Trainees Perinatal Mental Health Conference for Health Care Professionals

Thursday 25 May 2023 | Online

Conference Programme

09.00-09.15	**Welcome and introductions** Dr Kate Adlington, Dr Lynsey McAlpine, Dr Tatjana Fawzi
09.15-10.00	**Safeguarding separation after birth: caring for those the system deems both 'too much' and 'not enough'** Tamsin Bicknell-Morel Chaired by Dr Lynsey McAlpine
10.00-10.30	**Morning break and poster viewing**
10.30-11.20	**Domestic violence and perinatal mental health in global context** Dr Roxanne Keynejad and Dr Diksha Sapkota Chaired by Dr Kate Adlington
11.20-12.05	**Effects of early life adversity: the most common, most discriminated and most perinatal of all health problems** Dr Alain Gregoire Chaired by Dr Tatjana Fawzi
12.05-1.00	**Lunch break**
1.00-2.00	**Five X More – a grassroots organisation committed to highlighting and changing Black maternal outcomes in the UK** Chaired by Dr Kate Adlington
2.00-2.30	**Oral poster presentations** **A focus group to improve LGBTQIA+ person- centred care in perinatal mental health** Dr Madeeha Bandukda and Dr Genevieve Hirsz **A Scottish Mother and Baby unit service evaluation: Comparing differences in management according to patient ethnicity** Dr Zia Low **The impact of COVID-19 on birth experiences of women attending a postnatal discussion service in the UK** Dr Nadia Capatina Chaired by Dr Lynsey McAlpine
2.30-3.00	**Afternoon break**
3.00-3.45	**The Mother Nature Project: co-designing and piloting a nature-based intervention to promote postnatal mental health**

	Dr Katie Hall Chaired by Dr Sanne Van Rhijn
3.45-4.30	**Training in Perinatal Psychiatry** Dr Chrissy Jayarajah Chaired by Dr Lynsey McAlpine
4.30-4.40	**Close of day, awarding of prizes and thanks**