

# Quality Network for Psychiatric Intensive Care Units Annual Forum

Thursday 08 February 2024

Royal College of Psychiatrists, 21 Prescot Street, London, E1 8BB



**PICU**  
QUALITY NETWORK  
FOR PSYCHIATRIC  
INTENSIVE CARE UNITS

## Programme

- 09:30**      **Registration and refreshments**
- 10:00**      **Welcome and introduction**  
*Sue Denison, Chair of Accreditation Committee and Patient Representative, QNPICU*
- 10:10**      **Updates from the Network**  
*Kelly Rodriguez, Programme Manager, Maisie Webster, Deputy Programme Manager, and Hannah Moore, Patient Representative, QNPICU*
- 10:40**      **What Works and What Doesn't: Evidence Based Interventions to Support Trauma-Exposed Staff**  
*Neil Greenberg, Professor of Defence Mental Health, King's College London*
- 11:10**      **Refreshment break**
- 11:30**      **My Journey on Finding the Cygnet Carers Network**  
*Julian de Takats, Carer Ambassador, and Laura Sheridan, Group Service Improvement Manager, Cygnet Healthcare*
- 12:00**      **QI Project To Reduce Physical Restraints**  
*Dr Ruvini Senasinghe, Consultant Psychiatrist, and Festus Oluwaseyi Oduntan, Clinical Team Leader, Castle Ward*
- 12:30**      **Lunch and networking**
- 13:30**      **Interactive Workshop: PICU Staff Training**
- 14:30**      **Refreshment break**
- 15:00**      **Developmental Differences and The Implications for Caring for Younger People in PICU**  
*Dr Celeste Foster, Senior Lecturer in Child and Adolescent Mental Health, University of Salford, and Dr Beryl Navti, Lead Pharmacist for Child and Adolescent Mental Health Services, North East London NHS Foundation Trust*
- 15:30**      **NHSE Quality Transformation Programme**  
*Tonita Whittier, Senior Programme Manager, Quality Transformation Programme - Mental Health, Specialised Commissioning and Learning Disability and Autism, NHS England*
- 16:00**      **Final plenary and close**

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