



RELATIONSHIP
BETWEEN
RETIREMENT
AND DEMENTIA -
LITERATURE
REVIEW

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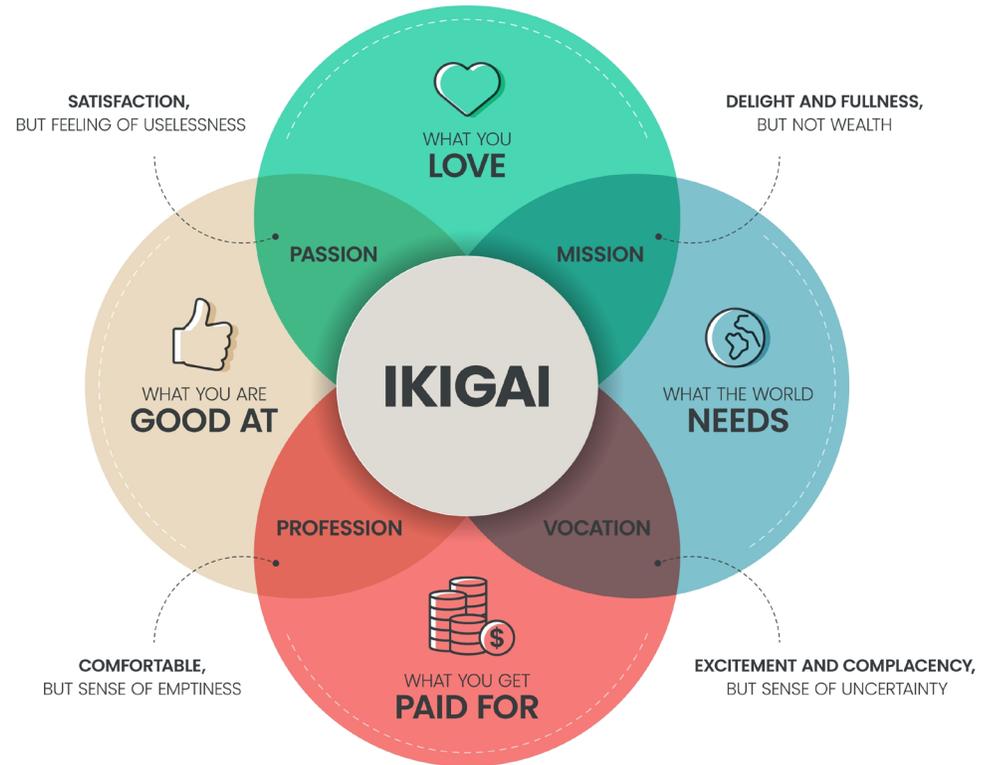
CT3 doctor

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IKIGAI

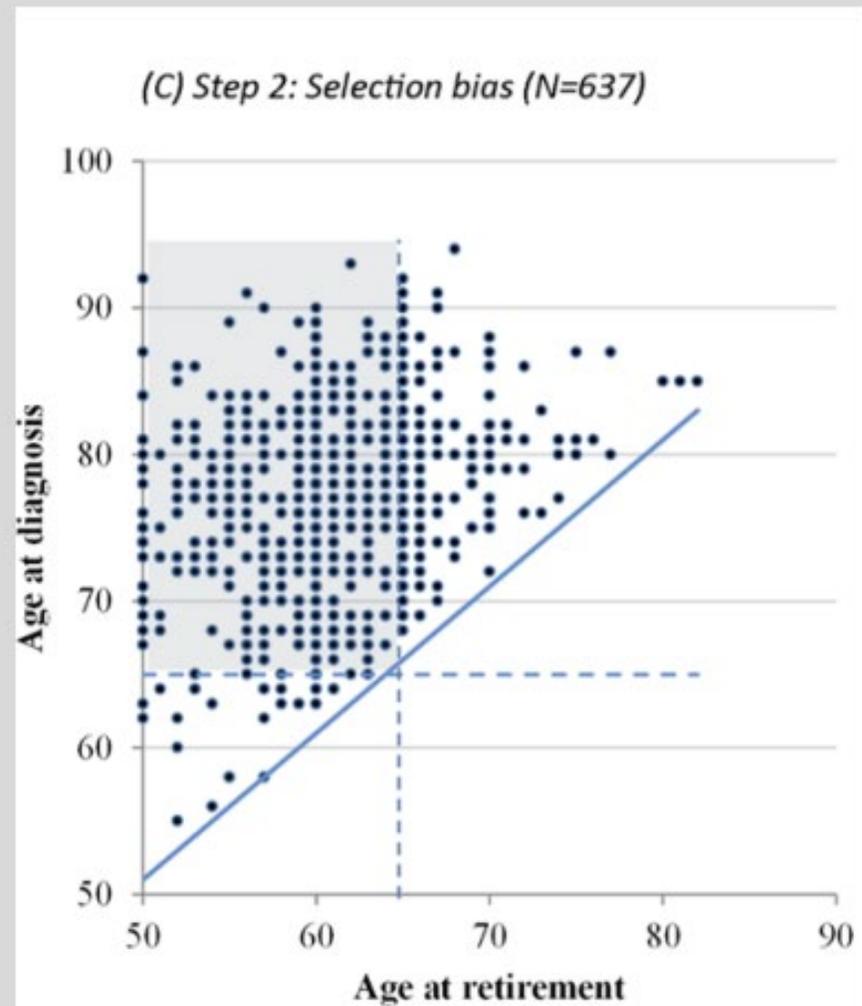
"A REASON FOR BEING"

