

# Seclusion Reviews in Medium-secure unit

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*“Seclusion refers to the supervised confinement and isolation of a patient, away from other patients, in an area from which the patient is prevented from leaving, where it is of immediate necessity for the purpose of containment of severe behavioural disturbance which is likely to cause harm to others”(CoP 26.103)*

**Aim:** Audit seclusion reviews as per the SLaM Trust Policy, namely

- 1 hour medical review after seclusion initiation
- Senior medical review
- Internal MDT review

**Standards:**

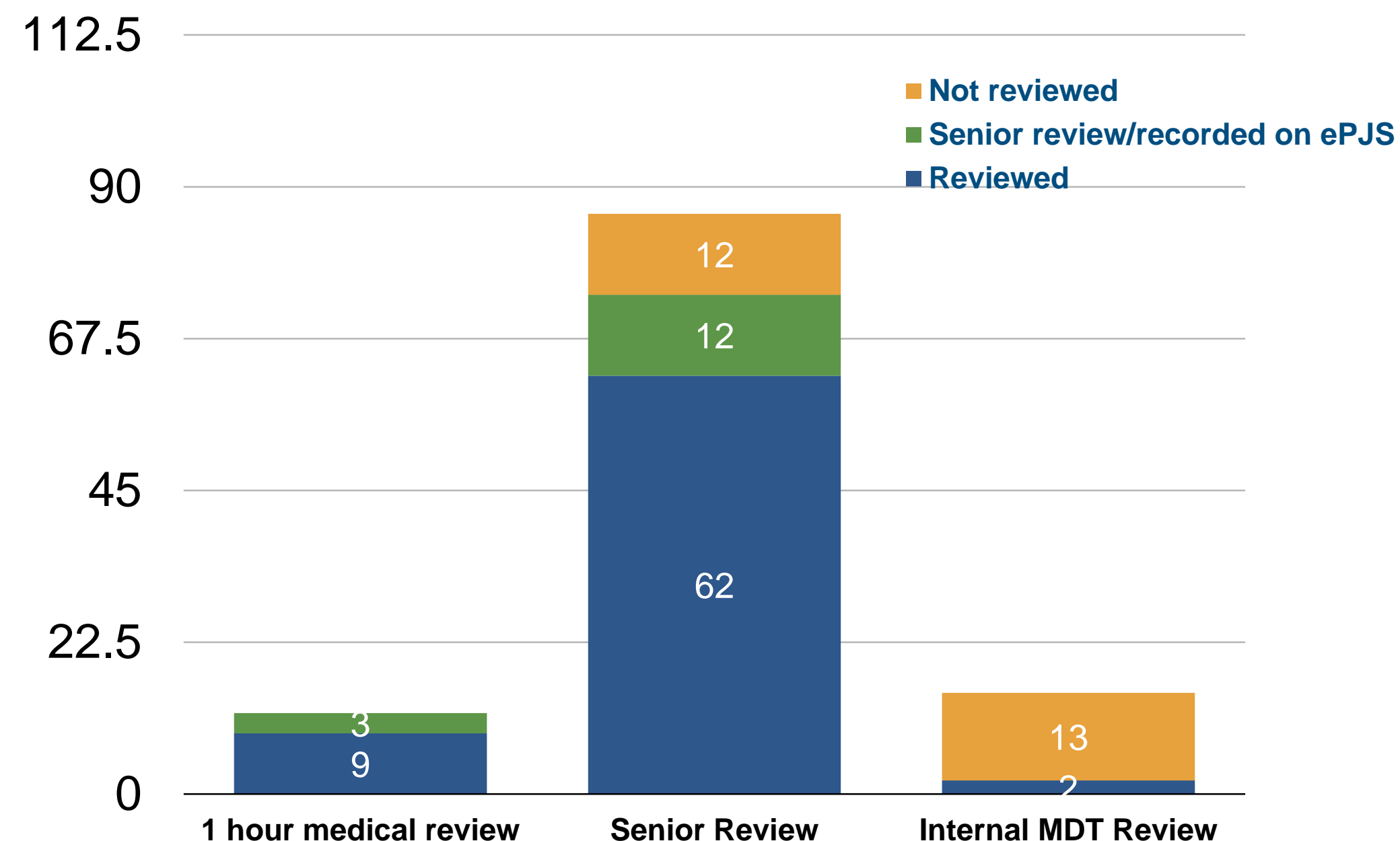
- **Medical review within 1 hour of seclusion initiation**(if not initiated by Responsible Clinician)
- **Senior medical review**-twice in 24 hours
- **Internal MDT review**- soon after initiation and once in 24 hours

**Method**

- All patients admitted from 1st April to 30th September 2021 included (**N=24**)
- Data collected retrospectively by reviewing electronic seclusion records and ePJS entries and by reviewing Datixes

## Results:

- **100%** had 1 hour medical review when considering senior reviews
- **86%** senior reviews were completed
- Only **13%** Internal MDT reviews documented



## Discussion:

- Full compliance for initial medical review- good system in place, nurses promptly alerting on call doctors
- Senior medical reviews during working hours are complete, lapses noted on weekends
- Internal MDT reviews regularly taking place, but not documented

## Recommendations:

- Internal MDT reviews to be documented on the seclusion record in electronic notes
- Senior medical reviews to be discussed in the weekend huddles
- Re-audit seclusion reviews after implementing these

## Limitations:

- Limited sample size
- Patients secluded in the Intensive Care Area could not be included in the audit as unable to obtain data