

RCPsych in Scotland AUTUMN MEETING 2023

29 September 2023 | Online Zoom Event

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Morning Programme: No Easy Answers: Embracing Complexity in Long-Term Mental Illness	
09:00 – 09:15	Registration
09:15 – 09:30	Welcome and introduction to the morning from the Chair Dr Maire Cooney, Chair, Faculty of Rehabilitation Psychiatry, RCPsychiS
09:30 – 10:20	Functional Neurological Disorders Professor Alan Carson, Consultant Neuropsychiatrist, Centre for Clinical Brain Sciences
10:20 – 11:10	Imagining a health system that starts from health not sickness? Dr Richard Smith, Chair UK Health Alliance on Climate Change
11:10 – 11:30	Comfort Break
11:30 – 12:20	What matters most Dr Lucy Pollock, Consultant Geriatrician and author, Somerset Foundation NHS Trust
12:20 – 12:40	Panel discussion
12:40 – 13:30	Lunch
13:30 – 13:40	RCPsych in Scotland Business Meeting Dr Linda Findlay, Chair, RCPsych in Scotland Dr Jane Morris, Vice Chair, RCPsych in Scotland
Afternoon Programme: Recent Advances in Bipolar Disorder: Light, Circadian Rhythms and Metabolism	
13:40 - 13:45	Welcome and introduction to the afternoon session from the Chair Professor Daniel Smith, University of Edinburgh
13:45 – 14:35	Light Sensitivity and Circadian Rhythms in Bipolar Disorder: the HELIOS-BD and AMBIENT-BD Studies. Professor Daniel Smith, University of Edinburgh
14:35 – 15:25	The Ottawa Sunglasses at Night for Mania Study Professor Jess Fiedorowicz, University of Ottawa, Canada
15:25 – 15:45	Comfort Break
15:45 – 16:35	Feasibility Study of the Ketogenic Diet for Bipolar Disorder. Dr Nicole Needham, University of Edinburgh.
16.35	Meeting Closes

Up to 6 CPD
CREDITS