



# IMPROVING THE COMPLIANCE WITH NICE GUIDELINES, FOR THE PHYSICAL HEALTH MONITORING OF YOUNG PEOPLE ON TREATMENT FOR ADHD, IN WEST GLASGOW CAMHS

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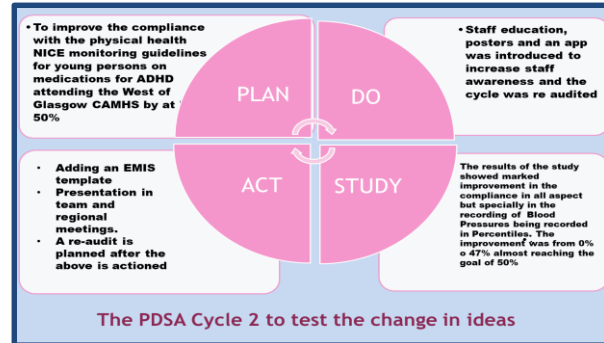
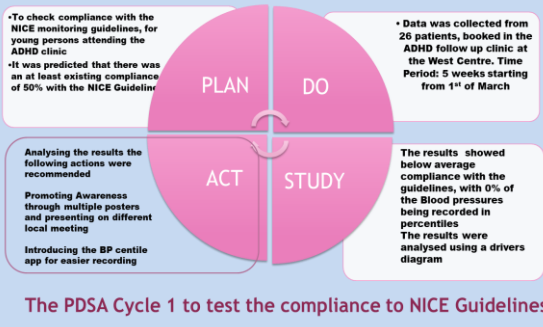


## Aim

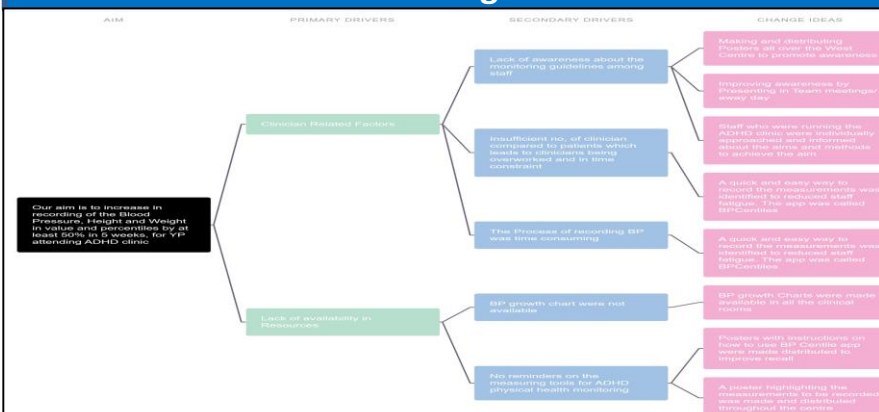
The aim for this Quality Improvement Project was to check and improve the compliance with NICE monitoring guidelines for young person on ADHD medication, for those attending the ADHD clinic at the West CAMHS, Glasgow

## Why is it important to service users?

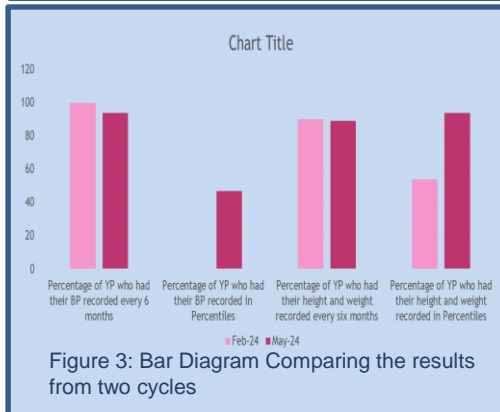
Emerging research suggests a complex interplay between stimulants prescribed for ADHD and physical health outcomes in young persons, ranging from an increase in BP to effect on their overall growth. Therefore a Young Person's physical health needs careful monitoring



## Driver diagram



## Data



**BLOOD PRESSURE**

- 94% of all the patients had their BP Recorded every 6 months
- 47% had them recorded in percentiles

**HEIGHT**

- 89% of all the patients had their Height Recorded every 6 months
- 94% had them recorded in percentiles

**WEIGHT**

- 89% of all the patients had their weight recorded every 6 months
- 94% had them recorded in percentiles

## Learning and what next?

The results of the study showed marked improvement in the compliance in all aspect, specially in the recording of Blood Pressures in percentiles. The improvement was from 0% o 47% almost reaching the goal of 50%. Having said that there is still room for improvement! Future change of ideas include adding an EMIS template which automatically calculates the values in percentiles and re auditing the cycle after the changes are implemented.