



Faculty of Psychiatry of Intellectual Disability Conference

1 - 2 November 2023

Hilton Leeds City Hotel, Leeds, LS1 4BX

Conference Booklet

Useful Information

Registration

Please register from 8am ready for a prompt start at 8.55am.

Accreditation

This conference is eligible for up to 6 CPD points per day, subject to peer group approval.

Certificates of attendance

Certificates of attendance will be emailed to delegates within one week of the conference.

Speaker presentations

Presentations will be available online within one week of the conference, for up to two months. All delegates will be sent details of this after the conference. Please be aware that these presentations are kindly provided by the speakers but on some occasions, it is not possible to make these publicly available.

Social Media

If you wish to tweet about the conference, please use #IDFacultyRCPsych23 @psychiatryofid

Posters

The poster exhibition can be accessed via the [event platform](#).

Feedback

We would appreciate your feedback:

[Wednesday's feedback form](#)

[Thursday's feedback form](#)

All comments received remain confidential and are viewed in an effort to improve future meetings.

Wednesday 1 November 2023

8.00am – 8.50am <i>Brigante Foyer</i>	Registration, refreshments, poster exhibition viewing
8.55am – 9.10am <i>Brigante Suite</i>	Welcome and introductory remarks Dr Inder Sawhney, Chair of Faculty of Psychiatry of Intellectual Disability
9.10am – 11.25am	KEYNOTE SESSION 1 Chair: Dr Anupana Iyer, Exec Member ID Faculty
9.10am – 9.40am	KN1 – Intensive Support Teams and effective delivery of crisis care for adults with intellectual disabilities who display aggressive challenging behaviour Professor Angela Hassiotis, Professor & Hon Consultant Psychiatrist Camden Learning Disability Service
9.40am – 9.45am	Questions
9.45am – 10.15am	KN2 – Gender Dysphoria and Autistic Spectrum Disorder Dr Kate Cooper, Lecturer in Clinical Psychology University of Bath
10.15am – 10.20am	Questions
10.20am – 10.45am <i>Brigante Foyer</i>	Refreshments and poster exhibition viewing
10.50am – 11.20am <i>Brigante Suite</i>	KN 3- Advances in Psychedelics Therapy in Psychiatry Professor David Nutt, Professor of Neuropsychopharmacology and director of the Neuropsychopharmacology Unit in the Division of Brain Sciences, Imperial College
11.20am – 11.25am	Questions
11.25am – 11.35am	Workshops changeover

11.35am – 12.15pm	2 Parallel Workshops
<i>Brigante Suite</i>	Workshop 1 - Medical Leadership Prof Asif Zia
<i>Magnum Suite</i>	Workshop 2 -Universal Needs Based Resource Assessment (UNBRA) Prof. Mahesh Odiyoor and Dr Susanne Meddings
12.15pm – 12.25pm	Workshops changeover
12.25pm – 1.05pm	2 Parallel Workshops (repeated)
<i>Brigante Suite</i>	Workshop 1 - Medical Leadership Prof Asif Zia
<i>Magnum Suite</i>	Workshop 2 - Universal Needs Based Resource Assessment (UNBRA) Prof. Mahesh Odiyoor and Dr Susanne Meddings
1.05pm – 1.45pm <i>Brigante Foyer/Restaurant</i>	Lunch and poster exhibition viewing
1.45pm – 2.10pm <i>Brigante Suite</i>	Faculty Business Meeting and Update on Faculty Activity Chair: Dr Inder Sawhney
2.10pm – 4.45pm <i>Brigante Suite</i>	KEYNOTE SESSION 2 Chair: Dr Professor Rohit Shankar Vice Chair ID Faculty
2.10pm – 2.40pm	KN4 What is humanising healthcare for people with Intellectual disability Professor Dan Goodley, Professor of Disability Studies and Education, University of Sheffield

