

**Faculty of General Adult Psychiatry Annual Conference
Back to the future: Connections through innovations**

Thursday 12 and Friday 13 October 2023
In person/live streamed London, Prescot Street

Thursday 12 October 2023	
08.45am-09.15am	Registration
09.15am	Welcome and introduction from GAP Faculty Chair – Dr Jon Van Niekerk, Chair of the General Adult Faculty, Group Medical Director and CCIO - Cygnet Health Care
09.20am	Welcome address from RCPsych President – Dr Lade Smith CBE, President, Royal College of Psychiatrists
09.30am-10.50am	<p>Plenary 1 The future of psychiatry – embracing compassionate and relational care Introduction by Dr Jon Van Niekerk Chaired by Ms Rachel Bannister (Patient Representative) and Ms Tracy Lang</p> <ol style="list-style-type: none"> 1. Introduction to dialogical ways of working and implementing within a large NHS Trust Dr Gareth Jarvis 2. Working dialogically within MHA Assessments Mr Rob Manchester, AMHP Team Manager and Practice Lead Teighbridge, South and West Devon AMHP Team, Devon Partnership NHS Trust 3. Ethnographic study of peer-supported Open Dialogue Prof. David Mosse, Professor of Social Anthropology, SOAS University of London 4. Making compassionate and relational care a reality across the NHS Prof. Russell Razzaque, Presidential Lead for Compassionate and Relational Care <p>Q&A</p>
10:50am-11:20am	Break
11.20am-12.50pm	<p>Plenary 2 What can be done to improve the quality of acute care? - a panel discussion Chaired by Prof. Sonia Johnson, Director NIHR Mental Health Policy Research Unit, Professor of Social and Community Psychiatry, Division of Psychiatry, University College London</p> <p>Panellists:</p> <ul style="list-style-type: none"> • Prof. Alan Simpson • Prof. Brynmor Llyod-Evans • Dr Geraldine Strathdee • Dr Derek Tracy • Ms Shirley McNicholas • Mr Patrick Nyikavaranda (lived experience) • Ms Lizzie Mitchell (lived experience) <p>Q&A</p>
12.50pm-1.50pm	Lunch
	Parallel sessions
1.50pm – 3.20pm	

	<p>Workshop number 1: Compassion in action: supporting our patients and ourselves through reflective practice Chaired by Prof. Russell Razzaque and Dr Gareth Jarvis</p> <p>Speakers: Ms Tracy Lang, Devon Partnership NHS Trust, Prof David Mosse, Mr Rob Manchester and Ms Rachel Bannister</p> <p>Workshop Number 2: Capability workforce planning and compassionate care Chaired by Dr Priya Natarajan</p> <p>Speaker: Dr Ellen Wilkinson, Cornwall Partnership NHS Trust</p>
3.20pm-3.50pm	Break
3.50 pm- 5.20 pm	<p>Plenary 3 Challenges in psychiatry Chaired by Dr Mosun Fapohunda, Consultant Psychiatrist, GAP Exec Committee, Medical Lead for Quality, Hertfordshire Partnership University NHS Foundation Trust.</p> <ol style="list-style-type: none"> 1. The critical role of social science and ethnographic research in addressing mental health inequalities Prof. Lisa Dikomitis, Professor of Medical Anthropology and Social Sciences, Director of Research Kent and Medway Medical School 2. Do inequalities stop at the door of services? Findings from a Rapid review of inpatient care Dr Geraldine Strathdee 3. Patient safety from a lived experience and family and carer perspective Ian Callaghan, Rethink Recovery and Outcomes Manager (lead on the user/carer voice workstream of the Mental Health Rapid Review of Inpatient Settings) <p>Q&A</p>
5.20pm-5.30pm	Close of conference - Dr Jon Van Niekerk, Chair of the General Adult Faculty, Group Medical Director and CCIO - Cygnet Health Care
5.30pm – 6.30pm	Drinks reception

	Friday 13 October 2023
08.45am-09.15am	Registration (for in person delegates)
09.15am	Welcome and introduction from GAP Faculty Vice Chair – Dr Priya Natarajan
09.20am-10:50 am	<p>Plenary 4 Through Chaos and Calm: reflecting on our response to the experience of psychosis</p> <p>Introduction by Dr Priya Natarajan Chaired by Ms Rachel Bannister (Patient Representative) and Ms Tracy Lang</p> <ol style="list-style-type: none"> Tanya Frank, mother, author, creative writing teacher and mentor will talk about her experience of supporting her son through his experience of psychosis. She will read extracts from her book 'Zig Zag Boy: Madness, Motherhood and Letting Go'. Joanna Monaghan, psychotherapist and co-founder of Safely Held Spaces and Jenny Sanders, health policy researcher and writer, share the findings from their

