

## ***Assessing and Treating Gambling Disorder***

Wednesday 19 April 2023

14:00-16:30

Online, Via Zoom

Registration via this link: [\*\*RCPsych NI - Assessing and Treating Gambling Disorder\*\*](#)

In the UK, there has been increasing concern about the harms associated with gambling. This webinar starts with an overview of the most recent developments in the UK landscape. Then, it covers key facts about Gambling Disorder and assessment tools to help practitioners with early identification and diagnosis. Finally, it discusses the main theoretical ideas and techniques found in evidence-based treatment for Gambling Disorder, as employed at the National Problem Gambling Clinic in London and recently published in our treatment workbook: "Breaking free: How to stop gambling".

### **Session Structure:**

14:00 *Overview of national developments in the gambling landscape*  
With Prof Henrietta Bowden Jones

*Defining gambling-related harms*

*Detecting and assessing gambling-related harms*

With Dr Venetia Leonidaki and Dolores Manuel-Riu

15:15 *Comfort Break*

15:25 *Evidence-based treatment for gambling disorder*

*Overview of CBT workbook: Breaking free: How to stop gambling".*

With Dr Venetia Leonidaki and Dolores Manuel-Riu

16:30 Close