

Physical Health in ID

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Background

- PWLD more comorbid disorders with a median of eleven compared with five in the general population (Kinnear D et al, 2018)
- People with ID have higher physical health comorbidity: dysphagia, gastro-oesophageal reflux, constipation, visual impairment, hearing loss, cerebral palsy, epilepsy, CHD, hypothyroidism (Haveman et al., 2010, Cooper et al., 2015)
- Lifestyle factors: having a sedentary lifestyle, obesity and difficulties with maintaining hygiene independently (Haveman et al., 2010)
- People with intellectual disabilities have higher rates of mental disorders than the general population & are prescribed more psychotropic medication than others (Cooper et al, 2007 & Flynn, 2012)
- Diagnostic overshadowing

Results: ECG & others

Results: Bloods

Results: Optician, Audiology & Dental Checks

• ECG

- Done in clinic: 158
- ECG for the first time: 22 (age ranging from 20 to 55 years old)
- Abnormal ECG: 12
- 2 patients newly detected with cardiomegaly

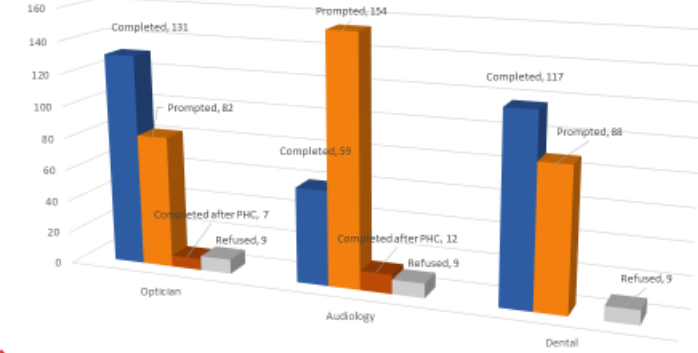
• Other Screening

- Constipated: 20 (on medication)
- Dysphagia: 2 (SLT referral done)

- Done in clinic: 96
- Done for the first time: 6

• Abnormal Blood Tests:

- FBC – 35
- TFT – 27
- U&E – 37
- LIPIDS/CHOLESTEROL – 36
- LFT – 21
- HBA1c – 9
- VIT D – 49 (Inadequate – 34, Deficient – 15)
- PROLACTIN – 40



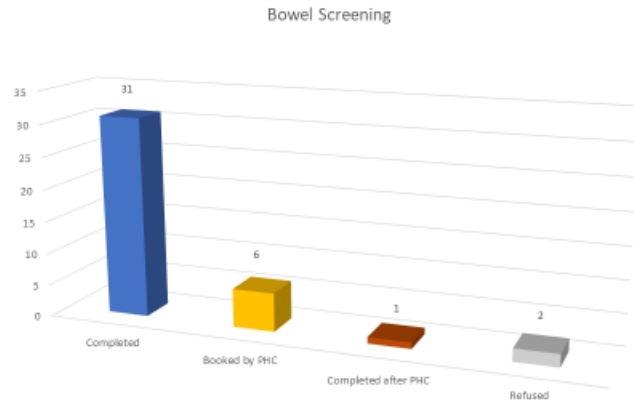
De-sensitisation support needed: 5 (2/3 appointments)
Refused Blood Tests: 13



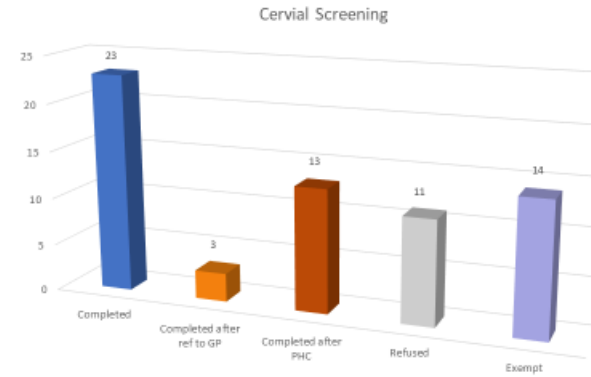
Results: Bowel Screening

Results: Cervical Screening

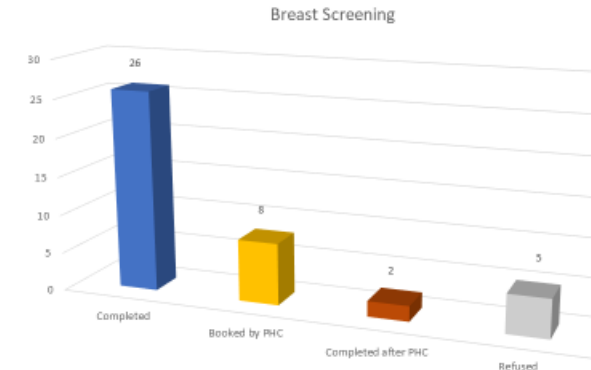
Results: Breast Screening



Eligible (male & female, >60 years) = 39



Eligible (female, 25-64 years) = 69



Eligible (female, 50-71 years) = 39

