



RCPsych in Scotland Old Age Faculty Conference

@RCPsychScot

#ScotOA23

Wednesday 10th May 2023
at the Stirling Court Hotel
Registration from 9.00am

Event Booklet



A register will be taken to confirm attendance upon arrival.



Please turn your phone/devices to silent and your email notifications off for the duration of the event.



Feedback Forms have been placed on the tables for you to complete and return.



Certificates of attendance will be emailed to you within 10 days of the event.

RCPsychiS Old Age Faculty Conference 2023

10th May 2023 | Stirling Court Hotel, Stirling

Are we getting it right for People with Dementia in Scotland?

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Morning Programme: Are we getting it right? Chair: Dr Vivek Pattan

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| 09:00 – 09:25 | Registration |
| 09:25 – 09:30 | Welcome and introduction to the morning from the Chair Dr Vivek Pattan, Consultant Psychiatrist, Chair of RCPsychiS Old Age Faculty |
| 09:30 – 09:50 | How to engage public and policy makers Scottish Dementia Strategy engagement Dr Kainde Manji, Head of Dementia, Age Scotland |
| 09:50 – 10:10 | Transforming clinical communications for a busy clinician – Tailored Talks Prof Martin Dennis, Consultant stroke physician. Lothian |
| 10.10 – 10:20 | Q&A |
| 10:20 – 10:50 | Hospital at Home in Scotland and what can we learn from it? Dr Latana Munang, Consultant Physician NHS Lothian, National Clinical Lead H@H Healthcare Improvement Scotland |
| 10:50 – 11:10 | Fika (Swedish) – Hang out over coffee (or Tea if you prefer) |
| 11:10 – 11:30 | Scott Review of Mental Health Law – Where is old age psychiatry in this? Dr David Findlay, Consultant Psychiatrist, Fife |
| 11:30 – 11:50 | ICD 11: Why is this needed? What's in it for us? Dr Dirk Maliepaard, Consultant Psychiatrist. Highlands |
| 11.50 – 12:00 | Q&A |
| 12:00 – 12:40 | Dementia prevention, Intervention, and Care – Insights from Lancet Commission Keynote Speech from Prof Gill Livingston, UCL London |
| 12:40 – 12:50 | Q&A on Keynote |
| 12:50 – 13:45 | Lunch |
| 13:45 – 14:05 | Business Meeting |

Afternoon Programme: What can you do? Chair: Dr Lee Robertson

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| 14:05 – 14:35 | Crisis Intervention teams in older adults: Examples followed by workshop Lothian Rapid Response Team (RRT) – Mr. Ryan Bell, SCN. Lothian Forth Valley Dementia Outreach Team (DOT) – Dr Vivek Pattan and Steven Watt |
| 14:35 – 15:35 | Workshop on designing your crisis intervention team. Ms Diane Graham, Ms. Lynn Flannigan Improvement Advisors and Dr Vivek Pattan |
| 15:35 – 15:45 | Comfort Break |
| 15:45 – 15:55 | Confident conversations to encourage research participation in your team Dr Emma Law, Manager, Neuro-progressive & Dementia Research Network |
| 15:55 – 16:35 | Innovative practices: 1. Integrated PDS service in Tayside – Ms. Susan Banks Team Lead. PDS 2. Nurse Led Diagnostic Clinic from Dumfries & Galloway – Dr Alan Duncan & Tammie Gottschlich |
| 16:35 – 16:50 | Panel discussion and Q&A |
| 16.50 | Meeting Closes |

Up to 6 CPD
CREDITS

Speaker Biographies / Abstracts

Morning Session: Are we getting it right?

Dr Vivek Pattan – Chair (morning session)

I am a consultant Old Age Psychiatrist in NHS Forth Valley along with my roles of Chair of Old Age psychiatry faculty and Clinical lead for Dementia with Health Improvement Scotland iHUB- Focus on Dementia unit. Previously I held the role of Clinical Director of old age psychiatry in Forth Valley. I trained in India as a psychiatrist before moving to UK and completing specialty training.

I have an interest in service improvement, research and contribution to college activity. I think these are not mutually exclusive. As a result, I led the development of care home liaison services, Dementia outreach team, intermediate care, interfacing with third sector organisations in Forth Valley. I am currently doing Scottish Quality and Safety Fellowship as part of cohort 14 which I thoroughly recommend. I am also research active and passionately believe in improving the research access to people with dementia and families. My main interests are in mild cognitive impairment, neuropsychological/ neurophysiological biomarkers of Dementia, quality improvement and data.

