

Faculty of Eating Disorders Spring Conference

Date: Wednesday 29 May 2024

Venue: Online via EventsAir

Time	Session
09.15am	Welcome address Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i> , and Dr Agnes Ayton, <i>Vice Chair of the Eating Disorders Faculty, RCPsych</i>
09.30am	Plenary 1: Inpatient psychotherapy and transition Chair: Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i>
09.30am	The effectiveness of Intensive CBT-E for longstanding anorexia nervosa Dr Riccardo Dalle Grave, <i>Director Department of Eating and Weight Disorders, Villa Garda Hospital, Garda, Italy</i>
09.50am	Integrated Step Care Team: Using CBTE and Remote Technology to Help Outcomes for Patients with Severe Eating Disorders Needing Hospitalisation. Dr Agnes Ayton, <i>Vice Chair of the Eating Disorders Faculty, RCPsych</i> and Dr Layla Hamadi, <i>Clinical Psychologist</i>
10.10am	Transitions Dr Maria Livanou, <i>Kings College London, London</i>
10.30am	Q&A
10.45am - 11.15am	Break
11.15am	Plenary 2: Pathways into eating disorder care and outpatient psychotherapy Chair: Dr Hubertus Himmerich, <i>Kings College London, London</i>

11.15am	Viennese model of outpatient treatment of adolescent anorexia nervosa based on the new Maudsley model Professor Andreas Karwautz, <i>Medizinische Universität Wien, Vienna, Austria</i>
11.35am	Pathways into eating disorder care Professor Alessio Monteleone, <i>University of Campania "Luigi Vanvitelli", Largo Madonna delle Grazie, Naples, Italy</i>
11.55am	Balancing evidence-based with evidence-generating: extending cognitive behavioural therapy for eating disorders Dr Karina Allen, <i>South London and Maudsley NHS Foundation Trust (SLaM)</i>
12.15pm	Q&A
12.30pm - 1.30pm	Lunch
1.30pm	Plenary 3: Working with young people and novel developments Chair: Dr Lisa Mukherjee, <i>Great Ormond Street Hospital for Children, London</i>
1.30pm	Towards understanding how single- and multi-family therapy for anorexia nervosa work Dr Julian Baudinet, <i>South London and Maudsley NHS Foundation Trust (SLaM)</i>
1.50pm	Day programmes for adolescents eating disorders-current practices and future directions Dr Mima Simic, <i>South London and Maudsley NHS Foundation Trust (SLaM)</i>
2.10pm	Transdiagnostic and personalised diagnosis and treatment of eating disorders Dr Christina Ralph-Nearman, <i>University of Louisville, United States of America</i>
2.30pm	Early life appetite: a risk factor for later ED symptoms Professor Clare Llewellyn, <i>University College London</i>
2.50pm	Q&A
3.05pm - 3.35pm	Break

3.35pm	Plenary 4: Update from the Faculty's research bursary winners and highlights of the conference and reflections on the day Chair: Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i>
3.35pm	Update from the Faculty's research bursary winners • Passent Helal - Changes in Gut Microbiome Composition in Individuals with Anorexia Nervosa following inpatient treatment: A Case Series • Wendy Yuepeng Wang - A qualitative study into the unmet training needs of psychiatry trainees with respect to delivering care of people with eating disorders – trainee and trainers' perspective • Mrityunjai Kumar - A Workforce survey to evaluate perspectives about Eating Disorder Psychiatry posts and their training needs
4.05pm	Highlights of the conference and reflections on the day Panellists: • Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i> • Dr Agnes Ayton, <i>Vice Chair of the Eating Disorders Faculty, RCPsych</i> • Dr Hubertus Himmerich, <i>Kings College London, London</i> • Dr Lisa Mukherjee, <i>Great Ormond Street Hospital for Children, London</i>
4.30pm	Meeting Close