



## Faculty of Eating Disorders Psychiatry Spring Conference 2023

### Mind-body connection in eating disorders: complexity of physical health comorbidities, effect, management and outcome

Wednesday 24 May 2023  
21 Prescot Street, London / Live-stream

### All sessions will take place in Rm 1.7

8.15am	Registration, refreshments, posters and exhibition viewing
8.50am – 10.25am	<p><b>Plenary Session 1</b></p> <p><b>Welcome and Introduction</b></p> <p><b>Chair:</b> Dr Ashish Kumar Vice Chair, Faculty of Eating Disorders, Royal College of Psychiatrists, Clinical Director, Child &amp; Adolescent Mental Health Services, Mersey Care NHS Foundation Trust &amp; Consultant Psychiatrist and Clinical Lead for Eating Disorder Services for Children and Young People, Mersey Care NHS Foundation Trust</p> <p><b>Video message:</b> Dr Agnes Ayton Chair, Faculty of Eating Disorders, Royal College of Psychiatrists, London &amp; Consultant Psychiatrist and Honorary Senior Lecturer, University of Oxford, Cotswold House, Oxford</p>
9.05am	<p><b>Hot 3 min dip- Faculty of Eating Disorder Workforce Survey--</b></p> <p>Dr Mrityun-Jai Kumar -ST5 Dual CAMHS/LD trainee and FED Bursary Prize winner</p>

<b>9.10am</b>	<p><b>Brain-body connections in eating disorders</b></p> <p>Dr Jessica Eccles MRCPsych MSc PhD, Clinical Senior Lecturer MQ/Versus Arthritis Fellow, Brighton and Sussex Medical School</p>
<b>9.40am</b>	<p><b>Complex cases and co-morbidities in eating disorders</b></p> <p>Dr Riccardo Dale Grave, Head of the Department of Eating and Weight Disorders - Villa Garda Hospital, Garda (VR), Italy</p>
<b>10.10am</b>	<b>Questions and panel discussion: Speakers and Chair</b>
<b>10.25am – 10.55am</b>	<b>Refreshments, posters and exhibition viewing</b>
<b>11.00am – 12.15pm</b>	<p><b>Plenary Session 2</b></p> <p>Chair: Dr Lisa Mukherjee, Consultant Child and Adolescent Psychiatrist, Eating and Feeding Disorder Service, Great Ormond Street Children’s Hospital, London</p>
<b>11.00am</b>	<p><b>Are young people with eating disorders at risk of long-term cardiovascular disease?</b></p> <p>Dr Lee Hudson, Clinical Associate Professor, GOS UCL Institute of Child Health and Consultant Paediatrician, Great Ormond Street Hospital</p>
<b>11.30am</b>	<p><b>Obesity and eating disorders: complexity and management</b></p> <p>Dr Samantha Scholtz, Consultant Psychiatrist and Director of Research and Development, West London NHS Foundation Trust</p>
<b>12.00pm</b>	<b>Questions</b>
<b>12.15pm – 1.10pm</b>	<b>Lunch, posters and exhibition viewing</b>
<b>1.15pm – 2.30pm</b>	<p><b>Plenary Session 3</b></p> <p>Chair: Dr Ashish Kumar, Vice Chair, Faculty of Eating Disorders, Royal College of Psychiatrists, Clinical Director, Child &amp; Adolescent Mental Health Services, Mersey Care NHS Foundation Trust &amp;</p>

	<p>Consultant Psychiatrist and Clinical Lead for Eating Disorder Services for Children and Young People, Mersey Care NHS Foundation Trust</p>
1.15pm	<p><b>Opportunities and Challenges of the Implementation of the MEED guidance</b>  Mr James Downs, Patient's Representative, RCPSych  Dr Amy Green, Consultant in Eating Disorders, Lotus Ward, Bristol Priory Hospital</p>
1.45pm	<p><b>Type 1 diabetes and disordered eating: associated complexity and management</b>  Dr Carla Figueiredo, Consultant Psychiatrist, Dorset Healthcare Eating Disorders Service</p>
2.15pm	<p><b>Questions</b></p>
2.30pm – 2.55pm	<p><b>Refreshments, posters and exhibition viewing</b></p>
3.00pm – 4.50pm	<p><b>Plenary Session 4</b>  Chair: Professor Janet Treasure, OBE</p>
3.00pm	<p><b>Nasogastric tube feeding and use of restraint in management of eating disorders in children and young people ethical and legal considerations</b>  Ms Sarah Fuller, Advanced Specialist Eating Disorders Dietitian and Lead Dietitian for CAMHS Northampton Healthcare NHS Foundation Trust</p>
3.40pm	<p><b>Towards Better Care for Patients: Discussion of the Controversy on Terminal Anorexia Nervosa</b> (pre-recorded presentation)  Dr Scott Crow, University of Minnesota</p>

<b>4.10pm</b>	<b>Panel discussion and reflections on the day</b> Chair and panel members
<b>4.40pm</b>	Poster prize winner announcement
<b>4.50pm</b>	<b>Close</b>

*At the time of printing all information is accurate. We cannot be held responsible for any subsequent changes in the final programme.*

## **Exhibition**

An exhibition including posters is available throughout the conference. The Royal College of Psychiatrists would like to thank the following company for their valuable support of this conference:

Orri-UK  
Specialist Day Treatment for Eating Disorders Clinic

The presence of an exhibitor is not an endorsement of its products and exhibitors do not influence the content of the meeting.