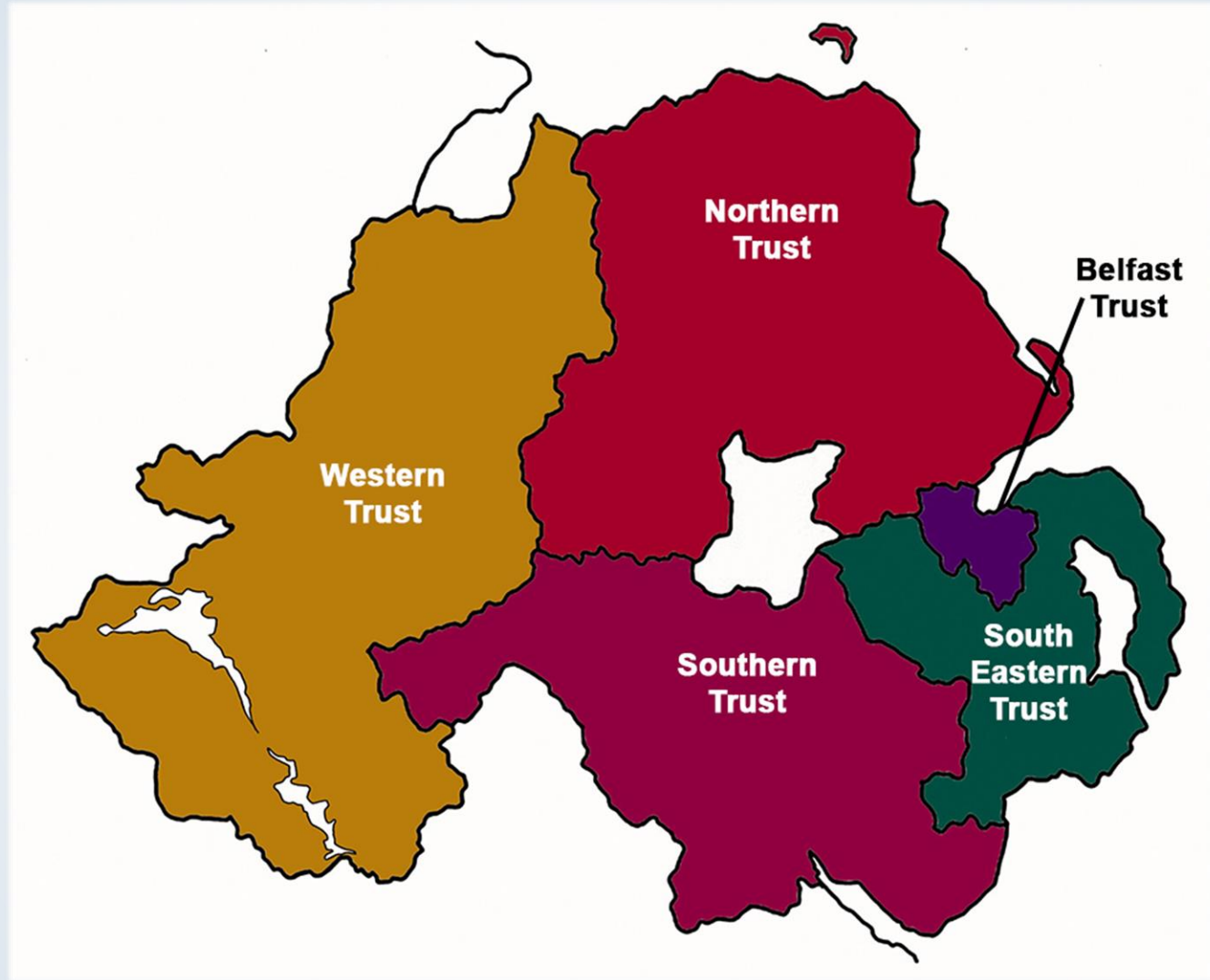




Experiences from Northern Ireland Faculty of Eating Disorders Online Spring Conference 2022

