

Faculty of General Adult Psychiatry Annual Conference: Future Directions for Adult Psychiatry

Date: Thursday 17 and Friday 18 October 2024

Venue: [ICC Belfast](#) (in-person attendance only)

Thursday 17 October 2024	
Time	Session
8.15am	Delegate registration (Riverside Foyer)
8.45am	Welcome and Introductions from the GAP Faculty Chair (Hall 1D) Dr Jon Van Niekerk, Chair of the General Adult Faculty
9.00am	Parallel sessions – a choice of 2
	<p>Which advances in neuroscience are ready to be applied clinically? (Hall 1D) Chair: Dr Sophia Senthil, Co- Academic Secretary of the General Adult Faculty</p> <ol style="list-style-type: none"> 1. Neuroimmunology: translating science to clinical practice – Professor Belinda Lennox, Oxford 2. Pharmacogenomics and the potential of personalised prescribing in psychiatry – Dr David Gibson, Ulster University 3. Personalised Medicine Approaches in Psychiatry - Dr Elaine Murray, Ulster University
	<p>How can advance statements best be implemented in mental health services? (Meeting Room 1)</p> <p>An informative and interactive workshop looking at the use of advance statements/ advance choice-documents (ACDs) in mental health services, how we can best put them into practice and avoid potential barriers.</p> <p>Workshop led by Dr Tania Gergel, with Dr Maria Redahan and Dr Nuala Kane.</p>
10.30am	Morning Refreshments (Hall 1)
11.00am	Parallel sessions – a choice of 2
	<p>What are the priorities for early intervention in psychosis in the 21st century? A panel discussion. (Hall 1D) Chair: Professor Sonia Johnson, Co- Academic Secretary of the General Adult Faculty</p> <p>Participants:</p> <ul style="list-style-type: none"> • Dr Karen O'Connor National Clinical Lead, Early Intervention in Psychosis, programme, Ireland • Dr David Mongan, Academic Clinical Lecturer, Queen's University Belfast • Professor Mary Cannon, Professor of Psychiatric Epidemiology and Youth Mental Health, Royal College of Surgeons in Ireland, Dublin

- Professor Belinda Lennox, Professor of Psychiatry/Head of Department, University of Oxford
- Megan Finn, Expert by Experience

Film on the experience of psychosis - 'Pip, Pop and a Pandemic' (Meeting Room 1)

Chair: Dr Jed Boardman

Interview with Producer/Director of 'Pip, Pop and a Pandemic' Tracy Willits. Pip Pop and a Pandemic – A documentary exploring the inequalities and the large gap in life expectancy for people with a serious mental illness.

Recently shown in Parliament with a Call to Action (November 2023) and submitted as evidence to the Covid-19 inquiry, this moving and intimate documentary gives a voice to vulnerable people and raises challenging questions about the benefits system. Pip, Pop and a Pandemic follows two couples through lockdown and shows how their lives in Northeast England were turned upside down by a mental health crisis and global pandemic. It reminds us of the large gap in life expectancy for people with a serious mental illness who tend to die 15 to 20 years younger than the general population. Set against the beautiful backdrop of the Northumberland coast the film is raw and emotional and ultimately tragic, but with two love stories at its heart is told with both humour and warmth.

12.30pm

Lunch (Hall 1)

12.30pm

Drive, a Health:Pitch production (Meeting Room 2)

Chair: Dr Priya Natarajan, Vice-Chair of the General Adult Faculty

A 50-minute one-woman comic story with a powerful message around taking time to slow down and accept we can't do everything (!).

[Health:Pitch](#) focuses on the intersection of creative arts, mental health and emotional wellbeing, using opera and musical theatre in unique ways, to influence both public understanding and professional practice in these areas.

Participants:

- Francesca Lanza, Italian soprano and music lead of Health:Pitch
- Camilla Vickers, founder and director of Health:Pitch

This performance will be taking place in Meeting Room 2 during the lunch break. Delegates are welcome to grab their lunch and eat it during the performance.

1.30pm

Plenary 1 (Hall 1D)

Chair: Dr Jonathan Scott and Ms Rachel Bannister

What could be done to reduce the growing burden of mental ill health in adults? (Hall 1D)

Professor Mary Cannon, Professor of Psychiatric Epidemiology and Youth Mental Health, Royal College of Surgeons in Ireland, Dublin

1.50pm

After ODESSI: where next for Open Dialogue? (Hall 1D)

1. Next steps for implementing Open Dialogue in the NHS – Professor Russell Razaque, North-East London Foundation Trust

	<ol style="list-style-type: none"> Findings of the ODESSI trial – how well does Open Dialogue work in the NHS? - Professor Steve Pilling: University College London Open dialogue experiences in Ireland - Emer Rutledge, Michelle Darcy and Siun O'Connor
3.20pm	Afternoon Refreshments (Hall 1)
3.45pm	<p align="center">Parallel sessions – a choice of 2</p> <p>How can we do better for bipolar? (Hall 1D) Chair: Professor Sonia Johnson, Co- Academic Secretary of the General Adult Faculty</p> <ol style="list-style-type: none"> How can we improve the organisation and quality of care for bipolar? – Dr Tania Gergel, Bipolar UK and University College London How can we do psychological and family interventions better? - Professor Steven Jones, Spectrum Centre, University of Lancaster How do we do better in treating bipolar disorders? - Professor Paul Stokes, Professor of Mood Disorders & Psychopharmacology, Kings College London <p>Doing do-able jobs: A masterclass in coaching & mentoring to help your professional development (Meeting Room 1)</p> <p>Facilitators:</p> <ul style="list-style-type: none"> Dr Jeya Balakrishna, Associate Registrar for Coaching & Mentoring, RCPsych; Consultant Psychiatrist in Defence Primary Healthcare, MOD Dr Joan Rutherford, Chief Medical Member, Mental Health Tribunals, MOJ; Hon Consultant Psychiatrist in SLAM NHS Trust
5.15pm	Close of day 1
6.30pm	<p>Craic and Canapé's (social event) at the Dark Horse Please note that tickets for this event must be pre-booked via the RCPsych website. More details about this social event can be found on our webpage.</p>