Dr Kainde Manji

Dr Manji is Head of Dementia for Age Scotland, the national charity for older people. She joined the organisation in 2019 to manage the About Dementia project, a forum for policy and practice for people living with dementia and family carers funded by the Life Changes Trust. About Dementia work to bring about changes in policy and practice in Scotland, taking people with lived experience as a starting point. Dr Manji sits on the National Advisory Group for the new National Dementia Strategy, and is a member of the SIGN Guideline Group for the new Dementia Guideline due to be published this year.

Dr Manji's career spans academia and the voluntary sector.

Presentation Abstract: “How to engage the public and policy (and why does it matter)”

Age Scotland's About Dementia project exists to bridge the gaps between policy and practice for people living with dementia and unpaid carers in Scotland. Our starting point is always people with lived experience of dementia, because they have first hand knowledge of what needs to change, and often have the best ideas about how to change it.

In August 2022 the Scottish Government announced work to develop a new National Dementia Strategy. We have been determined that the voices of people with lived experience should be front and centre in this. Using a 'storytelling' approach, we spoke to people in community groups across Scotland about their priorities for the new strategy. This presentation presents findings and learning from that engagement and demonstrates how we have used these varied voices to influence the forthcoming strategy.

Professor Martin Dennis

Martin Dennis trained in General medicine and geriatric medicine, then specialised in stroke medicine. Worked as: honorary consultant in stroke medicine in Edinburgh from 1990 to 2023; Chair of national advisory committee for stroke (2003-2023), Specialty advisor to the CMO (2020-2023) and Professor of stroke medicine (2002-present). Founder and inaugural president of the British Association of Stroke Physicians (BASP); Trialist and health service researcher.. Currently focussing on the introduction of digital tools to enhance delivery of healthcare.

Presentation Abstract: “Transforming clinical communications for a busy clinician – Tailored Talks”

Tailored Talks is a web-based platform available to all healthcare professionals involved in delivering services to patients with neurological conditions (including stroke) in Scotland. It enables the healthcare professional to tailor information for patients and their relatives to the individual, and to share it on paper, or digitally, on screen, mobile devices, via email, SMS or web portal.

Dr Latana Munang

Dr Latana Munang is a Consultant Physician and Geriatrician at St John's Hospital Livingston, NHS Lothian. She has acute medical receiving duties as well as inpatient responsibility on the frailty ward. She was instrumental in setting up the West Lothian Hospital at Home service in 2013, and continues as Clinical Lead of this team as well as of the Medicine of Elderly department. In March 2022 she joined Healthcare Improvement Scotland as National Clinical Lead for Hospital at Home.

Presentation Abstract: “Hospital at Home in Scotland and what can we learn from it?”

Hospital at Home (H@H) is a short-term, targeted intervention that provides a level of acute hospital care in an individual's own home that is equivalent to that provided within a hospital. This presentation will cover the current evidence base, how H@H services have developed in Scotland, and plans for future growth.

Dr David Findlay

David Findlay retired in 2014 from a full time Old Age Psychiatrist consultant post in Dundee. He has worked in Fife for two days a week from 2015 then one day a week from 2020 to provide backfill for successive Clinical Leads. He chaired the Scottish Old Age Faculty and Philosophy Special Interest Group with assessment of decision-making capacity a common theme across both these otherwise slightly diverse settings

Presentation Abstract: “Scott Review of Mental Health Law – Where is old age psychiatry in this?”

The Scottish Mental Health Law Review (SMHLR) was published in 2022 after 3 years of work. It reflects many of the aspirations of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) with less focus on diagnosis. This presentation provides an overview of the modest level of attention given by ‘Scott’ to older people and to dementia and introduces a proposed Autonomous Decision Making Test (ADMT).

Dr Dirk Maliepaard

Dr Dirk Maliepaard is a consultant and the clinical lead for Older Adult Psychiatry in the North Highlands, based in Inverness. He led the introduction of ICD-11 in NHS Highland and contributed to the work of the Scottish ICD-11 Implementation Group.

Presentation Abstract: “ICD 11: Why is this needed? What’s in it for us?”

Following the recent introduction of the clinical use of the ICD-11 in Scotland, the speaker will aim to discuss barriers to the use of ICD-11, the implications of using ICD-11 in older adult psychiatry, and the opportunities it offers.