2.40pm – 2.45pm	Questions
2.45 pm – 3.15pm	KN5 – Health of the Nation Outcome Scales for People with Intellectual Disabilities (HoNOS-ID): The Past, Present & Future Dr Jon Painter, Principal Lecturer, Sheffield Hallam University
3.15pm – 3.20pm	Questions
3.20pm – 3.50pm	KN6 - ADHD in ID what we know and what we do not know Dr Bathika Perera, Associate Professor and Honorary Consultant Psychiatrist - University College London.
3.50pm – 3.55pm	Questions
3.55pm – 4.20pm <i>Brigante Foyer</i>	Refreshments and poster exhibition viewing
4.25pm – 4.55pm <i>Brigante Suite</i>	KN7- Update on Catatonia in ASD/LD Professor Paramala Santosh, Professor of Developmental Neuropsychiatry and Psychopharmacology, Kings College London
4.55pm – 5.00pm	Questions
5.00pm – 5.05pm	Bringing the day together Dr Inder Sawhney
5.10pm – 6.10pm	Specialist group meetings
	Meeting 1 – Trainees in psychiatry of intellectual disability
	Meeting 2 – Specialty and associate specialist doctors
	Meeting 3 – Training programme directors in psychiatry of intellectual disability
	Meeting 4 – Independent psychiatrists
	Meeting 5 – Regional representatives
	Meeting 6 – StartWell for newly appointed consultant psychiatrists

5.30pm – 7.00pm <i>Brigante Foyer</i>	Complimentary drinks reception
---	---------------------------------------

Thursday 2nd November 2023

8.15am – 8.45am <i>Brigante Foyer</i>	Registration, refreshments, poster exhibition viewing
8.55am – 9.00am <i>Brigante Suite</i>	Welcome and Introductory remarks Dr Inder Sawhney, Chair of Faculty of Psychiatry of Intellectual Disability
9.00am – 11.50am	KEYNOTE SESSION 3 Chair: Cath Bright, Academic Secretary, Faculty of Intellectual Disability
9.00am – 9.10am	Psych Star Presentation
9.00am - 9.10am	Maalavisha Suma Sankar, 4th Year Medical student
9.10am - 9.40am	Trainee Oral Presentations (Alec Shapiro Prize)
9.10am - 9.20am	Increasing interest in Intellectual Disability Psychiatry Training: North West Deanery QI Surveys Dr Rabia Abdul Khaliq
9.20am – 9.30am	Simulation Training in Intellectual Disabilities Psychiatry: Improving Training for Psychiatry Doctors' Alisha Patel
9.30am – 9.40am	How do clinical and demographic variables, alongside clinician's attitudes influence length of stay in the MHLD outpatient clinic Dr Rubayat Jesmin
9.40am – 10.00am	Questions

10.00am-10.10am	Jack Piachaud Prize Presentation (Medical Student Prize)
	Audit of neurosurgical consent form against accessible information standard Saima Ahmed
10.10am –10.40am	KN8 – Disability in History – what can we learn? Phillipa Vincent Connolly, Historian, Writer, Broadcaster, Author of Disability and the Tudors
10.40am – 10.45am	Questions
10.45am – 11.10am <i>Brigante Foyer</i>	Refreshments, poster, book signing and exhibition viewing
11.15am- 11.45am <i>Brigante Suite</i>	KN9 - Epilepsy Deaths in Intellectual Disability Professor Rohit Shankar, Professor in Neuropsychiatry, Peninsula School of Medicine, University of Plymouth Consultant in Adult Developmental Neuropsychiatry - CFT
11.45am – 11.50am	Questions
11.50am-12.00pm	Workshops changeover
12.00pm – 12.40pm	2 Parallel Workshops
<i>Brigante Suite</i>	Workshop 3 Autism and Offending Behaviour- From Assessment to Management Prof Regi Alexander and Hollyanna Marler, Speech & Language Therapy Lead, Hertfordshire Partnership University NHS Foundation Trust & PhD student, University of Hertfordshire
<i>Magnum Suite</i>	Workshop 4 Virtual reality (VR) in supporting access to health settings for people with ID Prof Sujeet Jaydeokar, Danny Acton and Gavin Williams
12.40pm-12.50pm	Workshops changeover

