

Faculty of Medical Psychotherapy Annual Conference

Monday 17 to Wednesday 19 April 2023

Royal College of Psychiatrists, London

“Can the current global crisis bring us together”



An open conference for Medical Psychotherapists, Psychiatrists and Psychotherapists

CONFERENCE PROGRAMME

Monday 17 April	
Time	Session
5-5.30pm	Attendee Registration and refreshments
5.30-5:40pm	Welcome Dr Jo O'Reilly, Faculty Chair With the Academic Secretaries and the Conference Organising Committee: Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra and Dr Parveen Bains, Dr Sarah Markham and Dr Josephine Fielding Session 1 Chaired by Dr Sophie Atwood and Dr Vikram Luthra
5.40-6.40pm	Supporting patients, supporting doctors; an ongoing crisis Professor Bob Hinshelwood
6.40-7.20pm	Healing from trauma through compassion and hope Dr Waheed Arian
7.20-7.45pm	Q&A plenary
7.45-8.30pm	Drinks reception
8.30pm	Close

Time	Session
9-9.30am	Registration and refreshments
9.30-9.40am	<p>Welcome Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains, Dr Sarah Markham and Dr Josephine Fielding</p> <p>Session 2 Chaired by Dr Sophie Atwood and Dr Vikram Luthra</p>
9.40-10.20am	<p>Nomad Century: how to survive the climate upheaval Gaia Vince</p>
10.20-11am	<p>Crisis: What Crisis? Turning a blind eye Dr Anne Patterson</p>
11-11.30am	Q&A plenary
11.30-12pm	Morning Refreshments and Poster Viewing
12pm-1pm	<p>Session 3 Chaired by Dr Anne Cooper</p> <p>Global Emotional Climate Change - Can Mindfulness Help? Dr Florian Ruths</p>
1-2pm	<p>Lunch and Poster Viewing Side meetings: Trainees meeting, Regional Representatives meeting, Psychotherapy tutors meeting</p>
2-3.15pm	<p>Session 4 Chaired by Dr Sophie Atwood</p> <p>Doctors in difficulty: Has our professional crisis only just started? A post-pandemic conversation Dr Catherine Smith, Dr Vikram Luthra and Dr Graeme Whitfield</p>
3.15-3.45pm	Afternoon Refreshments and Poster Viewing
3.45-4.30pm	Workshops
Workshop A	Film and psychoanalysis – Dr Anne Patterson
Workshop B	Embodying creativity in NHS team development – Professor Dominik Havsteen-Franklin and Jenni de Knoop
Workshop C	Landscapes of Change: rewriting inner worlds – Dr Marchelle Farrell
4.40-5.25pm	Workshops repeated
5.25pm	Close
5.30-6.15pm	AGM
7.30pm - late	Conference Dinner

Wednesday 19 April

Time	Session
8.30-9am	Registration and refreshments
9-9.15am	Session 5 Chaired by Dr Anne Cooper and Dr Josephine Fielding
9.15-10.15am	Welcome Dr Anne Cooper and Dr Josephine Fielding
10.15-10.55am	When the dust settles – stories of love, loss and hope from an expert in disaster Professor Lucy Easthope
10.55-11.25am	Morning Refreshments and Poster Viewing
11.25-12.05pm	Working with Refugees with PTSD: highlighting the work of a service using an evidence-based CBT model Dr Kerry Young
11.25-12.05pm	Session 5 continued Working with refugees from a psychoanalytic perspective Dr Sarah Majid
12.05-12.20pm	Q&A plenary Professor Lucy Easthope, Dr Kerry Young and Dr Sarah Majid
12.20-12.50pm	The Climate and Ecological Crises: From Anxiety to Action Dr Dasal Abayaratne
12.50-1.50pm	Lunch and Poster Viewing
1.20-1.50pm	Climate Café - Dr Dasal Abayaratne and Dr Marion Neffgen
1.50-3.05pm	Session 6 Experiential Group Facilitators: Dr Maria Papanastassiou and Dr Rachel Gibbons
3.05-3.35pm	Afternoon Refreshments and Poster Viewing
3.35-4.05pm	Session 7 Chaired by Dr Parveen Bains and Dr Sarah Markham
4.05-4.20pm	Poster prize presentations and medical student essay prize Closing plenary Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains, Dr Sarah Markham and Dr Josephine Fielding
4.20pm	Close of Conference