



# **RCPsych in Scotland Addictions Faculty Conference 2023**

**@RCPsychScot  
#ScotAdd23**

Friday 31 March 2023  
Crieff Hydro Hotel  
Arrival / Registration from 9.15-9.45am

## **Digital Event Booklet**

## Housekeeping



**A register will be taken to confirm attendance upon arrival**



**Please turn your phone/devices to silent and your email notifications off for the duration of the event.**



**Feedback Forms will be circulated for you to complete in the afternoon.**



**Certificates of attendance will be emailed to you within 10 days of the event.**

# PROGRAMME

## *“Scotland’s Drug and Alcohol Crisis – What is Being Done?”*

### Morning Session Chair:

09:15 – 09:45	<b>Arrival and Registration</b>
09:45 – 10:00	<b>Welcome and Opening Remarks</b> Dr Susanna Galea-Singer, RCPsychiS Faculty Chair; Dr Seonaid Anderson, RCPsychiS Vice Chair and Dr Iain Smith, Faculty Executive.
10:00 – 10:15	<b>The political commitment to Scotland’s drug and alcohol crisis</b> Speaker TBC
10:15 – 10:45	<b>Scotland and England – how can we learn from and support each other</b> Dr Emily Finch, Chair, Faculty of Addictions Psychiatry, RCPsych
10:45– 11:00	<b>Coffee/Tea break (and posters)</b>
11:00 – 11:45	<b>The way ahead: Co-occurring substance use and mental health</b> Dr Iain Smith, Consultant Addictions Psychiatrist, NHS Forth Valley
11:45 - 12:30	<b>MAT Standards Implementation update – MIST March 2023</b> Tracey Clusker, Nurse Consultant MIST, PHS
12:30 – 13:00	<b>Faculty Business Meeting</b>
13:00 – 14:00	<b>LUNCH (and posters)</b>

### Afternoon Session Chair:

14:00 - 14:45	<b>Alcohol use disorders and socioeconomic inequality in Scotland: examples from two case studies (virtual session via Zoom)</b> Jim Lewsey, Professor of Medical Statistics and Francesco Manca, Research Associate, Health Economics & Health Technology Assessment, University of Glasgow
14:45 - 15:30	<b>Establishing an Alcohol Treatment Target for Scotland</b> Dr Peter Rice, President, European Alcohol Policy Alliance and Chair, Institute of Alcohol Studies UK
15:30 - 15.45	<b>Coffee/Tea break (and posters)</b>
15.45 – 16:30	<b>Poster Presentations &amp; Award</b>
16:30	<b>Closing Remarks / Meeting Closes</b>

This event is eligible to 6 hours CPD, subject to peer group approval and in line with the Royal College of Psychiatrists' guidelines.

## Speaker Biographies

### Dr Emily Finch

**Dr Finch** is Clinical Director for Addictions at the South London and Maudsley Trust as well as the current Chair of the RCPsych Addictions Faculty. She currently works with alcohol users who are frequent hospital attenders. She has extensive experience of national policy work as well as research and teaching.

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### Dr Iain D Smith (MD MB ChB BSc (Hons) FRCPsych FRCPE)

**Dr Smith** studied medicine at the University of Glasgow, 1976-1983 achieving a First-Class Honours B.Sc. in Animal Developmental Biology in 1980 and subsequently graduating M.B. Ch.B. in 1983. He entered psychiatry in 1984, passing the MRCPsych examination in 1988. From 1988-1992 he held the post of Lecturer in Psychological Medicine at the University of Glasgow Medical School. He was a Consultant Psychiatrist at Gartnavel Royal Hospital in Glasgow, 1992-2019, and an Honorary Clinical Senior Lecturer, University of Glasgow, since 1992 (ongoing). He specialises in the field of addiction psychiatry and is currently Chair of the Medical Council on Alcohol (UK) Education Committee. He is on the Executive Committee of the Alcohol and Drug History Society (International). He has interests in philosophy, the arts and history in relation to psychiatry and how these three perspectives can be integrated into psychiatric training. He graduated M.D. at University of Glasgow in 2018 on the basis of his thesis exploring the medical response to alcohol problems in Scotland from 1855 to 1925. He has published a wide range of articles in the fields of alcohol and drug studies and psychiatric history. He continues to work clinically as an Addiction specialist in Stirling, Scotland having retired from his long-term post in Glasgow.