12.50pm – 1.30pm	2 Parallel Workshops (repeated)
<i>Brigante Suite</i>	Workshop 3 Autism and Offending Behaviour- From Assessment to Management Prof Regi Alexander and Holly Marlar, Speech & Language Therapy Lead, Hertfordshire Partnership University NHS Foundation Trust & PhD student, University of Hertfordshire
<i>Magnum Suite</i>	Workshop 4 Virtual reality (VR) in supporting access to health settings for people with ID Prof Sujeet Jaydeokar, Danny Acton and Gavin Williams
1.30pm – 1.50pm <i>Brigante Foyer/Restaurant</i>	Lunch, poster exhibition viewing
1.50pm - 4.15pm <i>Brigante Suite</i>	KEYNOTE SESSION 4 Chair: TBC
1.50pm – 2.20pm	KN10 Attachment Disorders and their interactions with neurodiversity Dr Fiona Turner, Post-Doctoral Researcher and Health Psychologist in Academic CAMHS, University of Glasgow
2.20pm – 2.25pm	Questions
2.25pm – 2.55pm	KN 11 – Jose Jancar Lecture Offenders with Learning Disabilities; Prison, Hospital, Community Professor Harm Boer, Consultant Psychiatrist Coventry and Warwickshire Partnership NHS Trust. Clinical Lead Reach Out Honorary Professor University of Warwick CIDD
2.55pm – 3.05pm	Response - Professor Regi Alexander
3.05pm– 3.25pm <i>Brigante Foyer</i>	Refreshments, poster exhibition viewing

3.30pm-4.00pm	KN 12 How Culture Shapes and Influences Support and Treatment For People With ID Professor Satheesh Kumar Gangadharan Consultant Psychiatrist Psychiatry of Intellectual Disability, Agnes unit, Leicestershire Partnership NHS Trust Professor (Honorary), University of Leicester.
4.00pm -4.05pm	Questions
4.05pm – 4.15pm	Presentation of Faculty Prizes and Conference Closing Remarks Dr Inder Sawhney, Chair Of Faculty Of Psychiatry Of Intellectual Disability
4.15pm	End of Conference

At the time of printing all information is accurate. We cannot be held responsible for any subsequent changes in the final programme

Exhibition

An exhibition including posters is available throughout the conference. Online poster gallery can be found [here](#).

Speaker biographies and abstracts

Wednesday 1st November 2023

8.55am

Welcome and introductory remarks

Dr Indermeet Sawhney

Biography: *Will be published here once available*

9.10am

KEYNOTE SESSION 1

Chair: Dr Anupana Iyer, Exec Member ID Faculty

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

9.10am

KN1 – Intensive Support Teams and effective delivery of crisis care for adults with intellectual disabilities who display aggressive challenging behaviour

Professor Angela Hassiotis, Professor & Hon Consultant Psychiatrist

Camden Learning Disability Service

Biography:

Angela Hassiotis is Professor of the Psychiatry of Intellectual Disability at the UCL Division of Psychiatry and Honorary Consultant Psychiatrist at the Camden Intellectual Disabilities Service, London, UK. She is Chief/Principal Investigator of many NIHR funded projects focused on health services research and intervention development for mental ill-health and behaviours that challenge across the lifespan. She supervises MSc and PhD students on studies relating to autism, stigma, dementia, and population mental health using a wide range of methodologies. She lectures widely nationally and internationally. She is the author of more than 200 publications and has contributed to change in clinical practice via input to national guideline development. Prof. Hassiotis is the current editor of the Journal of Mental

Health Research in Intellectual Disabilities and deputy director of the IASSIDD Academy in Research Training and Education.

Abstract:

This talk will cover current evidence on intensive support teams and suggestions about next steps in how these services can optimise the care they provide in a crisis to support more effective management of people with intellectual disabilities with mental ill-health. Delegates may also refer to the NIHR funded IST-ID study for further reading: <https://www.journalslibrary.nihr.ac.uk/hsdr/CHDC1642#/full-report>

9.45am

KN2 – Gender Dysphoria and Autistic Spectrum Disorder

Dr Kate Cooper, Lecturer in Clinical Psychology University of Bath



Biography:

Dr Kate Cooper is a Clinical Psychologist and an academic based at the Centre for Applied Autism Research, University of Bath. She has worked in a range of clinical settings, including mental health services and neurodevelopmental clinics for both young people and adults. Kate completed an NIHR-funded clinical doctoral fellowship titled "How should health services adapt to meet the needs of autistic people with gender dysphoria?" in 2022. This work led to academic publications, accessible summaries, and co-produced training materials for healthcare clinicians working with autistic people experiencing gender dysphoria, available here: <https://www.bath.ac.uk/projects/adapting-health-services-to-meet-the-needs-of-autistic-people-with-gender-dysphoria/> Kate is also a researcher on the Autism Depression Trial (ADEPT, ADEPT-2), supporting the development of a psychological treatment for depression in autistic adults and its evaluation in a Randomised Controlled Trial.

