

Medical Student Balint Groups Symposium 25 March 2022

“Reflection and Resilience in Clinicians of the Future”

Hosted by the Medical Student Psychotherapy Schemes Working Group
(MSPSWG)

Programme

10.00-10.15	<p>Welcome and introduction with overview of rationale for Student Balint Groups Dr Sarah Majid, Chair RCPsych MSPSWG, Lead Clinician UCLH Medical Student & Balint Group Schemes, Consultant Psychiatrist in Psychotherapy Camden & Islington NHS Foundation Trust and Tavistock & Portman NHS Trust</p>
10.15 -10.25	<p>The impact of Balint Groups: Findings from Research Jessica Yakeley, Director of Medical Education Tavistock and Portman NHS Foundation Trust, Consultant Psychiatrist in Forensic Psychotherapy, Director of the Portman Clinic</p>
10.25-11.10	<p>Mixed-Method's Exploration of Medical Student Mental Health Dr Asta Medisauskaite, Senior Research Fellow Research Department of Medical Education, UCL Medical School Dr Antonia Rich, Associate Professor in Medical Education, UCL Medical School</p>
11.10-11.25	<p>National Overview of Medical Student Balint Group Schemes across the UK Dr Peter Shoenberg-MSPSWG Liaison Officer, Honorary Consultant Psychiatrist in Psychotherapy</p>
11.25-11.35	<p>King's College London Scheme - Rewards and Challenges Dr Barbara Wood-Consultant Psychiatrist in Psychotherapy, Maudsley Medical Psychotherapy Service & Psychotherapy Tutor SE Thames Training Scheme</p>
11.35-11.45	<p>Discussion and reflection on the challenges Dr Sarah Majid, Chair MSPSWG</p>
11.45-12.00	Break
12.00-12.45	<p>Reflection, Resilience and Good Medical Practice Dr Jane Marshall-Consultant Psychiatrist in Addictions, South London and Maudsley NHS Foundation Trust (SLaM) and Practitioner Health. Lead of Royal College of Psychiatrists Health for Health Professionals. Discussion and reflection</p>

12.45-1.00	<p>The National Medical Student Balint Initiative Jonny Martin, Lois Zac-Williams - Students from Kings College London & Dr Louisa Wilson - Child and Adolescent Psychiatrist and Group Leader ST5</p>
13.00-1.30	Lunch
1.30– 14.45	<p>Student Perspectives and Experiences</p> <p>1.30-1.45: Evaluation of a trainee-led Reflect-it pilot programme for Bristol black, Asian and ethnic minority medical students- Ayesha Siddiqa Abbas, Chelsea Henshaw & Nelima Hossain, Students from Bristol University</p> <p>1.45-2.45: Balint group experience from student perspectives- Priya Krishna, Felix-Simpson Orlebar, Naomi Borseth-Rasmussen, and Alexi Iakovidis Students from University Central London Hospital</p> <p>Discussion and reflection</p>
14.45-15.00	Reflection on the day and close