

StartWell Event 2024

Wednesday 30 October 2024 | Edinburgh Training & Conference

Venue

@RCPsychScot | #ScotStartWell24

Morning Programme: "The Inside Scoop" Chaired by: Dr Alan Mackenzie	
09:00 – 09:20	Arrival & Registration
09:20 – 09:30	Welcome and Introductions from the Event Chairs Dr Rosemary Gordon, Consultant Addictions Psychiatrist, NHS Borders & Chair, Scottish Workforce & Careers Committee & Dr Alan Mackenzie, Consultant Forensic Psychiatrist, NHS GG&C & Events Lead, Scottish Workforce & Careers Committee
09:30 – 10:00	Speed Networking (Ice Breaker Session) – Nearly v New
10:00 – 10:30	Panel Discussion – Becoming a consultant Dr Alan Mackenzie (Forensic), Dr Rosemary Gordon (Addictions), Dr Steven Voy (CAP) & Dr Maytal Wolfe (GAP)
10:30 – 10:45	Comfort Break
10:45 – 12:00	Job Planning & Appraisals (live streamed) inc. Q&A Dr Alastair Palin, Associate Medical Director (Mental Health), NHS Grampian
12:00 – 12:45	Lunch
Afternoon Programme: Wellbeing Chaired by: Dr Rosemary Gordon	
12:45 – 14:00	Doing do-able jobs : a masterclass in how coaching and mentoring can help you in professional development Dr Jeya Balakrishna, Associate Registrar for Coaching & Mentoring, RCPsych & Consultant Forensic Psychiatrist, HQ Defence Primary Healthcare and Dr Carol Quinn, Coaching & Mentoring Lead, RCPsych in Scotland & Locum Consultant Psychiatrist, NHS Tayside
14:00 – 14:40	Leadership Dr Adam Daly, Associate Medical Director (University Health and Social Care North Lanarkshire), Consultant in Old Age Psychiatry
14:40 – 14:55	Comfort Break
14:55 – 16:00	Panel Discussion – Open Session / Q & A Dr Alan Mackenzie, Dr Rosemary Gordon, Dr Steven Voy, Dr Maytal Wolfe & Dr Vikki Argent
16:00 – 16:15	Final Remarks / Meeting Closes*

*Space remains open until 5pm for those who wish to stay and network with peers.



The RCPsychiS reserves the right to change the programme without prior notice.
1 point per hour of educational activity can be allocated, pending peer group review