Abstract:

This session will focus on gender dysphoria and identity in autistic people. Kate will provide a brief overview of the research and clinical background about the intersection of gender diversity and dysphoria with autism spectrum conditions. She will present her NIHR-funded qualitative research findings about the phenomenology of gender dysphoria in autistic individuals. These shed light on the ways in which the features of autism can relate to the lived experience of gender dysphoria.

10.50am

KN 3 - Advances in Psychedelics Therapy in Psychiatry

Professor David Nutt, Professor of Neuropsychopharmacology and director of the Neuropsychopharmacology Unit in the Division of Brain Sciences, Imperial College

Biography:

David Nutt is a psychiatrist and the Edmond J. Safra Professor of Neuropsychopharmacology in Imperial College London. He has been president of the European Brain Council, the BAP, BNA, and ECNP. He is currently Founding Chair of the charity DrugScience.org.uk. David has published over 35 books and over 1000 papers, including in Nature, Cell Lancet and New England Journal of Medicine. These define his many landmark contributions to psychopharmacology including GABA and noradrenaline receptor function in anxiety disorders, serotonin function in depression, endorphin and dopamine function in addiction and the neuroscience and clinical utility of psychedelics.

Abstract:

The last decade has seen a remarkable resurgence of interest in psychedelic drugs such as psilocybin (from magic mushrooms) LSD and DMT (dimethyl tryptamine – the active ingredient of ayahuasca). This has been driven by the discovery that these psychedelics all act agonists of 5-HT_{2A} receptors plus human imaging studies that reveal this action leads to profound alterations in brain measures of activity particularly in terms of increased entropy of EEG MEG and fMRI signals and reduced within-network, but increased between-network, connectivity. In addition, they all can increase synaptic growth and brain plasticity. These findings not only explain the subjective nature of the psychedelic experience but also have implications for the treatment of internalising disorders such as depression addiction anorexia and OCD. Subsequent trials, particularly of psilocybin, in these disorders has revealed significant clinical benefits from even just a single administration. My talk will explore these brain mechanisms and clinical data and discuss the potential place of psychedelic medicine in the future of psychiatry.

11.35am

Workshop 1 - Medical Leadership

Prof Asif Zia

Biography:

Prof Asif Zia is a Consultant Psychiatrist and Executive Director for Quality and Medical Leadership at Hertfordshire Partnership University Foundation Trust. Asif has also been appointed as Medical Director for the NHS confederation Medical Director Forum in July 2022.

He has been involved in service development and quality improvement activities at regional and national level. He has published peer reviewed papers and policy documents on models of service delivery, quality standards, service users' engagement, managed clinical networks, and on clinical topics such as epilepsy and autism.

His clinic work involves running a specialist intellectual disability epilepsy clinic. He has worked extensively with people with autism and other neurodiverse conditions.

Prof Zia is passionate about improving the experience of patients within Mental Health services and developing Mental Health leaders of the future. He has overseen transformation of Intellectual Disability services, developed and launched research strategy with service user involvement.

Asif was awarded professional of the year by the Royal College of the Psychiatrist in 2021.

Abstract:

This workshop will be interesting for those who want to develop their leadership skills and want to know how to go about developing them. Workshop will interest focus on understanding and developing the psychological aspects of leadership. Acknowledging that leadership skills are essential for doctors of all levels and grade, can be learnt and developed and improve patient care. Workshop will use some practical examples and will be interactive.

11.35am

Workshop 2 - Universal Needs Based Resource Assessment (UNBRA)

Prof. Mahesh Odiyoor and Dr Susanne Meddings

Biography:

Mahesh is a Consultant Psychiatrist in Psychiatry of Intellectual Disabilities at Cheshire and Wirral partnership NHS Foundation Trust (CWP) within Greenways Assessment and Treatment unit, Macclesfield and Eastway Assessment and Treatment unit, Chester.

Mahesh is passionate about improving services and service delivery models. Mahesh is the Clinical lead and the deputy chair of the Northwest Learning disability and ASD operational delivery network (ODN) set up to implement the Transforming Care programme. Mahesh has extensive management experience as a Clinical Director at CWP for a range of services since 2011. Currently he has strategic leadership responsibility within CWP as a Strategic Clinical Director for the ID, NDD and ABI caregroup. In this role Mahesh has been instrumental in setting up the Centre for Autism, Neurodevelopmental Disorders, and Intellectual Disability (CANDDID) in 2019. CANDDID has provided the framework to develop and deliver a range of service improvement approaches/tools, education including postgraduate programmes as well as research.

