

## RCPsych in Scotland 30<sup>th</sup> Anniversary Conference

3-4 October 2024 | Apex City Quay Hotel, Dundee  
@RCPsychScot | #Scot30Years

Thursday Morning Programme: Chaired by Dr Jane Morris	
09:45 – 10:05	<b>Arrival / Registration</b>
10:05 – 10:10	<b>Welcome and introduction to the morning from the Chair</b> Dr Jane Morris, Chair, RCPsych in Scotland
10:10 – 10:25	<b>Trainee Presentation 1: “Consult, Connect, Collaborate: Cross-sector approach to recruitment and retention in psychiatry”</b> Dr Nina MacKenzie, ST4 General Adult Psychiatry
10:25 – 11:25 (incl Q&A)	<b>Debate: This house believes we must reverse subspecialism within General Adult Psychiatry</b> Proposition speaker: Dr Robby Steel Second proposition speaker: Dr Helen Alderson Opposition Speaker: Professor John Crichton Second Opposition Speaker: Dr Arun Chopra
11:25 – 11:40	<b>Comfort Break</b>
11:40 – 12:20	<b>CESR Fellowship</b> Dr Priti Singh
12:20 – 12:35	<b>Trainee Presentation 2: “Psychotic experiences and risk of suicidal thoughts and behaviours: A systematic review and meta-analysis of longitudinal population studies”</b> Dr Kubra Fadiloglu, ST5 in CAMHS, Melville Uni
12:35 – 13:20	<b>Lunch</b>
Thursday Afternoon Programme: Chaired by Dr Rosemary Gordon	
13:20 – 14:00	<b>Role of Specialty Doctor</b> Dr Mithun Barik
14:00 – 14:15	<b>Trainee Presentation 3: “Efficacy of Sertraline on the symptoms and quality of life in patients with irritable bowel syndrome”</b> Sara Seifouri, Junior Clinical Fellow
14:20 – 15:00	<b>Parallel Sessions – (delegates select one session)</b>
<b>Session 1</b>	<b>Functional Neurological Disorders</b> Dr Maria Oto

<b>Session 2</b>	<b>The three E's of ECT</b> Dr David Christmas, Dr Julie Langan Martin & Dr Daniel Martin
<b>Session 3</b>	<b>Digital Innovation at Scale - how national approaches have delivered meaningful change</b> Dr Nagore Penades and Dr Waller +1 speaker to be confirmed
<b>15:00 – 15:15</b>	<b>Break</b>
<b>15:15 – 15:30</b>	<b>Trainee Presentation 4: “MESSAGE (Medical Science Sex and Gender Equity): Improving inclusion of sex and gender in Psychiatric Research)”</b> Dr Kate Womersley, CT3
<b>15:30 – 16:10</b>	<b>Whats happening to Women’s Mental Health</b> Professor Linda Gask
<b>16:15 – 16:55</b>	<b>Parallel Sessions – (delegates select one session)</b>
<b>Session 1</b>	<b>Functional Neurological Disorders</b> Dr Maria Oto
<b>Session 2</b>	<b>The three E's of ECT</b> Dr David Christmas, Dr Julie Langan Martin & Dr Daniel Martin
<b>Session 3</b>	<b>Digital Innovation at Scale - how national approaches have delivered meaningful change</b> Dr Nagore Penades and Dr Waller +1 to be confirmed
<b>16:55 –</b>	<b>Close</b>

**19:00 – 23:00 Dinner & Ceilidh at Chamber East, Dundee**

*(Friday programme continues on next page)*

## Friday 4<sup>th</sup> October 2024

Friday Morning Programme: Chaired by Dr Ihsan Kader	
09:20 – 09:30	Arrival / Registration
09:30 – 09:35	Welcome and introduction to the morning from the Chair Dr Ihsan Kader, RCPsychiS Lead for Retention and Wellbeing
09:35 – 09:50	<b>Trainee Presentation 5: “From Diagnosis to Wellness: Building an Adult ADHD Service”</b> Dr Sarah Fatima, Junior Clinical Fellow
09:55 – 10:35	Parallel Sessions – (delegates select one session)
Session 1	<b>Neurodiversity Demand on Services Workshop</b> Dr Jim Crabb & Dr Pavan Srireddy
Session 2	<b>Lived Experience Session</b> Gordon Johnston
Session 3	<b>Neurodiversity in training &amp; the workplace</b> Dr Mhairi Hepburn
10:40 – 11:10	<b>History Presentation – history of psychotherapeutic practice in Scotland</b> Dr Alasdair Forrest
11:10 – 11:25	Comfort Break
11:25 – 11:40	<b>Trainee Presentation 6: “Psychiatric Emergency Bleep Documentation Enhancement Audit”</b> Dr Anastasija Davidova, CT3 Liaison Psychiatry
11:40 – 12:10	<b>The Legislative Oversight Forum and the College's role in legal reform in Scotland</b> Dr Roger Smyth
12:10 – 12:40	<b>The Assisted Dying Bill - implications for psychiatry</b> Dr Stephen Potts
12:40 – 12:55	Panel Discussion with Dr Potts and Dr Smyth
12:55 – 13:45	Lunch
Friday Afternoon Programme: Chaired by Dr Adam Daly	
13:45 – 13:50	Welcome and introduction to the afternoon Dr Adam Daly, RCPsych in Scotland Meetings Secretary
13:50 – 14:05	<b>Trainee Presentation 7 – “Recruiting and exploring vulnerabilities among young people at risk, or in the early stages of serious mental illness (borderline personality disorder and first episode psychosis)”</b> Dr Naomi Wilson (ST4 Child and Adolescent Psychiatry)

<b>14:05 – 14:45</b>	<b>Adult psychiatric outcomes for individuals who attended child and adolescent mental health services.</b> Professor Ian Kelleher, Chair of Child and Adolescent Psychiatry, Academy of Medical Sciences Professor, Centre for Clinical Brain Sciences (CCBS), University of Edinburgh
<b>14:45 – 15:25</b>	<b>“Game of Thrones” - Panel discussion with previous Chairs of RCPsychiS</b> Dr Tom Brown, Dr Peter Rice, Dr Alastair Cook, Dr John Crichton and Dr Linda Findlay
<b>15:25 – 15:40</b>	<b>Comfort Break</b>
<b>15:40 – 15:55</b>	<b>Trainee Presentation 8 - “Dissociative Seizures in Older Adults”</b> Dr Nida Munwar, ST6 General Adult Psychiatry, NHS Ayrshire and Arran
<b>16:00 – 16:40</b>	<b>Parallel Sessions – (delegates select one session)</b>
<b>Session 1</b>	<b>Neurodiversity Demand on Services Workshop</b> Dr Jim Crabb & Dr Pavan Srireddy
<b>Session 2</b>	<b>Lived Experience Session</b> Dr Gordon Johnston
<b>Session 3</b>	<b>Neurodiversity in training &amp; the workplace</b> Dr Mhairi Hepburn
<b>16:40 – 16:50</b>	<b>Prize giving &amp; 30<sup>th</sup> Anniversary Memorial Photo</b>
<b>16:50</b>	<b>Close</b>

