

Faculty of Medical Psychotherapy Annual Conference: *Power, Conflict and Leadership*

Date: Wednesday 17 to Friday 19 April 2024

Venue: The Met Hotel, Leeds

Wednesday 17 April 2024

Sessions take place in the Met Suite, ground floor

Time	Session
5.30pm	Registration and refreshments
6.30pm	<p>Welcome: and introductions</p> <p>Faculty Chair, Dr Jo O'Reilly and Academic Secretaries, Dr Sophie Atwood, Dr Parveen Bains, Dr Anne Cooper and Dr Vikram Luthra</p>
6.45pm	<p>Chaired by Dr Sophie Atwood and Dr Vikram Luthra</p> <p>Dr Roger Kennedy</p> <p>Power, Conflict and Leadership</p> <p>Consultant child and adolescent psychiatrist, adult psychoanalyst and past President, British Psychoanalytical Society</p>
7.30pm	<p>Dr Victor Sedlak (Discussant) – response to paper above</p> <p>President, British Psychoanalytical Society</p>
7.50pm	Q&A and plenary discussion
8.25pm	Close
8.30pm-9.00pm	Refreshments

Thursday 18 April 2024

Main sessions take place in the Met Suite, ground floor

Time	Session
09.00-09.30	Registration and refreshments
Session 1: Leadership, power and conflict in the wider context	
09.30am	<p>Welcome: and introductions</p> <p>Dr Sophie Atwood, Dr Parveen Bains, Dr Anne Cooper and Dr Vikram Luthra, Academic Secretaries and Conference Organising Committee</p> <p>Leading the medical psychotherapy faculty</p> <p>Dr Jo O'Reilly, Faculty Chair</p>
09.40am	<p>Chaired by Dr Parveen Bains and Dr Anne Cooper</p> <p>Keynote: Leadership, power and conflict in politics and in medical psychotherapy</p> <p>Lord Alderdice</p>
10.20am	<p>Keynote: Leadership, power and conflict in the medical profession and healthcare now</p> <p>Professor Philip Banfield</p>
11.00am	Morning break and poster viewing
Session 2: Leadership, power and conflict in the wider context	
11.30am	<p>Leading in CBT: leading the national CBT organisation – the perspective of a medical psychotherapist</p> <p>Dr Stirling Moorey</p>
12.20pm	Q&A session and plenary discussion
1.00pm	Lunch and poster viewing

	Optional lunchtime sessions: <ul style="list-style-type: none"> • Trainees meeting: located in room Met 1, ground floor • Regional representatives and psychotherapy tutors meeting: located in room Met 10, first floor 		
2.00pm	Large Group - mindfulness exercise Dr Florian Ruths		
3.00pm	Afternoon refreshments and poster viewing		
3:20pm	Parallel workshop sessions – a choice of 3		
	Room: Met 10	Room: Met 1	Room: Met Suite
	Dialectical Behaviour Therapy Dr Rosie Clarke and Dr Anne Cooper	Music therapy Dr Mario Eugster Chaired by Dr Parveen Bains	Art therapy Heather Barford and Sue Storey Chaired by Dr Sophie Atwood
4.05pm	Comfort break		
4.10pm	Parallel workshop session – a choice of 3 (repeated from earlier sessions)		
	Room: Met 10	Room: Met 1	Room: Met Suite
	Dialectical Behaviour Therapy Dr Rosie Clarke Chaired by Dr Anne Cooper	Music therapy Dr Mario Eugster Chaired by Dr Sophie Atwood	Art therapy Heather Barford and Sue Storey Chaired by Dr Parveen Bains
4.55pm	Close of conference		
5.00pm	Faculty AGM Dr Jo O'Reilly		
5.45pm	Close of day one		
7.30pm	Conference dinner - now fully booked – please speak to staff for further details		

Friday 19 April 2024

Sessions take place in the Met Suite, ground floor

Time	Session
08.30am	Registration and refreshments
Session 3: Conflict within the consulting room	
09.20am	<p>Welcome: and introductions</p> <p>Dr Sophie Atwood, Dr Parveen Bains, Dr Anne Cooper and Dr Vikram Luthra, Academic Secretaries and Conference Organising Committee</p> <p>Leading the medical psychotherapy faculty</p> <p>Dr Jo O'Reilly, Faculty Chair</p>
09.40am	<p>Chaired by Dr Sophie Atwood and Dr Vikram Luthra</p> <p>Conflict in the consulting room: perspectives from Medical Psychotherapy across devolved nations and different modalities</p> <p>Chaired by Dr Vikram Luthra and Dr Sophie Atwood</p> <p>Dr Deyra Courtney, Psychoanalyst, Dr Alasdair Forrest, Group Analyst, Dr Padakkara Saju, Consultant Medical Psychotherapist, MSc in Family and Systemic Therapy, and Dr Steve Moorhead, Consultant Medical Psychotherapist and CBT Therapist</p>
10.20am	Discussion and Q&A session
11.00am	Morning refreshments and poster viewing
	Session 4: Being a medical psychotherapy leader – research within the specialty
11.30am	Chaired by Dr Anne Cooper and Dr Parveen Bains

	<p>Leading using research</p> <p>Professor Else Guthrie</p>	
12.00pm	<p>Using research in national discussions about psychotherapy services for people with severe mental illness</p> <p>Dr Sue Mizen</p>	
12.30pm	<p>Challenges and triumphs of psychotherapy research in higher training</p> <p>Dr Florence Dalton, Dr Alan Baban and Dr Dasal Abayaratne</p>	
1.00pm	<p>Lunch</p>	<ul style="list-style-type: none"> • Climate Conversations <p>led by Marion Neffgen (1.30pm-2.00pm)</p>
2.00pm	<p>Experiential Large Group</p> <p>Dr Maria Papanastassiou and Dr Diana Menzies</p>	
3.15pm	<p>Afternoon refreshments and poster viewing</p>	
3.35pm	<p>Chaired by Dr Parveen Bains and Dr Elias Diamantis</p> <p>Poster presentations</p> <p>Medical student essay prize</p>	
4.00	<p>Closing plenary</p>	
4.30	<p>Close of conference</p> <p>Dr Sophie Atwood, Dr Parveen Bains, Dr Anne Cooper and Dr Vikram Luthra, Academic Secretaries and Conference Organising Committee</p>	