Mahesh is also the finance officer and member of the Executive team of the Royal College of Psychiatrists, Faculty of Intellectual Disability. He also chairs the Faculty Assessment and treatment services network.

Mahesh has an ongoing interest in research and teaching. He is currently a visiting Professor at University of Chester and has helped develop a Masters programme in psychiatry as well as a Post Graduate certificate programme in NDD. His research interests are in the area of population health, stratification of needs, standardised assessments and development of sustainable approaches in various health and

social settings. He has a number of publications and is part of a number of ongoing research projects at present. He also enjoys playing tennis and a good book.

Abstract:

Transforming Care agenda has led to a renewed drive to reduce the need for inpatient intellectual disability services, deliver as much care as possible in the community, and to improve inpatient care where needed. This has resulted in changes in the nature of the individuals admitted to LD inpatient wards – often more complex. Addressing more complex needs along with managing an increased indirect workload requires more resources

The Universal needs based resource assessment (UNBRA) is a holistic assessment process/ tool of all resources required to support a person rather than direct support only. The tool contains 6 different factors including staffing, indirect resource needs, clinical/MDT reports, incident recordings, carer link activities and discharge work. The tool has been validated within ID Assessment and Treatment units and has been noted to enable proactive planning for the changes in the resource need for individual patients across admission, assessment & treatment and discharge.

2.10pm

KEYNOTE SESSION 2

Chair: Dr Professor Rohit Shankar Vice Chair ID Faculty

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

2.10pm

KN4 - What is humanising healthcare for people with Intellectual disability

Professor Dan Goodley, Professor of Disability Studies and Education, University of Sheffield

Biography:

Dan Goodley is Professor of Disability Studies, co-director iHuman, University of Sheffield.

Abstract:

- Accessible overview of the project co-produced with advocacy-based organisations
- Outline our two aims and objectives
- Thinking (differently) about co-production
- Recognising funders priorities
- Recognising R&I on the part of organisations of disabled people

2.45pm

KN5 – Health of the Nation Outcome Scales for People with Intellectual Disabilities (HoNOS-ID): The Past, Present & Future

Dr Jon Painter, Principal Lecturer, Sheffield Hallam University

Biography: *Will be published here once available*

Abstract:

Jon's three part presentation will focus on the Health of the Nation Outcomes Scale for people with Learning Disabilities (HoNOS-LD) and the updated version (HoNOS-ID). The presentation will start by explaining the tool's place in the wider HoNOS family of outcome measures, recap on the genesis of the HoNOS-LD, and highlight some of the differences it has from the original (mental health version). Secondly, it will consider, and address, some of the reservations about its use in routine clinical practice. Finally, it will describe the international review process the RCPsych has taken to update the HoNOS, the HoNOS-65+ and the HoNOS-LD before summarising the type of differences clinicians can expect in the new HoNOS-ID.

3.20pm

KN6 - ADHD in ID what we know and what we do not know

Dr Bhathika Perera, Associate Professor and Honorary Consultant Psychiatrist - University College London.

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

4.25pm

KN7- Update on Catatonia in ASD/LD

Professor Paramala Santosh, Professor of Developmental Neuropsychiatry and Psychopharmacology, Kings College London

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

5.00pm

Bringing the day together

Dr Indermeet Sawhney

Biography: *Will be published here once available*

Thursday 2nd November 2023

8.55am

Welcome and introductory remarks

Dr Indermeet Sawhney

Biography: *Will be published here once available*

9.00am

KEYNOTE SESSION 3

Chair: Cath Bright, Academic Secretary, Faculty of Intellectual Disability

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

9.00am

Psych Star Presentations

Maalavisha Suma Sankar, 4th Year Medical student

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

9.10am

Trainee Oral Presentations (Alec Shapiro Prize)

Increasing interest in Intellectual Disability Psychiatry Training: North West

Deanery QI Surveys

Dr Rabia Abdul Khaliq

Biography:

Rabia Abdul-Khaliq is a CT3 in Psychiatry at Lancashire and South Cumbria NHS Foundation Trust, passionate about medical education and improving the quality of training for psychiatry trainees.

