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## Royal College of Psychiatrists

**‘Physical Health for people with Learning Disabilities – Should it be our business & priority?’ - Exploring new models of care**

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Where opportunity creates success



# People with Intellectual Disability

- More likely to die from an avoidable cause
  - At a younger age (average age of death of 61 yrs for males and 59 yrs for females)
- Black, Asian and Minority Ethnic groups died at younger ages than White British people
  - 43% of children (<18 years) were from BAME group.
- More likely to have co-morbidities
  - Obesity, Epilepsy, Dementia, Constipation, Mental health problems, GORD
- Increased risk of harm from over prescribing of Psychotropic drugs
  - STOMP Agenda



# What do we know about Health Checks?



- Lead to the detection of previously undetected or unmanaged health needs<sup>1 2 3</sup>
- Increased screening and health promotion activity<sup>4</sup>
- Lead to further assessments and referrals following health checks<sup>5 6</sup>
- Repeated health checks continue to identify health conditions<sup>7</sup>

# Health Checks-Wider Impact

- Identification of gaps in health services <sup>8</sup>
- Importance of support staff<sup>9</sup>
- Impact on social care staff
  - involved in best-interests decisions
  - Maintain records (health checks, dental and eye checks, screening)
  - Act as escorts, chaperones and supporters with communication

# Limited evidence on costs of Health Checks

- C21 Health Check £82/person<sup>10</sup>
  - Primary care nurse supported by specialist GP
- Comprehensive Health Assessment Programme (CHAP) (RCT)<sup>11</sup>
  - Costs similar to usual care (Delivered by GPs)

# Health Check as a Policy Implementation

- UK
  - Wales (2006)
  - England (2009)
  - Northern Ireland (2010)
  - Scotland (2022)
- Australia (2007)
- New Zealand (2003)
- Canada (recommended in guidelines)

# New Quality Improvement (QI) Domain

- Learning Disabilities QOF QI Domain 2020/21
  - QILD007 - The contractor can demonstrate continuous quality improvement activity focused upon learning disabilities as specified in the QOF guidance.
  - QILD008 - The contractor has participated in network activity to regularly share and discuss learning from QI activity focused on the care of patients with a learning disability as specified in the QOF guidance. This would usually include participating in a minimum of 2 network peer review meetings.



# Considerations for new models

- Costs
- Continuity
- Context/Content
- Acceptability
- Impact



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# Thank you

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