	<p>research on holding the experience of psychosis in the family, commissioned by Safely Held Spaces, and their own experiences of supporting family members and friends through psychosis.</p> <p>Q+A</p>
10.50am-11.20am	Break
11.20am-12.40 pm	<p>Plenary 5 Improving care for neurodivergent people Chair – Dr Mudasir Firdosi</p> <ol style="list-style-type: none"> 1. Centring the Autistic experience: enhancing practice. The important difference between “autism spectrum disorder” and the Autistic experience: Why it’s important to centre lived expertise George Matuska (RNLD), Lead for learning disability and autism at Kent and Medway NHS and Social Partnership Trust, Co-chair of NHS England’s national Learning Disability Nursing and Dr Chloe Farahar, Autistic Researcher, Oxford University 2. Autistic social communication: Deficit or difference. Structural conversational differences between autistic and non-autistic dyads Rachel Cullen, Autistic Researcher and Independent Consultant 3. How can mental health care be adapted to meet the needs of autistic people: An evidence review Prof. Sonia Johnson, Director NIHR Mental Health Policy Research Unit, Professor of Social and Community Psychiatry, Division of Psychiatry, University College London <p>Q&A</p>
12.40pm-1.40 pm	Lunch and GAP Faculty AGM (in-person delegates only)
1.40pm -2.40pm	<p>Plenary 6 Frontier Psychiatry: opportunities and challenges</p> <p>Chaired by Dr Asif Bachlani, Consultant Psychiatrist, LMFS Digital Module co-lead, Associate Non-Executive Director (Digital and Data)</p> <ol style="list-style-type: none"> 1. AI: humanising health care Dr Jon Van Niekerk, Chair of the General Adult Faculty, Group Medical Director and CCIO - Cygnet Health Care 2. Going with the flow: home-based, medication free and non-invasive alternative to treating depression (tDCS). Dr Daniel Mansson, Chief Clinical Officer and Founder – Flow Neuroscience 3. Non pharmacological treatment for depression: ECT and TMS Dr Rupert McShane, Associate Professor of Psychiatry at University of Oxford, Consultant Psychiatrist – Oxford Health NHS Foundation Trust <p>Q&A</p>
2.40pm -3.20pm	<p>Oral poster presentations</p> <p>Chaired by Dr Mosun Fapohunda, Consultant Psychiatrist, GAP Exec Committee, Medical Lead for Quality, Hertfordshire Partnership University NHS Foundation Trust.</p>

	<ol style="list-style-type: none"> 1. Evaluation of the new medical assistant role in Cumbria, Northumberland Tyne and Wear NHS Trust (CNTW) Dr Joanne Hew 2. Service Improvement: Physical Health and Acute Inpatient Care Chandika Jayasekera 3. The future of MDMA assisted psychotherapy as a treatment for Post-Traumatic Stress Disorder (PTSD) within the National Health Service (NHS) Ruth Marsden
3.20pm-3.50pm	Break
3.50 pm- 5.20pm	<p>Plenary 7 Future of Psychiatry is rich in data Chaired by Dr Priya Natarajan</p> <ol style="list-style-type: none"> 1. Precision Psychiatry and Population Health: Psychiatric Training and Practice in the Digital Age Prof. Subodh Dave, Dean; Royal College of Psychiatrists 2. Preparing Psychiatrists for 21st Century Healthcare – RCPsych Data and Digital Literacy Dr Asif Bachlani, Consultant Psychiatrist, LMFS Digital Module co-lead, Associate Non-Executive Director (Digital and Data) Dr Ross Runciman, Consultant Psychiatrist, Medical Lead for Quality Improvement. Gloucestershire Health and Care NHS Foundation Trust Leadership and Management Fellowship Scheme Associate Programme Director Royal College of Psychiatrists 3. Embedding Digital Health Interventions in Mental Health Pathways Prof. Rafey Faruqi, Kent and Medway Social Care Partnership Trust <p>Q&A</p>
5.20pm-5.30pm	Presentation of prizes and close of conference – Dr Jon Van Niekerk, Chair of the General Adult Faculty, Group Medical Director and CCIO - Cygnet Health Care