Abstract:

In this talk Dr Abdul-Khaliq will discuss the findings of a set of quality improvement (QI) surveys conducted in the North West Deanery to assess the level of interest in Intellectual Disability (ID) Psychiatry training among junior doctors, and explore the factors that influence junior doctors' decision to pursue ID Psychiatry training. Recommendations will be offered to further increase interest in ID Psychiatry higher training and to support junior doctors in pursuing a career in this field.

9.20am

Trainee Oral Presentations (Alec Shapiro Prize)

Simulation Training in Intellectual Disabilities Psychiatry: Improving Training for Psychiatry Doctors'

Dr Alisha Patel

Biography:

Dr Alisha Patel, CT3 Psychiatry, East London NHS Foundation Trust, studied Biomedical Science at the University of Warwick before studying Medicine at the University of East Anglia in Norwich. Alisha has been working in medical education for several years including developing the medical school curriculum and creating a simulation programme for new starters to psychiatry in ELFT. Alisha also has interests in climate action and women's health.

Abstract:

It is widely known that people with intellectual disabilities are subject to health inequalities and avoidable deaths which has emphasised the need for improved training at a national level. Research has shown that experiential learning is effective for doctors in psychiatry to improve attitudes, knowledge and skills, as well as having benefits to service users. This project developed a simulation-based training concentrating on intellectual disabilities psychiatry in order to improve confidence for doctors as well as supporting leadership training and multi-disciplinary team-working. We evaluated the effectiveness of the training by surveying participants before and after the delivery of the programme. Post-course, 100% of participants felt more confident in areas such as taking a psychiatric history, managing challenging behaviour, and understanding diagnostic overshadowing. 100% of participants felt simulation was a useful learning tool. We conclude that ID simulation is an effective, engaging and enjoyable way of delivering training for doctors.

9.30am

Trainee Oral Presentations (Alec Shapiro Prize)

How do clinical and demographic variables, alongside clinician's attitudes influence length of stay in the MHL D outpatient clinic

Dr Rubayat Jesmin

Biography: *Will be published here once available*

Abstract:

We carried out a service evaluation project across North Kent MHL D, to identify which factors influence decision making when discharging patients, and to identify if there are any demographic and/or clinical factors that affect how long patients stay under our caseload. We sent a questionnaire to clinicians working in our service as well as reviewing two patient caseloads of discharged patients who had been

under the service for different lengths of time to gather clinical and demographic data. Clinicians reported that the main barriers to discharge were patient risks and resistance from family and carers. They suggested that it would be most helpful if there was adequate community care and ways of educating carers about discharge planning. We found that patients under the caseload for longer were generally older, needing additional living support and had diagnoses of mood disorders. Possible ways to support clinicians could be through complex patient forums and patient information leaflets.

10.00am

Jack Piachaud Prize Presentation (Medical Student Prize)

Audit of neurosurgical consent form against accessible information standard

Saima Ahmed

Biography:

I am a final-year medical student at the University of Nottingham. This work was done in collaboration with Intellectual and Developmental Disability Services, Nottinghamshire Healthcare Trust, and the Department of Neurosurgery, Nottingham University Hospitals.

Abstract:

Our goal is to review the current neurosurgical consent form and ensure it complies with the accessible information standard set by NHS England. We have identified areas for improvement and developed an intervention to make the consenting process more robust.

10.10am

KN8 – Disability in History – what can we learn?

Phillipa Vincent Connolly, Historian, Writer, Broadcaster, Author of Disability and the Tudors

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

11.15am

KN9 - Epilepsy Deaths in Intellectual Disability

Professor Rohit Shankar, Professor in Neuropsychiatry, Peninsula School of Medicine, University of Plymouth
Consultant in Adult Developmental Neuropsychiatry – CFT

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

12.00pm repeated 12.50pm

Workshop 3 Autism and Offending Behaviour- From Assessment to Management

Prof Regi Alexander and Holly Marlar, Speech & Language Therapy Lead, Hertfordshire Partnership University NHS Foundation Trust & PhD student, University of Hertfordshire

Biography:

Working across hospital and community forensic services in psychiatry, **Regi Alexander** is a Consultant Psychiatrist based within Hertfordshire Partnership University NHS Trust's Norfolk services and clinical lead in Forensic Learning Disability in the NHS East of England Provider Collaborative. He is a visiting professor in the School of Life & Medical Sciences at the University of Hertfordshire, president of the Royal Society of Medicine's Intellectual Disability Section and convenor of RADiANT (Research in Developmental Neuropsychiatry), a network of NHS Trusts, academics, service users, family members and community leaders (<http://radiant.nhs.uk>). A full-time practising clinician throughout his career, his research interests focus on the interface between neurodevelopmental disorders, psychiatric illnesses and challenging or offending behaviour. He has co-edited four textbooks including the Oxford Textbook of Psychiatry of Intellectual Disability (Oxford University Press) and Forensic Aspects of Neurodevelopmental Disorders: A Clinician's Guide (Cambridge University Press) and has been the co-author of several peer reviewed publications.

