



RCPsych in Scotland Child and Adolescent Faculty Conference and AGM

**@RCPsychScot
#ScotCAP2023**

Thursday 23rd November 2023
at the Apex Grassmarket Hotel, Edinburgh
Registration from 9.15am

Event Booklet



A register will be taken to confirm attendance upon arrival



Please turn your phone/devices to silent and your email notifications off for the duration of the event.



Feedback Forms will be circulated for you to complete in the afternoon.



Certificates of attendance will be emailed to you within 10 days of the event.

RCPsych in Scotland

Child & Adolescent Faculty Conference 2023

Child & Adolescent Psychiatry: Looking to the Future

Thursday 23rd November 2023 | Apex Grassmarket Hotel, Edinburgh

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Morning Programme

Chair: Dr Leonie Boeing

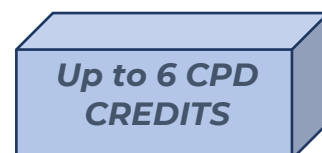
09:15 – 09:30	Arrival and Registration
09:30 – 09:40	Welcome and Introduction Helen Smith, Chair; Kandarp Joshi, Vice Chair; Leonie Boeing, Meetings Secretary - RCPsych Child & Adolescent Faculty Executive
09:40 – 10:20	KEY NOTE PRESENTATION Looking into the future: what are the clinical outcomes for patients of child and adolescent psychiatry services when followed into adulthood? Professor Ian Kelleher, Chair of Child and Adolescent Psychiatry, Uni of Edinburgh
10:20 – 10:45	Artificial Intelligence for Mental Health: Unravelling the challenges between accuracy and explainability Dr Emmanuel Papadakis, Lecturer in Artificial Intelligence, member of the Centre of Artificial Intelligence for Mental Health, Department of Computer Science, University of Huddersfield
10:45 – 11:05	Break & Posters
11:05 – 11:45	KEY NOTE PRESENTATION Which came first, the chicken or the egg? Trauma and Neurodevelopment in child psychiatry Professor Helen Minnis, Professor of Child and Adolescent Psychiatry, University of Glasgow
11:45 – 12:10	Researching a new approach to Neurodevelopment: Rapid summary of work on ESSENCE D, referrers studies, reports, the National ND Practitioners course and vCreate Dr Jason Lang, Clinical Senior Lecturer in Neurodevelopment, Glasgow University
12:10 – 12:30	Q & A Panel
12:30 – 13:30	Lunch & Posters

Afternoon Programme

Chair: Dr Kandarp Joshi

13:30 -14:00	Faculty AGM (College members only)
14:00-14:10	MESSAGE: Integrating Sex and Gender in CAMHS Research Dr Kate Womersley, CT2 Psychiatry, SE region
14:10-14.40	BANG. insight into Neurodivergence - Late diagnosis and solutions /self help Pauline Grigor with young people from "Borders Additional Needs Group (BANG) Local Service Users in Action"

14.40-14.50	Senior Academics in Child and Adolescent Psychiatry in the UK and Ireland: Comparison to a Similar Sized Specialty Aleks Poziemka, FY1, Dumfries & Galloway
14.50-15.00	Eating Disorder Presentations to NHS Lothian CAMHS: 2019 – 2022 Dr Robyn Bailey, CT3 Psychiatry, SE Region
15.00-15.20	Early Intervention for Young People with Borderline Personality Disorder Dr Ruchika Gajwani, Senior Research Fellow, Mental Health and Wellbeing, Glasgow University
15:20– 15:35	Break & Posters
15:35-16:30	KEY NOTE PRESENTATION Psychiatrists in Scottish CAMHS – where do we go from here? Dr Elaine Lockhart, Consultant in LD CAMHS, Glasgow and Chair of the RCPsych UK Child & Adolescent Faculty
16.30	Poster Prize Winner and Meeting Closes <i>Retire to the Dragonfly Cocktail bar for chat/pizza</i>



The RCPsychiS reserves the right to change the programme without prior notice. 1 point per hour of educational activity can be allocated, pending peer group review.