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### Tracey Clusker

**Tracey Clusker** is a mental health nurse and non-medical prescriber with over 18 years' experience working in the field of substance use, having managed services across the central belt. Tracey was awarded the queens nurse title for being a change maker in nursing, and is currently working as the nurse consultant, with Public Health Scotland supporting the implementation of MAT standards across ADPs and Justice.

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### Francesco Manca

**Francesco's** background is in economics and after graduating had some short working experiences in the field of international co-operation. He joined the University of Glasgow in 2018 and is now a Research Associate in Health Economics and Public Health. He is currently focused on evaluations of public health intervention, with a specific interest in alcohol-related policies and epidemiology. Francesco also has experience in health economic evaluations of diagnostics and screening strategies related to a diverse range of disease areas (alcohol misuse, infectious and neglected tropical diseases). For more information, consult his [university webpage](#).

**Presentation Abstract:** The presentation will show associations between socioeconomic characteristics and alcohol use disorders in general using international examples as well as some figures from Scotland. I will then describe two studies referring to Scotland showing associations between social support and alcohol dependence relapse and the inequality in prescriptions for alcohol dependence.

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### Dr Peter Rice, Consultant Psychiatrist

**Dr Rice** is an Addiction Psychiatrist based in Scotland. He was Chair of Scottish Health Action on Alcohol Problems, a project of the Royal College of Physicians of Edinburgh, from 2012-20. He was one of the group of doctors who campaigned for evidence based policy in Scotland leading to the introduction of Minimum Unit Price and a national screening and brief intervention programme. He is:-

- President of the European Alcohol Policy Alliance, EURO CARE
- Alcohol policy advisor for the Royal College of Psychiatrists UK
- Chair of the Institute of Alcohol Studies (UK)
- He has been a Consultant to WHO Europe
- He is past Chair of the Royal College of Psychiatrists in Scotland.

Dr Rice worked in clinical practice for 23 years in an NHS Alcohol Problems Service. He applied population health principles to his clinical service with a focus on prevention, early intervention and care pathways and this led to increasing involvement in policy work at national and international level. His work with the Royal College of Psychiatrists focused on the impact of mental and behavioural health to population health and health inequalities.

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## Poster Presentations

### **1. Audit on Diazepam Prescribing in Forth Valley**

Author: Hanieh Enayati, Locum SHO/FY3, Substance Use Service, Falkirk Community Hospital, NHS Forth Valley

### **2. Using reflective practice to support staff well-being and facilitate delivery of trauma informed care in a Drug and Alcohol service MDT**

Authors: Dr Mithun Barik (MB), Addiction Psychiatrist, South Ayrshire Treatment and Recovery Team (START), NHS Ayrshire and Arran & Dr Andrea Gallagher-Cowley (AGC), Principal Clinical Psychologist, Drug and Alcohol Psychology Service (DAPS)

### **3. First Cycle Audit: The role of Acamprosate in the preparation for and accomplishment of alcohol detoxification.**

Author: Dr Amarena Guevara Celsi, CT3 Psychiatry, Lansdowne Psychotherapy Service & Gartnavel Royal Hospital

### **4. Integration of co-occurring mental health difficulties into substance use care in Lanarkshire: service users' perspectives on their psychiatric needs' attention and management.**

Author: Dr Kinga Noble, Medical Officer, North East Alcohol and Drug Recovery Service, NHS GG&C

### **5. Emergency response to drug harms: Making connections to save lives\***

Authors: Julie McCartney, Clinical Effectiveness Lead - Drug Harm Reduction (East Region); Kieran Whitford, Clinical Effectiveness Lead (North) for Drug Harm Reduction, Scottish Ambulance Service & Abby McQueen

\*please note that this poster is not included within the poster prize voting.

# WE LOOK FORWARD TO WELCOMING YOU TO THE EVENT!