Hollyanna Marler is the Professional Lead for Speech and Language Therapy & Dietetics for Hertfordshire Partnership NHS Foundation Trust, and a Doctoral Research Student at the University of Hertfordshire. Since graduating from University College London and qualifying as a Speech and Language Therapist, Hollyanna's varied career has spanned inpatient, outpatient and community services in stroke, acquired brain injury, major trauma, intellectual disability and forensics. Hollyanna is particularly interested in the barriers to physical

Abstract:

This presentation will explore approaches to clinical risk assessment with an emphasis on the unique differences or challenges in autistic people with mental health difficulties and 'forensic' risk factors. It will examine that from the perspective of a clinician based in community services and one in specialist forensic settings. Finally, a clinical management approach that includes risk management (the 10-point treatment programme) will be discussed.

12.00pm repeated 12.50pm

Workshop 4 Virtual reality (VR) in supporting access to health settings for people with ID

Prof Sujeet Jaydeokar, Danny Acton and Gavin Williams

Biography:

Mr. Daniel Acton is a Clinical Academic Nurse Specialist and research lead for Cheshire and Wirral Partnership NHS Foundation Trust and CANDDID. He is a visiting research fellow at the University of Chester. He has expertise in co-production and developing a range of interventions for anxiety management, digital technology and adapting psychosocial intervention for people with Intellectual disability, which have been implemented within NHS services. He has expertise in mixed methods research.

Professor Sujeet Jaydeokar is a consultant psychiatrist and Director of Research at Cheshire and Wirral Partnership NHS Foundation Trust, CANDDID, and medical School at the University of Chester. He has an extensive track record of research within Psychiatry and intellectual disability. He has supervised several research projects to successful completion and has skills in quantitative and qualitative methodologies. He has a background in engaging with service users, and organisations on common areas of work through focused groups, events, and conferences.

Gavin Williams who is an intellectual disability nurse at Cheshire and Wirral Partnership NHS Foundation Trust. He has advanced technology skills particularly in immersive virtual reality and has played a key role in developing this technology and transfer to clinical practice.

Abstract:

Their session will focus on digital technology and using innovative ideas to support improvements in healthcare access. This will include details of a co-produced mixed methods preliminary study using virtual reality to support people with intellectual disability access healthcare services and desensitise people to basic medical procedures. Within the session there will be an opportunity for delegates to try the virtual reality and digital technology interventions to gain a greater understanding and potential of the technology. This session aims to be an engaging and informative exploration of the intersection between technology and healthcare, showcasing how innovative ideas are transforming the way we approach healthcare access and delivery.

1.50pm

KEYNOTE SESSION 4

Chair: Dr Amy Blake, Exec Member

Biography: *Will be published here once available*

Abstract: *Will be published here once available*

1.50pm

KN10 - Attachment Disorders and their interactions with neurodiversity

Dr Fiona Turner, Post-Doctoral Researcher and Health Psychologist in Academic CAMHS, University of Glasgow

Biography:

Dr Fiona Turner is a Research Fellow and Health Psychologist at University of Glasgow in the Centre for Diversity and Resilience (CeDAR), lead by Helen Minnis (Professor of Child and Adolescent Psychiatry.) Her research work spans many topics within the two main spheres of 1) childhood maltreatment and 2) neurodiversity. Today she is presenting on what is known about the overlap between the two areas, utilising research findings and some personal experience.

Fiona's main work has been within randomised controlled trials of interventions aimed at improving outcomes for children who have suffered abuse and neglect in early life. This includes the first ever introduction of an Infant Mental Health approach to assessing and treating cases of infant maltreatment in the UK and research that looks at the effectiveness of Dyadic Developmental Psychotherapy (DDP) for primary school aged children in long-term foster and adoption. Her PhD focussed on the UK foster care system, examining whether the system supports the idea of committed foster care, and measuring the effect of committed foster care on early symptoms of mental health problems and attachment disorders.