Speaker Biographies

Morning Session: Chaired by Dr Leonie Boeing

Professor Ian Kelleher

Professor Ian Kelleher is Chair of Child and Adolescent Psychiatry at the University of Edinburgh and a consultant psychiatrist working in specialist Child and Adolescent Mental Health Services in Scotland.

He is adjunct professor at University College Dublin, Ireland, and the University of Oulu, Finland.

His research interests are in the prediction and prevention of serious mental illness and suicidal behaviour. He leads an interdisciplinary research team that takes a data-driven approach to identifying individuals at risk of psychosis and bipolar disorder, as well as research on psychotic and attenuated psychotic symptoms in clinical and non-clinical populations.

Dr Emmanuel Papadakis

Emmanuel Papadakis is a lecturer in Artificial Intelligence in the Department of Computer Science at the University of Huddersfield. He obtained his PhD in Geographic Information Science in 2019, working on infusing computer-based representation of space with human context, which enables human-based search of space: e.g. which places are likely to cause stress? In the last 3 years, he is a member of the Centre of Artificial Intelligence for Mental Health. Collaborating with NHS partners, he has participated in several projects aiming to model complex phenomena (ADHD, Autism, Suicide prevention, dementia) and enable the development of prediction/inference models. His research interests mainly lie within Artificial Intelligence (AI), particularly Knowledge Representation & Reasoning and Applied Machine Learning. His main focus is combining knowledge-based and data-driven AI solutions to promote models that support explainability and that are applied on domains related to health and wellbeing.

Professor Helen Minnis

Helen Minnis is Professor of Child and Adolescent Psychiatry at the University of Glasgow. She has had a longstanding clinical and research focus on the psychiatric problems of abused and neglected children. She is running randomised controlled trials of interventions for children who have experienced early adversity. She also conducts epidemiological research and is currently focusing on the interplay between abuse and neglect and neurodevelopment across the life-course. She has collaborations with colleagues at the Institute of Psychiatry, Psychology & Neuroscience at King's College London, the Universities of Aalborg and Aarhus, Denmark and with the Gillberg Neuropsychiatry Centre, Gothenburg, Sweden.

Dr Jason Lang

Jason is a Senior Clinical Lecturer in Neurodevelopment at the University of Glasgow and an Honorary Consultant in Child and Adolescent Psychiatry. His research interests include neurodiversity in children and young people, the co-occurrence of different neurotypes within this population and the experience of being neurodivergent, including equality issues associated with neurodivergence. He is also interested in how services, early intervention, and environmental interventions can be configured to better serve this population. Jason has a longstanding interest in education and is currently working on the creation of a national Neurodevelopmental Practitioner course as well as collaborating on the development of an Infant Mental Health course within the University of Glasgow. Jason possesses some lived experience of neurodivergence. He is autistic and is father to two daughters who are also both neurodivergent.

Afternoon Session: Chaired by Dr Kandarp Joshi

Kate Womersley

Dr Kate Womersley is a CT2 psychiatry trainee in NHS Lothian with a particular interest in the mental health of girls and women. She is the co-principal investigator of the MESSAGE project (Medical Science Sex and Gender Equity), funded by the Wellcome Trust, which is working to increase integration of sex and gender considerations in biomedical, health and care research across the UK. She is a research fellow at Imperial College London and The George Institute for Global Health.