Friday 18 October 2024	
Time	Session
8.15am	Delegate registration (Riverside Foyer)
8.45am	<p>Welcome and Introductions from the GAP Faculty Vice Chair (Hall 1D) Dr Priya Natarajan, Vice-Chair of the General Adult Faculty</p>
9.00am	<p align="center">Parallel workshops – a choice of 2</p> <p>Suicide Prevention: the challenge of integrating public health and clinical approaches (Hall 1D) Chair: Professor Gerry Lynch, previous Chair of the RCPsych in Northern Ireland</p> <p>Participants:</p> <ul style="list-style-type: none"> Professor Stephen Platt Professor Philip Dodd

- Professor Sir Michael McBride (Chief Medical Officer)
- Ms Elizabeth McGrath
- Dr Ruth Thornbury
- Claire Curran and Julia McKeever (Families Voices Forum – Bereaved by Suicide Project)

How can the needs of student be met in mental health services? (Meeting Room 1)

Chair: Dr Tim Alnuamaani (Manchester Student Mental Health Services)

Participants:

- Dr Jane Morris (Chair, RCPsych Scotland)
- Ms Helen McNeely (Head of Student and Academic Affairs, The Queen's University of Belfast)
- Mr Simon Postlethwaite (Former Operational Manager, Greater Manchester Universities Student Mental Health Service and Inpatient Service Manager, CAMHS)

10.30am

Morning refreshments (Hall 1)

11.00am

Parallel sessions – a choice of 2

What is helpful in supporting people who have experienced repeated trauma? (Hall 1D)

Chair: Dr Joan Rutherford, Chief Medical Member, Mental Health Tribunals, MOJ; Hon Consultant Psychiatrist in SLAM NHS Trust

1. Treating long term trauma following the Troubles - Professor Ciaran Mulholland, Queen's University Belfast
2. Disrupted attachments and the transgenerational impacts of trauma - Professor Siobhan O'Neill, Northern Ireland Mental Health Champion/the Troubles
3. Supporting repeatedly traumatised refugees and asylum seekers – Professor Cornelius Katona

How is mental health care best provided for people under 25 years? (Meeting Room 1)

Chair: Dr Sophia Senthil, Co- Academic Secretary of the General Adult Faculty

1. A national programme for youth mental health – Laura McKitterick, Jigsaw
2. A patients experience of the transition between CAMHS and AMHS - Ms Anna Kirkwood, Expert by Experience
3. Improving care at the transition between youth and adult services - Dr Elaine Lockhart, RCPsych Chair of the Children and Adolescent (CAP) Faculty
4. Innovative responses to providing mental health care for the under 25s – Dr Rebecca Appleton, NIHR Policy Research in Unit in Mental Health, University College London

12.30pm

Lunch (Hall 1) and GAP Faculty AGM (Workshop Room 3A)

1.30pm

Plenary 2 (Hall 1D)

Chair: Dr Jon Van Niekerk, Chair of the General Adult Faculty

	<p>Oral poster presentations</p> <ul style="list-style-type: none"> - Delays to Community Treatment Order (CTO) Recall Admissions in Sussex - Dr James Fallon - A survey on additional health risk factors for Heroin Users presenting in Emergency Department (ED) of Chesterfield, North Derbyshire – Dr Adeel Rauf - The experience of international medical graduates (IMGs) at BIRMINGHAM and SOLIHULL mental health foundation trust (BSMHFT): a Quality Improvement project – Dr Shahnaila Sohail <p><i>These top scoring poster authors will have 10 minutes to speak about their findings, and 5 minutes to answer questions from the audience. We would like to encourage attendees to view all the accepted conference posters, these can be found in the catering/exhibition area or online via the conference resources page.</i></p>
2.15pm	Celebration of the GAP lifetime achievement award winner
2.45pm	Afternoon refreshments (Hall 1)
3.10pm	<p style="text-align: center;">Plenary 3 (Hall 1D)</p> <p style="text-align: center;">Chair: Dr Priya Natarajan, Vice-Chair of the General Adult Faculty</p> <p>Presidential address: How can general adult psychiatrists help get mental health care out of the current mess? Dr Lade Smith, President of the RCPsych</p>
3.30pm	<p>How can compulsory psychiatric admissions be reduced? – A panel discussion</p> <p>Participants:</p> <ul style="list-style-type: none"> • Professor Brynmor Lloyd-Evans, University College London • Professor Sonia Johnson, University College London, • Dr Roisin Mooney, University of Oxford • Mr Craig Mackie, Expert by Experience • Dr Lade Smith, President of the Royal College of Psychiatrists
5.00pm	<p>Closing remarks and prize giving</p> <p>Dr Jon Van Niekerk, Chair of the General Adult Faculty</p>
5.15pm	End of conference

The RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.