Professor Gill Livingston

I am a clinical academic, working in a memory clinic. My academic work considers mechanisms through epidemiological and biopsychosocial enquiry, using them to co-design and test interventions. I lead the Lancet Standing Commission on Dementia Prevention, Intervention and Care, 2017 and 2020 and currently. These produced new research and meta-analyses of life-course risk and an overview of current knowledge on interventions. These have resulted in changes in UK and US

Presentation Abstract: “ Dementia prevention, Intervention, and Care – Insights from Lancet Commission”

There has been a welcome reduction in risk for dementia in some High-Income Countries. However this has been restricted to those of higher income and more educated people. The 2020 commission found a theoretical potential reduction worldwide of 40%. Since then, we have studied different ethnic groups and in high- and low-income groups in Brazil. I will present these results. Overall, our findings make it clear that risk is not the same for

everyone and therefore interventions have to be tailored. Overall, groups who are underserved need the changes most and will derive the highest benefit.

Afternoon Session: What can you do?

Dr Lee Robertson – Chair of the Afternoon Session

Mr Ryan Bell

Having worked previously in adult services, I joined Rapid Response Team in its early inception in 2017 and have worked in the team ever since. I am currently the interim senior charge nurse for the service.

Presentation Abstract: “Crisis Intervention teams in older adults”

An introduction to older adults crisis team model (Rapid Response Team, Edinburgh)

Steven Watt

I have been working as Nurse in older adult's mental health for 10 years. The last 3 years I have been working as a band 6 charge nurse within the DOT team.

Presentation Abstract: “Crisis Intervention teams in older adults”

A brief overview of the DOT and our working practices.

Ms Diane Graham

Diane Graham has over 20 years' experience in involving people and communities in health and social care improvement and service change. As a Senior Improvement Advisor in Healthcare Improvement Scotland's ihub, Diane manages a range of improvement and redesign programmes and projects supporting person-centred care, building capabilities in person-centred practice and enabling public participation and co-design.

Ms Lynn Flannigan

Lynn Flannigan is a Senior Improvement Advisor for the Focus on Dementia Team, within the ihub in Healthcare Improvement Scotland, with responsibility for leading the community work streams of the portfolio. Her main work focus is improving post diagnostic support and care co-ordination for people living with dementia and their

carers from diagnosis to end of life. She is also a registered Allied Health Professional (physiotherapist) by background with over 30 years of experience in a wide range of care sectors/settings.

Presentation Abstract: “Workshop on designing your crisis intervention team”

This practical workshop session will provide a taster of service design and visual mapping tools as a method to understand the system and frame service development.

Dr Emma Law

I qualified as a mental health nurse in 1990 and worked in many mental health settings refining my skills in nursing and management. I chose to specialise and work with people with dementia and their families. I gained a Master in Public Health through Dundee University, a certificate in management through the Open University and won a national award as ‘Nursing Standard, Nursing Older People Nurse of the year’. In 2017, I was awarded a Doctorate in Applied Social Research from Stirling University. I have filled various roles within a research environment and have been the Neuroprogressive and Dementia Research Network manager for 13 years and Co-Chair of ENRICH (Enabling Research in Care Homes) Scotland for 10 years.

Presentation Abstract: “Confident conversations to encourage research participation in your team”

I will be outlining the work of the Neuroprogressive and Dementia clinical research Network (NDN) and how everyone can enable research participation for their patient group, in Scotland.

Ms Susan Banks

Susan Banks is the Team Lead for the Dundee Post Diagnostic Support service. She has spent her career working with people living with dementia and is passionate about delivering a high quality service to patients and their families as well as campaigning to reduce the barriers faced. Susan qualified as a mental health nurse in 2010 and has worked in both inpatient and community settings; Susan was part of the team responsible for developing and implementing a new service to Dundee directly supporting care homes.

Presentation Abstract: “Innovative Practices: Integrated PDS service in Tayside”

Presentation includes the innovative practice Dundee PDS has implemented to develop the service and demonstrates the improvements made to provide high quality support at the right time for a person newly diagnosed with dementia.

Dr Alan Duncan

I'm the Clinical lead and Consultant for Old Age Psychiatry, NHS Dumfries and Galloway.

Presentation Abstract: “Innovative Practices: Nurse Led Diagnostic Clinic from Dumfries & Galloway”

New Models of working - The Nurse led memory clinic in Practice. They will discuss the benefits and challenges of implementing a Nurse Led Diagnostic Clinic, within a rural locality (joint with Tammie Gottschlich)

Tammie Gottschlich

Tammie Gottschlich is currently the Team Leader for the Community Mental Health Team; Annandale and Eskdale locality, managing the Adult and Older Adult service as well as Primary Care Mental Health Nurses. Having completed her training at Crichton Royal Hospital, she went on to work and gained extensive experience working in areas including: Adult Acute, Community, Liaison and Intensive Psychiatric Care.

Chair's Report.