Pauline Grigor with young people from “Borders Additional Needs Group (BANG) Local Service Users in Action”

Borders Additional Needs Group a registered Charity based in Scottish Borders. They deliver national lottery funded project: Branching Out Transitional Program aimed at Neurodivergent Additional Needs young people aged 11-15 years and 16-25 years. They deliver inclusive youth projects with key focus on Mental Health and Well-being, accessing employment, peer support and independent living skills. Neurodivergent Youth Voice Group are here today to provide an insight into late diagnosis and exploring self help and support to Neurodivergent young people – An inside perspective

<https://www.bordersadditionalneeds.org/who-we-are>

[Donate - Donation amount - JustGiving](#)

Aleks Poziemska

Dr Aleksandra Poziemska, FY1 in Dumfries & Galloway. Presenting medical school elective research project undertook under the supervision of Professor Ian Kelleher at UofE.

Dr Robyn Bailey

CT3 Psychiatry Trainee. Dr Robyn Bailey completed her medical training at the University of Sheffield and is currently a CT3 psychiatry trainee in South East Scotland. She has a special interest in eating disorders, including completing a 1-year clinical-academic post in the Child and Adolescent Psychiatry research group at the University of Edinburgh, examining changes in eating disorder presentations to specialist CAMHS services in recent years.

Dr Ruchika Gajwani

Dr Ruchika Gajwani is a Senior Research Fellow and in Clinical Psychology and co-director of the Centre of Developmental Adversity and Resilience (CeDAR) at the University of Glasgow. Engaging substantially in the model of early intervention and prevention, she is leading complex clinical trials in adolescent mental health for some of the most vulnerable and excluded children and young people. With the prestigious MQ fellowship, her current work is focussing on testing community trials for young people with Borderline Personality Disorder features (BRIDGE project). Through partnership working and collaborations, the team is building a research portfolio on innovative solutions, scaling up proven treatments, and ensuring they reach those who need them most. Her research focus for the last twenty years has been on developing pathways for understanding risk and resilience within marginalised, clinical high-risk children and young people. She has conducted genetic, longitudinal and qualitative research on the role of developmental adversities and neurodevelopmental conditions on health outcomes.

Dr Elaine Lockhart

Elaine Lockhart works with the GGC LDCAMHS team part-time and is Chair of the RCPsych Child and Adolescent Faculty.

Chair's Report for the AGM of CAMHS Faculty RCPsychiS: 23.11.23

Dear All

I'm sorry I am not able to attend the conference and I hope you have all had a good morning session. This is my last report to the AGM as my tenure as Chair has now ended. I would like to thank you all for your support over the last 4 years and in particular the members of the Executive Committee.

Over the last 12 months the College has responded to a number of consultations including the Transitions Bill, the mental Health Strategy and the national care service consultation. We have also supported updating of a number of College Reports such as CR207, which I am sure you all know is about job planning for consultants. We continue to contribute to the National eating disorder work and were heavily involved in the short life working groups. We are supporting the writing of a position statement for adolescents with Borderline Personality Disorder and the Forensic network to develop guidance for transgender patients.

Working in CAMHS continues to be challenging at times and the workforce issues continue at all levels and in all professional groups. The College is continuing to work on this and attract medical students into the profession.

I am hoping you will all have received a [survey about the use of Clozapine](#). This is in response to the investigation by the Mental Welfare commission. I would strongly encourage you all to complete this to allow a better understanding of the difficulties that may be involved in this area of practice.

Finally, I would like to thank all the staff at the Royal College including Susan Richardson, Laura Varney and the policy team in particular. I have been honoured to serve as Chair of the Faculty but I am looking forward to a rest. I hope people will volunteer to be members of the Executive as the valuable work needs to continue.

Helen



Poster Presentations

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Child and Adolescent Faculty Conference
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1. Harry Brown - *"The Impact of Short Form Video Content on ADHD"*

2. Lynn Brown - *"Evaluation of mentoring among Scottish Child and Adolescent psychiatrists"*

3. Katey Gribben - *"TIC TAC: Tics in Clinic, Treatment & Assessment Comparison"*

4. Dr Lina Zariddin - *"Exploring the role of family, community and culture in supporting the resilience of children and young people: A mixed method systematic review" Study in progress*