Dr David Coyle

Regional Eating Disorder Consultant





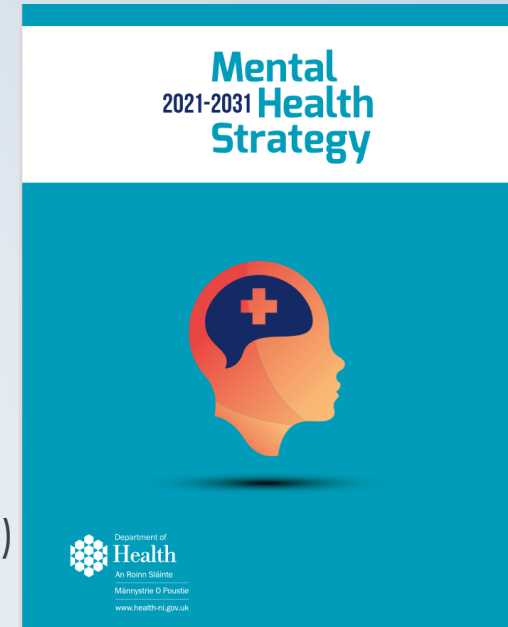
Historic Context



- ▶ First commissioned specialist services in 2006
- ▶ Gradual evolution
- ▶ ‘Ring-fenced’ financing for ECR
- ▶ Local units rarely used:
 - ▶ Bed availability
 - ▶ Regional variation
 - ▶ ‘Lack of training’
- ▶ Attempts made to establish Trust-based MARSIPAN groups

10 Year Mental Health Strategy

- ▶ Published June 2021
 - ▶ Promote mental wellbeing, resilience and good mental health
 - ▶ Right support at the right time
 - ▶ New ways of working (*including regional mental health service*)
- ▶ Equity - Eating Disorder Services as exemplar
- ▶ Action 29: 'Ensure there are specialist interventions available to those who need it'
 - ▶ Early intervention
 - ▶ In-reach to medical and mental health wards
 - ▶ Intensive day treatment
 - ▶ Development of [MARSIPAN]/MEED groups





Commissioning proposals

- ▶ Options Paper
 - ▶ Do nothing
 - ▶ Optimise community services (early intervention)
 - ▶ Optimise local admissions (in-reach, education and support)
 - ▶ SEDU
- ▶ Business case submission
 - ▶ 3-year funding approach
 - ▶ **MEED team**

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By Stephen Walker
BBC News NI Political Correspondent

2 hours ago



GETTY IMAGES



Challenges



- Mythos
- Fear
- Lack of education – ‘I am not specially trained’
- **Ownership**
 - Allocation of training underestimation of personal development
 - Cultural distribution of responsibility
 - Rites to the performance
 - Detachment anxiety of the crew in a spacesuit

Consequences

- ▶ Variation between
- ▶ Lack of/avoided
- ▶ Staff shortages
- ▶ Access to supplies
- ▶ 'Send them away'



MARSIPAN, group)



'ECRS'

- ▶ 'Round the bend'
- ▶ Huge cost
- ▶ Institutionalisation and iatrogenic harm
- ▶ Costed for NI for a 6-bedded unit
 - ▶ *Utilitarian vs Deontological*

Current networking

- ▶ Regional MEED group
- ▶ Clinical network
 - ▶ Service users and carer rep
- ▶ MCN proposal
 - ▶ Princes
- ▶ EDSIG
 - ▶ Emergency department
- ▶ Perinatal ds
 - ▶ Regional MEED group
 - ▶ Department of Health
 - ▶ GP Federations





Direction of travel

- ▶ MEED Team
 - ▶ Staff embedded throughout regional teams
 - ▶ Collaborate for in-reach, supervision, staff support, education
 - ▶ Ensure adherence to guidance
- ▶ Challenges
 - ▶ Recruitment
 - ▶ Regional oversight (MCN)
 - ▶ Regional variances (Mental Health Service for NI)




Educational Rollout

- Academic meetings
- Lunch and learn sessions
- Regional group for dietitians
- Recovery Colleges
- GPNI (Federations)
- NIMDTA
- UU
- Queens



Educational Rollout

- ▶ MEED Group away day
 - ▶ Pre-recording teaching
 - ▶ Pager Tagger newsletter
 - ▶ Embed guidelines in Trust intranets
- 



ANY
QUESTIONS?