More recently, Fiona has been involved in research that aims to improve ways of differentiating attachment disorders from autism and is exploring awareness of the complex overlap with different 'gatekeepers' to services, e.g., teachers, social workers and GPs. She is also exploring CAMHS clinicians' experiences of 'complexity,' as well as co-designing a new Postgraduate course on Infant Mental Health at University of Glasgow

Abstract: *Will be published here once available*

2.25pm

KN 11 – Jose Jancar Lecture

Offenders with Learning Disabilities; Prison, Hospital, Community

Professor Harm Boer, Consultant Psychiatrist Coventry and Warwickshire Partnership NHS Trust. Clinical Lead Reach Out
Honorary Professor University of Warwick CIDD

Biography:

Dr Boer works as a dually accredited psychiatrist in Learning Disability (LD) and Forensic Psychiatry with male offenders with LD at the Forensic Services at Brooklands Hospital. He is Honorary Professor at the University of Warwick. He is clinical lead for LD and Autism at Reach Out, the West Midlands Provider Collaborative for secure psychiatric care. He is ad hoc gatekeeper for Wales. Dr Boer has played a major part in the development of the Forensic Services for Offenders with LD at Brooklands.

Dr Boer's research, particularly in Prader-Willi Syndrome has contributed to the understanding of the interaction between genes and psychosis in PWS. Dr Boer was awarded a PhD at the Department of Genetics of the University of Maastricht in 2004.

Dr Boer is elected member of the LD Faculty of the RCPsych. He has been vice chair of the Faculty of the LD Psychiatry and of the West Midlands Division of the RCPsych.

Abstract:

In this talk I come back to the hidden problem of people with learning difficulties and learning disabilities in prisons (No One Knows, 2006 to 2009). Following (and before) the Bradley Report in 2009 there have been efforts to identify vulnerable offenders in the CJS, but with prisons in the UK currently full, there may be up to 1000 offenders with learning disabilities in prison, most of whom need at least an assessment as to whether prison is the best placement for them.

2.55pm

Response - **Professor Regi Alexander**

Biography: Working across hospital and community forensic services in psychiatry, Regi Alexander is a Consultant Psychiatrist based within Hertfordshire Partnership University NHS Trust's Norfolk services and clinical lead in Forensic Learning Disability in the NHS East of England Provider Collaborative. He is a visiting professor in the School of Life & Medical Sciences at the University of Hertfordshire, president of the Royal Society of Medicine's Intellectual Disability Section and convenor of RADiANT (Research in Developmental Neuropsychiatry), a network of NHS Trusts, academics, service users, family members and community leaders (<http://radiant.nhs.uk>). A full-time practising clinician throughout his career, his research interests focus on the interface between neurodevelopmental disorders, psychiatric illnesses and challenging or offending behaviour. He has co-edited four textbooks including the Oxford Textbook of Psychiatry of Intellectual Disability (Oxford University Press) and Forensic Aspects of Neurodevelopmental Disorders: A Clinician's Guide (Cambridge University Press) and has been the co-author of several peer reviewed publications.

3.30pm**KN 12 - How Culture Shapes and Influences Support and Treatment For People With ID**

Professor Satheesh Kumar Gangadharan

Consultant Psychiatrist

Psychiatry of Intellectual Disability, Agnes unit, Leicestershire Partnership NHS Trust
Professor (Honorary), University of Leicester.

Biography:

Satheesh Gangadharan has been a consultant in Psychiatry of Intellectual Disability for over 20 years. All through his career he has maintained an active interest in research with several publications in peer reviewed journals. He held several leadership positions including the role of Medical Director. He holds academic links with University of Leicester and Loughborough University. He is one of the editors of the book "Intellectual Disability across cultures" which is currently published by the Oxford University Press.

Abstract:

This keynote lecture will explore how culture influences the perception, support and care and treatment of people with Intellectual Disability. There are cultural variations in how Intellectual disability is understood and accepted. The lives of people with Intellectual Disability can be greatly influenced both positively and negatively by the

cultures they exist within, including societal attitudes, belief systems, and norms. This will in turn influence how health care services are accessed and experienced. Cultural competence of the clinician plays an important part how health care services are perceived by different communities. However, a clinician can function well only if the service that he /she is working is designed in a way that acknowledges the multicultural society we live in.

At the time of printing all information is accurate. We cannot be held responsible for any subsequent changes in the final programme