

## New Consultant Conference 2023

### 'Stepping into New Consultant Role: Learning skills that help'

30 March 2023 | 09:30 - 16:45

Online via Zoom

<b>09:20 – 09:30</b>	<b>Virtual Room Opens for Delegates</b>
<b>09:30 – 09:40</b>	<b>Welcome and introductions</b> <i>Dr Amit Biswas</i> <i>Consultant Child &amp; Adolescent Psychiatrist; Lead Clinician, The Beacon Centre, Well Being Champion (Co- Lead London)</i>
<b>09:40 – 10:10</b>	<b>What type of leader do you want to be?</b> <i>Dr Helen Crimlisk</i> <i>Associate Registrar Leadership and Management, RCPsych, Deputy Medical Director, Sheffield Health and Social Care NHS Foundation Trust</i>
<b>10:10 – 10:45</b>	<b>Coping with Serious Incident, Suicide and Complaints as a New Consultant</b> <i>Dr Rachel Gibbons</i> <i>Independent Consultant Psychiatrist and Medical Psychotherapist. Psychoanalyst, Group analyst</i>
<b>10:45 – 11:15</b>	<b>Wellbeing/ Burnout</b> <i>Dr Suhana Ahmed</i> <i>Clinical Director Older People's Mental Health Services, West London NHS Trust, London Division Chair, RCPsych</i>
<b>11:15 – 11:30</b>	<b>Refreshment Break</b>
<b>11:30 – 12:00</b>	<b>Establishing &amp; maintaining healthy work boundaries</b> <i>Dr Claire Dillon</i> <i>Consultant Forensic Psychiatrist, Director of Integrated Community Health Services</i>
<b>12:00 – 12:50</b>	<b>Appraisal and Revalidation: What everyone needs to know</b> <i>Dr Nicky Goater</i> <i>Deputy Medical Director, Responsible Officer</i>
<b>12:50 – 13:40</b>	<b>Lunch Break</b>
<b>13:40 – 14:10</b>	<b>What I want from a new consultant – view from a Medical Director</b> <i>Dr Khalid Aziz</i> <i>Medical Director Adult &amp; Older Adult Services, Barnet Enfield &amp; Haringey Mental Health Trust/ Camden &amp; Islington Mental Health Foundation Trust</i>
<b>14:10 – 14:55</b>	<b>The Next Step: From Trainee to a Substantive/Locum Consultant</b> <i>Dr Anthony Brown</i> <i>Locum Consultant</i> <i>Dr Natasha Budhwani</i> <i>Consultant Psychiatrist</i>
<b>14:55 – 15:10</b>	<b>Refreshment Break</b>

<b>15:10 – 15:55</b>	<b>'What worked for me'</b> <i>Martin Sullivan</i> <i>Lived Experience Advocate</i>
<b>15:55 – 16:35</b>	<b>Work-life balance</b> <i>Dr Amit Biswas</i> <i>Consultant Child &amp; Adolescent Psychiatrist; Lead Clinician, The Beacon Centre, Well Being Champion (Co- Lead London)</i>
<b>16:35 – 16:45</b>	<b>Feedback and close</b>
<b>16:45</b>	<b>Close</b>

***The Conference Committee reserves the right to change the programme without prior notice.***

A maximum of **6** CPD points can be allocated to attending this event pending peer group approval

\*\*Please note, this event will be hosted by the London Division, but is open to all members.

