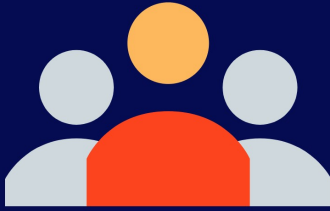


# Chief Residents in Psychiatry

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The role of the chief resident within medicine is a relatively new concept and is in its infancy within psychiatry in Scotland. The role of chief resident allows trainees the opportunity to develop and expand their leadership and management skills with direct supervision and mentorship from senior medical management. The role of chief resident is adaptable and trainees should be encouraged to pursue professional interests. As chief resident for psychiatry in NHS Greater Glasgow and Clyde for 2024 I contributed to and led on a number of projects.



### Achievements



Established a mentoring scheme pairing core trainees with higher trainees with a focus on a training and career progression



Established an IMG peer support group and ensured new IMG trainees were established in the group before their start date



Improved team wellbeing by liaising between trainees and management, organising an end of placement wellbeing lunch for trainees and a ball for all psychiatrists in West of Scotland



### Leadership Pilot



A privileged opportunity for Chief Residents in NHS GGC organised by the Department of Medical Education. Successful candidates are paired with a board Chief of Medicine for individual mentorship



Invitations to meetings with high profile leaders to learn lived experience of management within health care



Opportunities to contribute to service development e.g. roll out of updated GMC Good Medical Practice, expansion of peer support service and improving facilities at sites across the health board



### Benefits to Trainee



Opportunity to expand and develop leadership skills in a number of different settings



Opportunity to learn more about management structures within the health board and wider NHS



Opportunity to contribute to service development. To understand the stages of change and to build resilience when faced with challenges and set-backs



### Benefits to Service



Encouraging trainees to formally develop leadership and management skills helps prepares the next generation of NHS medical managers



Chief residents bring trainees and managers together. With this management have a better understanding and ability to address trainee needs



Trainees have a different perspective and can provide meaningful and valuable contributions to service queries