07.05.2023

Dr Vivek Pattan

Old Age Psychiatry Conference May 2023.

I feel it was eon's ago when we last met face to face. As we are meeting for the first time in person I have provided summary of activities over the last 2 years. I do not wish to take the time away from networking. At the same time I would like to encourage you to participate in this abridged business meeting of the Faculty. There is limited time to discuss therefore we will need to decide on the specific areas at the meeting. Feel free to approach me for any queries or clarifications either in person or via email which I will follow up through exec group.

1. Old Age Faculty Executive Group:

This is now well established with representation from most of the health boards. It meets quarterly on MS Teams Channel.

I welcome Dr Louise Tayler-Grint and Dr Catriona Dunlop both higher trainee's as trainee reps to the Exec Group. It is heartening to see interest in participation. I also welcome Dr Stephanie Dhadwar from Grampian, Dr Lucy Calvert from Borders and Dr Rajdeep Routh from Lanarkshire to the group. Last, but not least, a warm welcome to Dr Lee Robertson as the Vice-Chair of the Faculty.

The group's attention was focussed on the challenges posed by pandemic. It supported each other with ideas and resources for good practices during the pandemic. We discussed challenges related to delays in inpatient vaccinations, variations in memory clinic access and waiting lists. A recruitment survey for consultant vacancy was carried out in 2021 and forwarded to the deanery. Faculty has engaged with relevant issues at various times including Brain Health Scotland Memory clinic survey, HIS Dementia Diagnosis variations survey and engagement with Dementia policy unit and Alzheimer's Scotland.

Chair has contributed to national workshop/ focus group on Disease modifying agents and currently sits on this subgroup at the national faculty. Clinical expertise was provided to Scottish Medicine consortium to prepare Horizon Scanning report regarding Disease modifying agents in Dementia and their implications to Scottish NHS.

2. Training and Recruitment:

This is an area which continues to cause ongoing concerns with vacancies in most of the health boards except Lanarkshire.

Current Vacancies: ??

Training update April 2023. Dr Rekha Hegde. TPD.

The new curriculum came into place August 22. There is an useful e-learning video. These will be circulated through newsletter. There are 25 training

numbers across Scotland. 4 North 4 East 7 SE and 10 West. One trainee CCT'd Oct 22, two trainees CCT'd in Feb 23, one trainee in Aug 23 gaining CCT, two more in Feb 24

Rekha would like to draw your attention to the following "Applications to HST in Old Age is dropping off (proportionally more than the other sub-specialities), a lot of Core trainees are unhappy with their Core old age placements. They describe themselves as being ward based, not getting OPC experience/DV's or working within a CMHT. This is then further compounded by EWTD/7DAY legislation".

"I hope that by drawing this to everyone's attention we can all think about the old age Core placements we provide and what the makeup of those are. Those who are able to influence change, particularly those with management roles will need think about the provision of healthcare to our wards in a different way i.e., clinical fellows. Yes, there is a cost to the service but there is a greater and longer-term cost to the service and our specialty if we don't improve the Core old age placements".

All the higher trainee posts were subsequently recruited however the above points stand and faculty is encouraged to improve the training experience.

3. External Consultations participated.

- a) Dementia SIGN guidelines.
- b) Scottish Dementia National Strategy (4th) –Chair contributes to the reference group.
- c) Participating in reforms to the Mental Health (Care and Treatment) (Scotland) Act 2003, Adults with Incapacity Act, and Adult Support & Protection Act. Dr David Findlay representing the faculty on the group.
- d) Participation in National Care service consultation.
- e) Care home residents voting rights- summit organized by Age Scotland.
- f) Adam Daly contributed consultation on Functional illness in older adults "Falling off a cliff at 65".
- g) Participation at national faculty meeting to develop strategy topics on 1. Memory clinics 2. CMHT and SMI, functional illness 3. Research/new treatment 4. Education

4. Relevant publications and policies.

- a) Scottish Gov COVID recovery committee commissioned report on excess deaths from all causes, involving and with Dementia as underlying cause.
- b) Scottish Gov committed ring fenced £ 3.5 million for post diagnostic support to improve the support through Health and Social Care partnerships.
- c) £ 1 million is being invested through Age Scotland towards post diagnostic support in the community by Scottish Gov for small grants (Covid recovery fund)
- d) National Dementia Strategy –Due for publication 31/05/2023.
- e) SIGN guidelines due for publication- 2023
- f) Scott Review publication-?

5. AOCB
6. Date and Time of Next Conference

**WE LOOK FORWARD TO WELCOMING
YOU TO THE EVENT!**