A JAPANESE CONCEPT



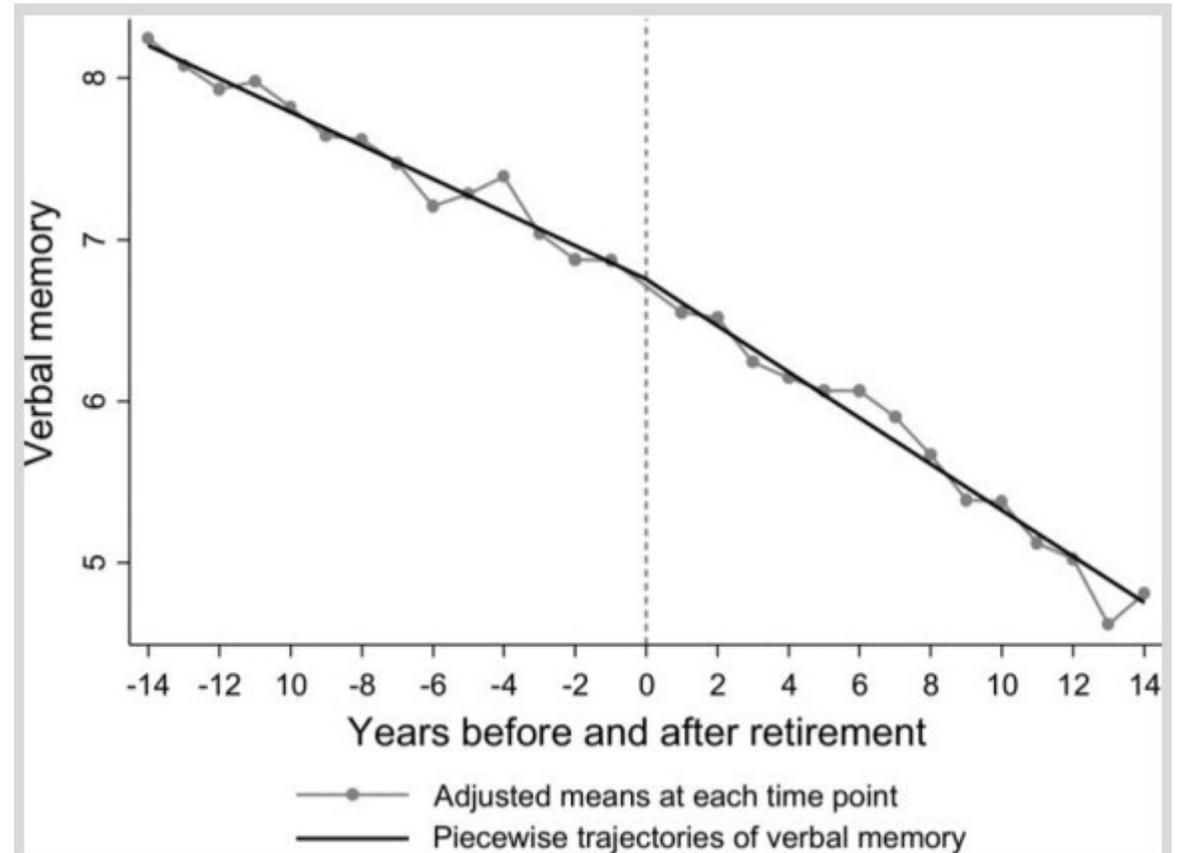
Does early retirement lead to faster cognitive decline?





Grotz et al. (2015) *Distribution of the age at diagnosis of Alzheimer's disease according to age at retirement (N = 815) PLoS ONE 10(2)*

Area of cognition affected



Xue et al. (2018) *Trajectories of verbal memory before and after retirement by averaging covariate*, European Journal of Epidemiology.

Type of Work & Cognitive Decline





Working alone v/s having interpersonal interactions at work?



Any other variables linked to dementia?

CONCLUSION

Early retirement was associated with increased risk of dementia

Social interactions at work appear to reduce risk of dementia

Are there variables related to retirement:
social/physical/psychological?

More research needed!

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