Sussex Family Eating Disorders Service
21. **Andrew Radford**, Chief Executive of Beat, Norwich
22. **Dr John Roche**, Consultant Psychiatrist, Priory, Honorary Clinical Lecturer, University College London
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31. **Dr Francine Verhoeff**, Consultant General Paediatrician, Alder Hey Children's NHS Foundation Trust, Liverpool
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33. **Dr Birgit Westphal**, Consultant Child & Adolescent Psychiatrist; Joint Chair Royal College of Psychiatrists Paediatric Liaison Network, UK
34. **Dr Jane Whittaker**, Retired Consultant Psychiatrist, Stockport a
35. **Dr Damian Wood**, Consultant Paediatrician, Children's & Adolescent Services, Nottingham University Hospitals NHS Trust

# Stakeholder engagement

1. Academy of Medical Royal Colleges
2. Aneurin Bevan University Health Board
3. Beat – Beat Eating Disorders charity
4. Black County Healthcare NHS Foundation Trust
5. Bodywhys – Eating Disorders Association of Ireland
6. British Psychological Society
7. Cambridgeshire and Peterborough Foundation Trust & NHS England/Improvement Experts of Experience Eating Disorders Clinical Network
8. Dorset Healthcare University NHS Foundation Trust
9. Evelina London Children’s Hospital at Guy’s and St Thomas/British Academy of Childhood Disability
10. F.E.A.S.T.
11. First Steps ED, Mental Health and Specialist Eating Disorders charity
12. Forward Thinking Birmingham / Birmingham Women’s and Children NHS Foundation Trust
13. GP Partner Affinity Care
14. NHS Wales
15. NHS England (London) Clinical Reference Group for Adult Eating Disorders
16. Priory Group
17. Priory Group Stockton Hall NHS Trust
18. Royal College of Physicians Advisory Group on Nutrition, Weight and Health
19. Richardson Eating Disorder Service, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
20. Royal College of Emergency Medicine
21. Royal College of General Practitioners
22. Royal College of Paediatrics and Child Health
23. Royal College of Psychiatrists, Faculty of Child and Adolescent Psychiatry
24. Royal College of Psychiatrists, Faculty of Eating Disorders
25. Royal College of Psychiatrists, Liaison Faculty
26. Tees, Esk and Wear NHS Foundation Trust
27. West Midlands Clinical Network for Adult Eating Disorders, NHS England and NHS Improvement
28. West Suffolk Hospital

# Next steps: Implementation

- Need your help!
- Training:
  - Curricula: AOMRC, RCPsych,
  - Local and regional MDT training
  - Whole team training
  - Credentialing
- Commissioning:
  - Adequate staffing levels – including training posts
  - Improving capacity: 455 SEDU beds – 23,000 admissions
- Faculty Lead: Dr Helen Bould